

Isaiah Cochran, MD

RESIDENCY

Halifax Family Medicine Residency Program, Daytona Beach, FL

MEDICAL SCHOOL

Wright State University Boonshoft School of Medicine, Dayton, OH

Dr. Cochran counts serving as the national president of the American Medical Student Association (AMSA) between medical school and residency as his top professional accomplishment. In this role, he was able to pay it forward to so many medical trainees and engage with many people, including legislators in the Washington, DC, area who are doing great work around the issues of health care for all, affordable medications, and gun violence reform. Professionally, his areas of interest include teaching learners medicine, being a physician advocate, caring for the LGBTQIA+ community, providing HIV treatment, and desiring to run for elected office one day. Following residency, Cochran will serve as medical director at AdventHealth's underserved clinic, teaching family medicine and internal medicine residents and working on expanding the clinic to other areas of Orlando. In his free time, he enjoys exercising, attending live music concerts, tennis, and advocacy engagement for fun.

Awards and Recognition

2015-2019	Boonshoft School of Medicine Underrepresented Minority Scholarship
2013-2015	Waynesburg University Outstanding Academic Achievement Award
2011-2015	Ohio Honor's Full Ride Scholarship Recipient

Offices and Appointments

2022-Present	Chief resident
2021-Present	Advisory board member, Health Care for America Now
2021	Vice president, Prescription Justice
2019-2020	National president, American Medical Student Association
2020	Medscape editorial board member, Medical Students and Residents

Community and Public Services

2022	Vot-ER organization mobilizing people to register to vote
2019	University of California, San Diego free clinic
2016	People of Peru Project

Personal Statement from Dr. Isaiah Cochran

I am studying medicine because it is fascinating to heal others through knowledge. Many individuals serve and help other people: teachers, police officers, firefighters, and other health care providers. However, being a physician will allow me to help people achieve something integral to a successful life: maintaining their health. It has been proven that good health is directly related to people's success in life. Knowing that I could be a part of that was worth all the work it has taken to become a physician.

I decided to become a family medicine physician because I would be equipped with the tools to care for newborn babies, all the way up to patients that may only have a few days left. This gives family medicine physicians the experience that many other physicians and other people never get to experience. I also aspire to run for public office one day. I know that everything I have seen as a family medicine physician will bolster my desire and ability to speak on behalf of people from many different backgrounds. It will also give me an insight many others have never had. Family medicine reminds me of the old school doctor that was there for every family member, not only because they had the training to do so, but because they had the heart to do so. I can't imagine another field that would have been better for me. I feel lucky every day to take care of patients, gain their trust, and help them achieve what they would like out of life.

Overcoming Obstacles

I have been through many obstacles in life. As a black, gay male going through medicine, it is no surprise that I have faced things others have not. However, I am glad I met those challenges because I believe that it has made me a stronger person and a better physician. It has allowed me to identify with many groups of people and be empathetic toward them. When I was in medical school, I had a life-changing event, and since that moment, I have felt I have been allowed to give back and change others. For example, that is why I wanted to obtain my credentialing in HIV medicine, because I wanted to be able to help this group of people. We are all given trials in life, and I am grateful for the ones I experienced because I believe it has made me a staunch advocate for all, and I would not change what I went through. Especially with all the divisiveness we see in our country now, family physicians are a group of people who can bring others together by reminding them that we have much more in common than differences.

My Unique Journey

We all go through struggles, but I believe it is how we respond to them that speaks to who we are as human beings. My response to my trials as a "double minority" has led me to help people from all backgrounds. The one thing that I believe separates me from other candidates is my ability to step up and make a change. I have demonstrated that through many positions, such as serving as the American Medical Student Association President and working on legislation to help people all over the country. I also believe my undying desire to achieve equality and equity to get into that "good trouble," as John Lewis said, is why I am different from other candidates.

I am a worthy recipient of this award because, as a second-year family medicine resident, I have continued to work to help the underserved and others while navigating the difficulties that residency presents. I will continue to work with patients and people all over this country to make this country a place where everyone can succeed.

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