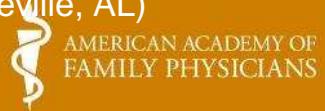


Primary Care Ultrasound: Lessons Learned in 10 Years of Ultrasound Training in a Rural Residency

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Daniel J. Hurst, PhD
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Cahaba Family Medicine Residency (Centreville, AL)



POCUS

Point-of-care Ultrasound

Outline

1. Personal journey with POCUS
2. Rotation journey with POCUS
3. Implementation
4. Curricular development
5. Lessons learned

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Poll Question #1

Do you currently use POCUS in your practice?

- A. Yes
- B. No

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Poll Question #2

Do you currently use POCUS in your practice for more than OB?

- A. Yes
- B. No

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Background

2014 Council of Academic Family Medicine Educational Research Alliance (CERA) survey:

- Only 2.2% of FMR reported an established US curriculum
- However, 29% reported having started one in the last year
- 11.2% reported being in the process of starting curriculum
- 40% reported no plans of establishing US training

Hall JW, Holman H, Bornemann P, Barreto T, Henderson D, Bennett K, Chamberlain J, Maurer DM. Point of Care Ultrasound in Family Medicine Residency Programs: A CERA Study. *Fam Med* 2015; 47(9): 706-711. <http://www.stfm.org/FamilyMedicine/Vol47Issue9/Hall706>

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Personal Ultrasound Experience

... the narrative backdrop of the
lessons learned...



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Personal Ultrasound Journey

- Residency (my own)
- First years of practice
- Program Director role(s)

Private Practice Implementation

- ROI on the machine
- CME - didactic and hands-on
- Implementation
 - scanning
 - documentation
 - over-reads
 - hiring a technician

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Residency Implementation

- Hospital setting
- University setting
- RTT / Rural Health Clinic setting
- THC / FQHC setting

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One major “take-away” (foreshadowing)

... you need a faculty ultrasound champion

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Curriculum Development



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Curriculum Development

- Shadowing
- Scanning
- What to read?
- What to work on first?
- Mentoring
- Evaluation

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Our Curriculum

- (see handout)
- ever-evolving
- flexible and individualized

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Workshops

- orientation
- academic afternoons (early)
- hands-on workshops (later in year)
- OSCEs

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SonoSim Curriculum

Leg-Venous Module	Details	Introduction to MSK Module	Details
Foot Module	Details	Renal Module	Details
Ankle Module	Details	Bladder Module	Details
Knee Module	Details	Female Pelvis Module	Details
Hip Module	Details	Scrotum Module	Details
Hand & Finger Module	Details	Prostate Module	Details
Wrist Module	Details	Lungs Module	Details
Elbow Module	Details	Aorta/IVC Module	Details
Shoulder Module	Details	Heart Module	Details
Spine Module	Details	Breast Module	Details
Leg-Arterial Module	Details	Spleen Module	Details
Cerebrovascular Module	Details	Pancreas Module	Details
Thyroid Module	Details	Liver Module	Details
Upper Airway Module	Details	GI Tract Module	Details
Arm-Venous Module	Details	Biliary Tree Module	Details
Arm-Arterial Module	Details	Adrenal Glands Module	Details
Soft Tissue Module	Details		

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Recommended Books

Point of Care Ultrasound by Soni, Arntfield, and Kory. (1st edition, 2014; Kindle or Inkling version)

Introduction to Bedside Ultrasound by Matthew Dawson and Mike Mallin (iBooks or Inkling only)

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Field Notes

Ultrasound Evaluation Field Notes	
Name of Learner:	Date:
Level: MS-3 / MS-4 / PGY-1 / PGY-2 / PGY-3 Studies Today:	
Approach to the patient:	
<ul style="list-style-type: none">Did the learner introduce her/himself to the patient, and her/his role?Did the learner explain the procedure to the patient?Feedback: <input type="radio"/>	
Hand eye Coordination:	
<ul style="list-style-type: none">Did the learner have appropriate spatial recognition / hand-eye coordination for her/his level of training?Feedback: <input type="radio"/>	
Knobology:	
<ul style="list-style-type: none">Did the learner know the basic transducers and knobs to use?Feedback: <input type="radio"/>	
Anatomy:	
<ul style="list-style-type: none">Did the learner know the basic anatomy relevant to the study?Feedback: <input type="radio"/>	
Protocols:	
<ul style="list-style-type: none">Did the learner know the basic pictures to take for this study?Feedback: <input type="radio"/>	
Overall:	
<ul style="list-style-type: none">How did the learner perform overall on this study? <input type="radio"/>	
Evaluator:	

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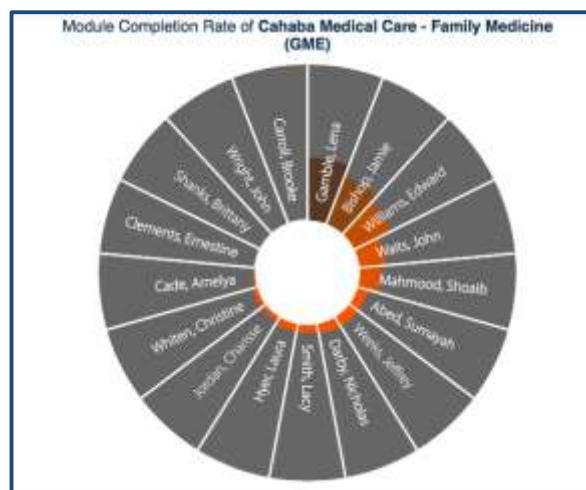
Our OSCE

- (see handout)
- essential to evaluate

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Sonosim Dashboard



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Our Data

- Alumni using ultrasound
- PGY-3s
- PGY-2s
- PGY-1s

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Lessons Learned



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Ultrasound Legal Issues

- Ultrasound privileging
- POCUS vs. Departmental Ultrasound
 - or is ultrasound more like an MRI or more like a stethoscope?
- Credentialing issues
 - National society guidance and turf-wars
 - clinic
 - hospital
- Malpractice issues
- Reimbursement issues

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Facilitated Discussion



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Who is stuck?

... and Why?

- Ideas from the group

Who has had success?

... and How?

- Questions from the group

Poll Question:

Enter your email address to be included in any follow-up communication from the presenter(s).

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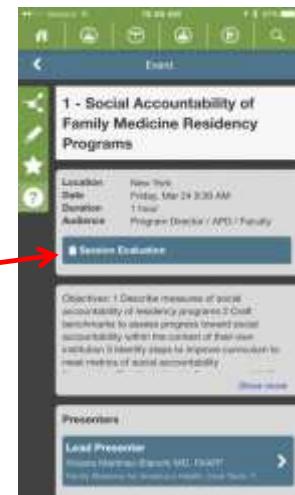
Social Q & A

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Please...

Complete the session evaluation.



Thank you.

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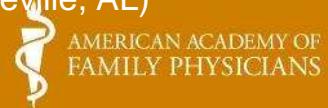
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