

Application: 10932

Pandey, Jamie

### **Page: Applicant Information**

This is the application form for the Program of Excellence (PoE) Award for FMIG/SAACOPP's at medical schools. If you have any questions as you complete the application, please email [studentorgfunding@aafp.org](mailto:studentorgfunding@aafp.org).

This application form will allow you to save and return to your work at a later date. You can also invite others to help you complete this application by clicking the "Manage Collaborators" button. For more details about this program, as well as specific instructions for family medicine student groups, visit the [AAFP website](#)

#### **Applicant's Name**

Pandey, Jamie

#### **FMIG/SAACOPP Group Name**

AAFP-FMIG

#### **Award Application Type**

Overall Award Application > Overall Award Application - US MD Program

#### **International medical school**

Not Applicable

#### **Medical School State**

Ohio

#### **Medical School Name**

Northeast Ohio Medical University College of Medicine

#### **Medical School City**

Rootstown

#### **Main or branch campus**

Main campus

**Students on campus**

MS/OMS I, MS/OMS II, MS/OMS III, MS/OMS IV

**FMIG Network Region**

Region 3: Mid Atlantic (DC, MD, MI, OH, PA, VA, WV)

**Mailing Address**

4209 State Rte 44, PO Box 95  
Rootstown Ohio 44272 US

**Number of Students**

600

**Branch Number of Students**

NA

**Active FMIG/SAACOPP members**

240

**Students serving in Leadership Positions**

7

**Applied for Award in the past**

YES

**Won Award in the past**

YES

**Page: Group Leadership**

Please complete the following information about your group's faculty advisors.

**Faculty advisor name**

John Boltri, MD, FAAFP

**Faculty advisor email**

jboltri@neomed.edu

**Family physician?**

Yes

**Add to Faculty Advisor Online Community**

Yes

**Additional faculty advisor name**

Mike Appleman, MA Ed

**Additional faculty advisor email**

mappleman@neomed.edu

**Family physician?**

No

**aliasc041a5baa70b4dad8e9d9f91e62a10e2**

Director of Primary Care Education

**Additional faculty advisors**

Mariquita Belen, MD

Stacey Gardner-Buckshaw, PhD

David Sperling, MD

Please complete the following information about your group's staff support.

**alias394a7c658f5641ce8d6ac2cd2a02b05c**

Yes

**Staff supporter name**

Mary Sherman

**Staff supporter title**

Administrative Coordinator

**Staff supporter email**

mas@neomed.edu

Please complete the following information about your group's student leaders.

