

TOBACCO CESSATION FLOWCHART using the 5 A's

ASK about Tobacco, E-cigarette, or Vape Use

ADVISE in a Strong, Personalized Way
that the Tobacco/Vape User Quit

ASSESS Whether the Patient is Ready
to Make a Quit Attempt Now

YES

ASSESS

Develop a Quit Plan

PROVIDE
MEDICATION

REFER OUT
AS NEEDED

Provide Resources

NO

USE THE 5 R's

- **Relevance** of quitting
- **Risks** of not quitting
- **Rewards** related to quitting
- **Roadblocks** that may arise
- **Repetition**: it may take several attempts to succeed
- Put a note in the patient chart to **revisit** at the next visit

ARRANGE for Follow Up