

FMIG Program of Excellence (PoE) Application

OVERALL AWARD

**APPLICATIONS ARE DUE APRIL 1, AND CAN BE SUBMITTED ELECTRONICALLY VIA EMAIL TO
POE@AAFP.ORG. YOU MUST USE THIS TEMPLATE FOR YOUR APPLICATION.** Please fill in the following:

1. Medical School Name: University of Arizona College of Medicine-Tucson
2. FMIG Name: FMIG
3. Main Campus or Regionally Separated (branch) campus
a: If regionally separated (branch) campus, name: Tucson
4. Number of students in your medical school: 460
a: If your campus is a regionally separated (branch) campus, number of students on your campus: _____
5. Number of active FMIG members: 132
6. Number of students serving in FMIG leadership positions: 5
7. Check all that apply:
 - Our school does not have a department of family medicine.
 - Our FMIG has minimal support from our state chapter.
 - Our school has minimal faculty support (i.e. from Dean, Dept. Chair, etc.).
8. Has your FMIG applied for this award in the past: YES NO
9. Has your FMIG won this award in the past: YES NO

Contact information:

10. Primary Student Leader Name: Sarah Ring
11. Primary Student Leader Email Address: sarahjoyring@email.arizona.edu
12. Primary Student Leader Phone: 9288143612
13. FMIG Faculty Advisor Name(s): Elizabeth K Meehan, Sommer Aldulaimi
14. FMIG Faculty Advisor Email Address: ekmeehan@email.arizona.edu, Sommer.aldulaimi@bannerhealth.com
15. FMIG Faculty Advisor Phone: (520) 694-8888
16. Institutional Mailing Address: 1501 N. Campbell Avenue | PO Box 245017 | Tucson, Arizona 85724

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FMIG OPERATION

Please answer the following three questions to describe your FMIG's structure and approach to operation. These questions will help describe the environment and provide the background for the programming/initiatives/projects section of the application.

17. How is your FMIG structured? What roles do student leaders play?

Our group is structured with 2 co-presidents, 2 activities coordinators, and a treasurer who collaborate together with our 2 faculty mentors to create meaningful experiences for students. Their roles are as follows:

President:

- o Attend all student government meetings.
- o Preside over all club meetings and attend most events hosted.
- o Coordinate and facilitate communication with other officers in the club and assist with events and logistics.
- o Coordinate with faculty sponsors to create events and opportunities for students
- o Promote advocacy and help to encourage students to participate in FMIG and AAFP membership
- o Perform or delegate any other reasonable duties necessary for the carrying out of club business.
- o Maintain active status with the national organization for FMIG and AAFP
- o Help organize the FMIG Mentorship Program
- o Organize Strolling through the Match for 4th year student that matched family

Treasurer:

- o Secure funding, and help to organize and participate in fundraisers, coordinate reimbursement, and keep the accounts for FMIG expenditures.
- o Track funds through a local bank account, work with team members to ensure proper funding is available for all activities.
- o Apply for funds from Student Government and other venues to Assist in the carrying out of planned activities when needed

Activities Coordinators:

- o Create meaningful experiences for club members within each of the various fields of Family Medicine
- o Communicate with and answer questions posed by undergraduate students interested in family medicine and/or the health care field.
- o Set up lunch talks with various faculty, physicians, and residents to inform students on various aspects of family medicine.
- o Set up skills workshops in suturing, splinting, birthing and IUD
- o Set up High School Football sidelines program

18. Describe your FMIG's mission and goals.

Our FMIG's mission is to inform students of the unique opportunities that are available in family medicine, provide meaningful learning experiences, as well as community service and volunteer opportunities in the community, and to promote the values of family medicine. We work to connect students interested in pursuing a career in family medicine with multiple resources, ranging from mentors to family medicine programs in Tucson, AZ to the greater FMIG national chapter. In fostering these connections, we hope to support each student's interests and nurture their future goals. Furthermore, we seek to promote advocacy, professional development and a commitment to under-served populations by offering extensive and diverse service opportunities and lectures relating to the value placed on service in Family Medicine. In doing so, we hope to promote and foster a sense of community and humility at the University of Arizona College of Medicine.

19. Describe the role of your FMIG Faculty Advisor.

Our FMIG Faculty advisors are very involved in our chapter. They never fail to support the goals of student leaders, as well as facilitate connections to the greater Family Medicine Department faculty and residents. We met 4 times this past year to come up with new programming ideas and plan events. Both of our advisors were not only incredibly supportive of the ideas we had for FMIG events, but also always had wonderful ideas to bring to the table. They also served as an invaluable connection between the Family and Community Medicine Department faculty and residents to plan events. In addition, the Family Medicine Residency department was wonderful with planning, funding and coordinating logistics for FMIG events.

