

2019 AAFP FMX Additional Topics Learning Objectives

(Presentations listed by faculty last name)

<https://www.aafp.org/dam/AAFP/documents/events/fmx/needs/fmx19-additionaltopic-los.pdf>

Dr. Deutchman

Ultrasound of the Abdominal, Aorta, IVC and Renal/Bladder with Online Module

1. Describe the rationale for performing AAA screening.
2. Identify normal from abnormal abdominal aorta appearance and know when the aorta has NOT been adequately imaged.
3. Examine the IVC and distinguish central venous overload and depletion.
4. Explain AAA screening guidelines and appropriate billing practices.
5. Identify the kidneys and bladder, identify renal obstruction and measure bladder residual volume.

Ultrasound of the Liver, Gallbladder, Spleen and Peritoneal Cavity with Online Module

1. Identify gallstones, gallbladder wall edema, dilated intra-hepatic bile ducts, ascites and obvious liver parenchymal lesions such as metastases.
2. Explain the principles of ultrasound-guided paracentesis on simple phantoms
3. Scan the porta hepatis and be able to identify the portal vein.
4. Identify when the liver, gallbladder and spleen have NOT been adequately imaged.

Ultrasound of the Musculoskeletal System with Online Module

Learning Objectives TBD

Dr. Ebell

Practice Changers: Top 20 POEMs of 2018

1. Be able to describe how POEMs can provide a rational strategy for identifying relevant, valid evidence for practice.
2. Describe how the top POEMs selected for their ability to change practice will affect their practice.
3. Describe the most important practice-changing guidelines from 2018.

Dr. Epling

Using the AAFP Office Champions Quality Improvement Model to Improve Adult Immunization Rates

1. Improving strong recommendations for adult vaccines.
2. Reducing missed opportunities to immunize.
3. Implementing evidence-based strategies to improve immunization rates through interventions

Dr. Epstein, MD and Dr. Marshall

Mindful engagement with our work: skills to address burnout, resilience and wellbeing

The participants will be able to:

- Characterize ways that physicians most commonly experience burnout and which three apply most closely to your own work setting
- Demonstrate three mindfulness-enhancing practices to develop greater emotional awareness, compassion and resilience when facing difficulties in the workplace
- Describe three ways that help you to work more mindfully with patients and clinical teams and to grow and flourish in the workplace

Dr. Greenawald

Creating a Thriving Practice Culture – By Design

The participants will:

1. Identify key characteristics of the practice environment that influence individual and team satisfaction
2. Describe their present practice culture and apply a framework to envision their ideal practice culture.
3. Develop a plan to help lead their practice to a higher level of enjoyment in providing care.

You Can't Give What You Don't Have: Optimizing Your Personal Well-Being to Enhance Your Professional Satisfaction

The participants will:

1. Identify your current state of well-being.
2. Analyze opportunities for improving your physical, mental, emotional, spiritual, and relational well-being.
3. Create a well-being action plan for implementation.

Dr. Hepburn

On Scene Initial Trauma Response for the Family Physician

1. Understand the importance of ensuring on scene. personal/group safety.
2. Know the essential initial medical actions for effective handoff to EMS.
3. Be aware of opportunities for further preparedness.

Dr. Krist

U.S. Preventive Services Task Force Update

1. Participants will be better able to implement new recommendations from the USPSTF into practice including recommendations for cancer screening, health behavior counseling, and chemoprevention.
2. Participants will better know how to access, read, and understand the methods used by and recommendations from the USPSTF.
3. Participants will be able to better use the evidence supporting the USPSTF recommendations to motivate patients to receive services with clear benefit and engage patients in shared decision-making for decisions with a close balance of benefits and harms.

Dr. O’Gurek

AAFP Clinical Practice Guidelines: Championing Science and Evidence in Your Practice

1. Describe the process used by the AAFP to review clinical practice guidelines for potential endorsement.
2. Articulate key steps in the AAFP’s grading of recommendations and development of evidence-based clinical practice guidelines.
3. Assimilate the AAFP's practical approach to evaluating literature to remain up to date as well as evidence-based in practice
4. Identify best practices for implementation of key recommendations to manage chronic conditions based on recent guidelines developed by the AAFP.

Dr. Petrizzi

Sideline Management Assessment Response Techniques with Online Module

1. Compare assessment techniques used to examine athletes with injuries that are common to specific sports.
2. Evaluate athletes for potential sprains, strains, dislocations, fractures, ligament tears or head and neck injuries and provide stabilization as appropriate.
3. Practice the use of a Rapid Diagnosis Guide to evaluate the nature and extent of an injury and perform sideline functional assessment drills to determine athletes’ readiness to return to play.

Dr. Quiogue

Mitigating Bias in Medical Decisions

1. Describe the effects of unconscious bias in everyday interactions with patients, students, colleagues, and team members.
2. Identify situations where personal unconscious biases.
3. Apply specific bias mitigation techniques that can be used in the medical and academic environment.
4. Develop self-awareness strategies to mitigate bias in decision-making.

Dr. Sexton

Ten Steps for Writing a Good Clinical Review Article: A Workshop for New Authors

1. Prepare for topic selection which includes reading journal articles on a condition or clinical question from your practice and learning how to review articles.
2. Understand the multiple steps involved in writing and submission.
3. Participate in group exercises on the topic of “hypertension in children” to apply the various steps in topic selection, literature search, review, and writing.

Travis Singleton

Evaluating Physician Employment Contracts and Job Opportunities

1. Learners will become familiar with the standard features of physician employment contracts today – salaries, salary and production bonus structures, signing bonuses, CME allowances and a variety of others.
2. Learners will be better equipped to determine if particular contracts they may be considering are customary and competitive in the context of today’s market.
3. Learners will be better able to evaluate practice opportunities/job offers to determine how well they fit their personal and professional needs and goals.

Dr. Tran

Leadership skills for the non-leader can improve job satisfaction and patient care

The participants will:

1. Identify key skills of everyday leadership (for the non-leader clinician).
2. Describe how these characteristics can improve clinician job satisfaction within their practice.
3. Describe how these characteristics can improve patient care.
4. Describe benefits to the practice and organization.

Dr. Wellbery

Climate Change: Managing Health Impacts in Your Practice

1. Recognize the causes and impacts of climate change and their implications for health.
2. Implement clinical strategies to prevent and treat morbidities caused or exacerbated by climate change-related conditions.
3. Implement ameliorative strategies at the patient, practice and policy level.

Dr. Winner

Becoming a More Relaxed, Healthy Physician: Reducing Frustration and Increasing Fulfillment

The participants will:

1. Utilize simple mindfulness skills to reduce stress, increase satisfaction and improve connection with patients.
2. Use reframing to reduce frustration and increase empathy with even the most difficult patients.
3. Apply techniques to deal effectively with difficult emotions and regain a healthy perspective.