

Application: 17944



Page: Applicant Information

This is the application form for the Program of Excellence (PoE) Award for FMIG/SAACOF's at medical schools. If you have any questions as you complete the application, please email studentorgfunding@aafp.org (mailto:studentorgfunding@aafp.org).

This application form will allow you to save and return to your work at a later date. You can also invite others to help you complete this application by clicking the "Manage Collaborators" button. For more details about this program, as well as specific instructions for family medicine student groups, visit the AAFP website (<https://www.aafp.org/membership/benefits/awards/student-resident-awards/fmig.html>)

title



groupName

SJSM SVG FMIG

category

Overall Award Application

medicalSchoolLocation

International (not U.S. based) medical school

internationalMedicalSchool1

Saint James School of Medicine, Anguilla and Bonaire/Saint Vincent and the Grenadines

mainOrBranchCampus

Main campus

studentsOnCampus

MS/OMS I, MS/OMS II

fmigNetworkRegion

International Medical School Group

mailingAddress

Saint James School of Medicine
Cane Hall Road
Arnos Vale Saint George 00000 VC

numberOfStudents

250

branchNumberOfStudents**activeFmigSaacofpMembers**

68

studentsServingInLeadershipPositions

3

aliasa6936f2987d84b3e81abb2126e8b0673

No

won

No

Page: Group Leadership

Please complete the following information about your group's faculty advisors.

facultyAdvisors1

Mirjana Milutinovic

[REDACTED]

No

Please complete the following information about your group's staff support.

staffSupporters

Please complete the following information about your group's student leaders.

studentLeaders1

Hirak Trivedi
[Redacted]
President
2024

Anisa Fatima
[Redacted]
Secretary and Community Engagement
2024

Rahul Rikhy
[Redacted]
Founder and Former President
2024

Anna Vonhoof
[Redacted]
Former Vice-President
2024

Leadership transition
May

FMIGOperation

The Family Medicine Interest Group at Saint James School of Medicine is structured by having any executive board that meet to organize event for tudent and within the community The group aim to promote the field of family medicine and the different aspects within the field of family medicine. This is done by having events such as webinars and ca e pre entation from practicing phy ician in the field of family medicine A well, being involved with the community of Saint Vincent as the key to family medicine is providing assistance to the community. Helping the community involve holding fundrai er to help local charitie The tudent leader all hold different role with the group. The role of the president within the FMIG is to be present at all meetings and oversee all policies and events of the FMIG in accordance with the school bylaw The pre ident al o ha the role of making all required communications between the other members and promoting the involvement of SJSM FMIG in all aspects related to AAFP The role of the vice pre ident i to upervi e and a i t all member of the e ecutive board and promote the successful implementation of all FMIG activities. As well as to help the president in any communication and other a pect that may be required The role of the ecretary i to record meeting minute and po t meeting minute a well as to keep a record of all active members in the FMIG and schedule community service opportunities for member within the community

goals

The missions and goals of the Family Medicine Interest Group at Saint James School of Medicine Saint Vincent are the following; the group mu t fo ter intere t in the peciality of Family Medicine among t SJSM medical tudent The group will engage with the community of Saint Vincent and the Grenadines (SVG). The group will also participate in networking opportunitie related to Family Medicine A requirement for the FMIG i to encourage all member to become active members of the American Association of Family Physicians. This ensures that members are not only involved with the FMIG at school but al o within the greater organization of family phy ician

FacultyAdvisor

The role of the faculty advisor of the Family Medicine Interest Group is to ensure all events held are in accordance with Saint Jame School of Medicine Bylaw A well to en ure the FMIG i fulfilling the purpo e and goal previou ly outlined. The faculty advisor ensures the group members and leaders are in good academic standing with the medical school a well

overallcategorical

Overall award

programtable

Life of a Family Physician: From Residency and Beyond

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We invited Dr. Priyanka Tulshian, MD, MPH, FAAFP, and inpatient hospitalist, to speak at our school to members of the FMIG and other medical students who may be interested in learning more about Family Medicine. As medical students, particularly basic science students, it is challenging to look beyond the classroom and into the depths of medicine to stir internal passion for what we may want to build our careers around. The purpose of this presentation was to give a look from the other side from an e periened Family Physician to elucidate what our lives might look like from residency and beyond. Dr. Tulshian structured the presentation with ten preset topics, including what an average day of a family physician is like including: why she chose Family Medicine, her favorite and most challenging parts of her job, what a typical resident schedule is like as well as how residency programs are uniformly structured, and how medical students can gain e perience in Family Medicine early on in medical school. One particularly unique topic that Dr. Tulshian discussed is the unique opportunities for global health in Family Medicine. She presented her work in setting up a Family Medicine residency program in Kenya to keep more African Physicians practicing in the country to positively affect

