

Application: 18678



Page: Applicant Information

This is the application form for the Program of Excellence (PoE) Award for FMIG/SAACOF's at medical schools. If you have any questions as you complete the application, please email studentorgfunding@aafp.org (mailto:studentorgfunding@aafp.org).

This application form will allow you to save and return to your work at a later date. You can also invite others to help you complete this application by clicking the "Manage Collaborators" button. For more details about this program, as well as specific instructions for family medicine student groups, visit the AAFP website (<https://www.aafp.org/membership/benefits/awards/student-resident-awards/fmig.html>)

title



groupName

Universidad Autonoma de Guadalajara SOM Family Medicine Interest Group

category

Overall Award Application

medicalSchoolLocation

International (not U.S. based) medical school

internationalMedicalSchool1

Other

mainOrBranchCampus

Main campus

studentsOnCampus

MS/OMS I, MS/OMS II, MS/OMS III, MS/OMS IV

fmigNetworkRegion

International Medical School Group

mailingAddress

Universidad Autonoma de Guadalajara School of Medicine
Av. Azteca 970
Prados Providencia Jalisco 44670 MX

numberOfStudents

1250+

branchNumberOfStudents

1250+

activeFmigSaacofpMembers

100

studentsServingInLeadershipPositions

6

aliasa6936f2987d84b3e81abb2126e8b0673

No

won

No

Page: Group Leadership

Please complete the following information about your group's faculty advisors.

facultyAdvisors1

Dennis Spalla Morris, MBBS, J.D

[REDACTED]

Yes

Please complete the following information about your group's staff support.

staffSupporters

Tatiana G Fausto Gonzalez

Please complete the following information about your group's student leaders.

studentLeaders1

Ernie Rodriguez, MBA
[REDACTED]
Founder, President & Mentor
2023

Andres Hernandez
[REDACTED]
Vice-President
2024

Elizabeth Trevino-Narezo
[REDACTED]
Secretary
2024

Patricia E Rivera Vera
[REDACTED]
Event Coordinator & Mentor
2023

Carmen G Marez
[REDACTED]
Treasurer
2025

Iridian Castro
[REDACTED]
Clinical Skills Coordinator
2025

Leadership transition

July

Page: Award and Group Information

FMIG Operation

The UAG Family Medicine Interest Group (FMIG) was established in July 2021 mid pandemic. Given the pandemic, the UAG FMIG offers in-person and online events. The UAG FMIG consists of the governing board, committee members, mentors, and faculty advisor. The governing board and committee members meet once a month to discuss recent events and any pending/proposed events. All governing board members are required to attend all meetings of FMIG. Committee members are encouraged to attend meetings but not required. Committee members, mentors and faculty advisor have no voting power. The Vice-President meets with mentors/mentees monthly via Microsoft Teams. The FMIG president updates the advisor monthly.

Governing Board:

President (P) shall include, but not be limited to:

- Drafted and published bylaws for organization.
- Developed and designed FMIGs website and monthly newsletter.
- Propose and develop webinars, clinical skills workshops, trainings and/or philanthropy work.
- Established and developed the Family Medicine Interest Group Peer Mentorship Program.
- Preside over all meetings of the FMIG.
- Serve as liaison between American Academy of Family Physicians, UAG School of Medicine and FMIG.
- Coordinate and facilitate communication with medical school administration, faculty, and faculty advisors.
- Perform and/or delegate any other reasonable duties necessary.
- Interview all board members, committee members and mentor applicants.
- Maintain Presidential binder.
- Provide one-on-one meetings and/or training when necessary.
- Implement a 360-coaching environment among the FMIG team.

Vice-President (VP) shall include, but not be limited to:

- Assist the president in performance of his or her duties.
- Preside over all business meetings and Governing Board in the absence of the President.
- Coordinate events and meeting with president.
- Act as a liaison between Governing Board and group members

Secretary (S) shall include, but not be limited to:

- Record and distribute minutes of all Governing Board.
- Maintain a list of all RSVPs collected workshops, webinars, and meetings.
- Notify members of meetings.
- Maintain all AAFP Family Medicine Interest Group documents up to date.
- Submit a list of all council members to the ISAO by the end of the first week of each semester.

