



AFMRD

Board of Directors

Resident

2017-2018 Annual Report

ASSOCIATION OF FAMILY MEDICINE RESIDENCY DIRECTORS (AFMRD) BOARD OF DIRECTORS – RESIDENT MEMBER

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Over the last year I have had the pleasure of serving on the AFMRD Board of Directors. This is an organization which serves to support residency program directors in their pursuit of excellence in family medicine residency training. The vision of our organization is to cultivate a robust community of residency directors engaged in excellence, mutual assistance, and innovation to meet the health care needs of the public. My role in this group was to serve as a resident voice and offer perspective on a range of issues pertinent to family medicine education and training.

Clinic First Collaborative

The Board joined with the UCSF Center for Excellence in Primary Care to develop a collaborative of programs across the country interested in improving the resident clinic experience. The UCSF paper, Clinic First: 6 Actions to Transform Ambulatory Residency Training, identifies ways to transform resident training by placing the clinic to equal (or greater) importance with the hospital. The collaborative has fueled practice transformation throughout the programs involved and is generating discussion across the PD community regarding clinic structure and scheduling innovations. It has been incredible to hear the different perspectives and approaches that each program takes to meet the needs of their patients, residents, faculty and staff. The collaborative generated so much interest that the Board is in initial planning for a second year of the collaborative with a second cohort of programs in the interest of promoting innovation in resident clinics. As a resident this has been most exciting for me since one of the foundational building blocks supporting this collaborative is resident wellness.

ABFM/AFMRD Pilot for Clinic Scheduling Innovation

This spring a cohort of program directors made strides to improve continuity of care in resident training in both the clinic and the hospital by innovating on some of the ACGME RRC requirements. This prompted the ABFM to request that these programs be organized into a pilot to review a core requirement of both the ABFM and the ACGME requiring residents to be scheduled in the clinic for 40 weeks during each year of training. The AFMRD Board detected the need to support PDs and worked with the ABFM to develop the Family Medicine National Innovation in Continuity Clinic Experience (FM-NICCE). With the new academic year fast approaching the AFMRD Board recruited programs to join the pilot. Five key outcome measures will be evaluated during the 5-year pilot and programs must still meet all other ABFM and ACGME requirements, particularly the number of total patient encounters. This process has been another reminder of the amazing diversity in family medicine training programs and the value our PDs place on our experience as residents. The universal consensus is improving our quality of training with a universal goal of helping us to become resilient, energized family medicine physicians.

Resident Scholarship to Family Medicine Advocacy Summit (formerly Congressional Conference)

Each year, the AFMRD provides up to 10 family medicine residents with scholarships to participate in the Family Medicine Advocacy Summit, which takes place in Washington DC. This year we expanded applications to program directors and provided three PD scholarships. This year's recipients were chosen from a very impressive group of applicants across the country. While in the Capitol, they met with the Congressmen and women from their own states and advocated for legislation to support our training and our patients. The bills we promoted included funding research into the opiate epidemic and into the high maternal mortality rates, promoting rural training through innovations in GME funding, and expanding primary care coverage for Americans with high deductible health care plans. We also promoted House participation in the Primary Care Caucus. The participating recipients later transformed these experiences into presentations to share with resident counterparts or written compositions to promote advocacy among their cohorts. The event has continued to grow and draw more interest and participation from Family Physicians and in fact it sold out this year driving a need to accommodate a larger applicant pool. This was a highly impactful weekend for the scholarship recipients and me. Our Board remains committed to supporting resident and program director participation in this program.

A sampling of other ongoing activities of the board include:

- involvement in the Family Medicine Length of Training Pilot to compare 3 and 4 year training programs
- the facilitation of the Family Medicine Graduate Survey, which provides information to program directors about what graduates are doing in practice and their level of preparedness
- the Residency Curriculum Resource, which is an online resource of peer-edited, up-to-date lectures and educational tools for PD's use to improve their programs' academic rigor and curriculum
- the Residency Performance Index, which allows programs to measure residency progress and make necessary program adjustments to fill gaps
- the National Institute for Program Director Development, which is a program for family medicine educators to enhance their leadership and teaching skills

I am incredibly lucky to begin my second year with this impressive group of model physicians and program directors as well as the ever-dynamic and personable AFMRD staff. As a resident with strong interest in teaching and training of residents and medical students I could not have stumbled upon a more perfect opportunity. I have learned about the necessity of teamwork, the importance of diverse collaboration, the principles of self-governance and the financial sustainability of an organizational board. I continue to be captivated by the complexities of academic medicine administration on a national scale and by the dedicated efforts of our program directors. I look forward to updating you all again next year.

Note: This report was prepared by the resident or student representative(s) listed and includes their account(s) of the business conducted during their term. This is not an official record of business proceedings from the AAFP or any other entity. To find out more about the business of the AAFP, its congresses, commissions, and current policies visit aafp.org.