



LEADING,
ADVOCATING, AND
ADVANCING FAMILY MEDICINE
FOR 70 YEARS

Washington, D.C.

Pictured from front to back, left to right: Don Mack, MD; Sarah Sams, MD; Nancy Mathieu, MD; Selim Sheikh, DO; Nate Overmire, DO; Scott Rogers, MD; Gary LeRoy, MD; and Stanley Anderson, MD, attended the Family Medicine Advocacy Summit held May 21-22, 2018, in Washington, D.C. Not pictured Fred Miser, MD.

ANNUAL REPORT 2017-18



OHIO ACADEMY OF
FAMILY PHYSICIANS

◀ WELCOME message

In 2018, we surpassed the 5,000-membership milestone, accepted the National Colorectal Cancer Roundtable's 80% by 2018 National Achievement Award, and received the American Academy of Family Physicians Leadership in State Government Advocacy Award.

This year, we celebrate the 70th anniversary of the Ohio Academy of Family Physicians, highlighting both past and present accomplishments.

In 2018, we surpassed the 5,000-membership milestone, accepted the National Colorectal Cancer Roundtable's 80% by 2018 National Achievement Award for our work in improving colorectal cancer screening rates across Ohio, and received the American Academy of Family Physicians Leadership in State Government Advocacy Award for our efforts in retaining family medicine residency slots in Toledo, OH.

All of these accomplishments serve as signs of Ohio's continued strength and integrity as one of the largest, most respected chapters of the AAFP.

Sincerely,



Donald O. Mack, MD
President

This report on annual activities and accomplishments is structured around the OAFP's organizational pillars (Policy and Pipeline; Practice Success and Payment for Value; Professional Satisfaction and Wellness; and Quality Improvement, CME, and Population Health) – all of which drive action through advocacy, communication, and education, and are built on a strong foundation of operational success.

Thank you for your membership and ongoing commitment to keeping Ohio families and communities healthy. Cheers to 70 years and 70 more years of leading, advocating, and advancing family medicine!



Ann M. Spicer
Executive Vice President

According to the
National Resident
Matching Program®, 3,535
participants matched into
family medicine in 2018.



to invest



Since August 2017,
the Academy
has offered 125+
continuing medical
education credits to
its members.

to learn



to help

The Ohio Academy
of Family Physicians'
**first African American
President**, Wilburn H.
Weddington, MD, passed
away on December 27, 2017.



to thank

◀ POLICY and pipeline


The Public Policy Committee, the Family Medicine Educators Workgroup, and our affiliated partner – the OAFP Foundation – make up our policy and pipeline pillar, the OAFP boldly advocates in behalf of family medicine before the Ohio General Assembly and with the state regulatory boards and agencies that impact the practice of medicine.

Before the Ohio General Assembly

- Don Mack, MD, and Sarah Sams, MD, testified against legislation that would make it a fourth degree felony for a physician to perform an abortion if the physician had any reason to believe the unborn child had Down syndrome. Testimony focused on the bill's negative impact and inappropriate intrusion into the patient-physician relationship and criminalization of the practice of medicine.
- Sarah Sams, MD, testified in support of step therapy reform legislation and illustrated through patient stories how requirements have become barriers to patient care; Don Mack, MD, authored a letter to the editor that was published in *The Columbus Dispatch* calling for passage of step therapy reform legislation.
- Catherine Romanos, MD, and Nate Overmire, DO, testified in support of legislation to streamline how immunization opt-out data is handled and reported for school-aged children.



Pictured from left to right:
Nate Overmire, DO; Sarah Sams, MD; David
Paragas, JD; and Don Mack, MD.



OAFP members attended the Family Medicine
Advocacy Summit held May 21-22, 2018, in
Washington D.C.



The OAFP Supports

FIGHTING FOR FAMILY MEDICINE



Attempts to repeal and replace the Affordable Care Act (ACA) and freeze Medicaid expansion in Ohio continued in unrelenting waves through the end of 2017. Both attempts, if successful, would have resulted in hundreds of thousands of Ohioans losing health care coverage. So, in keeping with the AAFP's longstanding health care coverage for all policy, the OAFP advocated accordingly.

