

Application: 20156



Page: Applicant Information

This is the application form for the Program of Excellence (PoE) Award for FMIG/SAACOF's at medical schools. If you have any questions as you complete the application, please email studentorgfunding@aafp.org (mailto:studentorgfunding@aafp.org).

This application form will allow you to save and return to your work at a later date. You can also invite others to help you complete this application by clicking the "Manage Collaborators" button. For more details about this program, as well as specific instructions for family medicine student groups, visit the AAFP website (<https://www.aafp.org/membership/benefits/awards/student-resident-awards/fmig.html>)

title



groupName

UCR School of Medicine Family and Preventative Medicine Interest Group

category

Category Award Application

medicalSchoolLocation

U.S. MD medical school

state

California

city

Riverside

mainOrBranchCampus

Main campus

studentsOnCampus

MS/OMS I, MS/OMS II, MS/OMS III, MS/OMS IV

fmigNetworkRegion

Region 1: Western (AK, AZ, AR, CA, CO, HI, ID, LA, MT NV, NM, OK, OR, TX, UT, WA, WY)lue 1

mailingAddress

SOM Education Building
900 University Ave.
Riverside California 92521 US

numberOfStudents

320

branchNumberOfStudents**activeFmigSaacofpMembers**

35

studentsServingInLeadershipPositions

5

aliasa6936f2987d84b3e81abb2126e8b0673

Yes

won

Yes

Page: Group Leadership

Please complete the following information about your group's faculty advisors.

facultyAdvisors1

Dr. Nathan McLaughlin, MD

[REDACTED]

Yes

Please complete the following information about your group's staff support.

staffSupporters

Humberto Santiago

Christina Rangel, MBA

Wesley Lockhart

Please complete the following information about your group's student leaders.

studentLeaders1

Cloie June Chiong



Co-President
2025

Ricardo Ruiz Flores



Co-President
2025

Peggy Chou



Scheduling Coordinator/Historian
2025

Monica Ngo



Community Outreach
2025

Katherine Han



Peer Liaison
2025

Leadership transition

January

FMIGOperation

The University of California, Riverside Family & Preventative Medicine Interest Group's structure can be conceptualized as a set of concentric circles, where the group at the center is composed of general members who engage in events and the next circle is composed of the FPMIG student leaders, followed by the family medicine staff that serves as our faculty leadership, the greater community health system, and finally the Riverside community.

UCR does not have a teaching hospital and therefore receives support and faculty leadership from a variety of clinics, hospitals, and medical centers in Inland Southern California, many of which are crucial centers for the delivery of family medicine in the region. Our university has always used this as an opportunity to connect students to physicians in incredibly diverse locations, communities, and scopes of practice—all of our students experience early clinical exposure with 3-year mentor-mentee pre-clerkship relationships with physicians at over 70 different sites throughout the region through our Longitudinal Ambulatory Care Experience program and serve communities through federally qualified health centers and free clinics in Riverside, San Bernardino, and the Coachella Valley. With this understanding of our unique community-based education program, we use the concentric circle model to demonstrate the role of the student leaders as a bridge between students interested in the extensive scope of family medicine and the amazing family medicine physicians in our area as well as the greater community that these medical professionals serve.

Our student leadership board is composed of 5 positions: 2 Co-Presidents, 1 Peer Liaison, 1 Scheduling Coordinator, and a new position for this year, Community Outreach Director.

The addition of the Community Outreach Director position represents a modification to the board that we felt was necessary to build upon what makes our medical school program so special. UCR was founded as a community-based medical school. Moreover, Riverside and much of Inland Southern California is a historically medically underserved region where limited medical professionals serve a diverse community experiencing barriers due to age, race, poverty, sexuality, gender expression, insured/underinsured status, and access to food/education among other factors. For this reason, the 2022-2023 board has restructured to incorporate a leadership position in Community Outreach. Our goals for the Community Outreach Director position will be to supplement existing frameworks for student involvement in the community, such as free clinics, with the myriad of vital grassroots organizations and foundations doing important work to promote public health in the community.

The responsibilities of Co-Presidents include planning and executing mission-aligned events, broadening our professional network to build new community service opportunities, and ensuring the collective goals of our team are represented. The Peer Liaison is responsible for communicating details of events and meetings to fellow medical students. The Scheduling Coordinator submits all events to the UCR School of Medicine's student affairs office for official approval and uploads onto the SOM's shared events calendar. This position also fulfills the role of historian, documenting FPMIG events in photographs and attendance rosters, as well as sending tokens of appreciation to event guests.

The UCR Family & Preventative Medicine Interest Group (FPMIG) aims to enhance our classmates' medical education by sharing the philosophies of family and preventative medicine to further inspire UCR's central mission of serving our communities. Through interactive experiences like mentorship, talks with community physician experts, community outreach and service, as well as clinical skills trainings, we strive to highlight the importance of preventative, longitudinal care in bettering the long-term health of our communities. Through continued partnership with AAFP, we hope to expand the breadth of experiences and opportunities we can bring to the medical students at UCR.

goals

The Riverside and greater Inland Southern California communities suffer a historical shortage of family medicine physicians (with only 35 primary care physicians per 100,000 people—less than half of the recommended figure by the California Health Care Foundation), so we feel this interest group is vital to foster understanding and appreciation for the field. Thus, our first and guiding principle as an FMIG is to reward student interest in Family Medicine with a clear, honest, and multi-faceted view of what it looks like to be a family medicine physician, including clinical skills, physician lifestyles, residency opportunities, networking and mentorships, community involvement through service events, and leadership opportunities.

