

Application: 19263



<b>Page: Applicant Information</b>
<p>This is the application form for the Program of Excellence (PoE) Award for FMIG/SAACOF's at medical schools. If you have any questions as you complete the application, please email <a href="mailto:studentorgfunding@aafp.org">studentorgfunding@aafp.org</a> (mailto:studentorgfunding@aafp.org).</p> <p>This application form will allow you to save and return to your work at a later date. You can also invite others to help you complete this application by clicking the "Manage Collaborators" button. For more details about this program, as well as specific instructions for family medicine student groups, visit the AAFP website (<a href="https://www.aafp.org/membership/benefits/awards/student-resident-awards/fmig.html">https://www.aafp.org/membership/benefits/awards/student-resident-awards/fmig.html</a>)</p>
<b>title</b> Sayegh, Sabrina Jamileh
<b>groupName</b> Family Medicine Interest Group
<b>category</b> Category Award Application
<b>medicalSchoolLocation</b> U.S. MD medical school
<b>state</b> New York
<b>city</b> Rochester
<b>mainOrBranchCampus</b> Main campus
<b>studentsOnCampus</b> MS/OMS I, MS/OMS II, MS/OMS III, MS/OMS IV

**fmigNetworkRegion**

Region 4: Northeast (CT, DE, ME, MA, NH, NJ, NY, PR, RI, VT)

**mailingAddress**

601 Elmwood Avenue, Box 707  
Attn: Elizabeth Lipari  
Rochester New York 14642 US

**numberOfStudents**

420

**branchNumberOfStudents**

**activeFmigSaacofpMembers**

115

**studentsServingInLeadershipPositions**

2

**aliasa6936f2987d84b3e81abb2126e8b0673**

Yes

**won**

No

**Page: Group Leadership**

Please complete the following information about your group's faculty advisors.

**facultyAdvisors1**

Nina Piazza

[REDACTED]

Yes

Elizabeth Brown

[REDACTED]

Yes

Please complete the following information about your group's staff support.

**staffSupporters**

Elizabeth Lipari  
[REDACTED]

Please complete the following information about your group's student leaders.

**studentLeaders1**

Karyssa Harris  
[REDACTED]

FMIG Student Leader 2022-2023  
2025

Camryn Jones  
[REDACTED]

FMIG Student Leader 2022-2023  
2025

Daneille Mayorga-Young  
[REDACTED]

FMIG Student Leader 2021-2022  
2024

Guy Azriel  
[REDACTED]

FMIG Student Leader 2021-2022  
2024

Hannah Jackel-Dewhurst  
[REDACTED]

FMIG Student Leader 2021-2022  
2024

Mackenzie Palmer

FMIG Student Leader 2021-2022  
2024

Sabrina Jamileh Sayegh

FMIG Student Leader 2021-2022  
2024

**Leadership transition**

March

**Page: Award and Group Information**

**FMIGOperation**

Our Family Medicine Interest Group runs with collaborative leadership from the student leaders and generous support from our faculty advisors. In the 2021-2022 school year, we had five leaders working as a team and equally dividing the tasks of planning and organizing events, contacting speakers, acquiring catering, and reaching out to the student body with event information and monthly newsletters. The leaders met about once per month to touch base with one another in person, as well as stayed connected through a group chat and shared Google Drive folder. We met more frequently when organizing our University's Primary Care Week events and when transitioning leadership to the 2022-2023 school year leaders. The faculty advisors and leaders stayed in close contact with one another via email and worked together to recruit students, trainees, and family medicine physicians for the events throughout the year. The advisors and leaders also met in person several times throughout the academic year to keep each other mutually updated and ensure we were meeting the goals of the group.

## goals

### Mission Statement:

The mission of the Family Medicine Interest Group at the University of Rochester School of Medicine and Dentistry is to educate medical students on the wide variety of careers in family medicine and raise their awareness about the advocacy possible through family medicine training. This will be met by hosting a Primary Care Week each Fall, lunch and evening talks throughout the year to discuss social issues and career opportunities, mentoring events for students and family medicine physicians to connect, and practical skills workshops to give students the opportunity to learn skills used in family medicine, including IUD placement and point of care ultrasound scanning.

### Goals:

The unique goals of the 2021-2022 FMIG leadership are to:

Highlight the role of the family medicine physician across the lifespan

Foster mentorships between family medicine physicians and students through informal events such as the Dinner with the Docs gathering for students and physicians

Facilitate connections between students and family medicine physicians with unique and diverse sociocultural approaches to providing primary care

Explore integrative behavioral health models for primary care

Learn about the specialty areas in family medicine, various career opportunities, and ways to practice as a primary care physician

Offer guidance about providing inclusive and mindful care with both the benefits and challenges of an electronic medical record, particularly in pediatric settings

Partner with other interest and affinity groups to learn about the intersections of family medicine, identity groups, advocacy, and other medical specialties

Provide students with resources on how family medicine physicians engage with and advocate for their local and national communities

## Faculty Advisor

Our FMIG faculty advisors, Dr. Brown and Dr. Piazza provided unwavering support to the student leadership throughout the 2021-2022 academic year. They stayed in close contact with the leaders and connected us with other family medicine physicians to arrange speaking events, mentorship gatherings, and skills workshops. They assisted greatly in identifying locations for in-person events and navigating the logistics, organization, and recording of online Zoom events. They checked-in frequently to ensure we felt supported and to provide updates from various AAFP newsletters, including information on FMIG development and leadership opportunities.