**Students in Leadership Positions**

7

**Leadership transition**

March

**Primary student leader name**

Jamie Michelle Pandey

**Primary student leader title (ex: FMIG president)**

FMIG President

**Primary student leader class year**

MS/OMS II

**Primary student leader email**

jpandey@neomed.edu

**Additional student leader name (2)**

Dakota Wise

**Additional student leader title (2)**

FMIG Co-Vice President

**Additional student leader class year (2)**

MS/OMS II

**Additional student leader email (2)**

dwise@neomed.edu

**Additional student leader name (3)**

Alexander Nibling

**Additional student leader title (3)**

FMIG Co-Vice President

**Additional student leader class year (3)**

MS/OMS II

**Additional student leader email (3)**

anibling@neomed.edu

**Additional student leader name (4)**

Jonathan Seok

**Additional student leader title (4)**

FMIG Treasurer

**Additional student leader class year (4)**

MS/OMS II

**Additional student leader email (4)**

jseok1@neomed.edu

**Additional student leader name (5)**

Victoria Wobser

**Additional student leader title (5)**

FMIG Secretary

**Additional student leader class year (5)**

MS/OMS II

**Additional student leader email (5)**

vwobser@neomed.edu

**Additional student leaders**

Kelsey Johnson, Chair of Fundraising, kjohnson5@neomed.edu, MS II

Lance Reidenbach, Chair of Community Service, lreidenbach@neomed.edu, MS II

Karen Pham, M1 Leadership Team, kpham@neomed.edu, MS I

Michaela Ward, M1 Leadership Team, mward2@neomed.edu, MS I

Bryce Fetterman, M1 Leadership Team, bfetterman@neomed.edu, MS I

## **Category or Special Consideration**

N/A applying for Overall Award

## **FMIG Operation**

Our FMIG Officers have an organized delegation of roles; however, every officer has the opportunity to champion events they're passionate about. This involves finding physicians or speakers for events, organizing the online meetings (reserving the room, when not restricted by COVID19 measures), applying for funds from the student government, advertising the event (social media, email listservs, and through class group chats), and moderating the chat room and fielding questions to the speaker.

Traditional roles are seen for our organizing and strategizing meetings at the beginning of each term. The FMIG President organizes meetings to ensure it works with everyone's schedule. The FMIG Treasurer accounts for the funds, takes care of the bank account, and assists the Chair of Fundraising. The FMIG Secretary takes meeting minutes. The FMIG Chair of Fundraising is in charge of applying for the AAFP Grant and fundraisers. The FMIG Chair of Community Service promotes our volunteering events and helps organize them. Our M1 Leadership Team helps advertise to the M1 class and also observes how to plan and execute events from the M2 Officer. This helps with training our officers for next year and promoting longevity in our students' involvement in FMIG.

### President

- Attend AAFP National Conference
- Coordinate meetings, events, enrollment
- AAFP Ambassador: encourage enrollment and promote primary care among the class

### Vice Presidents

- Attend AAFP National Conference
- Make sure there are no gaps in events (e.g., making sure an advisor or physician is involved in events, ensuring communication and advertisement for events)
- Monitor student interests for events and track student participation in events

### Secretary

- Attend FMEC Conference
- Ensure accuracy of meeting minutes, documents, and submissions
- Assist in award application process
- Promote FMIG events on the student outlook calendar

### Treasurer

- Manage FMIG funds
- Assist fundraising chair in managing grant applications

### Community Service Chair

- Coordinate volunteering project for the year with the AHEC Scholars (Primary Care Champions Mentorship program)

### Fundraising Chair

- Apply for grants to fund future FMIG events

## **Goals**

The NEOMED American Academy of Family Physicians-Family Medicine Interest Group (AAFP-FMIG) is committed to increasing interest in Family Medicine, its subspecialties, and any associated procedures while guiding those who are interested toward pursuing a career in family medicine. We connect students with local and regional family medicine doctors and allow them to form deeper relationships more than just their typical student-physician relationship.

Our Mission:

To promote Family Medicine among NEOMED College of Medicine students and offer opportunities for students at all levels to participate in Family Medicine career development.

Our goals:

1. Provide timely and accurate information to students about the specialty of Family Medicine.
2. Provide programs/workshops of interest to all medicine students.
3. Encourage students to consider a career Family Medicine, and support them in their goals.
4. Supplement the curriculum with Family Medicine perspectives on current modules for medical students

## **Faculty Advisor**

Our FMIG Faculty Advisors play a valuable role in the continuous development and improvement of our FMIG. Their innovative ideas and dedicated work help to maintain our group focus, especially during times of academic stress. Our advisors keep us apprised of opportunities within the AAFP, and make certain that all FMIG members are aware of these opportunities as well. They have helped the leadership team throughout the year in great detail, doing everything from helping us to edit grant applications to taking pictures of our AAFP-FMIG "swag". No task is too big or too unimportant for them. In addition, they attend our events throughout the year, and advise us on ways to maintain our relationships with the student body, physician role models, and university community.