We have redesigned our FMIG program this year to achieve this goal and encompass the many aspects of Family Medicine by structuring it as a natural progression through every stage of professional development—from match day to attending physician—while incorporating education and exposure to the variety of age groups, health conditions, socioeconomic statuses, and cultures that family medicine physicians and physicians-in-training will engage with at every stage.

We have started the program at the beginning of the term with an emphasis on Riverside community health needs through a talk with faculty mentor and Riverside Free Clinic director Dr. Nathan McLaughlin, as well as a panel from our school's graduating class who matched into family medicine. As we continue through the year, future events will connect students to family practice residents through a luncheon and attending physicians through our Primary Care Summit, detailed in the next section, which will provide students hands-on exposure to the practices and lifestyles of family medicine physicians throughout Southern California through workshops teaching practical clinical skills, including family medicine essentials like well-child visits, reproductive health procedures, ultrasound, public policy, and more. Many of our talks and other events interspersed in between incorporate opportunities to hear from community leaders, physicians, and current or past UCR-graduated students to share perspectives on medical education and patient populations to emphasize the diversity of topics and communities encountered in family medicine.

We hope this model will deepen interest in the wide scope of family medicine by painting it realistically—as one of the most unique and expansive of all the physician specialties. Simultaneously, we hope to reward those already interested in family medicine with extensive contact and networking opportunities with family medicine-matched fourth year students, residents, and family medicine physicians from a variety of backgrounds and work experiences through this earlier-to-later professional development structure.

FacultyAdvisor

Dr. Nathan McLaughlin is the UCR FPMIG Faculty Advisor. As both a Family Medicine physician in the Inland Empire and long-time UCR faculty, he brings tremendous insight and guidance in helping us create events that address the most pressing community health issues in primary care. As the physician lead of Riverside Free Clinic, he has abundant experience in serving the underserved communities of the Inland Empire and understands the particular barriers this patient population faces, as well as the challenges physicians might face caring for them. He brings these experiences into his medical teaching and mentorship and has presented as our guest speaker for our “Understanding the Community Health Needs in Riverside County” for two consecutive years. Dr. McLaughlin is also a Clinical Skills professor at UCR and participates in our FPMIG clinical skills training events as a teacher and mentor.

Dr. McLaughlin checks in with us regularly to provide thoughtful input for our ideas and support our planning efforts by connecting us to resources or contacts within his network. He is truly passionate in Family Medicine, teaching and mentorship, and is committed to the success of our organization.

Dr. Vivian Yang, a Core Faculty and family medicine physician of the Riverside University Health System, has also been a vital resource for FPMIG. Dr. Yang is also the Community Director for the Riverside/San Bernardino Chapter of California Academy of Family Physicians (RSB-CAFP) and aims to work with FPMIG along with FMIGs from local schools such as California University of Science and Medicine and Loma Linda University to establish mentorship opportunities with local attendings, participate in hands-on workshops, and provide further insight and guidance for students who want to pursue the field of Family Medicine.

Wesley Lockhart—As the Simulation Center technician, Mr. Lockhart is a key liaison between our aspirations as an interest group and the practical tools we use to teach students about family practice procedures like punch biopsies, intrauterine device insertions, and more. Our recently upgraded Simulation Center is a wonderful resource for students to learn these hands-on skills, and we hope to expose students from UCR and other schools to this resource more extensively and with physician supervision through our Primary Care Summit event at the beginning of next year. Mr. Lockhart assists with securing funding for these initiatives, planning the event, and much more.

Christina Rangel- Christina Rangel serves as our Career Services Specialist, who aims to provide a structured, organized approach to help us efficiently and effectively identify our education, career, and life goals, finding the specialty that best fits each student, and selecting and applying to residency programs that best fit our interests and career goals. Ms. Rangel is an essential advisor during the planning of most of our events because she works closely with most specialty interest groups, including connecting us to new mentors, suggesting names for physicians to support our events, and providing resources to increase interest in family medicine.