Treasurer (T) shall include, but not be limited to:

- Keep all financial records.
- Be responsible for the development of the semester's budget.
- Be responsible for maintaining financial reports and providing monthly report to president.
- Be responsible for providing semester financial accounts report to the schools accounting office.
- Responsible for maintaining of the cash box.
- Responsible for collecting of money at events, from sponsors and registration fees.
- Responsible for authorizing expenditures with president.

Clinical Skills Coordinator (CSC) shall:

- Plan and coordinate all clinical skills workshops with faculty.

- Shall work directly with president and vice-president to plan and coordinate all hands-on skills workshops.
- Work directly with Event coordinator and public relations coordinator to update all social media platforms.
- Shall act as main contact between faculty.

Event Coordinator (EC) shall:

- Coordinate all organizational events.
- Shall work directly with President and Vice-President to plan and coordinate events.
- Shall act as main contact between venues, restaurants, vendors, etc.

Public Relations Coordinator (PR) shall include, but not be limited to:

- Coordinate all publicity and advertising necessary for organizational events.
- Work directly with Event Coordinator to update social platforms, such as, Instagram, etc.
- Shall coordinate with Event Coordinator and Secretary to distribute and maintain emails to members and ensure members awareness of activities.

Mentorship Program Chair (MPC)

- Recruit, orient & provide training to all incoming MS3 & MS4 mentors
- Interview all mentor candidates
- Pair each mentor with a mentee
- Maintain a minimum of 4+ matches per academic semester.
- Provide ongoing support and supervision to mentor's/mentees.
- Conduct at least once per month check-in with mentor/ mentee. This may be achieved via verbal communication, such as face-to-face or via zoom/teams.
- Indirect communication may include surveys.
- Actively participate in all board meetings
- Provide end-of-semester report to president of success rates or failures of mentor/mentee relationship
- Position may be filled by outgoing second year /fourth (4th) semester President or Vice-President transitioning to clinical years.
- Must have prior mentoring experience.

Committee:

Student Representatives (SR) shall include, but no be limited to:

- One (1) student from each semester.
- Will act as a primary liaison between the governing board and its members.
- Shall maintain in contact with governing board and members via WhatsApp chats and in-class announcements.
- Conveying the interest and desires of the FMIG members to the governing board

goals

Mission:

The UAG Family Medicine Interest Group is a teaching organization that will help foster interest in the field of family medicine while enhancing personal, clinical, leadership and philanthropic growth.

Goals:

1. Be a teaching organization, where leadership, encouragement and clinical skills can be pursued outside the classroom.
2. Be a source of connection between medical students, faculty, and the community.
3. Increase awareness and educate medical student about the scope of family medicine.
4. Create workshops and other activities for medical students to practice procedures commonly used in family medicine.
5. Incorporate and learn about research in family medicine.
6. Engage in philanthropic work.

FacultyAdvisor

Our faculty advisor Dr. Morris provides the governing board with guidance, support, mentorship, and expertise in clinical medicine. Additionally, facilitates communication between FMIG, International student affairs office (ISAO) and dean of UAG SOM.

Our staff support Tatiana G Fausto Gonzalez works directly with the FMIG President. She serves as the point of contact between FMIG president and UAG SOM dean. All FMIG campus events must be presented and authorized by Tatiana.

overallcategorical

Overall award

programtable

The Family Medicine Information Session and Implementing Advance Directive in Family Medicine

Every academic semester, the FMIG host a "Family Medicine Information Session" to introduce incoming and current students to the field of family of medicine. Over the past 6 months we have increased the number of attendees and FMIG enrollment due to our information sessions. Given the pandemic and limited seating due to covid-19 protocols, our two "Family Medicine Information sessions" have been offered via Microsoft Teams. The FMIG Founder & President Ernie Rodriguez is the main host for these information session. During our information session, we discuss the following:

- (1) Specialty of Family Medicine
- (2) NRMP Highlights
- (3) FMIG Mission Statement
- (4) FMIG Objectives
- (5) AAFP Affiliation
- (6) Introduction of faculty advisors
- (7) Introduction of governing board
- (8) Discussed past events and proposed events
- (9) FMIG leadership opportunities
- (10) Mentor and Mentee opportunities
- (11) Philanthropic Efforts
- (12) Membership requirements and registration with AAFP
- (12) Q & A

All governing board members and faculty advisor are required to attend the FMIG information sessions. As this event was offered virtually, no setting up was necessary other than the President drafting the powerpoint presentation. President Ernie Rodriguez served as the host for the event and Vice-President Andres Hernandez served as the moderator. Secretary Elizabeth Narezo monitors the all attendees online. Students are encourage to ask questions at the end of the presentation. We are excited to have M1 through M4 students attend the information sessions as it indicates that we are fostering interest in the field family medicine. A total of 92 students combined have attended both sessions. Moving forward for Fall 2022 semester, FMIG will be hosting their information sessions on-campus and virtually to accommodate M3-M4 students doing rotations in the states.

Implementing Advance Directive in family medicine was a virtual webinar hosted via Microsoft Teams by our faculty advisor Dr. Dennis Morris on October 19, 2021 at 2:30pm-3:45pm. Dr. Morris is a knowledgeable clinical and ethics professor of UAG SOM. A total of 30 students participated in this event, this included M1 through M4 students. This webinar focused on the following:

- (1) The role of a family physician;
- (2) Principles of clinical ethics and their application to practice;
- (3) What is an advance directive;
- (4) How to make an advance directive;
- (5) The importance of establishing an advance directive;
- (6) Introduction of cases that highlighted ethical issues and their resolution.

Medical ethics is part of UAG SOM curriculum, however, FMIG wanted to supplement its members with additional education in this topic. Physician-patient relationships are strengthened by medical ethics, which helps facilitate better communication and medical decisions when providing treatment to patients. At the end of this interactive webinar attendees were able to identify the four medical pillars and how each relate to medical practice. Additionally, they were able to identify the importance of discussing an advance directive form with their future patients. The President, Vice-President and Secretary are required to attend all virtual webinars. The President Ernie Rodriguez served as moderator for this webinar.

FMIG Clinical Skills Workshop

The Radiology clinical workshop was one of FMIGs first event as the newest interest group on campus. This clinical workshop was offered by Dr. Daniel Rivera a clinical professor of UAG SOM and general practitioner on October 01, 2021 from 1pm-3pm. Given the pandemic, this workshop was offered in-person with limited seating to follow all covid-19 protocols and simultaneously transmitted via Microsoft Teams. We had a total of 12 students attend the in-person and 8 students attend the virtual workshop. The vice-president Andres Hernandez was the moderator during the virtual workshop. The primary objective for this workshop were: (1) Learn to view and interpret X-rays; (2) Recognize common abnormalities of chest, abdomen, extremity, spine and sinus; (3) Learn which advanced imaging test to order. Given the pandemic and lack of clinical experience for the student body, FMIG is working towards providing our members with supplemental clinical experience. It is imperative that medical students become proficient and comfortable when diagnosing a patient as they transitioned to clinical rotations.

The Advanced Airway clinical workshop was given by the FMIG faculty advisor Dr. Dennis Morris on October 5, 2021 from 2pm-3pm and 3pm-4pm at the simulation lab of UAG SOM. Given the pandemic this workshop had sixteen (16) spots available, each session allowed 8 registration, both session reach maximum capacity. The primary objective of this workshop were as follow: (1) Recognition of signs of cardiac arrest; (2) CPR with chest compressions: infants, adolescents, and adults; (3) Airway and ventilation management; (4) Post-cardiac arrest care; (5) Usage of AED; (6) Presentation of clinical cases. The President and Vice-President attended both sessions to ensure everything went smoothly. The ultimate goal for this workshop was to help medical students solidify and strengthen their skills in basic life support, foreign-body airway obstruction, cardiopulmonary resuscitation and intubation.

