IDENTIFYING YOUR KEY JOB ISSUES

The following three exercises will help you identify the key issues that can help guide your job search.

Your perfect job. List all the things you are –really good at doing (e.g., working with children, performing procedures, teaching or managi	
Which	of the things listed above do you really like to do?
What k	ind of job will let you do most of these things most of the time?
our grea	t day at work.
lmagin down t	e that you are relaxing with a friend at the end of a great day at work. Your friend asks what made it so great. Write hree things. (For example, maybe your day was great because you were able to spend extra time helping one of your patients, you delivered a baby or you negotiated a better contract with one of your health plans.)
1	
2	
3	
our valu	es and goals.
Think a	bout your personal and professional values and goals.
What w	rould you like to achieve in different parts of your life?
What t	/pe of practice would allow you to meet these goals?
How m	uch time would you like to spend working?
How clo	ose would you like to live to your family and friends?
What p	arts of the country and what types of communities appeal to you?
Describ	e the standard of living you would like to achieve or maintain
How m	uch job security do you need?
	prefer treating certain types of patients or performing certain types of procedures? Are there certain things you would not do?
What t	ypes of non-clinical activities interest you?
Do you	religious beliefs guide your practice?



 $\textit{FPM Toolbox} \ \ \text{To find more practice resources, visit https://www.aafp.org/fpm/toolbox.}$

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