

FMIG Program of Excellence (PoE) Application

OVERALL AWARD

**APPLICATIONS ARE DUE APRIL 1, AND CAN BE SUBMITTED ELECTRONICALLY VIA EMAIL TO
POE@AAFP.ORG. YOU MUST USE THIS TEMPLATE FOR YOUR APPLICATION.** Please fill in the following:

1. Medical School Name: Wright State University, Boonshoft School of Medicine
2. FMIG Name: WSU BSOM FMIG
3. Main Campus or Regionally Separated (branch) campus
a: If regionally separated (branch) campus, name: _____
4. Number of students in your medical school: 459
a: If your campus is a regionally separated (branch) campus, number of students on your campus: _____
5. Number of active FMIG members: 40
6. Number of students serving in FMIG leadership positions: 9
7. Check all that apply:
 - Our school does not have a department of family medicine.
 - Our FMIG has minimal support from our state chapter.
 - Our school has minimal faculty support (i.e. from Dean, Dept. Chair, etc.).
8. Has your FMIG applied for this award in the past: YES NO
9. Has your FMIG won this award in the past: YES NO

Contact information:

10. Primary Student Leader Name: Lilian White
11. Primary Student Leader Email Address: white.391@wright.edu
12. Primary Student Leader Phone: 937-543-8132
13. FMIG Faculty Advisor Name(s): Bruce Binder, MD, Ph.D.
14. FMIG Faculty Advisor Email Address: sbruce.binder@wright.edu
15. FMIG Faculty Advisor Phone: _____
16. Institutional Mailing Address: 725 University Blvd. #320, Fairborn, OH 45324

CONTINUED



FMIG OPERATION

Please answer the following three questions to describe your FMIG's structure and approach to operation. These questions will help describe the environment and provide the background for the programming/initiatives/projects section of the application.

17. How is your FMIG structured? What roles do student leaders play?

Our FMIG is structured as a traditional organization with president, vice-president, secretary, and treasurer. With seven student leaders this year, we have two co-presidents and one student filling each of the other positions. At the end of the 2016-2017 academic year, the student leaders met with the faculty advisor and Department of Family Medicine coordinator to talk about events and goals for the upcoming year. As we selected events and activities to prepare for our classmates interested in FM, each student leader volunteered to coordinate several of the events. While the choosing of the individual events and activities was a collective effort between faculty advisor and student leaders, the preparation and planning for these events were primarily the responsibility of the student leaders. As a result, this year our individual responsibilities have been more loosely defined than what our technical roles indicate.

18. Describe your FMIG's mission and goals.

MISSION: To work with the Department of Family Medicine at the Boonshoft School of Medicine to create an atmosphere that encourages students to pursue Family Medicine.

In 2014, the Boonshoft School of Medicine once again received the American Academy of Family Physicians (AAFP) Top 10 Award for being among the top medical schools for graduating students who choose Family Medicine and contribute to building the Family Medicine workforce. In 2015, AAFP awarded our FMIG chapter with an Excellence Award: Special Consideration for Most Improved FMIG group. In April of 2016, The Greene County Board of Commissioners and Greene County Improvement Corporation will recognize our FMIG chapter at the Greene County Annual Report to the Community. In the summer of 2016, the AAFP honored our group with Program of Excellence Award.

Thanks to our school's strong emphasis on Family Medicine, our FMIG has received strong support from the Department of Family Medicine. Our relationship and collaboration with the DFM has provided the DFM with another conduit to reach students and to inspire them to pursue Family Medicine, and has supplied the student leaders with guidance and direction in accomplishing the FMIG's goals through the year.

GOALS:

- 1) Foster interest in Family Medicine as a specialty.
- 2) Organize educational events to familiarize students with the field of Family Medicine.
- 3) Provide opportunities for research projects in Family Medicine.
- 4) Help students who wish to present at Family Medicine conferences.
- 5) Organize events for students to network with area family physicians and residency programs.
- 6) Provide opportunities for students to practice clinical skills essential to the practice of Family Medicine.
- 7) Coordinate shadowing and community service opportunities for medical students.

19. Describe the role of your FMIG Faculty Advisor.

Dr. Bruce Binder serves as a point of reference for our FMIG group. From contacting speakers, to organizing larger events, Dr. Binder provides his experience and perspective for the benefit of our group.

