



FMIG Network National Coordinator 2022 Annual Report

FMIG Network National Coordinator

Student

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Class of 2023

Regional Coordinators and Liaisons

Six regional coordinators began their terms in January and will serve through December 2022. Student Liaisons to the Student National Medical Association (SNMA) and Latino Medical Student Association (LMSA) began their term in January 2022 and will serve through March 2023.

Region 1: Taree Chadwick (Class of 2024), University of Nevada, Reno School of Medicine

Region 2: Mahuya Barua (Class of 2023), Loyola University Chicago Stritch School of Medicine

Region 3: Madeline Standbridge (Class of 2024), East Tennessee State University James H. Quillen College of Medicine.

Region 4: Jiayu "Kate" Tian (Class of 2022) Stony Brook University Renaissance School of Medicine

Region 5: Samantha Driscoll (Class of 2023), UT Health San Antonio, Long School of Medicine

International Medical Student Coordinator: Leah Burkovsky (Class of 2022), Saba University School of Medicine

LMSA Liaison: Katrina Perez-Vokt (Class of 2022), Tufts University School of Medicine

SNAM Liaison: Robert Tatum (Class of 2023), University of Mississippi School of Medicine

I serve as the FMIG Network National Coordinator. My term began at the end of the 2021 AAFP National Conference of Family Medicine Residents and Medical Students and will end in July 2022 at National Conference. I previously served as the regional coordinator for Region 4.

The FMIG Network serves 26,600 student members as of February 2022.

Student Membership Promotion

FMIG Network leaders actively recruit new Student Membership Ambassadors (SMA), and the AAFP promotes student membership through FMIGs and in collaboration with LMSA and SNMA. In February 2022, student membership within the AAFP was benchmarked for the year at 26,600 down from 33,500 in April 2021. Efforts are being made to promote and increase awareness of the SMA program and to connect with chapter FMIG leaders to improve outreach and recruitment strategies.

Program of Excellence Awards

The FMIG Network continues to host the Program of Excellence Awards ceremony that recognizes outstanding FMIGs across the globe. Network leaders completed judging for the 2022 POE Awards this June to be awarded at the AAFP National Conference of Family Medicine Residents and Medical Students this July. Best practices and innovative programming ideas from award winning FMIGs are captured and promoted through FMIG resources and conference workshops throughout the year.

National Conference Promotion

For the tenth year, the AAFP has funded an initiative to promote the AAFP National Conference of Family Medicine Residents and Medical Students through FMIGs. FMIGs are given \$100 to help offset the cost of hosting a meeting or educational event where information about National Conference is shared with student members. Leaders are provided with a PowerPoint presentation and an attendance sheet to collect the names and emails of students who attended the meeting. Emails submitted at each event are shared with the marketing team to add to email lists. The program deadline was May 31, 2022.

FMIG Network National Conference Workshops

Each year, the FMIG Network student leaders collaborate with AAFP staff to plan five National Conference workshops for FMIG leaders and members. These workshops give medical students multiple opportunities to learn, to grow, and to connect.

FMIG Basics: In this session, participants will learn what it takes to bring an FMIG to life and maintain a healthy balance of workshops, service, and social activities. Participants will have the opportunity to hear the perspective of FMIG faculty advisors and/or other FMIG students on specific key components necessary to maintain a successful FMIG. Sustainability, good record keeping, resource maximization, and successful transitioning will be some of the topics covered in this session.

FMIG Inspirational Programming: In this session, students will learn to focus their FMIG programming on topics that they are passionate about. Listening to how other FMIGs have transformed basic programming to have a major and sustained impact on others. Participants will have the opportunity to share their programming ideas and aspirations and get advice on the next best step from other FMIG student leaders and advisors.

FMIG Leadership: In this session, students will learn to leverage their influence as a more effective servant leader. Participants will be given the tools to develop and improve a specific leadership skill with the help of student, resident, and physician leaders within the AAFP.

FMIG Annual Celebration and Awards Breakfast: During this fun social event, the 2022 Program of Excellence recipients will be announced. Your FMIG national leaders will put on a celebration featuring VIP guests. Come to this event to have a good time and to connect with other students from across the globe!

Underrepresented in Medicine Discussion Group: AAFP liaisons to SNMA and LMSA help plan and host a gathering of students and residents from marginalized groups and communities historically underrepresented in medicine. This year's networking event will include a discussion on

microaggressions and encourage students and residents to pursue leadership opportunities, including the AAFP student and resident congresses.

FMIG/SNMA Collaboration

At the 2022 SNMA Annual Medical Education Conference (AMEC), Robert Tatum, the FMIG Liaison to SNMA hosted a workshop for the SNMA Family Medicine Interest Group featuring a panel of family physicians. He also participated in the SNMA House of Delegates and presented a workshop on preparing for clinical rotations. AAFP staff hosted an exhibit at the record-breaking conference of more than 2,500 medical and pre-medical students.

FMIG/LMSA Collaboration

At the 2022 LMSAA National Conference, Katrina Perez-Vokt, the FMIG Liaison to LMSA hosted a panel discussion for students interested in family medicine and hosted an exhibit where AAFP staff and student leaders could interact with those interested in our specialty and the AAFP.

