

Application: 20562



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**Page: Applicant Information**

This is the application form for the Program of Excellence (PoE) Award for FMIG/SAACOF's at medical schools. If you have any questions as you complete the application, please email [studentorgfunding@aafp.org](mailto:studentorgfunding@aafp.org) (mailto:studentorgfunding@aafp.org).

This application form will allow you to save and return to your work at a later date. You can also invite others to help you complete this application by clicking the "Manage Collaborators" button. For more details about this program, as well as specific instructions for family medicine student groups, visit the AAFP website (<https://www.aafp.org/membership/benefits/awards/student-resident-awards/fmig.html>)

**title**



**groupName**

JABSOM FMIG

**category**

Category Award Application

**medicalSchoolLocation**

U.S. MD medical school

**state**

Hawaii

**city**

Honolulu

**mainOrBranchCampus**

Main campus

**studentsOnCampus**

MS/OMS I, MS/OMS II, MS/OMS III, MS/OMS IV

**fmigNetworkRegion**

Region 1: Western (AK, AZ, AR, CA, CO, HI, ID, LA, MT NV, NM, OK, OR, TX, UT, WA, WY)lue 1

**mailingAddress**

651 Ilalo St  
Honolulu Hawaii 96813 US

**numberOfStudents**

250

**branchNumberOfStudents****activeFmigSaacofpMembers**

45

**studentsServingInLeadershipPositions**

11

**aliasa6936f2987d84b3e81abb2126e8b0673**

No

**won**

No

**Page: Group Leadership**

Please complete the following information about your group's faculty advisors.

**facultyAdvisors1**

Jill Omori, MD

[REDACTED]  
[REDACTED]

Please complete the following information about your group's staff support.

**staffSupporters**

Please complete the following information about your group's student leaders.

**studentLeaders1**

Amanda Chau



president  
2025

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Julia Oehlers



vice president  
2025

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Roxana Hu



vice president  
2025

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Lauren Muraoka



secretary  
2025

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Kylie Popovich



treasurer  
2025

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Erika Ryckman



Tar Wars Master  
2025

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Vanessa Freitas



Tar Wars Master

2025

Ashley Lee

AAFP Liaison  
2025

Shantel Pascual

Historian  
2025

Katelyn Shirai

PCLC Lead  
2025

**Leadership transition**

March

**Page: Award and Group Information**

## **FMIGOperation**

The John A. Burns School of Medicine (JABSOM) FMIG is a primarily student-led interest group. Our student board plans and organizes all events, workshops, and programming, which are open to all JABSOM students to participate. JABSOM FMIG typically hosts approximately 20 events annually, though this had to be scaled back due to the COVID-19 pandemic. These events encompass the values of continuity of care, community outreach, and professional development, among others, in line with our mission statement. Each event is led by two board members who are considered the points of contact in terms of organization and logistics. These students are responsible for recruitment of volunteers and physicians or other community partners, preparing the necessary supplies, and providing notes for program leads to reference for future events. However, all students who are on the board or members of the interest group are welcomed to participate in planning and provide support in order to ensure that each event runs smoothly. This structure allows students to have the freedom to participate in FMIG to varying degrees from growing their leadership skills to having the ability to enrich their own learning.

The student board consists of nine positions: president, two co-vice presidents, secretary, treasurer, AAFP liaison, historian, and two students who lead the Tar Wars program, also known as the Tar Wars Masters. The president is responsible for planning board meetings, working with committee chairs to maintain the agenda and overseeing the events for the upcoming year. The co-vice presidents aid the president in overseeing events and maintain the constitution. The secretary organizes all FMIG documents, sends out emails to FMIG members, and records times and attendance. The treasurer ensures events are funded and that the group recognizes the organizations supporting each of our events. The AAFP liaison helps to recruit members to AAFP and maintains contacts with AAFP representatives. The historian takes pictures, manages our instagram page, and ensures we are showing appreciation to the organizations that donate supplies to help make the events successful. Lastly, the Tar Wars heads organize a program that sends medical students out into the community to local elementary schools, teaching students about the dangers of tobacco. Although each position has specific roles, the board all works together to support each other and ensure the events run efficiently.

Our student board is uniquely composed of a first and second year student in each role. For the first half of the academic year, second year students will take the lead for each event. Their first year counterparts, in turn, will “shadow” the position in order to learn more about the role as well as assist the board as needed. In the second half of the year, the first year students transition into leading events and meetings to allow the second year students to prepare for their upcoming board exams. Second year students are still available as a resource to the first year students, if needed. Having this first and second year involvement on the board provides a structure that allows both the first and second year students to gain leadership skills. It also sets up the future success of JABSOM FMIG through smooth transitions of leadership.

## **goals**

JABSOM FMIG aims to showcase the values of continuity of care, community outreach and patient education, while providing a community for students who are enthusiastic about Family Medicine. Our five main goals are derived from our mission statement: enrichment, community service, networking, homeless outreach, and education. To achieve this, we host events that will empower students to develop on a technical, professional, and personal levels, and encourage students to live out the values of JABSOM FMIG. We hope to serve not only the community on the island of Oahu, where JABSOM is located, but also those of the neighboring islands as well.

