

TRAINING AND RESOURCES

Related to Alcohol and Other Substance Use

DURING PREGNANCY

Training for Clinicians

- The Centers for Disease Control and Prevention offers the following **free online courses**:
 - [FASD Primer for Healthcare Professionals](#) – Offers a broad foundation of knowledge about fetal alcohol spectrum disorders. Topics include prevention, identification, impact, referral, treatment and stigma of FASDs. **PROVIDES CONTINUING EDUCATION CREDITS.**
 - [Diagnostic Overview of FASDs: Recognition and Referral](#) – Offers a broad foundation of knowledge about screening and assessing individuals for FASDs
 - [Implementing Alcohol Screening and Brief Intervention in Clinical Practice](#) – Describes how to adapt alcohol screening and brief intervention to the operational realities of clinical practice
 - [Interprofessional Collaborative Practice as a Model for Preventing Alcohol-Exposed Pregnancies](#) – Provides insights and tips on how to design and implement interprofessional collaborative practice teams to prevent alcohol-exposed pregnancies
- The American College of Obstetricians and Gynecologists offers a **free eModule**:
 - [Fetal Alcohol Spectrum Disorders: Ethical and Legal Perspectives](#) – Reviews legal considerations, offers tips for how to speak with patients, reviews medical ethics principles and provides resources. **PROVIDES CONTINUING EDUCATION CREDITS.**
- The American Academy of Pediatrics offers a **free online course**:
 - [Fetal Alcohol Spectrum Disorders: Recognition and Management](#) – Helps clinicians identify and manage FASDs. **PROVIDES CONTINUING EDUCATION CREDITS.**

Resources for Clinicians

The CDC works with [national partners](#) to do the following: (1) reduce prenatal use of alcohol and other substances; (2) improve support services and access to care; and (3) improve the identification and health of children and families living with FASDs. The CDC and its partners provide a variety of resources and tools for clinicians.

- Notable partner resources include the following:
 - [Alcohol Misuse webpage](#) – Resources on alcohol screening and brief intervention and FASDs from the American Academy of Family Physicians, including AAFP policies and recommendations
 - [Fetal Alcohol Spectrum Disorders Prevention webpage](#) – Tools and resources from ACOG on prenatal alcohol use and FASDs
 - [Fetal Alcohol Spectrum Disorders Toolkit](#) – Tools and resources from the AAP that help raise awareness of FASDs, promote surveillance and screening and ensure use of appropriate, timely interventions
 - [Walk & Talk](#) – Resources developed by the University of Nevada, Reno, in partnership with the American Association of Medical Assistants, to help maximize the limited time medical assistants have with patients during appointments
 - [Alcohol and Pregnancy: The More You Know](#) – Multi-season podcast developed by Boston Medical Center's B SMART program. **PROVIDES CONTINUING EDUCATION CREDITS** from Boston University Chobanian & Avedisian School of Medicine.
 - [Family Navigator program](#), a searchable [resource directory](#) and the [Circle of Hope](#) network – Resources from FASD United (formerly NOFAS) to support children and families living with FASDs

- The CDC's [online training and resources webpage](#) offers clinicians in various medical specialties a searchable database of resources related to alcohol use during pregnancy and FASDs.

Resources for Patients and Their Families

FROM THE AAFP

- [Fetal Alcohol Syndrome](#)
- [Tobacco, Alcohol, and Drugs During Pregnancy](#)
- [Neighborhood Navigator](#) – Interactive tool that helps connect patients and families with community resources and programs in their neighborhood

FROM ACOG

- [Opioid Use Disorder and Pregnancy](#)
- [Marijuana and Pregnancy](#)
- [Alcohol and Pregnancy](#)
- [Tobacco and Pregnancy](#)

FROM FASD UNITED

- [Family Navigator](#) – Program that offers support and information to individuals living with FASDs and their families and caregivers
- [Resource directory](#) – Searchable directory of FASD resources, including prevention programs, diagnostic services and support groups
- [Circle of Hope](#) – Mentorship network for individuals who used alcohol and/or other substances during pregnancy

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