Our staff supporter, Elizabeth Lipari, handled scheduling, finances, purchases, and documentation of the work our FMIG was doing. She worked diligently to ensure that we had all the resources we needed to organize catered events, provide gift cards, distribute flyers, and most importantly, organize Primary Care Week.

## overallcategorical

Categorical award

## **untitled**

Collaboration with another campus group: Please include which group (SNMA, another primary care interest group, etc.)

## **categoricalprograms**

Primary Care Week 2021- Storytelling in Primary Care: Whose Stories are Told and Whose are Left Out?

Our Primary Care Week in October 2021 consisted of nine lunch and evening events, including both talks and workshops, over the course of 5 days. The goal of the week was to illuminate untold patient and community stories in healthcare and healthcare advocacy. In doing so, we aimed to explore how family medicine and other specialties can approach primary care with these gaps in mind.

The concept for the week was generated collaboratively by the leaders and faculty advisors of the Family Medicine Interest Group in August 2021. We then reached out to a variety of other interest groups and affinity groups at the medical school, including the Latino Medical Student Association, Medicine-Pediatrics Interest Group, Pediatrics Interest Group, Medical Students for Choice, and Student National Medical Association. We met with and discussed our ideas with them and brainstormed which speakers and events each group would like to co-sponsor. Over the next several weeks, each FMIG leader worked on planning one or two of these events with the other interest/affinity group leaders and their identified speakers. The events were as follows:

Physician Panel on Addressing COVID in Pediatric Care: Vaccines, Mask Mandates, and Family Counseling (collaboration with Pediatric Interest Group)

IUD Placement Skills Session (collaboration with the faculty/residents from the Department of Family Medicine and Medical Students for Choice)

Partnering for Advocacy: Sharing a Narrative about Living with Diabetes to Impact State Policy on Traffic-Related Fines and Fees (collaboration with Dr. Mahala Schlagman, part of the Medical Legal Partnership at Strong Internal Medicine and Highland Family Medicine, and Ms. Desiree Baron, a local community advocate)

Ethical Storytelling: How to Tell a Story That Isn't Yours (collaboration with the Department of Family Medicine and previous FMIG leader Shea Kelly-Buckley)

The Color of Health: Outlining the Toll of Racism on Black People in the Finger Lakes (collaboration with SNMA)

DACA and Medicine: Maximizing Outcomes in Education and Healthcare (collaboration with LMSA and students from Albany Medical College and SUNY Upstate Medical University)

Transitional Care for Children and Adults (collaboration with Medicine-Pediatrics Interest Group)

Integrated Behavioral Health and Primary Care (collaboration with Medicine-Pediatrics Interest Group)

Compassion, Gratitude, and Awe: Training Physicians for Relational Competence (collaboration with the Department of Family Medicine)

The talks were organized on Zoom while the IUD skills session was held in person at the medical school campus. Across the course of the week 115 individuals attended the events, 40 of whom attended 4 or more events. Our FMIG also provided a variety of incentives to encourage students to engage with these important learning opportunities, including take-home lunches or dinners, tote bags, and insulated tumblers. At the end of the week, we as FMIG leaders created a summary document for our own records and for the departments who organize Primary Care Week at the medical center detailing a summary of the events, the speakers and co-sponsoring groups, the number of attendees, the incentive(s) provided, and the success of the event overall. This document allows us, as well as future leaders, to reflect on the work we have done as a group and identify areas that garner significant student interest for future planning.

Our Primary Care Week drew inspiration from the 2020-2021 University of Rochester FMIG's work on addressing access and equity. We furthered those goals by choosing to focus on an explicitly collaborative approach with other student groups. At our meetings with these groups, their representatives identified which speakers and issues they would most like to prioritize with regards to untold stories in primary care. This approach enabled us to invite speakers who not only share our FMIG's goals and values, but appropriately represent the communities being highlighted at these events. This collaboration took an immense amount of organization and intentional communication between our leaders, other group leaders, and their identified speakers, but the outcome was highly successful and provided attendees with opportunities to engage with healthcare stories and advocacy across myriad identity groups. We believe our Primary Week embodied the breadth of family medicine's community-centered care model that emphasizes the importance of intersectionality in healthcare.

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#### Open Notes and Adolescent Health Panel

The Open Notes and Adolescent Health Panel was a collaborative event organized by our FMIG alongside the Pediatric Interest Group and Spectrum, the LGBTQ+ medical student group. The event was set up as a Zoom panel featuring 3 adolescent medicine providers discussing the unique benefits and challenges of working with an electronic medical record. The panelists each discussed their unique experiences with working with adolescents and the importance of providing high quality, confidential care to their patients. They highlighted especially the importance of confidential care for transgender and gender diverse adolescents, whose safety and medical care could be compromised by a parent or guardian with access to their electronic record. Students were able to interact with and ask questions of panelists so that the conversation was guided by their interests and concerns as future physicians.

Taking into consideration the training current medical students undergo to use an electronic medical record and the recent legislation targeting gender-affirming healthcare, we believe this collaborative event covered a critical issue in Family Medicine, primary care, and healthcare legislation more broadly. It provided an intentional space to recognize the importance of intersectional work when creating innovative healthcare technologies and legislation, namely the need to include providers who work with patients across the lifespan in these discussions and developments.

The event continued our work to raise student awareness of the career options in family medicine, such as adolescent medicine training, as well address disparities and challenges

when providing healthcare to marginalized communities. Much like with our other programming, we touched base with one another after the event to discuss and document its successes such that future leaders can continue to explore this crucial and evolving topic.

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