



AFMRD Board of Directors Resident 2022 Annual Report

Association of Family Medicine Residency Directors Board of Directors – Resident Representative

Resident

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Class of 2023

Purpose & Scope of Work

In the past year, I have had the great privilege to be elected by my peers at the AAFP to serve as the resident representative to the Association of Family Medicine Residency Directors (AFMRD) Board of Directors. The mission of this organization is to inspire and empower family medicine residency program directors to achieve excellence in family medicine residency training. The current vision of this organization is a vibrant community of residency directors engaged in excellence, mutual assistance, and innovation to meet the health care needs of the public.

As the resident representative to the AFMRD Board of Directors, I act as a voice and liaison for family medicine residents to the AFMRD board of directors in regards to issues surrounding graduate medical education. This year was a pivotal year in graduate medical education, as national medical organizations in Family Medicine, including the AAFP and the AFMRD, have come together via several projects and initiatives to re-vision the future of family medicine residencies. I've been honored to provide my perspective to the AFMRD board in a time when great change is occurring and to learn from some of the best leaders in medical education.

Impact in the field of Family Medicine

As a part of the AFMRD strategic plan, the AFMRD board of directors has made it a priority to support innovation and achievement among family medicine residencies. The AFMRD is collaborating with the ABFM on the ACGME's Advancing Innovation in Residency Education (AIRE), which is a program that supports pilot initiatives that focus on Competency-Based Medical Education (CBME). The AFMRD's AIRE project is to support and study programs who are piloting 4-year FM residency programs. The goal of AFMRD's AIRE project is to allow programs to be innovative and trial different approaches to a 4-year FM residency program, for example, combining an in-house fellowship program with an FM residency to create a 3+1 program. The AFMRD's AIRE project will hopefully provide some insight if increased length of training enriches the education and skillsets for future family physicians.

The ACGME has been working on revising Family Medicine GME requirements. The new requirements will go into effect July 2023. The AFMRD has held several Open Mic sessions for program directors to discuss the proposed ACGME requirements. After receiving feedback from these sessions, the AFMRD was able to draft comments representing the needs of program directors and residents around the country.

The AFMRD has also built upon its expanding efforts of Diversity, Equity and Inclusion (DEI) in Family Medicine residency programs. AFMRD's committee for Diversity and Health Equity created a set of Diversity Milestones for Resident Programs, allowing Family Medicine residency directors to critically assess strengths and areas for improvement at their programs and institutions. These milestones will hopefully act as a catalyst to increase diversity amongst programs and create inclusive learning environments for residents.

2022 Family Medicine Advocacy Summit

Dr. Kristina Diaz and I co-chaired the selection committee for the 2022 Family Medicine Advocacy Summit (FMAS) in Washington, DC. This Family Medicine Advocacy Summit was the first in-person meeting since the start of the coronavirus pandemic in 2019. Because FMAS had been virtual for the past two years, the selection committee was able to award one of the largest number of scholarships in AFMRD history: a total of 33 scholarships, including 30 scholarships to family medicine residents and 3 scholarships to AFMRD members. I attended FMAS 2022 in May with Dr. Kristina Diaz and my state chapter, Illinois Academy of Family Physicians, where we were given the opportunity to advocate for family medicine on the issues of telehealth, Medicaid reimbursement and integrated behavioral health to the U.S Congress and their staff. FMAS 2022 was an exciting meeting, as I was able to take part in actions that will make lasting change in our healthcare system.

Lessons Learned and the Value of Serving on AFMRD Board of Directors

This was my first year serving as an elected resident representative for the AAFP and I've had an absolute blast being part of the AFMRD Board of Directors. I'm so grateful to continue on for a 2nd term with the AFMRD Board of Directors as a PGY-3 in the 2022-2023 academic year. This position has taught me the value of listening to and advocating for stakeholders in periods of immense change and process turning ideas into tangible realities. I cannot wait to continue to grow as a leader in the upcoming academic year and continue to be apart innovation in Family Medicine.

Note: This report was prepared by the resident or student representative(s) listed and includes their account(s) of the business conducted during their term. This is not an official record of business proceedings from the AAFP or any other entity. To find out more about the business of the AAFP, its congresses, commissions, and current policies visit aafp.org.