

#### Student 2 Consent Calendar

National Conference of Family Medicine Residents and Medical Students July 27-29, 2017 - Kansas City, MO

1	RECOMMENDATION: The Student 2 Reference Committee recommends the
2	following consent calendar for adoption:
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4	Item 1: Adopt Substitute Resolution S2-201 "Sunscreen in Schools" (p. 1).
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6	Item 2: Not Adopt Resolution S2-202 "Sex and Gender-Based Medicine in Family
7	Medicine (p. 2).
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9	Item 3: Adopt Substitute Resolution S2-203 "Resources for Physician
10	Spouse/Significant Others to Address Physician Burnout" (p.2).
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12	<b>Item 4:</b> Adopt Substitute Resolution S2-204 "Update the AAFP Position and Policy on
13	the Cash-Bond System to Reflect the Negative Impacts on Individual and Community
14	Health" (pp. 2-3).
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16	Item 5: Adopt S2-206 "Advocating Investigation and Support of Lifestyle Medicine by
17	AAFP" (pp.3-4).
18	Mana C. Adama Calastina Decalation CO COO Monace Medically I languages and Carital
19	Item 6: Adopt Substitute Resolution S2-208 "Oppose Medically Unnecessary Genital
20	Surgeries on Intersex Children" (p. 4).
21	Itam 7. Adopt Substitute Becelution S2 200 "Incorporating (Environmental Justice)
22 23	Item 7: Adopt Substitute Resolution S2-209 "Incorporating 'Environmental Justice'
23 24	in AAFP Communications" (pp. 4-5).
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26	REAFFIRMATION CALENDAR:
27	(A) Resolution S2-205 – "CME for Gender Affirming Care for Transgender
28	Individuals" (p. 5).
29	(B) Resolution S2-207 – "Establishing the Routine Exchange of Preferred Pronouns
30	and Name Between the Patient and Physician" (p. 6).
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# Student 2 Reference Committee Report

National Conference of Family Medicine Residents and Medical Students July 27-29, 2017 - Kansas City, MO

- 1 The Student 2 Reference Committee has considered each of the items referred to it and
- 2 submits the following report. The committee's recommendations will be submitted as a
- 3 consent calendar and voted on in one vote. Any item or items may be extracted for
- 4 debate.

#### ITEM NO. 1: RESOLUTION S2-201: SUNSCREEN IN SCHOOLS

RESOLVED, That the American Academy of Family Physicians publicly endorse allowing the use of sunscreen in schools without requiring a nurse's approval, and be it further

RESOLVED, That the American Academy of Family Physicians work with and encourage chapters to actively pursue legalisation of sunscreen in schools without a nurse's approval.

The reference committee heard testimony in favor of the resolution, that specifically highlighted that there are numerous states with policies restrict the application of sunscreen in schools. The author added that recent legislation in Oregon removed such a restriction, enabling students to apply sunscreen without a nurse's approval. The reference committee agrees that this is a public health issue and that requiring a nurse's approval to apply sunscreen creates an unnecessary barrier to use of a substance that can help prevent skin cancer. The reference committee believes the language of "actively pursue(ing) legalization..." could be made more impactful.

RECOMMENDATION: The reference committee recommends that Substitute Resolution No. S2-201 be adopted in lieu of Resolution S2-201, which reads as follows:

RESOLVED, That the American Academy of Family Physicians publicly endorse allowing the use of sunscreen in schools without requiring a nurse's approval, and be it further

RESOLVED, That the American Academy of Family Physicians work with and encourage AAFP constituent chapters to actively pursue policy at the state and local levels that allow the use of susncreen in school swithout requiring a nurse's approval.

#### ITEM NO. 2: RESOLUTION S2-202: SEX AND GENDER-BASED MEDICINE IN FAMILY MEDICINE

RESOLVED, That the American Academy of Family Physicians encourage the inclusion of sex- and gender-based medicine in clinical education, including but not limited to, medical school, residency, and continuing medical education programs.

The reference committee heard testimony in favor of the resolution. The author emphasized concern that most medical knowledge has historically come from studies done disproportionately on male subjects. The author emphasized a need for improved training on how to provide evidence-based care specific to patients' sex and gender. While the reference committee agreed with the spirit of the resolution and appreciated the authors' explanation, the resolved clause as written is very broad and does not stand alone. Furthermore, the reference committee felt that the phrase "sex- and gender-based medicine" was not specific enough to adequately communicate the author's described intent.

RECOMMENDATION: The reference committee recommends that Resolution No. S2-202 not be adopted.

#### ITEM NO. 3: RESOLUTION S2-203: RESOURCES FOR PHYSICIAN SPOUSE/SIGNIFICANT OTHERS TO ADDRESS PHYSICIAN BURNOUT

RESOLVED, That the American Academy of Family Physicians develop tools and resources addressing physician-spouses/significant others relationship well-being, and be it further

RESOLVED, That resources for physician spouses/significant others well-being are located in an easily accessible location on the American Academy of Family Physicians website, not behind the website firewall.

