



AFP Resident and Student Representative 2021 Annual Report

American Family Physician Resident and Student Representative

Resident

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Class of 2021

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Purpose & Scope of Work

American Family Physician (AFP) is the editorially independent, peer-reviewed, and evidence-based clinical journal of the AAFP. *AFP* delivers concise, easy-to-read clinical review articles for physicians and other health care professionals. *AFP*'s mission is to empower family physicians to improve the health of patients and communities as the leading source of medical information while advancing science and health equity. As the student and resident representative, we served as the editorial members of the journal to advocate for student and resident perspectives, especially in terms of our interests and learning needs.

Activities, Achievements, and Lessons Learned and the Value of Serving as the AFP Resident/Student Representative

Resident

It has been an honor and a privilege to serve as the resident representative. I am so grateful to every single opportunity to work with the *AFP* editorial team. I felt supported and was impressed with the educational feedback throughout the process of writing papers for Practice Guidelines and Diary of a Family Physician. I am grateful for this opportunity to share resident perspectives based on *AFP* articles' content on social media (Facebook and Twitter). Furthermore, peer-reviewing articles with the editor-in-chief was an incredibly precious opportunity to learn the way to read/peer-review articles directly from a world-wide leader of medical writing. I feel fortunate to serve as the resident representative and have a chance to work with incredible editors.

Activities & Achievements

- Wrote and published practice guidelines
- Wrote and published entries in Diary of a Family Physician
- Initiated *AFP* photo competition
- Peer-reviewed articles
- Peer-reviewed *AFP* videos
- Contributed to content posted in social media accounts (Twitter and Facebook)
- Participated on a Peer Review Recruitment Project
- Participated on *AFP*'s peer-review committee

- Submitted presentation proposals to the AAFP National Conference

Student

I greatly appreciate the experiences I am having while working with the *AFP* editorial team. I'm always looking for ways to combine my other passions with my Family Medicine medical career and this position was the perfect opportunity to learn about how I can use my writing and research interests. At the beginning of the year, all the possible ways that I could contribute were explained, and I truly felt empowered, like I could make this role as much as I wanted it to be by taking advantage of as many opportunities as I had time to contribute to. Everyone is patient and willing to educate me on the process so that I never felt as if I needed to have some level of advanced editorial experience. The beauty of these two factors is that it means I also have never felt as if this position was too hard to balance with my school and now residency efforts.

During my time as a student rep, I have had two unique experiences. First, I started in January in this position as a 4th-year medical student but will be finishing my time as a student rep at the end of this year as a first-year resident. The benefit of this is that I could contribute as both a student and a resident. Since I graduated during my service as a student rep, I was also able to contribute officially as a physician and submit a practice guideline summary report. The other unique experience that I had this year was being able to serve on the inaugural *AFP* Diversity, Equity, and Inclusion (DEI) task force. My time on this taskforce allowed me to explore two passions: health equity and contributing to projects from the ground up/helping to establish strong foundations. I strongly feel that there are so many ways/angles to tackle the issues with health equity and it's great to see how we can use the editorial voice to do so.

All in all, for anyone who has a passion for writing, research, or anything along those lines, I highly suggest applying to this position. There's a lot that you can learn so you definitely won't regret it!

Activities & Achievements

- Wrote and submitted practice guidelines (in process)
- Wrote and submitted entries in *Diary of a Family Physician* (in process)
- Initiated *AFP* photo competition
- Peer-reviewed *AFP* videos
- Contributed to content posted in social media accounts (Twitter and Facebook)
- Submitted presentation proposals to the AAFP National Conference
- Served on the inaugural *AFP* DEI Taskforce.
- Contributed to the development of the updated *AFP* mission statement and goals to include more clear and concise language on addressing health equity.
- Contributed to updating the DEI in *AFP*'s web page which includes a compendium of articles, manuscripts, etc., published by *AFP* that address cultural competency, health equity, and racism

Note: This report was prepared by the resident or student representative(s) listed and includes their account(s) of the business conducted during their term. This is not an official record of business proceedings from the AAFP or any other entity. To find out more about the business of the AAFP, its congresses, commissions, and current policies visit aafp.org.