FMIG PROGRAMMING, INITIATIVES, AND PROJECTS

In this section of the application, please describe your FMIG programming. Each block of questions should reflect one program, initiative, or project. In total, you may submit eight programs, initiatives, or projects, meaning that you may fill out the block of questions up to eight times total to reflect up to eight individual programs, initiatives, or projects.

While there is an eight program/initiative/project maximum, there is NO MINIMUM. You are not required to fill out eight separate entries. Certain programs can be combined into one entry. For example, National Primary Care Week Celebration can be one programming entry, and you can describe the week's activities and how they fit into that initiative.

Questions during the application process can be directed to Sam Carlson at poe@aafp.org or (913) 906-6000, ext. 6722.

PROGRAM/PROJECT/INITIATIVE 1

- Title of FMIG event, project, or initiative: Introduction to Family Medicine
- Date(s) and time(s) held: 7/11/17, 12-1pm
- Number of students/student work hours it took to organize: 1 student, 4 hours
- Number of students who participated: 115
- Choose the categories that apply. Please choose all that apply, but be discerning with your selections. Chosen categories should strongly apply to your program/initiative/project.

- Community service: This is something your FMIG does for the community.
- Professional development: This is something your FMIG does to promote professional and/or leadership development among your members.
- Exposure to family medicine and family physicians: This is something your FMIG does to expose its members to family physicians in your medical school or the community.
- Promoting the value of family medicine as primary care: This is something your FMIG does to tell members about the role of family medicine in enhancing primary care. This could include the patient-centered medical home, primary care workforce, National Primary Care Week Activities, or other collaborations with primary care interest groups.
- Promoting the scope and diversity of family medicine: What your FMIG does to educate students and increase their understanding of and appreciation for the broad range of opportunities in family medicine.
- Current issues or innovations in family medicine.
- New event for this FMIG.
- Significant changes/improvement made on an existing FMIG program.
- Collaboration with another campus group.

Please indicate which group (SNMA, another primary care interest group, etc.): _____

- Other: _____

- Please describe the event, project, or initiative. Your answers should reflect the program, its goals and objectives, details about how the idea was generated, how the program was set up, collaboration or community participation, FMIG leader roles, FMIG Faculty Advisor roles, how family medicine was communicated through the initiative, program execution and student participation, and how your FMIG evaluated success of the program to plan for the future. If this was an existing program, what changes and improvements did your FMIG make this year? You will have a 750 word count limit for this section.

Dr. Kate Conway introduced the field of family medicine, including potential career paths in family medicine and fellowship programs. Students were surprised to learn that family medicine physicians have the option to do procedures in-office, scholarships available, dispelled some of the common myths about the practice of family medicine. The family medicine interest group also introduced ways students can get involved as a first year medical student by attending events and applying for leadership positions within the group. Events to look forward to this year were described to give students an idea of the activities the group hosts.

Previously, this talk was held during the first month of classes with an open invitation to all students. This year, we hosted the talk over lunch during orientation week, ensuring all first year students had the opportunity to learn more about family medicine.

PROGRAM/PROJECT/INITIATIVE 2

- Title of FMIG event, project, or initiative: Rethinking our Measures of Success in Medical Training and Practice
- Date(s) and time(s) held: 7/27/17, 5-6pm
- Number of students/student work hours it took to organize: 1 student, 4 hours
- Number of students who participated: 30
- Choose the categories that apply. Please choose all that apply, but be discerning with your selections. Chosen categories should strongly apply to your program/initiative/project.

- Community service: This is something your FMIG does for the community.
- Professional development: This is something your FMIG does to promote professional and/or leadership development among your members.
- Exposure to family medicine and family physicians: This is something your FMIG does to expose its members to family physicians in your medical school or the community.
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Please indicate which group (SNMA, another primary care interest group, etc.): _____

- Other: _____

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Dr. Ted Wymyslo hosted a discussion entitled, "Rethinking our Measures of Success in Medical Training and Practice." He provided his perspective as a physician and past director of the Ohio Department of Health on the role of the family physician in public health and the concept of the patient-centered medical home. Students were engaged during and after the talk, as evidenced by their many questions. Several students commented on asking Dr. Wymyslo back again next for another discussion, making this a successful event.

PROGRAM/PROJECT/INITIATIVE 3

- Title of FMIG event, project, or initiative: End-of-Life Discussions
- Date(s) and time(s) held: 10/11/17, 5-6:30pm
- Number of students/student work hours it took to organize: 1 student, 5 hours
- Number of students who participated: 28
- Choose the categories that apply. Please choose all that apply, but be discerning with your selections. Chosen categories should strongly apply to your program/initiative/project.