The USMLE STEP 1 Jeopardy was proposed by Patricia E Ramirez-Vera, current FMIG event coordinator. This event was hosted on 10/08/2021 at 2pm-4pm by Dr. Edu Herrera, a UAG SOM professor. Clinical questions in pharmacology, pathology, cardiology, infectious diseases, pulmonary and case files in family medicine were seen. M1-M2 Students were able to reinforce their knowledge learned during the culmination of this event. Additionally, this event provided students with team building and communication skills that will be beneficial during rotations and residency.

Casting & Bandaging Techniques workshop was offered on Wednesday, March 2nd from 1:00pm-3:00pm by Dr. Daniel Rivera, a UAG SOM clinical professor. Given the pandemic, campus policy and request of the clinical instructor, we were only able to accommodate 10 members/students during this session. Registration for this event reached max capacity within 3-minutes. Approximately, \$60.00 was used to purchase material needed for this workshop. This workshop introduced members/students on the procedures, steps, risks and requirements for casts and bandaging.

The 4 Quadrants: Abdominal Assessment was offered on Thursday, March 3, 2022 from 1:00pm-2:00pm and 2:00pm- 3:00pm at UAG SOM simulation lab by the FMIG faculty advisor Dr. Morris. Given the pandemic, this workshop was offered in two sessions, each session allowed 11 students per session. A total of 20 students participated in this workshop. The learning objective for this workshop are: (1) enhance physical examination skills; (2) Understand the four quadrants; (3) locate organs within the quadrants; (4) Q & A. Students/members reinforce their skills by attending all FMIG clinical skills workshops.

The Women's Health: The Gynecological Exam was offered on Thursday, March 10, 2022 from 1:00pm-2:00pm in the simulation lab at UAG SOM by the FMIG faculty advisor Dr. Morris. Given the pandemic we had limited seating for this event. Due to high interest in this workshop, we were able to accommodate 20 students during this session. This workshop provided medical students with additional training on the annual gynecologic exam. The learning objective are: (1) breast exam; (2) pelvic exam; and (3) Pap test.

The Learning Lung Sounds workshop was offered on Thursday, March 10, 2022 from 2:00pm - 3:00pm at UAG SOM by the FMI faculty advisor Dr. Morris. This workshop accommodated 15 students during this session and allowed students to practice their hands-on skills using mannequins and with their peers. The goal of this workshop is to improve auscultation. Additionally, students focused on describing important breath sounds.

The Intersection Between Mental Health & The Medical Field

This virtual webinar was hosted by a licensed clinical social worker from Los Angeles, California, who specialized in trauma and PTSD, cultural identity, spirituality, LGBTQ+, systemic injustices and immigrant communities. This webinar discussed the need of integrating mental health into medical practice to meet the population needs. The primary objectives were:

- (1) create more LGBTQ+ affirming practice environments to ensure inclusion and safety;
- (2) introduce students to proper pronoun usage;
- (3) transgender specific health issues;
- (4) appropriate treatment plan;
- (5) incorporating LGBTQ+ care into primary care;
- (6) Q & A.

LGBTQ+ and transgender communities continue to face dramatic health disparities in the United States and Mexico. Introducing of LGBTQ+ webinars and/or training was proposed by president Ernie Rodriguez, MBA. This proposal was addressed in a monthly governing board meeting. Integrating this content was imperative for FMIG as its not part of the curriculum. Also, content inclusive of LGBTQ patients will help medical students become more comfortable and proficient physicians and be able to provide a high-quality care to this population. This webinar was highly received by FMIG members and faculty advisor. FMIGs president Ernie Rodriguez served as moderator.