## **Page: OVERALL PROGRAM/PROJECT/INITIATIVE #1**

### **Title of Program**

Primary Care Champions Mentorship Program

### **Date and Time**

11/19 from 7-8pm; 1/19 from 7-8pm, 3/16 from 7-8pm, final celebration May date TBD

### **Work Hours to Organize**

3

### **Participation**

41

## **Choose Categories**

Community Service: This is something your FMIG/SAACOPP does to promote professional and/or leadership development among your members., Professional development: This is something your FMIG/SAACOPP does to promote professional and/or leadership development among our members. , Exposure to family medicine and family physicians: This is something your FMIG/SAACOPP does to expose its members to family physicians in your medical school or the community , Promoting the value of family medicine as primary care: This is something your FMIG/SAACOPP does to tell members about the role of family medicine in enhancing primary care. This could include the patient-centered medical home, primary care workforce, National Primary Care Week Activities, or other collaborations with Primary care interest groups. , Promoting the scope and diversity of family medicine: What your FMIG/SAACOPP does to educate students and increase their understanding of and appreciation for the broad range of opportunities in family medicine. , New event for this FMIG/SAACOPP , Collaboration with another campus group: Please include which group (SNMA, another primary care interest group, etc.)

## **Collaboration**

Area Health Education Center (AHEC) Scholars Program

## Description

The Primary Care Champions Mentorship Program was a collaboration between the NEOMED FMIG and the Area Health Education Center (AHEC) Scholars Program to support the personal and professional development of undergraduate pre-health/medicine students and medical students. AHEC Scholars are undergraduate students at NEOMED's northeast Ohio undergraduate partners who are interested in health professions and who come from underrepresented and disadvantaged backgrounds. The goal of PC Champs was to connect and develop mentorship relationships between the pre-health/medicine students and our FMIG medical student members. The idea for this program was generated from identifying a mentorship need for these undergraduate students. AHEC staff do an excellent job of supporting their Scholars, although a near-peer mentorship gap was identified in their support needs. The FMIG filled that gap. Additionally, the FMIG members were exceptionally eager to support pre-health/medicine students in their path to medical school. This was apparent in the immediate popularity of the program among FMIG members (and brought in new FMIG members). When the call went out to participate in this new pilot mentorship program, over 30 students responded. Many of these members shared the backgrounds and struggles that the AHEC Scholars were facing and were eager to pay it forward.

### Preparation and planning:

The program was set up in collaboration between the AHEC Program Coordinator, Rebecca Johnson, NEOMED FMIG faculty advisor, Mike Appleman, and the FMIG officers. Ms. Johnson and Mr. Appleman synthesized literature on effective peer mentoring relationships and developed a "Mentor Orientation" that all mentors were required to attend. This orientation was led by Mr. Appleman and included both didactic content on mentorship and case-scenarios of mentee challenges to prepare mentors to serve their mentees. Additionally, the FMIG collected data on both mentor and mentee personality and characteristics in order to foster relationship building of between mentor-mentee prior to the first event and which informed Zoom breakout room groupings. This early set up was vital to set a foundation for the mentees to simply arrive at our first meeting with the focus being on them and their future success.

### Timeline and Implementation:

FMIG officers and advisors led the ongoing development of the program. The rest of the planning and development of the program was to create an event timeline, themes for each event, and subsequent evaluation. This included "Full PCC Events" interspersed with dedicated months of mentorship time for relationships to form and proliferate. The first "Full PCC Event" was facilitated by Mr. Appleman and included a "Speed-Mentoring" model (like speed dating) that placed students in affinity groups for 15 minutes each. The affinity groupings were based on themes from the pre-survey of students: 1) Academic challenges, 2) Time management, 3) Work-life balance, and 4) Personal struggles. This allowed for mentors-mentees to establish first impressions of each other and some initial connections to those they felt comfortable with who faced and persevered through similar challenges (or continue to struggle with those challenges). Afterward, pairings were formed based on congruence between mentor-mentee preferences. Mentees were also told they could connect with any mentor they felt comfortable.

After the first introductory Speed-Mentoring event, the next two events focused on the following: 1) The power of primary care and two medical students' path to medicine, and 2) three medical students' and two family physicians' path to primary care. Each of these events provided the opportunity for AHEC Scholars to see people like them who made it into medical school and even matched and became practicing physicians! In between each event, mentors-mentees must keep in contact at least once per week.