- Community service: This is something your FMIG does for the community.
- Professional development: This is something your FMIG does to promote professional and/or leadership development among your members.
- Exposure to family medicine and family physicians: This is something your FMIG does to expose its members to family physicians in your medical school or the community.
- Promoting the value of family medicine as primary care: This is something your FMIG does to tell members about the role of family medicine in enhancing primary care. This could include the patient-centered medical home, primary care workforce, National Primary Care Week Activities, or other collaborations with primary care interest groups.

- Please describe the event, project, or initiative. Your answers should reflect the program, its goals and objectives, details about how the idea was generated, how the program was set up, collaboration or community participation, FMIG leader roles, FMIG Faculty Advisor roles, how family medicine was communicated through the initiative, program execution and student participation, and how your FMIG evaluated success of the program to plan for the future. If this was an existing program, what changes and improvements did your FMIG make this year? You will have a 750 word count limit for this section.

The End of Life Discussion event was held to help students learn about Advanced Care Planning and having end of life discussions with patients. This discussion was led by Dr. Majorie Bowman who is a local family physician. Dr. Bowman presented information about Advanced Care Planning, the role of a physician in the end of life, and how to approach discussing end of life decisions with patients. This event was an open discussion in which Dr. Bowman asked questions and opportunities for students to ask question were also available.

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Please indicate which group (SNMA, another primary care interest group, etc.): _____

- Other: _____

PROGRAM/PROJECT/INITIATIVE 4

- Title of FMIG event, project, or initiative: Chronic Pain Management Presentation
- Date(s) and time(s) held: 1/17/18, 5-6:30pm
- Number of students/student work hours it took to organize: 2 students, 5 hours
- Number of students who participated: 27
- Choose the categories that apply. Please choose all that apply, but be discerning with your selections. Chosen categories should strongly apply to your program/initiative/project.

- Community service: This is something your FMIG does for the community.
- Professional development: This is something your FMIG does to promote professional and/or leadership development among your members.
- Exposure to family medicine and family physicians: This is something your FMIG does to expose its members to family physicians in your medical school or the community.
- Promoting the value of family medicine as primary care: This is something your FMIG does to tell members about the role of family medicine in enhancing primary care. This could include the patient-centered medical home, primary care workforce, National Primary Care Week Activities, or other collaborations with primary care interest groups.

- Please describe the event, project, or initiative. Your answers should reflect the program, its goals and objectives, details about how the idea was generated, how the program was set up, collaboration or community participation, FMIG leader roles, FMIG Faculty Advisor roles, how family medicine was communicated through the initiative, program execution and student participation, and how your FMIG evaluated success of the program to plan for the future. If this was an existing program, what changes and improvements did your FMIG make this year? You will have a 750 word count limit for this section.

With the heart of the current Opioid Crisis residing in Dayton, Ohio, our FMIG leaders felt it was important to address how family physicians can properly approach chronic pain management. Family physicians often see patients who struggle with chronic pain that warrants the use of opioids within the treatment plan. As a result, two first-year FMIG representatives decided to ask Dr. Skip Leeds, a family physician and assistant professor of family medicine at Boonshoft School of Medicine, to give a presentation on proper management of chronic pain. Dr. Leeds was chosen because of his passion for the topic and his work in creating a protocol for proper pain management. After working with Dr. Leeds to set a date and time for the event, the student leaders worked to reserve a location, arrange snacks and refreshments, and generate student awareness for the event. In addition, the student leaders were also responsible for setting up prior to the event, and cleaning up after the event. This presentation was open to all members of the medical school as a way to not only gain insight about chronic pain management during an opioid crisis, but also to become more familiar with family medicine as a specialty. During the presentation, Dr. Leeds communicated the importance of not being afraid to treat chronic pain with opioids when necessary, but to do so only in appropriate candidates after trying other options. His message was to utilize an objective protocol when deciding appropriate treatment, much like is done when managing other illnesses or diseases. Finally, Dr. Leeds emphasized the important role that family physicians play in treating chronic pain because of their familiarity with patients and the continuity of care they provide. Overall, this event was seen as very successful by FMIG leaders and student attendees. We received many comments about how interesting the discussion was, and how much better students felt about properly managing patients' chronic pain moving forward in their careers. Because of the success of this event, FMIG hopes to hold similar presentations in the coming years.