The OAFP submitted comments to the Ohio Department of Medicaid and the Centers for Medicare and Medicaid Services (CMS) opposing Medicaid's 1115 waiver application seeking federal permission to implement a work requirement for Medicaid expansion enrollees. The work requirement would negatively impact an estimated 36,000 Ohioans.

The OAFP officially supported Issue 2, the Drug Price Relief ballot initiative that would have required the state of Ohio to pay the same or lower prices for prescription drugs as the U.S. Department of Veterans Affairs. The OAFP website housed a resources page which provided both proponent and opponent information on the issue.

Representative Steve Huffman, MD, chair of the Ohio House Health Committee, attended the OAFP Public Policy Committee meeting on March 17, 2018. He provided information on the legislative process specifically discussing issues ranging from price transparency and scope legislation to medical marijuana and maintenance of certification requirements.

Ohio House Bill 559

To streamline how immunization opt-out data is handled and reported for school-aged children.

LEGISLATIVE Actions

The OAFP submitted comments to both the medical and pharmacy boards relative to new regulatory restrictions on prescribing opioids for acute and chronic pain.

Particularly concerning is the requirement that the diagnosis code be included on opioid scripts as of December 29, 2017; and on all other controlled substance and gabapentin prescriptions as of June 1, 2018.

Comments on rules pertaining to drug compounding, a confidential monitoring program for physician licensees with mental or physical illness, telemedicine, one-bite, office-based opioid treatment, and terminal distributor of dangerous drugs (TDDD) licensure were also submitted.

The OAFP gathered information from members about functionality of the Ohio Automated Rx Reporting System (OARRS) and threatening emails from the State Medical Board of Ohio (SMBO) relative to OARRS checks compliance.

On May 23, 2018, Don Mack, MD, and Executive Vice President Ann Spicer met with the directors of the SMBO and the State of Ohio Board of Pharmacy to discuss the comments received in an effort to make OARRS a helpful tool rather than a practice burden.

OAFP staff served on numerous advisory committees to advance the family medicine perspective. Examples of advisory group subject areas include addiction evidence; child and adolescent health; school-based health; advanced primary care; state innovation model evaluation; health value; malnutrition; and health education curriculum.

The FM-PAC made one \$500 contribution to State Rep. Huffman (R-Tipp City, OH) who is running for the Ohio Senate. Rep. Huffman, an OAFP member who practices emergency medicine, is currently chair of the Ohio House Health Committee.

Don Mack, MD, and Suellywn Stewart, MD, attended the Ohio Association of Physician Assistants annual meeting. OAFP representatives participated in the House of Medicine meetings held August 30, 2017, and April 6, 2018.

Larry Bauer, MSW, Med, received the 2017 Friend of Family Medicine Award in recognition of his 40 years of tireless advocacy for the family medicine specialty.



AAFP



2017 Leadership in State Government Advocacy Award

The OAFP received the 2017 AAFP Leadership in State Government Advocacy Award for our advocacy in behalf of the Toledo Hospital Family Medicine Residency Program and retention of its family medicine residency slots in the Toledo community.

Following this experience, the OAFP created an online toolkit of resources designed to help other family medicine residencies facing similar issues. Sarah Sams, MD; Mark McLoney, MD; Nancy Mathieu, MD; and Nate Overmire, DO, accepted the award at the 2017 AAFP State Legislative Conference held November 3-4, 2017, in Dallas, TX.

#FMRevolution

Ohio Coalition of Primary Care Physicians



The OAFP participated in an Ohio Coalition of Primary Care Physicians meeting held September 8, 2017. The coalition formed an Ohio Primary Care Physician Workforce Collaborative that has been meeting monthly since February 2018. The nine member collaborative is making another effort at developing a mechanism to incentivize medical schools to produce more primary care physicians and distribute them to medically underserved areas of the state.

Don Mack, MD, represents the OAFP on these collaborative efforts. OAFP members Doug Harley, DO, and Ted Wymyslo, MD, represent the Ohio Osteopathic Association and the Ohio Association of Community Health Centers respectively. The group expects to have recommendations prepared by the end of 2018 for presentation to the new governor when he takes office in January 2019.

WE SUPPORTED

Regulation and transparency relative to pharmacy benefit managers.

Legislation that revises physician assistant practice.

Changing opt-out procedures governing immunizations of children enrolled in school, pre-school, and daycare programs.

