



# AAFP Board of Directors Resident and Student 2022 Annual Report

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## AAFP Board of Directors

### Resident

Amanda Stisher, MD  
UAB-Huntsville Family Medicine  
Residency Program  
Huntsville, AL  
Class of 2022

### Student

Amy Hoffman, MD  
Penn State College of Medicine,  
University Park Campus  
State College, PA  
Class of 2022

Thank you for choosing us to be your voices to the AAFP Board of Directors 2021-2022. We have been grateful for this amazing experience.

### Purpose & Scope of Work

As the student and resident board members, we have been able to represent more than 14,000 residents and 26,000 students at the national level. In addition to attending board meetings throughout the year, we each served on the Commission on Education's Subcommittee on Resident and Student Issues as well as board liaisons to different commissions (Dr. Stisher to the Commission on membership and Member Services and Dr. Hoffman to the Commission on Education). Our time on the board at the beginning was majority virtual attending the special session of the 2021 Congress of Delegates (COD) where our current President- elect, Speaker, Vice-speaker, and Board of Directors were elected in September of 2021. Though the postponed COD was unable to take place in person in Kansas City, MO as planned due to the Covid pandemic we were able to participate in the virtual reference committee hearing and looking forward to the first in person COD in 3 year this coming September.

### Activities and Achievements

#### *Congress of Delegates Activity*

In January 2021, we participated in the Virtual Congress of Delegates. While it was not the same as in-person, it was exciting to see the delegates gather once again to propose, discuss, and debate resolutions to help guide the future work of the academy. As resident and student member, we also loved seeing our wonderful colleagues advocate on issues pertaining to residents and students (Student Delegates Garrett Kneese, MD and Valentina Sedlacek and Resident Delegates Mikita Patel, MD and Asna Tasleem, MD). Resolutions that were extracted

from the consent calendar will be debated and voted on at Congress of Delegates in September 2022. Some resolutions that were adopted included support of gender-include paid family leave, improve inclusion for people with disabilities, and advocacy for debt relief for primary care physicians. As student and resident member, we were tasked to join virtual reference committees and speak on behalf of the Board of Directors. It is inspiring to see so many different people from across the country gather (even if virtually) to discuss current ideas and shape the future of the AAFP.

### *Policy and Advocacy*

Our February board meeting in Washington DC included Capitol Hill visits to the offices of our elected officials and staff. We advocated for policies that help family physicians and our patients including telehealth, Medicaid payment parity, and behavioral health integration. AAFP has a powerful reputation in DC, and it was a privilege to witness the incredible work AAFP is doing on Capitol Hill.

### *New Commission on Diversity, Equity, and Inclusiveness in Family Medicine (DEI-FM)*

This January, as part of ongoing efforts to integrate diversity, equity and inclusion throughout our work, the board of directors approved the development of the new Commission on Diversity, Equity, and Inclusiveness in Family Medicine. This commission will apply diversity, equity, inclusiveness, and antiracism lenses to inform and guide the Academy's recommendations, policies and work addressing disparities in care, health, and the workforce. Led by Board Chair Ada Stewart, MD, the commission had their first commission meeting this June at summer cluster. It currently consists of ten members but will grow to a total of twenty-two members by 2024. In addition to development of the new commission, there will be a liaison from the commission on the other AAFP commissions.

### *National Conference of Constituency Leaders (NCCL) and Annual Chapter Leader Forum (ACLF)*

At the end of April, we were able to participate in NCCL/ACLF. This was this first time it has been held in person since the start of Covid-19. Here at NCCL, different constituency groups create and debate resolutions (like our Student and Resident Congresses at National Conference). The energy that weekend was filled with excitement for family medicine- especially since so many leaders across the country were finally able to have in-person reunions. Key topics discussed included supporting pathway programs into family medicine, inclusion, and advocacy for LBGTQIA+ people, and continued education and focus on anti-racism, diversity, and equality.

### *Special Project Accelerating AAFP Education*

At our April meeting we approved a special project for Accelerating AAFP Education. Based off the needs and wants of our members the AAFP is designing a new educational approach. We anticipate this project to strengthen the pathway to family medicine, ensure family physicians can practice comprehensively and to the full extent of their training and help develop and diversify family physician leadership. We hope to deliver an extensive amount of educational content by expanding our on-demand didactics, workbooks, and tools and incorporating case-based simulation exercises, demonstration video, and advanced gamification.

Overall, this year was an amazing experience and we enjoyed being on the Board of Directors. We have learned so much throughout this year and are very thankful to the AAFP and Board of Directors' value of the student and resident voice. We were thankful to be able to attend in person board meetings, NCCL, and summer cluster towards the end of our term and look forward to our coming up meeting in Beaver Creek, Colorado.

### *Events Ahead*

This past year has been incredible, and it is bittersweet that our terms are ending. While we have loved every experience, we are so excited for National Conference and to elect a fantastic new group of resident and student leaders. We are looking forward to our next board meeting in July in Colorado, National Conference in-person, and our final event at Congress of Delegates in Washington, D.C.

### **Resident Member Reflection**

As the Resident Member of the Board of Directors I enjoyed hosting our Resident Live Streams including a Q&A session with Dr. Glaucomflecken and discussions on negotiating contracts and preparing for life after residency. I highly encourage any resident interested in pursuing leadership in family medicine to apply for AAFP positions. I am so grateful for the opportunity I have had this past year and I am very thankful to my fellow Board of Directors and AAFP staff for all the leadership development and training I have received during this journey.

### **Student Member Reflection**

As the Student Member of the Board of Directors, I am so incredibly grateful for this incredible experience. The AAFP attracts some of the most inspiring people to leadership, and I am privileged to work alongside so many of them. Something that I continually see is the broad scope of the work AAFP does. From researching best clinical guidelines to talking with key legislators on Capitol Hill, the AAFP shows fierce commitment to its members, the specialty of family medicine, and most importantly, our communities and patients. I encourage all students who are enthusiastic about family medicine to join AAFP student leadership. It has been a highlight of my medical education, and I am so thrilled for my future career in Family Medicine. It has been an immense privilege and joy to serve in this position.

### **Amanda Stisher, MD**

Resident Member of the Board of Directors

### **Amy Hoffman, MD**

Student Member of the Board of Directors

*Note: This report was prepared by the resident or student representative(s) listed and includes their account(s) of the business conducted during their term. This is not an official record of business proceedings from the AAFP or any other entity. To find out more about the business of the AAFP, its congresses, commissions, and current policies visit [aafp.org](http://aafp.org).*