The reference committee heard testimony only from the author stating current AAFP resources lack information regarding how spouses can support their significant others who practice family medicine in maintaining their wellbeing. The reference committee discussed the scope of the first resolved clause and whether resources dedicated specifically to spouse and significant others are in within scope of the AAFP mission wellbeing. The reference committee agreed the physician/spouse impact on wellbeing is an important consideration, but has concerns including financial impact and feasbility.

RECOMMENDATION: The reference committee recommends that Substitute Resolution S2-203 be adopted in lieu of Resolution S2-203, which reads as follows:

RESOLVED, That the American Academy of Family Physicians explore developing and making available tools and resources addressing physicianspouse/significant others relationship well-being.

## ITEM NO. 4: RESOLUTION S2-204: UPDATE THE AAFP POSITION AND POLICY ON THE CASH-BOND SYSTEM TO REFLECT THE NEGATIVE IMPACTS ON INDIVIDUAL AND COMMUNITY HEALTH

RESOLVED, That the American Academy of Family Physicians update the existing position paper on "Incarceration and Health: a Family Medicine Perspective" to explicitly

identify pre-trial detention due to inability to pay bond as a public health issue that negatively impacts the health of individuals and communities across the United States, and be it further

RESOLVED, That the American Academy of Family Physicians draft a policy regarding the negative impacts of the cash-bond bail system on public health and communities and its disproportionate impact on the health and well-being of individuals and communities with limited financial resources.

The reference committee heard testimony only from the author who testified that pre-trial jail time disrupts families, effects employment, and increases exposure to infectious diseases, such as HIV, TB, and others. Most people affected are those who cannot afford cash bail. Different states are moving away from cash-bond system, and AAFP should support those movements in the form of a formal policy. The AAFP has a current position paper on negative effects on health during incarceration. The reference committee discussed the existence of the current position paper and questions whether both an updated position paper and the creation of a policy statement would be necessary. The reference committee acknowledged AAFP existing position paper on the impact of the health of those who are incarcerated and the existing data; however, the reference committee was not presented with specific data supporting the claim that there is a correlation between the cash-bond bail system and negative health outcomes on those who are incarcerated pre-trial. The members of the reference committee agreed this is likely an important issue, but there is insufficient information and evidence to support recommending that the AAFP create a policy on such a topic.

RECOMMENDATION: The reference committee recommends that Substitute Resolution S2-204 be adopted in lieu of Resolution S2-204, which reads as follows:

RESOLVED, That the American Academy of Family Physicians explore researching potential adverse health impacts of the cash-bond bail system.

#### ITEM NO. 5: RESOLUTION S2-206: ADVOCATING INVESTIGATION AND SUPPORT OF LIFESTYLE MEDICINE BY AAFP

RESOLVED, That the American Academy of Family Physicians investigate the use of clinical lifestyle medicine and support its representation in medical student and resident medical education, and be it further

RESOLVED, That the American Academy of Family Physicians (AAFP) investigate a collaboration with American College of Lifestyle Medicine (ACLM) and the Lifestyle Medicine Education Collaborative (LMEd) and consider incorporating more lifestyle medicine (LM) resources into the AAFP website, and presentations and workshops into AAFP conferences.

The reference committee heard testimony only from one of the authors in support of this resolution discussing the prevalence of chronic diseases and the impact that addressing lifestyle and behavior change by primary care physicians has on patients. The reference committee acknowledged the existence of the Lifestyle Medicine Member Interest Group (MIG) as a potential resource for AAFP members. The reference committee expressed concern with the recommendation's lack of specificity as to the specific ask. The reference committee agreed that the emergence of lifestyle medicine has important application in family medicine and should e enhance via deliberate application and collaboration with others.

 RECOMMENDATION: The reference committee recommends that Resolution S2-206 be adopted.

#### ITEM NO. 6: RESOLUTION S2-208: OPPOSE MEDICALLY UNNECESSARY GENITAL SURGERIES ON INTERSEX CHILDREN

RESOLVED, That the American Academy of Family Physicians draft a policy to oppose any genital surgeries performed on intersex children for purposes other than resolving current and significant functional impairment or removing imminent and substantial risk of developing a condition which would pose a major risk to the health or life of the child, and be it further

RESOLVED, That the American Academy of Family Physicians (AAFP) develop and disseminate educational materials in partnership with the intersex community to advise AAFP members of best practices in the care of intersex patients and their families.

The reference committee heard testimony only from the author in support of the resolution, stating that no significant evidence exists to support genital surgeries without specific and clear reasons for such surgeries to be performed. The reference committee expressed concern with the use of the word "oppose" without additional information that examines all of the available evidence. The reference committee is concerned with the specificity of the ask. The reference committee believes it would be appropriate to investigate whether investing in the development of resources is warranted.