WE REVISED

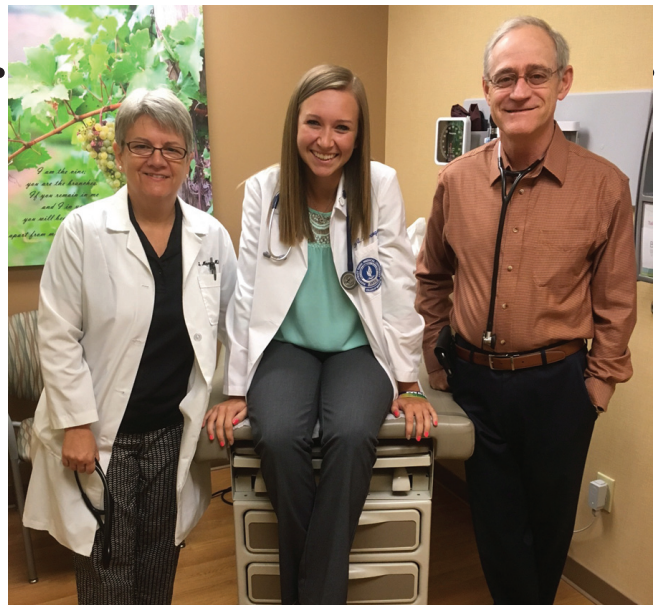
Our position of opposition to a neutral with technical assistance position on the regulation of physical therapist practice. The bill now gives physical therapists the ability to make a physical therapy diagnosis and clarifies that from a medical diagnosis.

WE MAINTAINED

That a physician should not be required to secure maintenance of certification as a condition of licensure, reimbursement, employment, or privileging, but that legislation to prohibit constitutes legislative interference into the practice of medicine; such matters are best addressed through professional self-regulation and peer review.

The Academy's pipeline work relies heavily upon the student and resident programming of the OAFP Foundation. Seventy medical students completed summer preceptorship experiences with family physicians thanks to the work of the Foundation.

Additional pipeline efforts revolve around the Ohio Patient-Centered Primary Care Collaborative Workforce Learning Center where the OAFP is represented by Jon Seager, MD, and Ted Wymyslo, MD. Their focus remains on Choose Ohio First Primary Care Scholarships, team-based training, and an integrated curriculum.





Medicaid

◀ PRACTICE SUCCESS and payment for value

The AAFP offers a large array of resources, tools, and peer developed guidebooks aimed at helping you navigate the complex value-based payment environment.

America's largest initiative to transform health care is happening right here in Ohio as the Buckeye State is the largest region, with respect to participating practices (562), selected for the Comprehensive Primary Care Plus (CPC+) program.

On May 22, 2018, CPC+ practices gathered in Columbus, OH, for a full-day training session. The national CPC+ program is an advanced primary care medical home model that aims to strengthen primary care through regionally-based multi-payer payment reform and care delivery transformation. The OAFP continues to be a resource for members as systems continue to transition from fee-for-service to value-based payment.

are you
ready for 
MACRA?

FREE FOR AAFP MEMBERS

The 2018 MIPS Playbook is AAFP's new step-by-step guide to navigating the Merit-Based Incentive Payment System (MIPS) path set out under the Quality Payment Program (QPP) of the Medicare Access and CHIP Reauthorization Act of 2015 (MACRA). It's a MIPS how-to, simplified!



PROFESSIONAL SATISFACTION and wellness

The Joy of Medicine Workgroup led the charge under our professional satisfaction and wellness pillar. The workgroup created a burnout and physician resiliency page on our website that has videos, articles, and online resources as well as information about the confidential services offered to physicians by the Ohio Physicians Health Program (OPHP).



Wellness Wednesdays, an interactive webinar series focused on enhancing professional and personal wellness, was held monthly in 2017 and bi-monthly in 2018.

The series is facilitated by a licensed professional clinical counselor from the OPHP. Topics ranged from nutrition and physical exercise to mastering the art of gratitude. Webinars are archived on the OAFP website for convenient viewing.

The OAFP also joined the Ohio Physician Wellness Coalition, a group of physician organizations, who are working with the OPHP to

create continuing medical education videos that address physician burnout and wellness.

The 2017 Members Assembly keynote speaker, Dike Drummond from the “Happy MD,” helped attendees learn how to recognize and prevent burnout, lower stress, and build a more balanced life.

