



Family Medicine Interest Group (FMIG) Program of Excellence Award Winners

Categorical Award, Excellence in Exposure to Family Medicine and Family Physicians

Northeast Ohio Medical University

FMIG Operation

Our M2 FMIG Officers have an organized delegation of roles; however, every officer has the opportunity to champion events they are passionate about. This involves finding physicians or speakers for events, organizing the meetings (reserving the room, getting food for the event), applying for funds from the student government, advertising the event (social media, email listservs, class group chats), and ensuring the event runs smoothly. Traditional roles are seen for our organizing and strategizing meetings at the beginning of each term and as needed throughout the term.

The FMIG President organizes officer meetings and is the primary point of contact with the advisors and other FMIG faculty.

The FMIG Co-Vice Presidents assist the president, communicate with the AAFP, and build the incoming officer applications.

The FMIG Treasurer accounts for the funds, manages the bank account, and applies for grants.

The FMIG Secretary takes meeting minutes and assists the president in administrative tasks.

The FMIG Outreach Officer sets up service events and maintains the FMIG social media accounts.

M1 applications are accepted each fall for M1 Finance Officer, M1 Event Officer, and M1 Outreach Officer. These students assist the M2 officers in their roles and are each allowed to champion their own event in the spring semester. Having M1 students involved with leadership allows the M2 students to begin to train the next group of leaders, makes for a smoother transition with increased continuity, and grows interest in family medicine amongst the M1 class.

Goals

The NEOMED American Academy of Family Physicians-Family Medicine Interest Group (AAFP-FMIG) is committed to increasing interest in Family Medicine, its subspecialties, and associated procedures while guiding those who are interested toward pursuing a career in family medicine. We create a welcoming environment and connect students with local and regional family medicine doctors, allowing them to form deeper relationships beyond the typical student-physician dynamic. Our mission is to promote Family Medicine among NEOMED College of Medicine students and offer opportunities for students at all levels to participate in Family Medicine career development. Our goals are:

1. Provide timely and accurate information to students about the specialty of Family Medicine.
2. Offer programs and workshops of interest to all medical students.
3. Encourage students to consider a career in Family Medicine and support them in their goals.
4. Supplement the curriculum with Family Medicine perspectives on current modules for medical students.

STRONG MEDICINE FOR AMERICA

Faculty Advisor

Our FMIG advisors play an integral role in the organization, supporting our varied endeavors throughout the year. They provide us with new opportunities locally and within the AAFP, which we then send out to the rest of the organization. Regarding event development, they provide innovative event ideas that allow us to cater to the varied interests of the student body. Additionally, an advisor is almost always present at events to show their continued support. The advisors are also essential as they provide much-needed advice about classes, professional development, and life beyond medicine. They make it a point to meet with officers periodically throughout the year to get to know us and ask for our help when they need it. They are also extremely willing to meet individually to provide guidance. Finally, the several physicians who participate as advisors are role models that inspire officers and members alike about what it means to be a great family physician.

Programs

Fireside Chats

Fireside Chats allow students to meet with local family physicians to learn more about the specialty of family medicine. Physicians host students in their homes, socialize with them, and speak more about their own careers. They often also discuss topics that are important to them. Three different physicians hosted chats, and one hosted several times. Specific topics addressed included insurance models, smart financial decisions for physicians, and oral contraceptives. The discussions on their interests and career paths allow students to see the many options available within the specialty. Additionally, these events help students connect with physicians, get to know them on a personal level, and give better insight into the lifestyle of family physicians. Several students have gone on to work on projects with the physicians that host fireside chats, which emphasizes the importance of these events in career development. We plan to continue to hold several of these social events a year and hope that new physicians will be willing to host them in the future.

Addiction Medicine Lunch and Learns

Part 1: Dr. , our FMIG faculty advisor, spoke to M1 and M2 students about the current role of family medicine physicians in providing addiction care, as well as the state of addiction care in the US. The goal was to educate students interested in family medicine about addiction care and the fellowship opportunities available in the field. This event also drew in students interested in addiction medicine, emergency medicine, and other specialties. Students interested in this topic and other specialties learned what role family medicine plays and how collaboration is possible.

Part 2: Dr. will continue his discussion of a family medicine physician's role in addiction care by providing information on resources in Northeast Ohio for addiction care, a workshop on motivational interviewing individuals with substance abuse disorder, and answering student questions on the topic. This accomplishes our goals of providing programs that interest NEOMED students, providing information on family medicine, including its fellowship opportunities, enhancing clinical skills, and encouraging students to consider a career in family medicine.

FMIG officers coordinated with Dr. and executed other aspects of event planning, such as space reservation and ordering lunch. This is the first year hosting this two-part event. In the future years, we will likely run similar events as this was a popular event and also allows students to practice motivational interviewing skills.

Toxic: Film Showing and Discussion

The premise of this event was to show a short film, locally made in Cleveland, that explores the topic of racial inequities through the specific example of infant mortality. Following the showing participants discussed the many concepts depicted in the film and the implications and lessons for our future careers. Fighting injustice and inequity is the responsibility of all physicians, but it is especially important in family medicine as it is the first stop for many patients. The purpose of this event was to allow students to broaden their perspectives and have a constructive conversation about ways to combat structural racism in medicine. The film was provided in partnership with the filmmakers. FMIG officers completed all aspects of planning and event execution. Fifteen students attended the event, which was a success based on feedback. Students felt like they had a meaningful conversation and were able to take away something from the event. In the future, the goal is to establish additional partnerships with community organizations, such as First Year Cleveland, to host a panel discussion in conjunction with the event. The film is meant to be a starting point for a larger conversation in which all students can benefit. Additionally, future partnerships with other student organizations on campus will increase the reach to increase attendance, providing more insights and perspectives to the conversation.

M1 Events

We hosted several events to increase M1 student involvement and interest in family medicine.

Welcome Back Meet and Greet:

This was our very first event to welcome new students to campus. Dr. , one of our faculty advisors, discussed the specialty of family medicine and her experiences as a physician with M1s and M2s. This accomplished the goals of providing information about family medicine to students as well as encouraging students to consider family medicine as a career. This was also an opportunity for M1s and M2s to meet each other and recruit members to the AAFP.

Family Medicine is Like Chipotle:

This is always one of the first FMIG events every year and introduces students to the broad scope of practice of family medicine and promotes AAFP enrollment at NEOMED. This event aims to expose students to the versatility and diversity of family medicine. The meaning behind the name is that family medicine can be even more diverse and unique than each student's Chipotle order. For the event, a family medicine physician role model, Dr. , comes to speak with students and show them pictures of her career trajectory. This physician is well known to and popular with NEOMED students, starting students with a positive perception of family medicine for students beginning their medical school careers. This event introduces the new FMIG members to the multitude of opportunities that family medicine offers via fellowships and procedural medicine. The event also serves as an introduction to the FMIG officers for the year and a preview of events that will be held throughout the semester.

Step Up to the Plate:

The goal of this event is to provide students an opportunity to connect with an engaging and revered family medicine role model in our community with the hopes of inspiring them to consider the field of family medicine. Dr. is a family medicine physician and Clinical Associate Director at the Center for Family Medicine at Cleveland Clinic Akron General. She also served as a professor in the Department of Family and Community Medicine here at NEOMED, where she may be best known for her session entitled "Women and Heart Disease," presented to M2s in the fall. Dr. discussed the many opportunities she has had in her career and gave examples of her experiences to show the diversity of the specialty. In the presentation, she spoke about her daily patient encounters on her rounds and clinical visits. The variety was emphasized by the chief complaints she shared to reveal the difference.