## **FacultyAdvisor**

Though JABSOM FMIG is primarily student run, we are fortunate to have the constant support and guidance of our advisor, Dr. Jill Omori. Dr. Omori helps plan the logistics of our events within the larger JABSOM community as well as keep our group organized and mission focused. In addition, we are lucky to have various Family Medicine physicians assist our group throughout the year, such as Dr. Teresa Schiff and Dr. Kelly Withy. Together, the three are prominent members of the Family Medicine community in Hawai'i and allow us to make connections with the Hawai'i Academy of Family Physicians (HAFF), local Family Medicine physicians, and community organizations.

## **overallcategorical**

Categorical award

## **untitled**

Community Service: This is something your FMIG/SAACOFPP does to promote professional and/or leadership development among your members.

## **categoricalprograms**

### **Tar Wars**

Tar Wars is a nationwide community-based free educational program for 4th and 5th grade students designed to teach them about the health effects of tobacco smoking, costs of tobacco use, and advertising techniques tobacco companies use to market their products. Tar Wars was founded in 1988 and is currently owned and operated by the American Academy of Family Physicians (AAFP) under guidelines by the Centers for Disease Control and Prevention. The goals of the Tar Wars program are: 1) to increase knowledge and awareness of health effects caused by nicotine and tobacco use, 2) to illustrate the financial impact of tobacco use and how money could be better spent, 3) to identify reasons people use tobacco products, and 4) show how tobacco companies market their products to youth. The Tar Wars Hawai'i program is organized by the JABSOM FMIG student organization and is specifically aimed at reaching public school students across the state on all islands. Tar Wars Hawai'i is a foundational component of many public school youth tobacco prevention curriculums. Our Tar Wars lead officers are responsible for coordination of all Tar Wars presentations between the schools and volunteer presenters. At the beginning of each school year, the lead officers obtain contact information for all of the public elementary schools in the state and send emails inquiring if the schools are interested in participating with our program. As schools express mutual interest, the lead officers act as liaisons to coordinate appropriate dates and times to meet the needs of each school's request. Once the date is set, the Tar Wars liaisons are responsible for obtaining, debriefing, and advising volunteer presenters on the logistics and expectations for upcoming the Tar Wars presentations. Each presentation lasts for about one hour and most of the volunteers are fellow medical students, ranging from 1st years to 4th years. The Tar Wars liaisons also give presentations if available. In the rare event that there are issues with an inadequate number of medical student volunteers, Dr. Omori, our FMIG faculty advisor, assists with recruitment of residents, practicing physicians, or medical faculty members to fill enough spots for the presentations.

The Tar Wars program plays a vital role in the community and Family Medicine. Family Medicine involves care of the person as a whole, especially with diet, exercise, and tobacco use, all of which are important in prevention and reducing risk factors for illnesses. We communicate the values of Family Medicine in these presentations by instilling the practice of good lifestyle choices and how it plays an important role in health. Long-term tobacco use is a widespread problem among many age groups and is a significantly detrimental factor in general health. Thus, tobacco cessation counseling is an important aspect in patient care for Family Medicine physicians. By educating elementary school students on the dangers of tobacco and nicotine use at an early age, youth tobacco smoking prevention will be more effective. Many kids are exposed to tobacco smoking through parents, relatives, or friends and the Tar Wars program aims to support them in making healthy lifestyle choices through education and raising awareness of the health-related consequences of their actions.

Due to the pandemic, we shifted our in-person presentations to a virtual format. Although the change to online learning was challenging, we overcame issues with engagement with having longer question sessions at the end of presentations and encouraging students to try activities at home with their families. After experiencing the flexibility of online learning, we plan to emphasize teaching elementary students on the outer islands as well. The Tar Wars program

initiative has consistently received positive reviews from participating schools, teachers, and students. We are proud to continue the Tar Wars program each year and maintain a strong presence in our local community and public school education.