Conference Presentations

This past year regional coordinators and the AAFP FMIG Network staff had opportunities to present both virtually and in-person. We had the opportunity to share the stellar work of Program of Excellence award-winning teams from the Midwest at Family Medicine Midwest. We also took part in AMSA's National Primary Care Week by kicking off the week with "What is Primary Care?". After the presentation, we gave students an opportunity to ask family physicians specific questions in small group settings. We presented in-person at Family Medicine Education Consortium; the presentation, entitled "FMIG Leadership Skill: Analysis and Assessment," showed FMIGs leaders analyzing and assess their programming. FMIG regional coordinators presented at the Family Medicine Midwest and Alabama Academy of Family Physicians Annual meeting. Finally, several family physicians, AAFP staff, and myself participated in panel discussions and educational sessions at the HOSA – Future Health Professionals International Leadership Conference. These presentations gave us the chance to talk with high school and undergraduate students interested in pursuing a career as a family medicine physician.

FMIG Network Social Media Presence

Throughout the year, AAFP Staff and FMIG Network leaders have used Facebook, Twitter, and Instagram to share stories about family medicine and reach out to medical students, family medicine faculty advisors, and others involved in medical education on a regular basis.

Currently, 4,089 people like and 4,427 people follow the FMIG Network Facebook page. AAFP student interest staff post multiple updates per week on the channel.

The FMIG Network also operates a Twitter handle, @aafp_fmig, as the official account of the AAFP FMIG Network with 7,450 followers. This account is managed by the AAFP. Many FMIG Network leaders have established their own Twitter presences as well.

Medical Education Webinars

In 2021 as the pandemic continued, we continued to focus on providing webinars for medical students to attend, to stay inspired and encouraged to share their passion for Family Medicine. We kicked off

National Primary Care Week in October in collaboration with AMSA with a webinar entitled “What is Primary Care?”. In October, we also offered a training for student membership ambassadors to share with them the practical ways to boost AAFP membership at their schools and to encourage them as part of the front line for family medicine. We plan to use the recording from this event as a resource in the future. Lastly, the FMIG network launched a new series, Real Talk with Family Docs, that started in November and ended in December. Real Talk with Family Docs provided students with opportunities to interact with family physicians from five regions across the country. FMIG regional coordinators hosted each event and presented each participating family physician, who shared about their medical journey, current career, and stories of impact with students in small group settings. This series was well-received, and we hope to offer it again in 2022.

The FMIG Network created and promotes a series of webinars available on demand to support FMIGs through leadership transitions, team dynamics, inspiring programming ideas, fundamentals of leading a successful FMIG, and supporting students to match in family medicine.

Community Discussion Board

In addition to maintaining direct lines of communication with leaders in their regions, the FMIG coordinators and liaisons distribute information on a large online forum for FMIG leaders.

Most posts in the community are from the regional or national leaders and are about important deadlines, events, or opportunities. Occasionally, campus FMIG leaders will post questions or give advice.

FMIG Faculty and Staff Advisors continue to have a separate community discussion board where announcements are shared by AAFP staff.

Primary Care Leadership Collaborative

Last year was originally planned to be a launch year for Primary Care Leadership Collaborative (PCLC); however, it was decided that a delay in launch would give the AAFP and schools from the previous cohort an opportunity to address challenges to the program timelines during the COVID-19 pandemic.

This year PCLC launched a new cohort of PCLC teams and newly selected coaches who will train and support the PCLC teams over a two-year period. The FMIG Network and the AAFP continue to collaborate with Intend Health Strategies (formerly known as Primary Care Progress) to provide coaching and leadership development for FMIGs selected for PCLC.

Subcommittee Work

I have been able to serve on the Commission on Education. Specifically, I have served as part of the subcommittees on resident and student issues, the resident and student selection, and national conference plannings. Working with these subcommittees as part of the COE allowed me to provide student perspective in discussions on proposed changes to family medicine resident requirements, fellowship training opportunities, workforce development, and diversity and equity within medical education.

Lessons Learned and the Value of Serving as the FMIG Network National Coordinator

My involvement with the AAFP as a student member and leader has been shaped and heavily influenced by the COVID-19 pandemic. Virtual conferences and leadership orientations have limited our ability to gather as a group and collaborate on strategies to support current and future medical

students with an interest in and passion for Family Medicine. Despite the confusion and uncertainty brought on by the pandemic, I am proud of the wherewithal and adaptability both the 2021 and 2022 FMIG Network leadership teams have demonstrated. Over the last year, our team found ways to creatively engage with students, residents, and attending physicians alike through new and innovative programs that highlight the values and attributes that make Family Medicine so great: community, compassion, and resilience. I hesitate to offer a guess of what the future holds as it relates to the COVID-19 pandemic among other crises we face in our world, but I am excited to explore the opportunities before us. Whether they be virtual or in person, I know our FMIG Network will continue to find ways to engage and connect our students at home and abroad who share a passion for Family Medicine and to advocate for issues concerning social justice and cultural humility within medical education and practice. My time serving as the FMIG Network National Coordinator is coming to an end, but I know the work we do today will affect students and patients for years to come as we help mentor and prepare the next generation of Family Medicine Physicians. I cannot express how grateful I am to have had this opportunity to serve current and aspiring medical students and to give back to the AAFP. My time as the FMIG Network National Coordinator allowed me to learn more about family medicine and the AAFP than I could ever imagine and to realize the potential for medical students, residents, and physicians in family medicine to create a better, healthier world. The lessons in leadership and service I have been able to learn over the past year will follow me for years to come, and I am excited to see what is in store for the next individual to take on this opportunity to build a community for students interested and dedicated to the specialty of family medicine.

Note: This report was prepared by the resident or student representative(s) listed and includes their account(s) of the business conducted during their term. This is not an official record of business proceedings from the AAFP or any other entity. To find out more about the business of the AAFP, its congresses, commissions, and current policies visit aafp.org.