FMIG PROGRAMMING, INITIATIVES, AND PROJECTS

In this section of the application, please describe your FMIG programming. Each block of questions should reflect one program, initiative, or project. In total, you may submit eight programs, initiatives, or projects, meaning that you may fill out the block of questions up to eight times total to reflect up to eight individual programs, initiatives, or projects.

While there is an eight program/initiative/project maximum, there is NO MINIMUM. You are not required to fill out eight separate entries. Certain programs can be combined into one entry. For example, National Primary Care Week Celebration can be one programming entry, and you can describe the week's activities and how they fit into that initiative.

Questions during the application process can be directed to Sam Carlson at poe@aafp.org or (913) 906-6000, ext. 6722.

CONTINUED

PROGRAM/PROJECT/INITIATIVE 1

- Title of FMIG event, project, or initiative: Intro to UA Family Medicine Mixer
- Date(s) and time(s) held: 11/15/16 from 6-8pm
- Number of students/student work hours it took to organize: 5 students, 5 hours
- Number of students who participated: 31 students and 20 faculty or residents
- Choose the categories that apply. Please choose all that apply, but be discerning with your selections. Chosen categories should strongly apply to your program/initiative/project.

Community service: This is something your FMIG does for the community.

Professional development: This is something your FMIG does to promote professional and/or leadership development among your members.

Exposure to family medicine and family physicians: This is something your FMIG does to expose its members to family physicians in your medical school or the community.

Promoting the value of family medicine as primary care: This is something your FMIG does to tell members about the role of family medicine in enhancing primary care. This could include the patient-centered medical home, primary care workforce, National Primary Care Week Activities, or other collaborations with primary care interest groups.

Promoting the scope and diversity of family medicine: What your FMIG does to educate students and increase their understanding of and appreciation for the broad range of opportunities in family medicine.

Current issues or innovations in family medicine.

New event for this FMIG.

Significant changes/improvement made on an existing FMIG program.

Collaboration with another campus group.

Please indicate which group (SNMA, another primary care interest group, etc.): _____

Other: _____

- Please describe the event, project, or initiative. Your answers should reflect the program, its goals and objectives, details about how the idea was generated, how the program was set up, collaboration or community participation, FMIG leader roles, FMIG Faculty Advisor roles, how family medicine was communicated through the initiative, program execution and student participation, and how your FMIG evaluated success of the program to plan for the future. If this was an existing program, what changes and improvements did your FMIG make this year? You will have a 750 word count limit for this section.

The first objective of this event was to introduce students to the FMIG group at the University of Arizona. The main goal of the event was to create an opportunity for students to get to meet faculty and residents in the Family Medicine Department and learn more about what it means to be a family doctor and the many options within this great field. We did a "Speed Dating" session with the faculty and residents, with pre-made questions, with the goal of students to have an opportunity to briefly meet everyone and hear a little interesting piece about them, what they love about family medicine, advice, among many other topics. The rest of the evening was dedicated to mingling among students, faculty, and residents to allow for students to meet potential mentors and learn about family medicine in a more intimate and informal setting. The idea was generated from a previous event at the end of the year last year where we had students meet residents to set up a mentorship program. This style of event was such a success that we decided it would be a great way to introduce the interest group to the new first year students or other students that had not previously been involved with the FMIG. In previous years this event had taken place in a lecture hall with a more panel style format, however we wanted to make this a more personal experience for students to meet one on one with faculty and residents and ask their own set of questions. We evaluated success with a survey about what students thought of the event and collected them at the end and read through to look for improvements for next year. The FMIG faculty advisors worked to gather resident and faculty interested in participating in the event as well as securing the location for the event. Student leaders advertised to students, made questions for the speed dating, and provided the surveys.

PROGRAM/PROJECT/INITIATIVE 2

- Title of FMIG event, project, or initiative: HeadStart Health Fair
- Date(s) and time(s) held: 11/18/16 8-12
- Number of students/student work hours it took to organize: 2 students, 5 hours
- Number of students who participated: 6
- Choose the categories that apply. Please choose all that apply, but be discerning with your selections. Chosen categories should strongly apply to your program/initiative/project.

Community service: This is something your FMIG does for the community.

Professional development: This is something your FMIG does to promote professional and/or leadership development among your members.

Exposure to family medicine and family physicians: This is something your FMIG does to expose its members to family physicians in your medical school or the community.

Promoting the value of family medicine as primary care: This is something your FMIG does to tell members about the role of family medicine in enhancing primary care. This could include the patient-centered medical home, primary care workforce, National Primary Care Week Activities, or other collaborations with primary care interest groups.