## RECOMMENDATION: The reference committee recommends that Substitute Resolution No. S2-208 be adopted in lieu of Resolution S2-208, which reads as follows:

RESOLVED, That the American Academy of Family Physicians investigate the evidence for/against the medical necessity of genital surgeries performed on intersex children and consider developing a policy and educational materials on this issue.

### ITEM NO. 7: RESOLUTION S2-209: INCORPORATING "ENVIRONMENTAL JUSTICE" IN AAFP COMMUNICATIONS

RESOLVED, That the American Academy of Family Physicians use the term "environmental justice" whenever possible in future communications on climate change to emphasize that the health impacts of climate change are not felt equally by all populations, and be it further

RESOLVED, That the American Academy of Family Physicians consider partnering with organizations such as Physicians for Social Responsibility, the National Resources Defense Council (NRDC), and the Environmental Health Coalition (EHC), to advocate for environmental justice issues nationwide.

The reference committee heard testimony only from the author in support of this resolution advocating that the AAFP should take a stronger stance on climate change by using new terminology to convey the importance of the inequality of health impacts of climate change felt by various populations. The reference committee discussed the definition of environmental justice and whether it was used appropriately in the context of this recommendation. The

reference committee noted potential points of ambiguity in the current language, but acknowledged the importance of climate change.

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RECOMMENDATION: The reference committee recommends that Substitute Resolution S2-209 be adopted in lieu of Resolution S2-209, which reads as follows:

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RESOLVED, That the American Academy of Family Physicians explore the concept of environmental justice and its application in AAFP policy and in future communications on climate change to emhasize that the health impacts of climate change are not felt equally by all populations, and be it further

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RESOLVED, That the American Academy of Family Physicians consider partnering with organizations such as Physicians for Social Responsibility, the National Resources Defense Council (NRDC), and the Environmental Health Coalition (EHC), to advocate for environmental justice issues nationwide.

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#### **REAFFIRMATION CALENDAR**

- 206 The following items A and B are presented by the Reference Committee on the Reaffirmation
- 207 Calendar. Testimony in the Reference Committee hearing and discussion by the Reference
- 208 Committee in Executive Session concurred that the resolutions presented in Items A and B are
- 209 <u>current policy or are already addressed in current projects. At the request of the National</u>
- 210 Congress of Family Medicine Residents, any item may be taken off the Reaffirmation Calendar
- for an individual vote on that item. Otherwise, the Committee will request approval of the
- 212 Reaffirmation Calendar in single vote.

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(A) Resolution S2-205 – CME for Gender Affirming Care for Transgender Individuals, which reads as printed below:

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RESOLVED, That the American Academy of Family Physicians have separate CME training for issues specific to health disparities among transgender patients and how to provide gender-affirming care as opposed to combining with peripherally related topics, and be it further

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RESOLVED, That the American Academy of Family Physicians advocate and support the position that gender-affirming care is a vital aspect of primary care for transgender individuals and should occur in primary care settings.

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The reference committee heard significant testimony from the authors and other individuals stating that education on care for transgender individuals currently exists through the AAFP, however, it is included with other topics. Those that testified noted that they would like to see this topic of education as a stand-alone activity, so it can be easily accessed by members. In addition, few medical schools provide education on transgendered care and must rely on other avenues. Access to practices with physicians who are trained in providing transgender care is limited. The reference committee agreed with the importance of transgender care education. It

was also presented that there is current stand-alone education on this topic that will be available in both live and enduring educational formats.
(B) Resolution S2-207 – Establishing the Routine Exchange of Preferred Pronouns and Name Between the Patient and Physician, which reads as printed below:
RESOLVED, That the American Academy of Family Physicians will encourage training for doctors to routinely introduce themselves to patients with their preferred name and pronouns and then asking for the patient's name and pronoun preference, with consideration for non-binary nomenclature; such a routine can help normalize the physician's inquiry into and the respect of a patient's chosen identity.
The reference committee heard testimony in favor of the resolution. The author stated that because family physicians diverse array of patients and that it is imperative that family physicians be trained in the use of preferred name and pronouns when interacting with patients. Testimony emphasized that using preferred name and pronouns can help foster healthy long-term patient-provider relationships. The reference committee agrees with the spirit of the resolution, however the AAFP has an existing curriculum guideline, entitled "Lesbian, Gay, Bisexual, and Transgender Health." This curriculum guideline specifically addresses the use of preferred pronouns and names. Furthermore, there is a session scheduled for FMX 2017 that will address the use of preferred pronouns and names.
RECOMMMENDATION: The Reference Committee recommends that Items A and B on the
Reaffirmation Calendar be approved as current policy or as already being addressed in
current projects.
I wish to thank those who appeared before the reference committee to give testimony
and the reference committee members for their invaluable assistance. I also wish to
commend the AAFP staff for their help in the preparation of this report.
Respectfully submitted,
Matt Peters, Chair
Anthony Markuson Brianna Muller Chandler Stisher Kimberly Vu Rose Marie Leslie