Humberto Santiago- Humberto Santiago is our Interim Career Development Coordinator, Event Planner Specialist, and oversees and manages each of the UCR SOM interest groups. Mr. Santiago is a key contact and advisor for FPMIG with regard to scheduling and organizing large events and connecting interest groups with various student affairs organizations for resources and funding.

overallcategorical

Categorical award

untitled

Exposure to family medicine and family physicians: This is something your FMIG/SAACOFI does to expose its members to family physicians in your medical school or the community

categoricalprograms

UCR SOM FPMIG's Annual Primary Care Summit

The Primary Care Summit is an annual event hosted by the UCR FPMIG in collaboration with additional UCR SOM student interest groups such as Older Adult Care, Pediatrics, Obstetrics and Gynecology, and Internal Medicine Interest Groups, as well as local universities such as

Western University and California University of Science and Medicine, with the intention of providing students with the opportunity to explore and experience a future career as a primary care physician, including aspects such as common medical procedures, personal/leadership development, and community medicine. This is a highly interactive event, allowing students to practice hands-on skills in ultrasound, intrauterine device insertions, punch biopsies and skin shaving techniques, vasectomy techniques, joint injections, and suturing workshops. The event will also incorporate talks from guest speakers of diverse specialties that will cover topics such as health policy and advocacy and the various pathways that students can pursue in primary care. Due to COVID-19, the last Primary Care Summit was held in January 2020. The next primary care summit was intended for January 2022, but due to the surge of the omicron variant, was canceled again. Therefore, the current FPMIG board is aiming to revive this event to its full capacity in January 2023.

The goals of this event include:

- 1) Introducing students to various primary care specialties
- 2) Facilitating an environment in which students can interact with residents and faculty in an interactive, educational, and casual setting
- 3) Teaching students skills in various primary care procedures that will prepare them to care for patients in future encounters
- 4) Establishing new relationships between various universities within the Southern California Inland Empire

FPMIG Leader Roles: The FPMIG board is currently working with the previous MS4 President who last held this event to determine the various tasks, communications, and responsibilities that are required to hold this large-scale event. The Co-Presidents will then meet with UCR administration and Dr. McLaughlin to discuss the procedures necessary to receive funding, reserve classroom and Simulation Center spaces, obtain the instruments needed for the procedures, and reserve parking for guests. Each of the 5 FPMIG leaders will be in charge of serving as a liaison with each of the collaborating universities and interest groups and discuss common objectives and goals, budget, and recruit potential faculty and physicians from local teaching hospitals who would be willing to serve in a teaching or speaking role.

Evaluation: We will evaluate the success of this event based on attendance from the host and invited schools and send a survey to students one week following the event to obtain input on workshops and lecture topics they would like to see next year. We will also plan a post-event meeting with all of the interest groups involved in the coordination of the event to determine strategies to improve the planning process, communication, utilization of resources, and establishing professional and organizational connections with local primary care physicians and universities.

"Understanding the Community Health Needs in Riverside County" Talk

Due to the great turnout of this event last year, FPMIG wanted to make the "Understanding the Community Health Needs in Riverside County" an annual event. In this event, we had our faculty advisor, Dr. Nathan McLaughlin, engage in a structured question and answer session in which students can ask about a variety of health topics specific to the Riverside community, including but not limited to: obtaining care for uninsured or underinsured patients at local federally qualified health centers, the Medically Indigent Services Program at Riverside University Health System, benefits and disadvantages of different health insurance plans, and common health inequities and diseases that marginalized communities must combat.

The goals of this event were:

- 1) To educate students on the prevalent health concerns of Riverside County and the current programs in place to address these issues
- 2) To learn about the different settings in which family physicians can practice
- 3) To equip students with the social services and medical resources necessary to assist the medically underserved in their clinical workplaces

FPMIG Leader Roles: Our Community Engagement Officer has promoted this event to all of the classes via email and text message to class servers. The two Co-Presidents met with Dr. McLaughlin individually to set expectations and scheduling for the event and determine what the main topics of conversation will be.

We will evaluate the success of this event via the number of participants who attend the event, as well as distribute a post-event survey to determine the strengths of the event, areas of improvement, and new topics of discussion for the following year.

Student-Physician Luncheon with the Riverside University Health System Residents

FPMIG plans to develop a new event, the Student-Physician Luncheon with Residents from the Riverside University Health System, in the fall of this upcoming school year. This program is being developed to introduce medical students to local family medicine residents and attendings in the Riverside University Health System in a casual setting so that they can discuss topics such as why they chose their specialty, work/life balance, common procedures performed in the family medicine setting, research opportunities, and career paths following residency. The structure of the luncheon will be an open space seating arrangement in which 1-2 residents will be placed at each table. Students will have the ability to move around to different residents as they desire in order to obtain as much insight into the field of family medicine as they can.

Goals:

- 1) Enable students to meet local physicians in the area and interact in an informal setting
- 2) Introduce students to the field of Family Medicine and educate them regarding what the career field entails

FPMIG Leader Roles: Dr. Vivian Yang will be assisting the FPMIG Board in recruiting available residents to attend the luncheon. The FPMIG board members will be in charge of coordinating with UCR SOM administration in order to reserve a space for the luncheon, obtain funding for food, and reserving parking spaces for the physicians. Students will be emailed with an RSVP form for the board to anticipate the number of tentative attendees, dietary preferences, and generate a list of common topics and/or resources they would like the residents to discuss with them. We will also recruit medical students to help volunteer to direct the physicians to the SOM campus, pick up food, and coordinate student-physician groups.

Evaluation: We will evaluate the success of this event based on the number of student attendees. We will also send a feedback form to both the medical students and residents to discuss areas of improvement, what they enjoyed about the event, and what they would like to see in the next year.