### Continuous Quality Improvement:

A variety of survey and evaluation methods are being used. We evaluate each session and are tracking frequency of contact between mentor-mentee. A final evaluation will be completed in May, although early data evaluation shows high satisfaction, quality, and feedback on innovation opportunities for this program, which we will incorporate for overall improvement and growth for next year.

**Title of Program**

Motivational Interviewing Practice Sessions

**Date and Time**

1/26/2021 6-7pm; 2/15/2021 5:30-6:00pm; 3/15/2021 5:30-6:30pm; 3/22/2021 12-1pm;  
4/7/2021 4-5pm; 4/23/2021 12-1pm

**Work Hours to Organize**

2 students/ 12 student hours

**Participation**

29

**Categories**

Community Service: This is something your FMIG/SAACOFP does to promote professional and/or leadership development among your members. , Professional development: This is something your FMIG/SAACOFP does to promote professional and/or leadership development among our members. , Exposure to family medicine and family physicians: This is something your FMIG/SAACOFP does to expose its members to family physicians in your medical school or the community , Promoting the value of family medicine as primary care: This is something your FMIG/SAACOFP does to tell members about the role of family medicine in enhancing primary care. This could include the patient-centered medical home, primary care workforce, National Primary Care Week Activities, or other collaborations with Primary care interest groups., New event for this FMIG/SAACOFP , Collaboration with another campus group: Please include which group (SNMA, another primary care interest group, etc.) , Other

**Collaboration**

Psychiatry Student Interest Group (PSIG)

**Other**

Supplementing curriculum; additional practice for CSA; promoting mental health focus in primary care

## Description

New to this year, this series offered students a chance to develop patient interviewing skills and time to connect with other classmates in their peer-peer practice sessions. Motivational interviewing and the spirit of MI parallel the fundamentals of family medicine: serving the patient, focusing on their needs and perspectives, and guiding them towards wellbeing in a way that aligns with the priorities of the patient. FMIG hosting extra practice with the assistance of Dr. Knepp, a trained psychologist who works with motivational interviewing, allowed students to develop this skill and have practical application. The focus was not only to improve physician-patient relationship building skills, but also to allow students to see how they could work through resistance and see what obstacles a patient encounters and work together collaboratively so that the patient walks out of the clinic with a care plan that not only makes sense to them, but also one that is manageable.

Each session had a central theme: one-to-two skills per session were focused upon and practical advice was given on how to apply those skills. The first session honed in on OARS (Open-ended questions, Affirmations, Reflective Statements, Summarizing) with supplemental activities from David B. Rosengren's Building Motivational Interviewing Skills workbook. The second session highlighted Recognizing Sustain and Change Talk, the third session highlighted Eliciting Change Talk, and the fourth session worked on how to go about Planning with patients. Moreover, the final session hosted Dr. Belen as well as Dr. Knepp to allow M2 students to get advice for their CSA exam and how to implement motivational interviewing in short primary care settings as well as in their patient interview exams.

The educational portion was confined to 20 minutes, and an instructional guide was provided for all students (created by AAFP-FMIG Officers and reviewed by Psychiatry Student Interest Group and Dr. Knepp). Further, a motivational interviewing workbook was provided free to students, as provided by the Drs. Elbert and Martha Magoon Leadership Award. After the initial educational portion, students were broken out into the Zoom Breakout rooms with partners of their choosing. In this way, students developed new bonds with students, which was difficult to do with COVID restrictions. Progress could be tracked by their practice partner and the one-on-one practice allows for near-peer feedback.

In our March 22nd event, we had Dr. John Boltri, a family medicine physician and Family and Community Medicine Department head, and Dr. Randy Welton, a psychiatrist with experience in the VA and the current psychiatry department head, introduce how motivational interviewing can be used for smoking cessation. It was a pertinent topic for any physician and it applied how to utilize motivational interviewing in the setting of a short office visit. We had 30 minutes for practice and we utilized a patient profile, created by Dr. Welton, to apply the Motivational Interviewing skills and get near-peer feedback. The last few minutes were for students to describe what they learned, what was difficult, and what they would practice in the future.

