

# 2019 FMRNA Annual Residency Nursing Workshop

Presented by the Family Medicine Residency Nurses Association

Friday, April 5 – Saturday, April 6, 2019

Location: Sheraton Kansas City Hotel at Crown Center

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## Friday, April 5, 2019

1:30 – 2:00 p.m.: **Registration/Networking** [Benton]

2:00 – 2:15 p.m.: **Welcome Remarks** [Benton]

*FMRNA President – Kathy Morin, AD, RN*

2:15 – 3:15 p.m.: **Opioid Epidemic** [Benton]

*Terri Magee, RN*

Treating chronic pain while identifying and preventing substance abuse is a daunting but critical task in the primary care setting. Medical professionals are now faced with the challenge to not only battle the epidemic, but also properly treat pain. Our clinic implemented a Chronic Pain protocol in October 2015, and we have had great success with managing and promoting compliance. The nurses' role in managing the chronic pain population is not only vital, but the main reason our protocol has been such a success. Making small changes, providing consistent care, and educating patients and staff can help make your clinic aid in the fight against the opioid epidemic too!

3:15 – 3:30 p.m.: **Break**

3:30 – 4:30 p.m.: **Barriers to Advance Directives and Integration into the Family Practice** [Benton]

*Scott Lakin, MSN, RN*

Most people feel that Advanced Directives are important only to the old or sick. Nurses play an important role in assisting our patients in this important task of defining their health care wishes and who will make medical decisions for them if they are temporarily or permanently unable to make them for themselves. Discussion will include definition of barriers and best practice to assure our patients have their documents in order.

4:30 – 4:45 p.m.: **Break**

4:45 – 5:45 p.m.: **Addressing Food Insecurity in the Family Medicine Residency Program** [Benton]

*Kathy Morin, AD, RN; Mary Beth McLellan, BSN*

While it's true that our nation has many more resources for our daily needs, we continue to struggle with "food insecurity" in many areas of the country. Food insecurity not only involves lack of finances, but it also includes lack of access and education. Because of our patient population, residency programs are poised to be on the fore front of food insecurity programs and this presentation will discuss ways to get a program off the ground and running.

5:45 – 6:00 p.m.: **Closing Remarks** [Benton]

*Kathy Morin, AD, RN*

6:00 – 7:00 p.m.: **Networking Reception** [Benton]

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## Saturday, April 6, 2019

8:00 – 8:15 a.m.: **Welcome Remarks** [Benton]  
*FMRNA President – Kathy Morin, AD, RN*

8:15 – 9:15 a.m.: **What's Your Emergency? Creating a Change to Decrease Overuse of the Emergency Department** [Benton]  
*Angela Fehr, RN*

The overuse of U.S. emergency departments is responsible to billions of dollars in wasteful spending each year. Causes of this overuse include lack of access to primary care and case management. This presentation will include education on identifying overuse and creating a model to implement change and eliminate barriers.

9:15 – 9:30 a.m.: **Break**

9:30 – 10:30 a.m.: **Bridging the Gap: Combining Hospital and Clinic Within a Transitions of Care Program** [Benton]  
*Danielle Billings, RN, BSN; Jennifer Nolte, RN, BSN, BA, CCCTM*

Hospitalization and the transition of care period following discharge are often a very vulnerable time for patients, particularly those who are high risk. There are many opportunities for confusion, miscommunication, and errors for patients and their caregivers during this time. This session will discuss the implementation of an RN-driven continuum of care program from hospitalization through patient follow up appointment in clinic that addresses these potential areas of concern. In addition to improving patient outcomes and experiences, there is also an opportunity for education of residents regarding successful transitions of care.

10:30 – 10:45 a.m.: **Break**

10:45 – 11:45 a.m.: **Panel Discussion** [Benton]  
*Kay Anderson, RN; Mary Beth McLellan, BSN; Alice Brown, RN*

This panel will address 3 discussion topics: clinic performed diagnostic testing that is being done in Family Medicine clinics, including diabetic eye exam; the nurses role and understanding of the ACGME mandatory Clinical Learning Environment Review (CLER) visit; and communication skills and team building necessary in our work environment.

11:45 a.m. –  
12:00 p.m.: **Closing Remarks** [Benton]  
*Kathy Morin, AD, RN*