The OAFP launched a membership benefit for residents that provides financial support for legal review of an Ohio employment contract. The OAFP is supporting a maximum of 25 OAFP resident members with this benefit on a first come, first served basis.



Congratulations

Dr. Carlos Menendez and
Dr. Jack O’ Handley!

Carlos Menendez, MD, of Greenville, OH, was recognized as the 2017 OAFP Family Physician of the Year and John (Jack) O’Handley, MD, of Hilliard, OH, was honored as the 2017 Family Medicine Educator of the Year. Representative Stephen Huffman arranged for both award recipients to be honored during an Ohio House of Representatives session.

80% by 2018 Coast to Coast



Los Angeles, CA

Pictured from left to right: Lisa C. Richardson, MD, MPH, Director of Cancer Prevention and Control in the National Center of Chronic Disease and Prevention and Health Promotion at the Centers for Disease Control and Prevention; Mary Doroshenko, Strategic Director of Colorectal Cancer Intervention at the American Cancer Society and Director of the National Colorectal Cancer Roundtable (NCCRT); Kate Mahler, CAE, Deputy Executive Vice President of the OAFP; Jon C. Seager, MD, of Hartsville, OH, Past President of the OAFP; and Rich Wender, MD, Chief Cancer Officer at the American Cancer Society and Chair of the NCCRT.

Ohio is Nationally Recognized for Increasing Colorectal Cancer Screening Rates

The Ohio Academy of Family Physicians received the National Colorectal Cancer Roundtable's 80% by 2018 National Achievement Award, an honor recognizing leadership in the ongoing effort to increase colorectal cancer screening rates across the United States.

Since 2008, the OAFP has organized a physician-led practice improvement project to increase colorectal cancer screenings in family physician practices across Ohio. To date, nearly 100 practice teams have participated in the program, with more than half of them exceeding or achieving the 80% goal. With exceedingly high patient outcomes, Ohio family physicians stand out when it comes to increasing colorectal cancer awareness. Jon Seager, MD; Deputy Executive Vice President Kate Mahler, CAE; and Communications Manager Morgan Pelt traveled to Los Angeles, CA, on March 8, 2018, to accept the award.

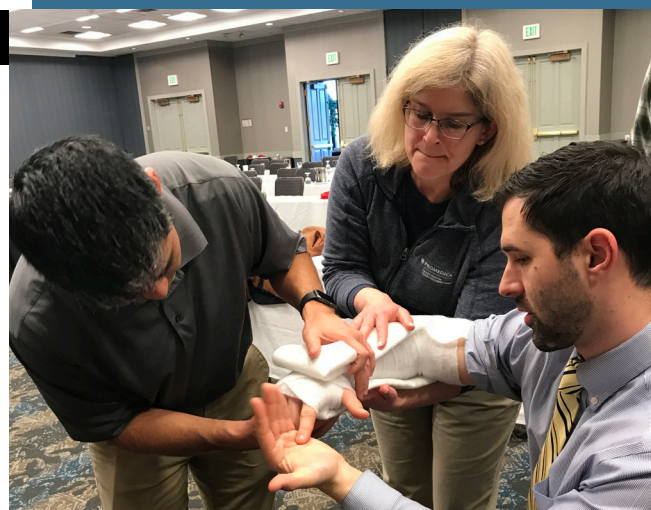


Times Square, New York City, NY

◀ QUALITY IMPROVEMENT and population health

FAMILY MEDICINE WORKSHOP

On January 13-14 and January 27-28, 2018, the OAFP hosted the Family Medicine Workshop where attendees learned about innovative techniques and clinical discoveries on topics ranging from urology and rheumatology to neurology and psychiatry. In addition, during the first weekend's course, an optional ABFM knowledge self-assessment (KSA) and clinical self-assessment (CSA) on diabetes was offered. The second weekend featured a procedural workshop on splinting and casting techniques. Attendees earned up to 30.5 continuing medical education credits over the two-weekend program.



QUALITY IMPROVEMENT SUMMIT



On April 7, 2018, 64 practice teams participated in the Academy's Quality Improvement Summit—a program that has become OAFP's largest event. Attendees started their day with a focus on population health and how currently available community resources can be used to address social and economic factors that individual patients face.