Finally, we ended the Motivational Interviewing Practice series for 2020-2021 by utilizing our Wasson Center and allowing several students practice what they had learned about Motivational Interviewing with Standardized Patients, with the help of the Magoon Award. We had an orientation prior to their practice session and then ended with a debriefing meeting to discuss what went well, what could have gone better, and how we can improve next year's Motivational Interviewing Practice series.

## Page: OVERALL PROGRAM/PROJECT/INITIATIVE #3

### Title of Program

Migraines/Headaches: Patient and Physician Perspectives

**Date and Time**

2/1/2021 from 12pm-1pm

**Work Hours to Organize**

1 student/ 5 student hours

**Participation**

24

**Categories**

Exposure to family medicine and family physicians: This is something your FMIG/SAACOFP does to expose its members to family physicians in your medical school or the community , Promoting the value of family medicine as primary care: This is something your FMIG/SAACOFP does to tell members about the role of family medicine in enhancing primary care. This could include the patient-centered medical home, primary care workforce, National Primary Care Week Activities, or other collaborations with Primary care interest groups. , Promoting the scope and diversity of family medicine: What your FMIG/SAACOFP does to educate students and increase their understanding of and appreciation for the broad range of opportunities in family medicine. , New event for this FMIG/SAACOFP

**Description**

This event combined family medicine and neurology with Dr. Belen and Dr. Suneja, a Cleveland Clinic Neurology/Headache Fellow. The focus of the event was Mrs. Richardson, a patient and new contact for next year's FMIG who experiences chronic migraines and hemiplegic migraines. This provided a patient perspective for students, while also demonstrating the scope of practice for primary care and its treatment workup of migraines/headaches. Moreover, students saw differential diagnosis seen from neurology and family medicine perspectives, highlighting the red flags associated with a common endorsement, as well as new treatment options available for patients. Further, it was a pertinent topic for first-year students in their neurology modules.

**Page: OVERALL PROGRAM/PROJECT/INITIATIVE #4****Title of Program**

Dr. Robert Zukas Case Presentation Series

**Date and Time**

(10/27 from 6-7pm) (12/1 from 7-8pm) (1/20 from 12-1pm) (2/24 from 12-1pm)

**Work Hours to Organize**

3 students/9 student work hours

## **Participation**

41

## **Categories**

Exposure to family medicine and family physicians: This is something your FMIG/SAACOPP does to expose its members to family physicians in your medical school or the community , Promoting the value of family medicine as primary care: This is something your FMIG/SAACOPP does to tell members about the role of family medicine in enhancing primary care. This could include the patient-centered medical home, primary care workforce, National Primary Care Week Activities, or other collaborations with Primary care interest groups. , Promoting the scope and diversity of family medicine: What your FMIG/SAACOPP does to educate students and increase their understanding of and appreciation for the broad range of opportunities in family medicine. , Current issues or innovations in family medicine , New event for this FMIG/SAACOPP , Collaboration with another campus group: Please include which group (SNMA, another primary care interest group, etc.)

## **Collaboration**

American Medical Women's Association, Palliative Care Interest Group, Psychiatry Student Interest Group

## Description

Dr. Robert Zukas offered to host an event regarding a topic of student interest, which doubled as a chance for NEOMED students to see Ohio family medicine residency as well as meet some of their residents. After surveying FMIG members, we had our first event with Dr. Zukas: Women's Health Event. It was a joint-effort with the American Medical Women's Association student interest group and the event had 15 attendees. After the meeting, several students discussed how they did not realize how much family medicine can do for women's health. The case-based approach to Dr. Zukas' lecture was highly interactive and when he offered to host monthly events to promote family medicine, we were excited to accept. The integration of Dr. Zukas' lectures gave further insight into current curriculum topics and how it could be applied in a primary care setting.

The next event was End-of-Life Care and Dementia, where our FMIG partnered with Palliative Care Interest Group, and we had 13 students in attendance. It was a parallel event to our course content, so we were able to understand basics of dementia and students had the opportunity to see how family medicine interacts with patients and families during the difficult time of end-of-life care.