• Please describe the event, project, or initiative. Your answers should reflect the program, its goals and objectives, details about how the idea was generated, how the program was set up, collaboration or community participation, FMIG leader roles, FMIG Faculty Advisor roles, how family medicine was communicated through the initiative, program execution and student participation, and how your FMIG evaluated success of the program to plan for the future. If this was an existing program, what changes and improvements did your FMIG make this year? You will have a 750 word count limit for this section.

Promoting the scope and diversity of family medicine: What your FMIG does to educate students and increase their understanding of and appreciation for the broad range of opportunities in family medicine.

Current issues or innovations in family medicine.

New event for this FMIG.

Significant changes/improvement made on an existing FMIG program.

Collaboration with another campus group.

Please indicate which group (SNMA, another primary care interest group, etc.): _____

Other: _____

The HeadStart clinic serves under- or uninsured children in the Tucson community. FMIG works with the clinic organized by family medicine faculty and residents to perform physical exams on over 50 children in the community. It is a great opportunity for students to have an opportunity to work with pediatric patients and an underserved population in our community. It also serves as a great way to develop professional and clinical skills specific to pediatrics. In addition it also acts as a great way to develop professional connections with the greater Family Medicine Department at the University of Arizona. This is an event that we do twice a year and have been participating in for the many years with the Department. It promotes our universities commitment to the underserved as well as the greater ideals of our FMIG.

PROGRAM/PROJECT/INITIATIVE 3

- Title of FMIG event, project, or initiative: Birthing Simulation and IUD Workshop
- Date(s) and time(s) held: 5/15/16
- Number of students/student work hours it took to organize: 3 students, 5 hours
- Number of students who participated: 15

- Choose the categories that apply. Please choose all that apply, but be discerning with your selections. Chosen categories should strongly apply to your program/initiative/project.

- Community service: This is something your FMIG does for the community.
- Professional development: This is something your FMIG does to promote professional and/or leadership development among your members.
- Exposure to family medicine and family physicians: This is something your FMIG does to expose its members to family physicians in your medical school or the community.
- Promoting the value of family medicine as primary care: This is something your FMIG does to tell members about the role of family medicine in enhancing primary care. This could include the patient-centered medical home, primary care workforce, National Primary Care Week Activities, or other collaborations with primary care interest groups.

- Please describe the event, project, or initiative. Your answers should reflect the program, its goals and objectives, details about how the idea was generated, how the program was set up, collaboration or community participation, FMIG leader roles, FMIG Faculty Advisor roles, how family medicine was communicated through the initiative, program execution and student participation, and how your FMIG evaluated success of the program to plan for the future. If this was an existing program, what changes and improvements did your FMIG make this year? You will have a 750 word count limit for this section.

This event was a workshop focused on teaching clinical skills related to a family physicians role in obstetrics, gynecology, and delivery of newborns. We had a physician teaching both the phases of delivery and the role of the physician in delivery using a simulation. We followed this with a session on IUD insertion. We hoped that this session would help students develop clinical skills and also see the large scope of practice that family medicine has. This is an event that we try to organize yearly or biyearly.

- Promoting the scope and diversity of family medicine: What your FMIG does to educate students and increase their understanding of and appreciation for the broad range of opportunities in family medicine.
- Current issues or innovations in family medicine.
- New event for this FMIG.
- Significant changes/improvement made on an existing FMIG program.
- Collaboration with another campus group.

Please indicate which group (SNMA, another primary care interest group, etc.): _____

- Other: _____

PROGRAM/PROJECT/INITIATIVE 4

- Title of FMIG event, project, or initiative: Lactation Services and Breast Feeding Medicine
- Date(s) and time(s) held: 2/8/17
- Number of students/student work hours it took to organize: 2 students, 5 hours
- Number of students who participated: 27
- Choose the categories that apply. Please choose all that apply, but be discerning with your selections. Chosen categories should strongly apply to your program/initiative/project.

Community service: This is something your FMIG does for the community.

Professional development: This is something your FMIG does to promote professional and/or leadership development among your members.

Exposure to family medicine and family physicians: This is something your FMIG does to expose its members to family physicians in your medical school or the community.

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• Please describe the event, project, or initiative. Your answers should reflect the program, its goals and objectives, details about how the idea was generated, how the program was set up, collaboration or community participation, FMIG leader roles, FMIG Faculty Advisor roles, how family medicine was communicated through the initiative, program execution and student participation, and how your FMIG evaluated success of the program to plan for the future. If this was an existing program, what changes and improvements did your FMIG make this year? You will have a 750 word count limit for this section.

Promoting the scope and diversity of family medicine: What your FMIG does to educate students and increase their understanding of and appreciation for the broad range of opportunities in family medicine.

Current issues or innovations in family medicine.

New event for this FMIG.

Significant changes/improvement made on an existing FMIG program.

Collaboration with another campus group.