the continent's public health and how similar international opportunities for Family Physicians come up regularly. The session ended with an open Q&A. Some of the questions that Dr. Tulshian clarified were opposed vs. unopposed residency programs and the difference between academic and community level residency programs. Leaders of the FMIG (President, Vice President) were involved in planning the event. The primary duties involved: writing the speaking topics that were agreed upon by the speaker before the presentation date so that she may be adequately prepared, promoted the event to the student body via the development of promotional posters with assistance from the FMIG advisor, and facilitated the questions proposed to the speaker. Outcome measures of success were subjective reports of student's satisfaction with the event, which were overwhelmingly positive; many students reported that the presentation positively impacted their perceptions of Family Medicine and gave insight into what life was like practicing in the real world.

How to Master the Match

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Dr. Lauren Turich and Dr. Daniel Bester, both recent graduates of Saint James School of Medicine - Saint Vincent, held a talk about the match process and how to succeed in it. Dr. Turich and Dr. Bester both matched into The University of Nevada, Reno School of Medicine into the Family Medicine Residency Program. The Match process is something that not all of us students fully understand or are exposed to, especially for the students that have just started the medical school journey. The event that was held was intended to show the students the different aspects that are apart of residency matching. They shared many key details on what we as students should be doing throughout our time to better enhance and optimize our chances of matching into a desired residency spot. The presentation was organized by having the FMIG executive team preparing 10 topics/questions of high interest that were presented to both Dr. Turich and Dr. Bester. Dr. Bester and Dr. Turich then went through the topics/questions giving all the students great amounts of information and detail from the questions presented. There were also periods where students in attendance could ask any further questions they may have. Dr. Turich and Dr. Bester highlighted the importance of being involved within the opportunities of family medicine well before the match process. The importance of knowing that Family Medicine shouldn't be the backup residence option. Organizing the event involved the FMIG President and Vice President. The duties required of the FMIG President and Vice President were: preparing the questions/topics for discussion, promoting the event to the entire student body, and introducing the speakers and ensuring the event was held in a timely manner. The outcome of the event from the student body was very positive as this event allowed students to know what really goes into the match process. It allowed students to understand what they must do prior to The Match in order to better prepare themselves to obtain a family medicine residency position.

Volcano Charity with Phi Chi Medical Fraternity

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On April 9th, 2021, the La Soufrière Volcano erupted on the Island of St. Vincent, destroying the upper third of the island and displacing 20,000 people from their homes. Students of Saint James Medical School were present on the island at this time. SJSM FMIG, along with Phi Chi Medical Fraternity, raised \$9000 EC (about \$3,000 USD) for those displaced individuals presiding in shelters to provide meals, medications for the elderly who could not pick up their medications due to the pollution from the volcano, water, sanitation materials to prevent the spread of COVID-19 as well as infant care materials such as diapers and formula. The students

themselves did the purchasing and dropping off of the materials to local shelters and citizens. FMIG leader roles were the key members in orchestrating the fundraising, organizing the purchasing of materials, and drop off locations by necessity. The event's success was measured by objectively accomplishing as many of the requested materials as possible-particularly water. The most needed thing by far was bottled water because the volcano destroyed the country's clean water supply in one day, causing island-wide water shortages overnight. In the true spirit of Family Medicine, individuals acted out to help all individuals who could have potentially needed help regardless of the issue at hand or demographic.

Practicing Advanced Women's Health from the Eyes of a Family Physician

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Dr.Chelsea Mooreland an American Board Certified physician currently practicing in family medicine, practicing heavily in Women's Health. Dr.Mooreland joined the FMIG group and OB/GYN interest group at Saint James School of Medicine to discuss the importance and impact of practicing Family Medicine with a heavy emphasis on advanced women's health. Dr. Mooreland is a graduate of Ohio State University, who matched into OB/GYN at Grant Medical Center. She is currently working at Primary One Health in Central Ohio. The event began with Dr.Mooreland explaining the wide variety of Women's health procedures she performs on a daily basis. This included; c-sections, child deliveries, and pre, peri and post-maternal care. Not only did Dr.Mooreland speak on procedures she does but she also shared her experience in Family Medicine and her decision to practice heavily focusing on Women's health. At the end, Dr.Mooreland answered questions from group members of the FMIG and OB/GYN interest group. This allowed students of both interest groups to ask Dr.Mooreland any questions she may not have covered. The outcome of this event was measured by the students satisfaction with the event and information presented. Overall, this combined event was well received and positive responses from students were received. The event allowed students to learn that Family Medicine is a very diverse field and can include a wide variety of focus. As they were able to learn from a practicing physician the large variety of duties and responsibilities of a Family Medicine Physician.