In January, we had Addiction Medicine with Dr. Zukas with 13 students in attendance. Our concurrent curriculum went over opioids, opioid use disorder treatments and therapy options, and addictive potential for several pain medication. Thus, the Addiction Medicine event was apropos and gave students an insight into how family medicine can be helping with the overdose crisis. This event was one of the most powerful events of the year, as Dr. Zukas promoted how important it is to be empathetic, avoid value judgments, and destigmatize getting help for addiction. This program also continued the NEOMED series of "Halting a Crisis," a series of articles detailing how NEOMED is training their physicians to help with the overdose crisis.

In February, we had Mental Health and Family Medicine with Dr. Zukas with 10 students in attendance. The Mental Health event was a collaborative event with the Psychiatry Student Interest Group as well. This was not only a chance to destigmatize mental health, it was also a means of demonstrating how broad a scope family medicine has in caring for those with depression, anxiety, and other mental health concerns.

Overall the series gave students a perspective from various aspects of family medicine, where to expect collaborations with other specialties, and the patient-centered approach of working as a family medicine doctor. Dr. Zukas emphasized the importance of shared decision making and how there are many components of equity and justice involved in family medicine that we should be mindful of and work towards advocating for our patients. Also, the generosity of giving his time and expertise was just another reminder of the excellent cohort we would join as future family medicine physicians.

## Page: OVERALL PROGRAM/PROJECT/INITIATIVE #5

### Title of Program

Residency and Match Series: Can I Afford Primary Care?, ERAS Workshop, Residency Interviewing, Match List Ranking and Post-Match Debrief

### Date and Time

ERAS Workshop 09/09/2020 6:30-7:30pm; Residency Interviewing 10/06/2020 6:30-8pm; Can I Afford Primary Care? 11/12/2020 12pm-1pm; Match List Ranking 2/2/2021 6-7pm; Post-Match Debrief 4/1/21 12-1pm

**Work Hours to Organize**

4 students/ 5 student work hours

**Participation**

80

**Categories**

Professional development: This is something your FMIG/SAACOFP does to promote professional and/or leadership development among our members. , Exposure to family medicine and family physicians: This is something your FMIG/SAACOFP does to expose its members to family physicians in your medical school or the community

## Description

This longitudinal program is a joint Department of Family and Community Medicine and FMIG collaboration for NEOMED students to develop their residency applications and interviewing skills, as well as come together as a family medicine community to celebrate their accomplishments in the post-match debrief. Further, this process is an annual event series that supports and engages students who are looking to match into family medicine. These events also promoted mentorship from M4 students to M1-M3 students, especially in the Post-Match Debrief.

In order to continue and maintain engagement with M3-M4 FMIG students, the NEOMED FMIG continued existing events: ERAS Workshop, Can I Afford Primary Care?, Residency Skills Workshop, Match List Ranking, and Post-Match Debrief.

### ERAS Workshop:

Dr. Boltri and Dr. Sperling, two family medicine physicians gave an overview of how to apply using ERAS. These physicians have extensive experience with residencies and answered M3 and M4 student questions on what experiences to highlight within their applications. Students also had opportunities to get their questions answered on how to write their personal statement and get feedback from a former residency director.

### Can I Afford Primary Care?:

Drs. Boltri, Belen, Massie-Story, and Sperling--four family medicine physicians and FMIG advisors--joined forces to address the common misconceptions involved with primary care and the financial aspect of being a family medicine physician. The encouraging tone of the event had the 20 students in attendance better aware of the opportunities within family medicine, how to pay back student debt, and potential loan repayment options. This event tied together the practical concerns of students, as well as the broad scope of what opportunities family medicine residents have from rural practice to FQHC residencies.