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- Collaboration with another campus group.

Please indicate which group (SNMA, another primary care interest group, etc.): _____

- Other: _____

PROGRAM/PROJECT/INITIATIVE 5

- Title of FMIG event, project, or initiative: Mental Health First Aid
- Date(s) and time(s) held: 3/3/18 and 3/10/18, 9am - 1pm
- Number of students/student work hours it took to organize: 2 students, 10 hours
- Number of students who participated: 14
- Choose the categories that apply. Please choose all that apply, but be discerning with your selections. Chosen categories should strongly apply to your program/initiative/project.

- Community service: This is something your FMIG does for the community.
- Professional development: This is something your FMIG does to promote professional and/or leadership development among your members.
- Exposure to family medicine and family physicians: This is something your FMIG does to expose its members to family physicians in your medical school or the community.
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- Please describe the event, project, or initiative. Your answers should reflect the program, its goals and objectives, details about how the idea was generated, how the program was set up, collaboration or community participation, FMIG leader roles, FMIG Faculty Advisor roles, how family medicine was communicated through the initiative, program execution and student participation, and how your FMIG evaluated success of the program to plan for the future. If this was an existing program, what changes and improvements did your FMIG make this year? You will have a 750 word count limit for this section.

M1 leaders, Courtney McCall and Daniella Caudle, from the Family Medicine Interest Group (FMIG) collaborated with the Physician Leadership Development Program to bring the East Dayton AWARE Project to Boonshoft School of Medicine (BSOM) to provide Adult Mental Health First Aid (MHFA) training to fellow BSOM medical students. The goal of the MHFA training was to increase awareness of common mental health concerns in the Dayton community, and to help students become first responders to help those facing a mental health crisis. The 8-hour training session provides a 3-year MHFA completion certificate and taught an invaluable 5-step "ALGEE" action plan to help those in need:

Assess for risk of suicide or harm
Listen non-judgmentally
Give reassurance and information
Encourage appropriate professional help
Encourage self-help and other support strategies

The PLDP group reached out to FMIG and brought the idea of MHFA training to our attention. Recognizing the widespread demand for mental health assistance, FMIG was thrilled to work with PLDP to bring the training to BSOM. As FMIG leaders, we served as BSOM student liaisons to determine the best dates and times for the training, organized and setup for the MHFA training team, supplied refreshments, and collaborated with PLDP to ensure flawless execution of the training plan.

Due to the success of the program and the importance of mental health in every stage of life, we intend to continue to hold MHFA trainings at Boonshoft on an annual basis.

- Promoting the scope and diversity of family medicine: What your FMIG does to educate students and increase their understanding of and appreciation for the broad range of opportunities in family medicine.
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- Collaboration with another campus group.

Please indicate which group (SNMA, another primary care interest group, etc.): Physician Leadership Development Program

- Other: _____

PROGRAM/PROJECT/INITIATIVE 6

- Title of FMIG event, project, or initiative: Procedure Clinic
- Date(s) and time(s) held: 4/4/18, 6-8pm
- Number of students/student work hours it took to organize: 1 student, 10 hours
- Number of students who participated: 40
- Choose the categories that apply. Please choose all that apply, but be discerning with your selections. Chosen categories should strongly apply to your program/initiative/project.

- Community service: This is something your FMIG does for the community.
- Professional development: This is something your FMIG does to promote professional and/or leadership development among your members.
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- Please describe the event, project, or initiative. Your answers should reflect the program, its goals and objectives, details about how the idea was generated, how the program was set up, collaboration or community participation, FMIG leader roles, FMIG Faculty Advisor roles, how family medicine was communicated through the initiative, program execution and student participation, and how your FMIG evaluated success of the program to plan for the future. If this was an existing program, what changes and improvements did your FMIG make this year? You will have a 750 word count limit for this section.

Many medical students are unaware that in-office procedures can be a part of a family medicine physician's career. The purpose of the FMIG procedure clinic is to expose first and second year medical students to the variety of procedures that are performed by family medicine physicians. We are collaborating with family medicine attending and resident physicians throughout the Dayton area to teach students different skills using a hands-on approach. The skills include colposcopy, skin biopsy, joint injection, and endometrial biopsy. This is an existing event for FMIG, however this year we have chosen to make the event slightly smaller in order to allow for better teaching interactions between the medical students and the physicians. The procedure clinic has been very successful in the past, and has been very enjoyable for students because the variety of procedures they get to learn. By offering this event to students, we are showcasing that vast opportunities that students have when choosing a career in family medicine.

