



## Family Medicine Interest Group (FMIG) Program of Excellence Award Winners

*Categorical Award, Excellence in New Events*

Michigan State University College of Human Medicine

### **FMIG Operation**

In dire need of a student-led organization focused on family medicine on our campus, our FMIG chapter was founded by our current graduating 4th year student leaders. The FMIG chapter of the Michigan State University College of Human Medicine-Flint campus comprises only 3rd and 4th year medical students. The creation of our FMIG chapter was inspired by our work in advocacy and advancing primary care, starting with only our 2022-2023 FMIG board members then expanding our chapter as people realize that family medicine is their passion.

We created a space for mentorship, community involvement, and peer support as many of us did not realize family medicine was our destined path until our family medicine clerkship in our 3rd year schedule. Our chapter is solely student-led and all initiatives and projects were spearheaded by the FMIG board members.

Our chapter members have made incredible strides in creating and strengthening the family medicine presence on our campus, which include the following roles:

1. Establishing connection to Michigan Academy of Family Physicians
2. Securing chapter funding through the Michigan Academy of Family Physicians
3. Partnering with the Flint community and surrounding areas to better serve family medicine
4. Building and strengthening collaborations with local Flint nonprofit organizations such as Do No Harm 5K charity race, Hurley Children's Hospital, Well of Hope, Flint Odyssey House, Boys & Girls Club, Spartan Street Medicine and the Flint Latinx Community Center.
5. Fostering skills to fight for health equity and mastering leadership and advocacy to serve underserved communities.
6. Encouraging students and coordinating attendance to the AAFP National Conference 2022 and AAFP Advocacy Summit 2022.
7. Providing peer support during residency applications and residency interviews for 2023 Match.

**STRONG MEDICINE FOR AMERICA**

## Goals

Our mission is to foster mentorship, support, and community involvement pertaining to family medicine.

Goals:

1. Collaborate with the local Flint MI community in serving underserved populations.
2. Provide resources and networking opportunities for students pursuing family medicine.
3. Improve mentorship opportunities in family medicine,
4. Create a safe space for students to explore and learn more about family medicine.
5. Provide resources pertaining to Step 2 CK, residency applications and interviews.

## Faculty Advisor

Faculty Advisor:

Dr. provided overall administrative support and liaison to the Michigan State University College of Human

Medicine administration regarding approval of student organization forms such as facilitating funding from the Michigan Academy of Family Physicians on our behalf.

All other tasks, including planning and execution of events, attendance of events, and communication with Flint nonprofit organizations, were led by our student leaders.

Dr. advises FMIG-Flint if in the chance that Dr. is unavailable.

## Programs

### Flint Teddy Bear Picnic

Inspired to make medicine accessible and healthy living digestible for the children of Flint, FMIG-Flint partnered with Michigan State University College of Human Medicine and Hurley Children's Hospital to create a student- and physician-led Teddy Bear Picnic on Sept 17, 2022. This event was the first ever in the city of Flint, where family medicine and pediatric physicians and medical students created a safe space for children to learn about their health through the lens of a teddy bear acting as a patient. Our chapter successfully funded stethoscopes to give away to children, as well as school supplies. Our student leaders recruited additional volunteers to help with set-up, flu vaccinations, health education stations, and book reading.

We connected directly with local Flint nonprofit organizations such as Flint Odyssey House, a substance use rehabilitation center, Well of Hope, and local bookstores to help promote and encourage families to attend. Family medicine was promoted through the overall focus on preventative medicine and the importance of wellness checkups. Our goals were to make visits to the doctor more enjoyable for children.

This event had a large community turnout and we intend to continue this tradition for the coming years with future FMIG-Flint student leaders.

Link to MidMichigan Now's news article related to event:

<https://midmichigannow.com/news/local/teddy-bear-picnic-held-in-flint>.

### Community Connections with Boys & Girls Club of Flint

Being medical students in the Flint, MI community, we realize how little representation there is when it comes to healthcare providers and how important it is for community members to have that available for them. We partnered with the Flint's Boys and Girls Club and Spartan Street Medicine to inspire curiosity and engagement in common health care topics. The leadership group and volunteers from both our FMIG and the Spartan Street Medicine group had many underrepresented medical students so another one of our goals was to show participants from the Boys and Girls Club that there are people who look like them in the healthcare field and provide early mentorship if interested.

Two workshops were organized where Family Medicine was discussed with participants. Each workshop had its own topic. One was health care disparities where we interacted and discussed community health and local disparities and asked participants to give their perspective of a healthy community. The second one was about the importance of diet and exercise. We had participants participate in various activities and had them practice taking basic vital signs. With our help, participants were able to create healthy packages for the homeless community in Flint during both workshops.

We hope we were able to inspire participants from the Boys and Girls Club and are able to maintain a relationship with the Club to continue serving as mentors.

### Power in Resolution Writing: Advocating for Trauma-Informed Care at the Michigan Academy Family Physicians 2022 Annual Meeting

Motivated to improve the quality of care for trauma survivors, communities of color, and all patients in the state of Michigan, our FMIG-Flint board members worked together to draft a resolution to the Michigan Academy of Family Physicians, "Trauma-Informed Care Training In Medical Education". This effort inspired us to learn more about the undergraduate and graduate medical education in Michigan, and take action in making trauma-informed care more systematically implemented.

This was our very first time writing a resolution together, which involved working together to research state and federal policies, evidence-based medicine practices, and general practices of trauma-informed care to prove that this would benefit our patient populations. This resolution was successfully presented to the Michigan Academy of Family Physicians in 2022, but was unfortunately not adopted. However, this has inspired our fellow peers at Michigan State University College of Human Medicine to conduct projects in understanding trauma-informed care. Furthermore, our resolution has been showcased at the Latino Medical Student Association Midwest Regional Conference in their resolution writing workshop to educate our peers in family medicine and advocacy on state and federal levels.

This experience inspired us to continue our efforts in advocacy in family medicine, and has continued to show proof how family medicine serves as a crucial place in society for community wellbeing.

### Power in Resolution Writing: Advocating for Trauma-Informed Care at the Michigan Academy Family Physicians 2022 Annual Meeting

Motivated to improve the quality of care for trauma survivors, communities of color, and all patients in the state of Michigan, our FMIG-Flint board members worked together to draft a resolution to the Michigan Academy of Family Physicians, "Trauma-Informed Care Training In Medical Education". This effort inspired us to learn more about the undergraduate and graduate medical education in Michigan, and take action in making trauma-informed care more systematically implemented.

This was our very first time writing a resolution together, which involved working together to research state and federal policies, evidence-based medicine practices, and general practices of trauma-informed care to prove that this would benefit our patient populations. This resolution

was successfully presented to the Michigan Academy of Family Physicians in 2022, but was unfortunately not adopted. However, this has inspired our fellow peers at Michigan State University College of Human Medicine to conduct projects in understanding trauma-informed care. Furthermore, our resolution has been showcased at the Latino Medical Student Association Midwest Regional Conference in their resolution writing workshop to educate our peers in family medicine and advocacy on state and federal levels.

This experience inspired us to continue our efforts in advocacy in family medicine, and has continued to show proof how family medicine serves as a crucial place in society for community wellbeing.