Give A Little, Help A Lot Donation Drive and Pack the Backpack

The FMIG "Give a little, help a lot" donation drive was held at UAG SOM for "Grupo de Mujeres Una Gota De Esperanza A.C" in Guadalajara, Jalisco, Mexico on Tuesday, October 26, 2021 and Thursday, October 28, 2021. We raised over \$300 (over 6,000 pesos) from USA and Mexico donors to purchase new school supplies and didactic games, used and unused school supplies, whiteboards, and clothing in two days. Additionally, a local rental car company donated a vehicle for 4 hours so we could deliver 70+ backpacks and much more to the many deserving children, adolescents and adults. 100% of donations will go towards "Grupo De Mujeres Una Gota De Esperanza A.C" their mission is youth empowerment and education.

The FMIG " Pack the Backpack" was held offsite on Wednesday, November 3, 2021. This offsite event was focused solely in filling 70+ backpacks with school supplies, arranging clothing based on age, gender and size. Also, this event served as a team building activity for FMIG's governing board and members. Food and volunteer certificates were provided to all volunteers.

On November 4, 2021 we delivered approximately 70+ backpacks, whiteboards, didactic games and clothing to the aforementioned non-profit organization. Additionally, the FMIG governing board talked to the 25 adolescents about always pursuing their dreams and goals.

We do our best to get our members involve in philanthropic work. This philanthropic project was developed in 2021 by the current FMIG founder and president Ernie Rodriguez, MBA, with the ultimate goal of giving back to the community. This will allow FMIG members to work in local settings, identify health needs and work in a diverse community. As future physicians, it is imperative that we give back to our communities and those in need. Additionally, these events served as team building activities for the FMIG governing board and members.

The FMIG Peer Mentorship Program

The FMIG peer mentorship program was developed and brought to fruition in February 2022 by the current FMIG founder and president Ernie Rodriguez, MBA. The program is designed to provide resources, guidance, and support for those just starting medical school and/or transitioning to clinical rotations.

The FMIG mentors are current UAG SOM medical students in their 3rd and 4th year. Mentors act as a guide, advisor and help the mentee reach their full potential. They encourage their

mentee to look beyond their own mental blocks and help them avoid mistakes they have done in the past. The FMIG mentee drives the relationship by deciding what goals they need to achieve through their mentor-mentee relationship. FMIGs mentorship is driven for those interested in the field of family medicine, however, we welcome everyone.

Mentors-mentees were matched based on their learning style, academic goals and personal goals. FMIGs President Ernie Rodriguez provided all mentors with virtual training and had a virtual meet & greet with mentors and mentees.

Both mentor-mentees must commit to each other, develop trust, plan goals, set clear responsibilities and collaborate for results. Mentor-mentee relationship requirement is one-academic semester and must do a monthly check-in with FMIGs Vice-President Andres Hernandez.

FMIGs mission statement is focused in helping the student reach their full potential as a leader. Mentoring is a great way to develop those skills. Additionally, mentoring generates confidence, inspires trust, and facilitates the growth of high-potential leaders in an inpatient and/or outpatient environment.

Suicide Prevention Training, Stress Management Training & Introduction to Cultural Competence

Healthcare Training Certification

FMIG partnered with Sertome Centre, a non-profit organization in Chicago, Illinois to provide its members with various trainings that may be use in daily life or help prepare them as physicians.

The QPR: Suicide Prevention training was held via zoom on Saturday, March 19, 2022 from 10am-12pm. This training was facilitated by two mental health clinicians and was an adult, teen/adolescent and LGBTQ+ focused suicide prevention training. The course objectives: (1) recognized common causes, risk factors and warning signs; (2) understand myths and factors of suicidal behavior; (3) Question a persuade about suicide; (4) Persuade a suicidal person to seek help; (5) Refer suicidal person to appropriate specialist. Mental illness affects people of all ages and background and addressing the symptoms may lead successful prevention and/or treatment. The President Ernie Rodriguez and Event Coordinator Patricia E Rivera worked closely to bring this training into fruition.

