

Family Medicine Interest Group (FMIG) Program of Excellence Award Winners

Excellence in Collaboration

Geisinger Commonwealth School of Medicine

FMIG Operation

The Family Medicine Interest Group (FMIG) at Geisinger Commonwealth School of Medicine is led by a five-member executive board and a faculty advisor. The executive board includes a President, Vice President, Treasurer, Secretary, and Community Service Chair. Our faculty advisor, Dr. [REDACTED], is both a family medicine physician and the Chair of the Family Medicine Department at Geisinger Commonwealth. Together, the executive board collaborates with Dr. [REDACTED] to develop engaging and educational events that enrich our members' understanding of family medicine.

Student leadership plays a pivotal role in FMIG, as we are responsible for conceptualizing, organizing, and executing all organizational events. This includes scheduling, arranging catering, and coordinating with external organizations. The executive board meets monthly to strategize and plan future initiatives that align with our mission. Additionally, we actively engage with the local community to organize outreach events and collaborate with other student organizations at our school to host interdisciplinary programming.

Our overarching goal as FMIG student leaders is to foster enthusiasm for family medicine through dynamic, informative events while cultivating a sense of community among our members. By providing diverse educational opportunities and meaningful hands-on experiences, we strive to inspire and support the next generation of family medicine physicians.

Goals

The FMIG at Geisinger Commonwealth School of Medicine is dedicated to promoting family medicine as a dynamic and rewarding specialty. Our goal is to inspire peers to explore this career path by highlighting the unique role of family physicians within the healthcare system. Family physicians build lasting relationships with patients, provide comprehensive care across

all ages, and integrate skills from multiple specialties. They play a pivotal role in coordinating care and collaborating with other providers, showcasing the value of family medicine in delivering holistic, patient-centered care.

Through educational events, mentorship, and community outreach, FMIG offers students meaningful opportunities to learn about the daily responsibilities and far-reaching impact of family medicine. We organize clinical skills sessions to equip students with the essential hands-on experience and practical knowledge necessary for effective practice. We also connect students with professionals for mentorship and career development, fostering a deeper understanding of the specialty.

In addition, our group is committed to making a positive impact in the Scranton community by building relationships with local residents, promoting wellness, and addressing healthcare disparities. Through educational initiatives and service events, we strive to create a lasting, positive influence and strengthen the connection between future family physicians and the communities they serve.

Faculty Advisor

██████████, MD, FFAFP, currently serves as the faculty advisor of the FMIG at Geisinger Commonwealth School of Medicine and is the Chair of the Department of Family Medicine. In his first year as faculty advisor, Dr. ████████ brings a wealth of clinical experience and a deep passion for medical education to the role. His mentorship provides invaluable support and inspiration to students as they navigate their journeys toward becoming compassionate, well-rounded physicians. Through his guidance, Dr. ████████ encourages us to advocate for comprehensive, accessible, and equitable healthcare through the lens of primary care.

A respected leader in the Scranton area, Dr. ████████ is focused on serving underserved and rural communities in Northeastern Pennsylvania. His firsthand understanding of the region's healthcare needs informs the direction of FMIG's initiatives and empowers us to design programming that is both meaningful and impactful. From community outreach ideas to clinical learning opportunities, Dr.

██████████ consistently offers thoughtful input to help us better serve local residents.

Dr. ████████ extensive professional network across the region enhances FMIG's ability to connect with a wide range of physicians and healthcare professionals. These connections are instrumental in helping us organize clinical skills sessions and Q&A events to create opportunities for students to engage with the field of family medicine beyond the classroom.

Programs

Walk With A Doc

On a monthly basis, FMIG coordinates community wellness walks designed to promote both physical and mental well-being, fostering active participation from medical students, healthcare professionals, and local residents. These walks feature brief educational presentations on diverse health-related topics, creating a platform for meaningful interactions and strengthening the connection between the medical community and the public.

Family Medicine Subspecialty Dinner

The Family Medicine Interest Group hosted a subspecialty panel dinner where students had the opportunity to engage with physicians in sports medicine, geriatrics, medical education, and addiction medicine. The event centered around a brief presentation on each subspecialty presentation before allowing students and physicians to organically mingle and have candid conversations around their fields of interest. This event was given in the Fall semester where both new M1 students could join along with their M2, M3, and M4 peers, increasing the connectivity of medical students interested in Family Medicine.

Mental Health Over Dinner

The FMIG collaborated with PsychSIGN, Geisinger's psychiatry interest group, to host the event "Mental Health Over Dinner." This event aimed to foster meaningful discussions on the importance of mental health in both family medicine and psychiatry while providing an opportunity for members to connect over dinner. Dr. [REDACTED], a distinguished family medicine physician, served as the guest speaker. She delivered an insightful lecture on non-suicidal self-injury (NSSI), which was followed by a dynamic group discussion on the topic. Attendees engaged in an interactive conversation, gaining valuable knowledge on recognizing and supporting patients struggling with NSSI. The event provided an enriching experience, equipping members with a deeper understanding of mental health challenges and interdisciplinary approaches to patient care.

Sports Medicine Procedures Workshop

The Family Medicine Residency at UPMC Williamsport partnered with our organization to develop a Sports Medicine Procedures Workshop, to provide students with hands-on training in essential clinical skills. Together, we identified three key procedures that would be particularly beneficial for students as they progress through clinical rotations and beyond: casting, joint injections, and point-of-care ultrasound (POCUS). Approximately 40 students have signed up to participate in the workshop, rotating through three stations, each led by a resident physician who will provide instruction and guidance on the respective procedure. Following the workshop, attendees will have the opportunity to engage in community-building over a dinner generously provided by the residency program. Our hope is that this event

will not only enhance participants' clinical preparedness for clerkship but also serve as a valuable networking opportunity with a potential future residency program.

Spring Health Fair

The Family Medicine Interest Group will be participating in Scranton's annual Spring Health Fair to increase health awareness and prevention in the local population. As a whole, the fair will encourage health education and provide the public with quick and basic health screenings, such as examining each individual's blood pressure and blood glucose, among other simple checks. The Family Medicine Interest Group will specifically contribute to this fair by focusing on patient education, creating pamphlets to not only promote preventative measures patients can undertake, but also direct patients to local health services and clinics.

Suture Clinic

FMIG has partnered with the Dermatology Interest Group to organize an event where experienced dermatologists will demonstrate suturing techniques and offer hands-on practice using cadaveric specimens. This event will emphasize the versatility of family medicine, illustrating how physicians can integrate skills from various specialties to deliver comprehensive care and a wide array of services to their patients.