Please indicate which group (SNMA, another primary care interest group, etc.): _____

Other: _____

We paired with a local lactation clinic in Tucson, Milk and Honey, to provide a lunchtime lecture on breast feeding and lactation medicine. The session's goal was to be an informative session on a topic not often discussed in lectures to supplement learning in the classroom. We believed that this is often a place where students and physicians may have a gap in knowledge, but that is also a great opportunity where we as physicians can greatly help mothers, newborns, and their families during postpartum. Two lactation specialists served as the speakers in collaboration with the ideals of family medicine and the role that they can play as an interdisciplinary team.

PROGRAM/PROJECT/INITIATIVE 5

- Title of FMIG event, project, or initiative: Women in Family Medicine Dinner
- Date(s) and time(s) held: 1/25/17
- Number of students/student work hours it took to organize: 3 students, 5 hours
- Number of students who participated: 11
- Choose the categories that apply. Please choose all that apply, but be discerning with your selections. Chosen categories should strongly apply to your program/initiative/project.

- Community service: This is something your FMIG does for the community.
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- New event for this FMIG.
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- Collaboration with another campus group.
Please indicate which group (SNMA, another primary care interest group, etc.): _____
- Other: _____

This event was a dinner gathering with students, residents, and faculty in Family Medicine to discuss what it is like to be a woman in medicine, and more specifically in Family Medicine. The dinner focused on the different challenges, perspectives and unique rewards to be a woman in family medicine. We aimed to promote a space where female and male students could talk about the gender challenges present in medicine and provide an opportunity to meet talented female family physicians and hear their perspectives. We wanted to have this event because we felt that many students had questions regarding this topic as well as create a space to have this discussion that is not often had between faculty and students. The event received a lot of positive feedback and students made meaningful connections with the physicians and residents in participation.

PROGRAM/PROJECT/INITIATIVE 6

- Title of FMIG event, project, or initiative: Strolling Through the Match
- Date(s) and time(s) held: 4/13/16
- Number of students/student work hours it took to organize: 3 students, 5 hours
- Number of students who participated: 45
- Choose the categories that apply. Please choose all that apply, but be discerning with your selections. Chosen categories should strongly apply to your program/initiative/project.

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- Professional development: This is something your FMIG does to promote professional and/or leadership development among your members.
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- Current issues or innovations in family medicine.
- New event for this FMIG.
- Significant changes/improvement made on an existing FMIG program.
- Collaboration with another campus group.
Please indicate which group (SNMA, another primary care interest group, etc.): _____
- Other: _____

This was an event to both celebrate the accomplishments of our 4th year students who matched in Family Medicine as well as to allow current students to ask the students questions about the match, the process, why they chose family medicine, what to look for in a program, etc. The FMIG provided dinner at a faculty in family medicines house as well information on the match and family medicine. 4th year students, as well as students from all the other years in medicine were in attendance with many of the faculty at the university to celebrate their success.

PROGRAM/PROJECT/INITIATIVE 7

- Title of FMIG event, project, or initiative: Lessons From Life and Death in Grand Canyon: Being a Doc in the Worlds
- Date(s) and time(s) held: 04/29/16
- Number of students/student work hours it took to organize: 2 students, 5 hours
- Number of students who participated: 32
- Choose the categories that apply. Please choose all that apply, but be discerning with your selections. Chosen categories should strongly apply to your program/initiative/project.

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- Professional development: This is something your FMIG does to promote professional and/or leadership development among your members.
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This event was a lunch talk event put on to discuss what it is like to be a rural family doctor as well as a physician who performs "Wilderness Medicine" in a unique clinical setting. Dr. Tom Myers, the medical director at Grand Canyon National Park and Clinic, and a UACOM alumni came to speak with us about his experiences as a rural family doctor. The Grand Canyon Clinic has offered him not only the opportunity to serve the employees of the park and their families, but also international travelers and adventures coming to see one of the natural wonders of the world. As the park is located in a remote setting with the closest large hospital with emergency services in Flagstaff, over an hour and a half away Dr. Myers has also served as the physician for many of the trauma's, accidents, and unfortunate events that can occur at the Grand Canyon, the backcountry trails, and river. He spoke to these experiences, principles of wilderness medicine, and life as a family doctor in general. We wanted to host the event to expose students to the variety of different clinical settings that you can work in as a family physician as well as have an opportunity to discuss wilderness and remote medicine.

PROGRAM/PROJECT/INITIATIVE 8

- Title of FMIG event, project, or initiative: _____
- Date(s) and time(s) held: _____
- Number of students/student work hours it took to organize: _____
- Number of students who participated: _____
- Choose the categories that apply. Please choose all that apply, but be discerning with your selections. Chosen categories should strongly apply to your program/initiative/project.
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