Practice teams then broke into one of four clinical topic areas—colorectal cancer screening, breast and cervical cancer prevention and early detection, diabetes prevention and management, and hypertension management—and utilized mapping exercises to figure out how to streamline

office procedures in ways that provide enhanced efficiency, improved work environments, and better patient outcomes. Teams will track their progress for five months using corresponding online modules accredited by the ABFM.

Summit program partners included the American Cancer Society's East Central Division, the Ohio Department of Health, and the AAFP Foundation Family Medicine Philanthropic Consortium. Supporters included the Ohio Association of Community Health Centers, CliniSync, the Health Services Advisory Group, and LifeCare Alliance.

◀ QUALITY IMPROVEMENT and population health



Pictured: Scott Morris, DO.

The Ohio Family Physician (TOFP) is published quarterly in mid- March, June, September, and December in print and digital formats. The magazine serves as a vehicle for the OAFP to communicate with its members important dates, partnerships, conferences, opportunities, and other news. The current circulation is more than 4,900.

The winter 2017 issue of *TOFP* featured Ohio family physicians who are initiating and participating in quality improvement programs to improve the care of their patients. The spring 2018 issue of *TOFP* focused on population health and how family physicians are uniquely positioned to provide culturally competent care that addresses social determinants of health.

The summer 2018 issue took a deeper dive into nutrition, hunger, and food deserts by highlighting some innovative ways that practices have addressed this particular social determinant of health; and launched the “Voices of Family Medicine” series that gives OAFP members the opportunity to respond to a question related to the issue’s theme.

Held May 5, 2018, the **Chief Resident Workshop** facilitated by Scott Morris, DO, provided customized leadership training for 21 chiefs from 13 Ohio family medicine residency programs.

On October 4, 2017, the OAFP hosted a webinar for members about recent changes made to the ABFM’s family medicine certification process.

The OAFP’s virtual KSA/CSA held October 29, 2017, in partnership with the Indiana, Maryland, Minnesota, and Wisconsin state chapters focused on cerebrovascular disease.

Core Content Review of Family Medicine, a home-study, continuing medical education program produced by the Ohio and Connecticut Academies of Family Physicians, continues to be an important source of non-dues income.

NEW UPDATE!

In the 2018 summer issue of *TOFP*, the OAFP launched a new digital platform to enhance the readability and user experience of the magazine.





2017 Members Assembly



◀ MAINTENANCE OF A successful organization

The 2017 Members Assembly approved a new system for addressing resolutions and policy proposals with the intent of making the process more inclusive, efficient, and knowledge-based. Issues that members would like addressed by the board can be submitted year-round via this new process rather than once-a-year though the Members Assembly.

Ann Spicer and Kate Mahler, CAE, attended the **AAFP Chapter Executives Leadership Program** held September 25-26, 2017, in Chicago, IL.

The OAFP launched a new website and weekly e-newsletter in November 2017. Both have a clean, uncluttered design, improved functionality, and enhanced content for a more intuitive user experience.

The OAFP Foundation honored Chad Garven, MD, of Cleveland, OH, as its 2017 Family Physician Mentorship Award recipient. Renee Markovich, MD, of Akron, OH, was appointed to a three-year term on the AAFP Foundation Board of Trustees.

OAFP Board Mega Issue Discussions

- Single-payer health systems (which resulted in the creation of a resource page on the website and a president's message in *The Ohio Family Physician*).
- Competency-based vs. constituency-based boards.
- ABFM and maintenance of certification (with guests Robert L. Phillips, MD, MSPH, vice president for research and policy at the ABFM, and Ken Bertka, MD, president-elect of the Council of Medical Specialty Societies).
- Public health collaboration (with guest Clint Koenig, MD, medical director for the Ohio Department of Health).

◀ MAINTENANCE OF A successful organization

Gary L. LeRoy, MD, FAAFP
for AAFP President-Elect

www.ohioafp.org/leroy



Gary LeRoy, MD, is serving the third year of a three-year term on the AAFP Board of Directors; the OAFP is proudly supporting his candidacy for AAFP president-elect at the 2018 AAFP Congress of Delegates in New Orleans, LA.