"Stress Management" training will be held on Wednesday, May 13, 2022 from 6:30 pm-7:30 pm . This training will be facilitated by two mental health clinicians via zoom. The objective for this training is as follows: (1) understand "good stress" vs. "bad stress"; (2) concept of stress; (3) know common physical, emotional, behavioral and cognitive symptoms of stress; (4) Learn about various stress management technique. This training will be interactive, attendees will be able to explore the symptoms and effects of stress and mechanism to manage stress.

"Introduction to Cultural Competence" training will be held on Wednesday, May 25, 2022 from 5:00 pm-6:30 pm via zoom. This training will allow participants to learn about being a culturally competent practitioner. The objectives for this training is as follows: (1) define cultural competence; (2) Knowledge of other cultural groups; (3) Cultural knowledge of health, illness and healing; (4) skill development. Cultural competence improves communication, which allows healthcare providers to collect accurate medical information.

Attendance to all three trainings will grant students/members a certificate of completion. President Ernie Rodriguez is working with facilitators to organize the aforementioned training. Additional training will be offered to the members. All aforementioned training may be used in daily life and as physicians.

Writing The Curriculum Vitae

Writing the curriculum vitae (CV) is a step-by-step webinar on everything you need to know about writing an effective CV. The webinar host is FMIGs founder and president Ernie Rodriguez, MBA, his background stems in management and business. This event came to fruition as Ernie noticed most of his peers seeking help. The learning objectives are: (1) recognize the importance of writing an effective CV for clinical rotations and residency; (2) recognize the importance of proof-reading for grammar, punctuation and meaning; (3) identify your own skills and personal qualities; (4) draft your own CV. This event was intended for M2 students transitioning to clinical rotations, however, attendance included M1-M4 students.

Writing an effective curriculum vitae is imperative as we transition through our medical careers, especially during ERAS application. The ultimate goal is to give the students the tools they will need to properly draft their own CV and apply for residency. This webinar was highly received by FMIG members, non-members and faculty advisor Dr. Dennis Morris. FMIG will continue offering this webinar every academic semester. Vice-President Andres Hernandez served as moderator during this event.

FMIGs Clinical Clerkship Experience and Day in the Life of a Family Medicine Physician

The "Ultimate Guide to Clinical Clerkships by State" is FMIGs clinical clerkship experience program that was introduced during Fall 2021. This event is aimed for M2 students who will be transitioning to clinical rotations, however, M1 students attended the event too. The virtual panel consist of current M3 and M4 students doing rotations in the states. The speakers discussed the following topics: studying for STEP 1, rotations sites, gap year; research opportunities and living in Arizona, Nevada, Chicago, Puerto Rico and Guadalajara. This event was moderated by founder and president Ernie Rodriguez and Vice-President Andres Hernandez and was held in English and Spanish. We received positive feedback from FMIG members and non-members about how helpful this event was. FMIG will continue offering this event next academic semester as it benefits M2 students transitioning to clinical years.

Day in the Life of a Family Medicine Physician webinar series is FMIGs Spring 2022 new project. Family medicine resident physicians and physicians will be discussing the following: (1) perspective of family medicine; (2) role in primary care; (3) family medicine residency program; (4) match (5) rotations; (6) USMLE; (7) subspecialties; (8) Q & A. This will be a virtual event aimed to M1-M4 students, specifically those interested in applying for a family medicine residency program. Our first guest speaker is Dr. Gonzalez, she's a PGY-2 at Contra Costa Regional Medical Center family medicine residency program in California. Dr. Gonzalez is scheduled for May 04, 2022 at 6:00pm. Two additional family medicine physicians located in Arizona and a family medicine nurse practitioner from Las Vegas, Nevada will be guest speakers during the month of May 2022. President Ernie Rodriguez and vice-president Andres Hernandez will moderate the event.