Residency Match Panel with Dr. Kristina Diaz, Program Director of Yuma Regional Medical Center Family Medicine Residency Program

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Dr.Kristina Diaz, is the program director of Family Medicine, Executive Director of Primary care, Chief Academic Officer, and DIO at Yuma Regional Medical Center. Dr.Diaz joined the FMIG group to talk about various aspects of family medicine and to provide the group with valuable information on our journey. The event started out with questions which the executive members had prepared prior to the presentation. These questions included both aspects of what an ideal family medicine program candidate would be and the steps that we should be taking currently to ensure success. Furthermore, questions also included what a typical day for a Yuma Family Medicine resident would entail. Dr.Diaz provided so much valuable information for the group in terms of what we as medical students should do currently and how to be a stand out applicant during the match process. Dr.Diaz alluded to the importance of establishing the commitment to family medicine early on as this is a crucial consideration when selecting residency candidates. She also emphasized the importance of not only providing medical care to patients but also emotional support to patients. Once all the questions that were made for Dr.Diaz had been completed, there was a Q and A session held to answer any additional questions from the FMIG group members. This Q and A session allowed students to pose questions to not only a

physician practicing family medicine but a program director as well. The outcome of this event was measured by the students satisfaction with the event and information presented. Overall, this event was a great success for the FMIG group. It allowed the group members to see what a selection committee looks into when choosing a family medicine resident. Dr.Diaz provided a great deal of information that was highly valuable for the FMIG group. The event was very well received by the FMIG group members.

An Interactive, Case-Based Learning Session Led by Two Board Certified Family Physicians and Fellow Caribbean Alumnus

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Dr. Bisma Zulfiqar and Dr. David Luebbert, both licensed in the USA and Canada, presented the FMIG with interactive, case-based learning. Active members of FMIG have requested to have an interactive session that discusses how family physicians provide care to people of all ages. The goal of this seminar was to familiarize students with how family physicians treat chronic conditions, evaluate symptoms, offer preventative care, and let people know when they need to see a specialist. To achieve this goal, we asked Dr. Zulfiqar and Dr. Luebbert to hold a case-based interactive session focusing on the value of primary care. Family physicians' doctors often work in private office settings or with a group of other family practice doctors. In our seminar, Dr. Zulfiqar and Dr. Luebbert were both clinicians and hospitalists. The seminar had begun with a clinical vignette of a young Ernesto, describing his work as a waste technician, then followed by signs and symptoms. Ernesto had complained of generalized fatigue and nausea for the past 2 months, along with enlarged anterior cervical lymph nodes and tonsils during the same time. Ernesto had dropped pant sizes in a few months, he has also complained of feeling itchy. Once the vignette was described, the students were asked if any more details were necessary, students had put in their inputs in either chat or as a voice. Once this was over, the students were given the past medical history of Ernesto, followed by social history. After these were given, the students were asked: "what questions would you ask Ernesto? Which conditions are you adding to your differential? What plan are you formulating?" Once students' inputs were collected, the physicians gave us a complete blood report of the patient, along with a hepatitis panel, highlighting what was increased, decreased, or normal. Next, the students were asked: "Which conditions should we remove from our differential? Which conditions should we add? Which organ should we narrow in on? What tests should be done now?" Following this, students were given reports of Ernesto's first in-person visit, describing the same symptoms and signs listed previously, in addition to scleral icterus and diarrhea for the past 2 months with hematochezia. Ernesto is sent for further blood work, as well as an abdominal ultrasound. The blood work was described to the students, as well as the abdominal ultrasound findings having a significance to the portal vein being dilated at 14mm, suggesting portal hypertension. At this point, the patient is referred to see a gastroenterologist. The students were given the importance of referring patients to a specialist. Students were told that if you see that your patient has risk factors, or if you simply want a second opinion, a referral to a specialist might be the way to go. At this instance, a suspected diagnosis of primary sclerosing cholangitis was made, which was agreed with the gastroenterologist. Ernesto calls Telus health. Ernesto appears to have an ulcerating lesion in his oropharynx, and is therefore referred to the dentist. The dentist later refers him to an oral surgeon and is being set up for quadroscore and biopsy of his soft palate under general anesthesia. The results of quadroscore and biopsy were negative for dysplastic or malignant processes. Finally making a definite diagnosis of Primary Sclerosing Cholangitis; for which Ernesto had started the treatment. After the case presentation was over, the students were given a significant amount of information regarding primary sclerosing cholangitis, including etiology, clinical manifestations, how to diagnose, complications, survival rate, and management. Lastly, the platform was open to any