#### The Hawai'i Inter-Island Coalition for Primary Care Pathways

The Hawai'i Inter-Island Coalition for Primary Care Pathways (HICPCP) is a project started last year by JABSOM FMIG alongside the Primary Care Leadership Collaborative (PCLC) to address the growing physician shortage across the Hawaiian islands. In Hawai'i, there are currently 3,693 physicians providing care to Hawai'i patients for a total of 2,903 Full Time Equivalents (FTEs) of direct care to patients. The national demand model states a need of 3,358 FTEs for the state of Hawai'i. Therefore, there is a physician demand of 487 FTEs. Of this shortage, the greatest specialty shortage across all islands is primary care with a shortage of 283 FTEs. Along with the physician shortage, there is a shrinking number of students from rural areas matriculating into medical schools nationwide. Through HICPCP, we wanted to address the physician shortage by developing a program that will assess the needs of Neighbor Island students, then establish or facilitate access to resources to address those needs. There are three primary goals that we hope to accomplish through HICPCP. First, we intend on alleviating the scarcity in resources by implementing more individualized pre-medical and application process guidance, holding educational workshops, and providing role models and shadowing opportunities for interested students. Secondly, we are hoping to increase the number of Neighbor Island medical students committed to return home to serve as primary care physicians in their respective communities. Lastly, we wish to grow an interest in primary care amongst our current and future student body through ongoing participation in our project. HICPCP is entirely student run, with most of the leadership responsibilities being held by JABSOM's second-year medical students. Oversight of HICPCP is maintained by our mentors Dr. Teresa Schiff, Dr. Jill Omori, and Dr. Jean Shiraki. We have monthly meetings with our mentors to organize and brainstorm ideas for our project. The FMIG leaders have separated into different teams for each Neighbor Island county (Hawai'i county, Maui county, and Kaua'i county). The team leader will be the main points of contact for communication with high school advisors, undergraduate counselors, and community partners on each island. Through relationship building with students, stakeholders, and community members in each Neighbor Island, team leaders exercise the important skill of active listening in leadership. Since this project is in its initial planning phases, the students involved are the current FMIG leaders, but when the project moves to program implementation, we will open HICPCP to any medical student who is interested in family medicine and mentoring the next generation of physicians for the Neighbor Islands. Third year JABSOM medical students completing their longitudinal clerkships on each of the neighboring islands will also serve as points of contact for in-person communication. Lastly, the FMIG leadership participates in the American Academy of Family Physicians's Primary Care Leadership Collaborative, which will provide us with organizational and leadership tools to build effective teams and to create long-lasting structures. We are currently nearing completion of the first phase of HICPCP, which involves development and administration of Needs Assessment Surveys for students, educators, and established programs, separated by each county. Due to the pandemic, the administration of our surveys was delayed, and we are now in the process of compiling the data and preparing for analysis. As the Needs Assessment Surveys continue to be returned, we will analyze the data and create a program that addresses the specific needs within each county. The results will also be published so that we can raise awareness of the needs in the Neighbor Islands and encourage other organizations to join us in addressing these issues. After the program is developed and launched, we will evaluate the programs in place and write up a progress report for the future FMIG leaders to continue to help the future physicians of Hawai'i.

## Halloween Haunted House and Pumpkin Carving

Like many events of the past year, Halloween celebrations for families across the country needed to be scaled back in order to keep our communities safe. Hawai'i's homeless community, who struggle to celebrate the holiday even without the difficulties of the pandemic, was no exception. With the Halloween Haunted House and Pumpkin Carving, JABSOM FMIG aimed to provide a chance for these families to enjoy Halloween festivities.

Traditionally, JABSOM FMIG hosts an annual Halloween Carnival in coordination with the Hawai'i HOME Project, a mobile clinic which serves different homeless communities across Oahu. The carnival offered the chance for children and their families to participate in different Halloween themed activities in a safe, supervised environment. However, due to the pandemic, we had to offer an alternative activity that would still allow the families to celebrate Halloween in a socially distanced way. This year, FMIG, HOME, HYPE and other student volunteers collaborated together to put on a haunted house for children in shelters across the island. JABSOM HYPE is a mentoring program for the homeless teens that provides monthly sessions with them on various topics, including drugs, bullying, family planning/STDs, and career planning. In addition to the haunted house, FMIG also hosted pumpkin carving and Halloween cookie decorating for the children, ranging from toddlers to high school students. Donations were solicited by student leaders from different community partners and organizations. Our community came together to transform the JABSOM library into the extravagant haunted house, and dress the lobby and cafeteria with festive Halloween decorations. During the haunted house, FMIG and HYPE members and volunteers scattered throughout the haunted house dressed in scary costumes to scare the families. Community members were invited to the haunted house, in which the proceeds from their tickets were allocated to the HYPE. We were able to form meaningful interactions with the residents of the different shelters. Though the pandemic required FMIG to respond quickly and creatively, we were still able to directly see the effect our efforts had on these children and their families.

Family Medicine emphasizes engagement with the community in a manner that reflects the compassion shown in the physician-patient relationship. Though this event is primarily for the children and their families to enjoy, our students were also able to see the positive impact their work has on the community. We are able to show our students the importance of serving the entire family unit, even in small ways. Our partnership with other student interest groups, volunteers, and community organizations also taught our students valuable communication and leadership skills.

The pandemic has forced communities across the world to make adjustments in order to keep each other safe. However, that does not change JABSOM FMIG's resolve to serve those around us in most need. The success of the event can be measured not only by the number of baskets created by our students for the six different shelters, but also by the joy it brought to both ourselves and the shelter residents to share the holiday together. Even after pandemic restrictions are eased and we are able to host our Halloween Carnival again, we hope we can incorporate the haunted house and pumpkin carving into its programming.