- Promoting the scope and diversity of family medicine: What your FMIG does to educate students and increase their understanding of and appreciation for the broad range of opportunities in family medicine.
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- New event for this FMIG.
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- Collaboration with another campus group.

Please indicate which group (SNMA, another primary care interest group, etc.): _____

- Other: _____

PROGRAM/PROJECT/INITIATIVE 7

- Title of FMIG event, project, or initiative: Family Medicine Residency Dinner
- Date(s) and time(s) held: 4/5/18, 6-8pm
- Number of students/student work hours it took to organize: 9 students, 25 hours
- Number of students who participated: 30
- Choose the categories that apply. Please choose all that apply, but be discerning with your selections. Chosen categories should strongly apply to your program/initiative/project.
 - Community service: This is something your FMIG does for the community.
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Due to the large number of medical students trying to match into a smaller number of residency spots, there is a significant amount of concern from medical students as they look to their future of matching into a specialty. To better prepare our students for matching into Family Medicine, our FMIG has two events to help them learn to prepare a competitive application to residency. The first way we do this is through our annual Family Medicine Match Panel. This year, 22 fourth year medical students matched in Family Medicine, and during the panel several of them will give a brief presentation about their goals in Family Medicine and their application and interview process. After presenting this information to the third year students in attendance, they will answer questions and provide contact information for attendees. At this time they also indicate if they want to be added to our database of doctors willing to be contacted or to serve as mentors for future students interested in Family Medicine. Since this event occurs annually it provides a great opportunity for networking and learning more about the process from those who have just been in the trenches of medical school themselves. Additionally, since this opportunity is shortly before our annual residency dinner, it allows students to refine their specific questions for residency programs and begin to prioritize their early residency search. Hosting the residency match panel is critical for creating networks for guidance and future professional relationships that will strengthen the network of family medicine practitioners both in Dayton, greater Ohio, but nationwide.

The second way we connect our students with Family Medicine residencies is to host our annual Family Medicine Residency Dinner. Every year this dinner brings together multiple residency programs from Ohio and the surrounding states and connects them with our current students. Our chapter has worked very hard to continue to improve this event to make the most of the opportunity to meet directly with residency programs. In February our FMIG contacted 93 programs in Ohio, Michigan, Indiana, Kentucky, Pennsylvania, and West Virginia inviting them to our residency dinner. This year we have eleven programs attending and multiple programs sending information to be made available to students at the event. We also chose to delay the event until after Match Day to allow more programs and directors to attend as well as our own recently matched family medicine residents who are able to give their personal testimonies of their experience.

The evening gives first, second, and third year medical students an opportunity to speak directly with residents and residency educators to learn more about all aspects of their program. Throughout the night, our students and programs will begin by having an appetizer hour where they are able to pick up information and speak to all programs in attendance. This is followed by a progressive dinner where students are able to sit with programs of their choice of whom they wish to have in depth conversations and delve into the details. It truly is a wonderful evening full of information and opportunities for medical students at all levels.

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- Collaboration with another campus group.

Please indicate which group (SNMA, another primary care interest group, etc.): _____

- Other: _____

PROGRAM/PROJECT/INITIATIVE 8

- Title of FMIG event, project, or initiative: Resident and Match Panel
- Date(s) and time(s) held: TBD, 5/2018
- Number of students/student work hours it took to organize: 1 student, 5 hours
- Number of students who participated: TBD
- Choose the categories that apply. Please choose all that apply, but be discerning with your selections. Chosen categories should strongly apply to your program/initiative/project.

- Community service: This is something your FMIG does for the community.
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- Please describe the event, project, or initiative. Your answers should reflect the program, its goals and objectives, details about how the idea was generated, how the program was set up, collaboration or community participation, FMIG leader roles, FMIG Faculty Advisor roles, how family medicine was communicated through the initiative, program execution and student participation, and how your FMIG evaluated success of the program to plan for the future. If this was an existing program, what changes and improvements did your FMIG make this year? You will have a 750 word count limit for this section.

The resident and match panel is an opportunity for medical students to listen to and talk with current family medicine residents and M4s who recently matched into family medicine. Residents tell about their life as a resident, and what to expect as a Family Medicine resident. M4s discuss interviews, the Match process, and what residency programs look for in an applicant. It's a great opportunity for students to get an idea of what life after the classroom will look like.