questions students may have had at that moment. Many good outcomes were appreciated from this seminar, such as, the importance of referrals, blood work, signs, and symptoms, reading the details of ultrasounds, ruling out cancer, etc. to treat the patients with best of our knowledge. Lastly, the main emphasis of the entire seminar was to understand that family physicians are experts at managing common complaints, recognizing important diseases, uncovering hidden conditions, and managing acute and chronic illnesses. FMIG board members had considered this very successful by the means of students being engaged, interactive, and questioning throughout the detailed seminar.

AGAPE Collection Drive

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On November 1st we started our weeklong collection for AGAPE organization. AGAPE organization is a local charity based in New Grounds, Saint Vincent that provides assistance to the vulnerable. The organization leader Ingrid Clark provides home-cooked meals along with other essential items to the less fortunate around New Grounds and surrounding area. The Family Medicine Interest Group wanted to hold a collection drive to raise food along with other items that AGAPE organization needed. We promoted the collection drive on social media along with posters around the school to raise awareness of the weeklong collection. The Saint James School of Medicine community was asked to bring in items such as Diapers, Wipes, Disposable food containers, Rice and various canned foods. These were all items that AGAPE organization had informed us were in need for the community. The event's success was measured primarily by being able to provide all items that were requested by AGAPE organization. The Family Medicine Interest Group was happy to have raised well over the exceed amount. We were able to raise many cans of food along with diapers and baby formula. We provided AGAPE with food containers for the meals that are provided to the less fortunate. Everything that was raised was given to Ingrid Clark, Leader of AGAPE. Ingrid expressed great gratitude for all the items that were collected on the organization's behalf. Family Medicine is about helping as many people as possible and we hope to continue providing help to the local charities like AGAPE around Saint Vincent.

FMIG + MedLife - T-Shirt Drive

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When traveling to economically poor countries, it is easy to become overwhelmed with the difficulties that orphans and vulnerable children face, and it is natural to want to take action, but how we engage can make a world of difference. Orphanages in some countries, especially here at Saint Vincent, rely on the donations to keep their operation running, and of concern is the rate of children living in orphanages has grown along with the rate of orphanage volunteerism in many countries. With all these wonderful ideas in mind, board members of FMIG and MedLife had put forth the idea of selling t-shirts to raise money for the St. Benedict's Day Nursery and Children's home here at Saint Vincent. The goal was to raise as many fundraisers as we possibly can for the Children's home to improve their living. Due to COVID, many students continued to study online, and few were on campus. Due to this issue, the decision was to market the t-shirts online to involve as many students as possible. Once these decisions were put in place, a FMIG community service committee was made to help design t-shirts, promote it and help in any other way needed. To start this project, t-shirts were first designed by two active members, one from MedLife, one from FMIG. Then a google form was made for polling for the best design. Once the design was chosen by the members of FMIG and MedLife, the t-shirts were put on the market using a custom ink website. The website allowed

students to donate money or buy t-shirts. The t-shirt sale began on October 26th. The community service committee was asked to promote the t-shirt on social media or share it among friends! With all promotion, and wonderful help from students, the sale ended on November 22nd and the money raised was 550 EC. This money was taken to the Children's home on the 5th of December. During this visit, the board members of FMIG interacted with the children. It may seem obvious, but volunteering helps children build social skills because it's typically a group activity. In addition, because volunteering usually involves working with new people we do not see on a regular basis, interacting allows children to gain a new perspective on the world beyond their usual surroundings. The update was made to the FMIG members, with receiving positive feedback, support, and good vibes from many members. FMIG board members considered this as a successful project by the means of online students being involved, interaction with the children, and teamwork! FMIG encourages participation in activities that support local caregivers, helping provide them with training and tools (if needed) that will continue to strengthen their care for children long after they have left.

Page: Faculty/Staff Supporter Award Nomination (OPTIONAL)

nominationname

nominationwhy