### Residency Interview Skills Workshop:

This event was born out of the need for our M3 and M4 students to feel confident about their residency interviewing skills. This is the highest attended event by upperclassmen. Of the 15 participants this year, 7 were M4s, and 4 were M3s. This event begins with the NEOMED Family Medicine Chair describing what to expect from your interviews, and a quick run through of dos and don'ts. Then, students split into groups and residency directors from all over Ohio hold mini practice interviews with the students. The students are able to have 4-5 different 10-minute practice interviews with people that can give them feedback on the spot. This also helps them to make connections and ask about residency programs well before they interview!

### Match List Ranking:

This is the second year this event was held for M4 students matching in Family Medicine. The goal of the event is to provide students with tips and tricks of creating their match list. The Chair of Family Medicine described key strategies for a successful match, including a formula to consider if students are struggling with balancing priorities (residency offerings, fit, and psychosocial considerations). The event was mostly attended by M4s, although several M1s and M2s attended who didn't know what to expect in the match process. This provided an opportunity for near-peer relationships to develop between students who "might" be interested in Family Medicine and students who can serve as role models in Family Medicine.

### Post-Match Debrief:

This allowed successfully family medicine matched M4 students to share their experience in the match process--starting from what experiences to include in their ERAS application, their personal statements, how to get strong recommendation letters, and how they ranked residencies and what the interview process was like during COVID-19. This was the largest attendance of the series, as we had M1-M4 students in attendance, and we even had two military matched students to give a very specific perspective for three military students who were interested in family medicine.

**Page: OVERALL PROGRAM/PROJECT/INITIATIVE #6**

**Title of Program**

Meet the Residencies Series: Cleveland Clinic and Telemedicine & Summa Family Medicine's OMT Workshop

**Date and Time**

Cleveland Clinic Events (9/22/2020 from 7pm-8pm) (10/1/2020 from 6pm-7pm); OMT Workshop (5/17/2021 6-7pm)

**Work Hours to Organize**

3 students/ 10 student work hours

**Participation**

20

**Categories**

Professional development: This is something your FMIG/SAACOFP does to promote professional and/or leadership development among our members. , Exposure to family medicine and family physicians: This is something your FMIG/SAACOFP does to expose its members to family physicians in your medical school or the community , Promoting the scope and diversity of family medicine: What your FMIG/SAACOFP does to educate students and increase their understanding of and appreciation for the broad range of opportunities in family medicine. , Current issues or innovations in family medicine , New event for this FMIG/SAACOFP

## **Description**

Due to the pandemic, there was a lot of uncertainty about how to know which residencies to apply to and how M4 students would know what residencies would be a good fit for them. Thus, we partnered with Cleveland Clinic Family Medicine Residency to offer a telehealth instructional event, provide exposure to family medicine and the Cleveland Clinic residency. Also, we were able to meet one-on-one with the residents, get insight into their residency and find out important highlights from their residency. We had M1-M4 students in attendance and we got an overview of what a day in the life of a resident was like.

For the telehealth event, it was an instructional one-on-one event that allowed M1-M4 students time with Cleveland Clinic residents on how to conduct a telehealth physical exam as well as telehealth etiquette. This was especially pertinent as this was demonstrating the adaptations of family medicine practice in a COVID era of medicine. Ultimately, we did have an M4 student match with the Cleveland Clinic Family Medicine residency who had attended this series of events.

While this event goes beyond the normal timeline of FMIG activities, our planned OMT Workshop is an exciting opportunity for students, especially M1 students, who are interested in seeing the different aspects of family medicine practice. The Akron Summa Family Medicine Residency generously offered their time, expertise, and perspectives on family medicine and osteopathic manipulative treatment (OMT). The students will be able to practice OMT techniques, get feedback and critique from residents, and be able to ask questions about what life as a resident is like, and why they chose family medicine. It offers a rare one-on-one experience with family medicine residents during the pandemic, with precautions of social distancing, PPE, and with most students being fully vaccinated.

