

STFM Resident & Student Representative 2022 Annual Report

Society of Teachers of Family Medicine (STFM) Resident & Student Representative

Resident

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Student

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The Society of Teachers of Family Medicine (STFM) is a national organization of a group of diverse faculty, students, and administration focused on advancing family medicine through innovation in undergraduate and graduate medical education to further improve the health of our communities. As the resident and medical student representatives we are able to provide our perspectives on the board and through voting rights we are able to be part of the organization's policy decision making. STFM's five year goals and objectives focus in the areas antiracism and health equity, scholarship, advocacy, workforce recruitment and retention, and professional and leadership development. As representatives we were able to vote on many important policies and programs helping work towards these strategic goals.

Resident Representative

STFM Board Activities and Achievements

This year I provided input on behalf of residents for a number of board items, including:

- approving funding for the Academic Family Medicine Antiracism Learning Collaborative which supports faculty participation in projects that reduce racism and promote allyship
- crafting a statement in response to Texas state law Senate Bill 8 articulating STFM opposition to laws that place restrictions on teaching and providing clinical training for the full scope of family medicine to residents, among other opposition points
- creating a policy on circumstances required to move conference sites
- creating policies and recommendations for handling COVID during STFM conferences
- transitioning *Family Medicine* to a digital only publication
- supporting rural and undeserved pathways to practice
- supporting prioritizing teaching health center permanence over expansion, while also supporting additional positions beyond that
- reviewing the STFM antiracism survey results and encouraging balanced conversations with STFM membership in the future
- providing comments to ACGME on revised family medicine residency requirements
- providing feedback on the preceptor expansion initiative
- providing feedback on the STFM residency redesign grant proposal which aims to gather input on a Residency Learning Collaboratives structure, equip residency programs to deliver competency-based education and assessment, and explore best practices for integrating interprofessional behavioral healthcare into residency programs.

Graduate Medical Education (GME) Committee

I also participated in the Graduate Medical Education committee, again providing resident input for several items, including:

- reviewing the proposed revised ACGME family medicine residency requirements in detail and writing comments in response
- exploring what resources would be useful in assisting residencies with understanding and meeting new residency requirements
- planning the Faculty for Tomorrow workshop completed during Annual Conference
- working with various special constituency student and physician groups regarding useful questions/information to assess residency program support for diversity and inclusion in order to inform the new AAFP Residency Directory
- creating a resident leadership skills webinar series

Student Representative

STFM Board Activities and Achievements

As mentioned, a central part of being a student representative on the STFM board was to provide insight and feedback from a medical student perspective on current initiatives and future projects that continue to advance the field of family medicine and medical education. As a public health professional, I had the opportunity to provide feedback on areas such as LGBTQ health education, diversity and inclusion, and community health. Although the COVID-19 pandemic continues to affect many around the nation, through virtual collaborative efforts, the STFM board continues to achieve their goals guided by their strategic plan. As a medical student one of my interests were in increasing participation among medical students and promoting careers in family medicine specifically among underrepresented in medicine. I had the opportunity to provide feedback on membership initiatives and was able to participate on a family medicine MATCH panel during the virtual STFM MSE Conference. Although this year's STFM Annual Conference was held in person, unfortunately I was not able to attend due to COVID-19, but the conference was still successful and many of my colleagues appreciated the many sessions and posters addressing important areas involving family medicine.

Medical Student Education (MSE) Committee

The MSE Committee is designed to provide a rich foundation of knowledge and resources to address the shifting challenges and needs of Family Medicine departments and faculty. Additionally, the committee is responsible for planning the annual MSE Conference that provides an enriching space for faculty, residents, medical students, and administration to discuss important challenges and solutions in medical education and training. Some of the topics discussed in the conference included addressing systemic racism, LGBTQ health, burn out, and career advising for applying into Family Medicine. As a 4th year medical school and the STFM Student Representative I had the opportunity to welcome the STFM MSE scholars at this year's conference. The scholars were provided a scholarship to attend the conference and present their scholarly work that embraced STFM's mission and core values. Although the conference was held virtually due to COVID-19 concerns, using a unique virtual platform the committee was successful in planning and fulfilling conference goals. The MSE Committee provides a great opportunity to continue supporting medical education and promote a welcoming and inclusive environment for new innovations in Family Medicine.

Lessons Learned and the Value of Serving on the STFM Board

As a fourth-year medical student pursing residency in Family Medicine, this opportunity to serve on the STFM Board provided me immense insight into undergraduate and graduate medical education. As a public health advocate, it was extremely refreshing to see Family Medicine continuing to evolve

and find innovative solutions to address many of our current challenges in medicine including racism and health equity. The best part was being surrounded by so many passionate mentors, colleagues, and friends that believe in a common vision, mission, and values that continue to help shape the specialty of Family Medicine. Being a board member, further reinforced my passion for medical education and teaching, and I hope to resume my scholarly work in public health and medical education during residency to continue our mission as physicians to address health disparities in our communities and help educate the next generation of family medicine physicians.

I am grateful to STFM, and specifically the Board, GME Committee and staff, for their guidance and mentorship this year. The opportunity to participate in many discussions on a variety of matters has taught me a great deal about organizational leadership, particularly how to adapt to new challenges with humility and respect. As a resident interested in academic medicine, I also enjoyed working with members on advancing education in family medicine. I greatly appreciate the value STFM places on resident input and hope that my service this year represented family medicine residents across the nation well.

Note: This report was prepared by the resident or student representative(s) listed and includes their account(s) of the business conducted during their term. This is not an official record of business proceedings from the AAFP or any other entity. To find out more about the business of the AAFP, its congresses, commissions, and current policies visit aafp.org.