**Technical Guidelines for Submitting Videos to AFP**

Original, high-quality videos are considered for publication on our AFP Videos Collection [www.aafp.org/afp/videos](http://www.aafp.org/afp/videos) and AFP YouTube channel <https://www.youtube.com/user/AFPJournal>. To submit a video, please follow these instructions:

**PROPOSAL PROCESS**

First, please seek approval for your submission by completing an [Author Proposal Form](http://aem-prod-auth.lw.aafp.org:4502/content/dam/AAFP/documents/journals/afp/AFP_Video_Proposal_Form.DOCX), and sending it to afpvideos@aafp.org. Once approved, please format your submission as follows:

**PREPARING YOUR SUBMISSION**

* All of the following text describing the submission should be in one double-spaced Word document.
* Include a title that is under ten words.
* Provide the name, highest academic degree, address, e-mail address, telephone number, and fax number of each author.
* Provide a legend describing the video. It should contain no more than 150 words.

Please also submit a **Consent/Copyright transfer form** signed by all authors:

https://www.aafp.org/content/dam/AAFP/documents/journals/afp/AFP\_Video\_Copyright\_Retained\_Form.docx

**Note:** If images of people (patients, physicians, everyone) are used, either the subjects should not be identifiable or you should include written permission to use their images. See:[**Consent for Publication of Photograph, Video or other Identifying Material**](http://www.aafp.org/dam/AAFP/documents/journals/afp/consent-form-2016.pdf)

Please email all documents to afpvideos@aafp.org.

**TECHNICAL REQUIREMENTS**

Whenever possible, please delete or obscure from the video any information that might identify the patient, hospital, or healthcare system, including the date. Our goal is to avoid commercialization of any product, hospital-system or institution. When referring to drugs or devices, please use generic names or generic descriptions.

The video file should be complete and in final format and at as high a resolution as possible. Any editing will be the responsibility of the author, and AFP staff may ask for editing following peer review. AFP staff may also abridge the video for content, length and/or quality. Please note: we can’t provide financial support or equipment.

Please submit your video in one of the following formats: Movie & TV (.avi), mp4, mpeg, or QuickTime (.mov).

If possible, include a still image from the video for use in print or on a non-animated Web page to be linked to the video.

**SUBMITTING YOUR FILE**

Please submit your video to AFPVideos@aafp.org, using a common cloud-based service, such as Google Drive, Box, Dropbox, or MicroSoft OneDrive.