## **Page: OVERALL PROGRAM/PROJECT/INITIATIVE #7**

### **Title of Program**

Family Medicine Diversity and Student Enrollment Events: Family Medicine is like Chipotle & The AAFP Student

### **Date and Time**

8/26/2020 from 12-1pm; 4/16/2021 from 12-1pm

### **Work Hours to Organize**

6 students/ 13 student work hours

### **Participation**

56

## **Categories**

Professional development: This is something your FMIG/SAACOFP does to promote professional and/or leadership development among our members. , Exposure to family medicine and family physicians: This is something your FMIG/SAACOFP does to expose its members to family physicians in your medical school or the community , Promoting the value of family medicine as primary care: This is something your FMIG/SAACOFP does to tell members about the role of family medicine in enhancing primary care. This could include the patient-centered medical home, primary care workforce, National Primary Care Week Activities, or other collaborations with Primary care interest groups. , Promoting the scope and diversity of family medicine: What your FMIG/SAACOFP does to educate students and increase their understanding of and appreciation for the broad range of opportunities in family medicine. , Significant changes/improvement made on an existing FMIG/SAACOFP program.

## **Description**

This series was a way of starting and ending the FMIG year by introducing students to the wide-scope of practice of family medicine and promoting AAFP enrollment at NEOMED. The "Family Medicine is like Chipotle" event has been the first event for our FMIG over the last several years and the goal of this event is to expose students to the versatility and diversity of family medicine. The meaning behind the name is that family medicine can be even more diverse and unique than each student's Chipotle order. With the changing COVID-19 policies, we ended up being unable to order the promised Chipotle! This was rectified at a later event and encouraged more attendance at our AAFP promotional event on April 15th.

This event is held in the first week of the year, so M1s have the opportunity to be acquainted with our FMIG at the start of year. We wanted to continue setting the start of the year off with family medicine which is a strong part of the culture at NEOMED. For the event, a family medicine physician role model, Dr. Renee Markovich, comes to speak with students and show them pictures of her career trajectory. This physician is well known to and popular with NEOMED students, starting students off with a positive perception of family medicine for students starting off their medical school career. This event introduces the new FMIG members to the multitude of opportunities that family medicine offers via fellowships and procedural medicine.

This year, we created the AAFP Student event which hosted a raffle for gift cards and AAFP swag. We had 19 students in attendance. Students who signed up to become AAFP members were also entered in to a raffle to win Family Medicine Gear. Many M1s attended the event and this series significantly expanded our FMIG membership. We also promoted the AAFP National Conference, the leadership opportunities, and the multitude of benefits offered to students. We also had an M4 student who was successfully matched into family medicine speak upon why she chose family medicine and how the AAFP helped her as a student.

## **Page: OVERALL PROGRAM/PROJECT/INITIATIVE #8**

### **Title of Program**

Sports Medicine

### **Date and Time**

4/7/2021 from 6-7pm

## **Work Hours to Organize**

3 students/5 hours

## **Participation**

21

## **Categories**

Exposure to family medicine and family physicians: This is something your FMIG/SAACOPP does to expose its members to family physicians in your medical school or the community , Promoting the scope and diversity of family medicine: What your FMIG/SAACOPP does to educate students and increase their understanding of and appreciation for the broad range of opportunities in family medicine. , New event for this FMIG/SAACOPP

## **Description**

After the Northeast Ohio Family Medicine event that hosted multiple doctors within the field of family medicine, including Dr. Christopher Tangen, who is a specialist in sports medicine and an associate medical team physician for the Cleveland Browns. He is board certified in Family Medicine with a Certificate of Added Qualifications in Sports Medicine. He joined us for a Zoom discussion on Wednesday, April 7th from 6-7pm. Dr. Tangen discussed his background, interests and path to careers in family and sports medicine, some general concepts of sports medicine, and to answer any questions students may have!

During the event, Dr. Tangen demonstrated the different facets of sports medicine, and how one can pursue sports medicine through family medicine. He welcomed students' questions and compared the benefits of family medicine and going into sports medicine in a positive way so that students could see the breadth of opportunities within the field.

The students actively engaged with Dr. Tangen via Zoom and he agreed to continue to talk to our students offline about different opportunities in both Sports Medicine and in the community. The event was very well-received and one student told FMIG afterwards that he wants to possibly work with him in Cleveland next year.