

## **Video: Anterior drawer test—Anterior Cruciate Ligament Injury: Diagnosis, Management, and Prevention.mp4**

**Speaker 1:** [00:00:00] To perform the anterior drawer test, have the patient in the supine position, with the knee flexed to 90 degrees and the foot flat on the table and supported. Next, grasp the tibia with both hands while helping the hamstring tendons posteriorly to ensure that they are relaxed. Then, make sure the tibia is in the neutral position and not internally or externally rotated. Then, gently lie the proximal tibia anteriorly. A discrete endpoint indicates an intact ACL, while increased range of motion with loss of a discrete endpoint indicates a positive test.