Joining Gary LeRoy, MD, in national service are: Brian Bachelder, MD (AAFP Commission on Education); Matt Finneran, MD (AAFP Commission on Membership and Member Services); Ryan Kauffman, MD (AAFP Commission on Continuing Professional Development); Mary Krebs, MD (AAFP Commission on Quality and Practice); Mike Sevilla, MD (chair,

AAFP Commission on Membership and Member Services); Colette Willins, MD (AAFP Delegate to the American Medical Association); and Ann Spicer (chapter executive, AAFP Commission on Health of the Public and Science).

Anna Askari is the AAFP medical student delegate to the 2018 AAFP Congress of Delegates; Kelly Thibert, DO, MPH, is the resident representative on the AAFP Task Force on Tobacco Prevention and Control; and Elana Curry is the AAFP student delegate to the American Medical Association-Medical Student Section. Fred Miser, MD, is president of the Association of Family Medicine Residency Directors.

AAFP Congress Meets in San Antonio, TX

Jeff Bachtel, MD; Renee Markovich, MD; Elisabeth Righter, MD; and Sarah Sams, MD; officially represented the OAFP at the 2017 AAFP Congress of Delegates meeting held September 10-13, 2017, in San Antonio, TX. Joining the OAFP delegation were Kathleen Meehan-de la Cruz, MD, who served as a member constituencies alternate delegate and Anna Askari who served as an alternate student delegate.

OAFP Members Attend National Conferences

Don Mack, MD; Anna McMaster, MD; Gary LeRoy, MD; Sarah Sams, MD, and Ann Spicer attended the 2018 Ten State Conference held February 16-18, 2018, in Hartford, CT.

Stan Anderson, MD, and Ann Spicer traveled to Chicago, IL, in April 2018 to attend the American Society of Association Executives Symposium for Chief Elected/Executive Officers.

Twenty-three OAFP leaders converged in Kansas City, MO, April 25-28, 2018, for the Annual Chapter Leaders Forum (ACLF) and National Conference of Constituency Leaders (NCCL). Kathleen Meehan-de la Cruz, MD, served as 2018 NCCL co-convenor.

Once again, the OAFP sent a full delegation to NCCL: Wayne Ford, MD (minority representative); Natalie Hinchcliffe, DO (LGBT representative); Jaividhya Dasarathy, MD (women representative); Tamer Said, MD (international medical graduates representative); and Ean Bett, MD (new physician representative).

Drs. Said and Dasarathy were elected member constituency co-conveners for the 2019 NCCL; Dr. Dasarathy was chosen as a member constituency alternate delegate to the 2018 AAFP Congress of Delegates.



Pictured from left to right: Sarah Sams, MD; Jeff Bachtel, MD; Renee Markovich, MD; and Elisabeth Righter, MD.

Kelly Thibert, DO, MPH; Christen Johnson, MD, MPH; Ryan Paulus; and Katelyn Walsh represented OAFP resident and student members at the AAFP National Congress of Family Medicine Residents and Medical Students held August 2-4, 2018, in Kansas City, MO.

AAFP Scholarship Recipients

OAFP members Hiten Patel, MD, and Ryan Paulus were selected to receive scholarships through the AAFP Foundation Family Medicine Emerging Leader Institute.

**Thank you to our partners,
sponsors, and members
for contributing to another
great year. We look
forward to celebrating
many more!**

Summaries of all board, committee, task force, and workgroup meetings held during the 2017-18 year, along with reviewed financial statements, are available online at www.ohioafp.org.

◀ **LOOKING FORWARD** to the future

UPCOMING Events

2018 Virtual KSA on Coronary Artery Disease:
Sunday, October 28, 2018, at 6:00 p.m.

2019 Family Medicine Workshop and KSA on Care of the Vulnerable Elderly:
January 12-13 and January 26-27, 2019, at the Crowne Plaza Hotel (Dublin, OH)

2019 Colorectal Cancer Screening Improvement Team Training Day:
Saturday, April 6, 2019, at the Embassy Suites (Dublin, OH)

2019 Family Medicine Celebration
Summer 2019

2019 Chief Resident Workshop
Spring 2019

2019 Virtual KSA
Fall 2019

MEMBERSHIP Highlights

5,066
MEMBERS

- 2,500 active members
- 27 inactive members
- 293 life members
- 464 residents
- 1,774 student members
- 8 supporting members

AS OF 4/30/2018