



AAFP Foundation Board of Trustees Resident and Student 2020 Annual Report

AAFP Foundation Board of Trustees

Resident

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Class of 2020

Student

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Midwestern University –
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Class of 2020

Resident Reflection

Over the last year, I have been humbled to represent my fellow residents and serve as part of the AAFP Foundation Board of Trustees. The Foundation BoT and staff are made up of individuals who are truly committed to improving the health of *all* people. They work tirelessly to uphold the vision and mission of the organization. In the past, the Foundation has put this vision into action through its various grants and programing, however in 2020 there has been the call to take our actions one step further.

As our country struggles to confront social injustices that have long been embedded in our nation's history, the AAFP Foundation has joined their members in speaking out against all forms of institutional racism. The Foundation, along with the AAFP, condemns all forms of racism and called for the nation's attention to the negative health impacts of racism and discrimination during this time. This has long been part of the conversations we have had, and will continue to have, as family physicians. In 2020, the AAFP Foundation has also answered the call to assist clinics in need across the country during COVID-19. With many of our members on the frontlines during the pandemic, we looked for ways to provide financial support. The Foundation was able to establish an Emergency Relief Fund to support those clinics in needs during these unprecedented times.

In addition to emergency funds, the AAFP Foundation continued to work through its signature program this year to advance our philanthropic efforts. Through Family Medicine Cares two Resident Service Awards, each a \$16,500 scholarship, are provided annually to support 12-month service projects implemented by a first- or second-year resident. These service projects address an unmet health care need in his/her community. In 2020, these awards will go to Dr. Rebecca Rada (PGY2) and Dr. Mindy Guo (PGY2) with Saint Louis University Family Medicine Residency in St. Louis, Mo. and Dr. Laura Latey Bradford with University of Maryland Family Medicine in Baltimore, Md. These residents are doing remarkable work in their communities and are truly deserving of these awards. Additionally, Family Medicine Cares provides grants to free clinics across the United States, helping to assist the clinics in all the great work they are doing.

Working closely with state chapters, in 2019 the Family Medicine Philanthropic Consortium, consisting of representatives from state chapters and chapter foundations, selected 28 projects in 18 states and the District of Columbia to fund. More than half of the awards went directly towards funding resident

and/or student projects aimed at building the family medicine pipeline, student externships, resident leadership, and involvement in state meetings. Likewise, Student Externship Matching Grants help to promote educational development and pique curiosity of family medicine in medical students. These grants allow for one-on-one mentoring experience for medical students through their state chapters.

The Foundation also continues to pride itself in its educational initiatives, as medical students and residents remain a top priority. In congruence with the AAFP's "25 x 2030" initiative, the AAFP Foundation has increased funding for Family Medicine Interests Groups (FMIGs). This will help support the growth of new FMIG chapters and strengthen existing chapters in medical schools across the country. This will also allow help promote student groups which align with primary care goals. By increasing a student's exposure to primary care and family medicine, we hope that there will be an increase in student choice towards family medicine.

In 2019, our donors continued to give generously, in turn helping us to continue the great work of this organization. Most notably, in 2019 the formation of the Doug and Mary Henley Foundation was announced in honor of the AAFP Executive Vice President/CEO and current Foundation Board of Trustee member. Dr. Henley has graciously donated \$100,000 towards this endowment and challenged family physicians at FMX to give generously as well. This endowment will continue to help fund educational opportunities into the future with events such as National Conference. In 2020, as National Conference changed to a virtual platform, the AAFP Foundation was able to extend the number of Family Medicine Leads scholarships awarded to residents and students. Our hope is that this extension will allow students and residents from across the United States to participate in the event.

Amongst the Family Medicine Leads scholarships were the 30 residents and students selected to participate in the Emerging Leader Institute. These individuals were selected from a highly competitive pool of potential participants this year. During the leadership institute following National Conference, these scholars will participate in the Policy and Public Health Leadership, Personal and Practice Leadership or Philanthropic and Mission-Driven Leadership tracks. For the first time, this will be done through a virtual platform and we look forward to this new experience. Over the course of the next year, the scholars will work with their mentors closely to develop a project. The top three residents and students in each track will be selected to return and present their projects during National Conference. These projects are thoughtful and insightful, truly demonstrating the potential of AAFP rising leaders.

So much great work has been done by the AAFP Foundation in the past year. As we continue to advance the mission and vision of the Foundation, while supporting our members and communities during these unprecedented times, I hope you will consider making a donation (www.aafpfoundation.org) to this great organization.

Thank you for allowing me to serve as your Resident Trustee for the past two years. This has truly been an honor and an exceptional experience; I look forward to continuing my involvement with the AAFP in the future.

Sincerely,

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Student Reflection

The American Academy of Family Physicians Foundation (AAFPF) organizes all the charitable endeavors within the American Academy of Family Physicians. Many of the values that attract us to this specialty are put into action through the work of the Foundation. Its mission is to advance the values of Family Medicine through humanitarian, educational, and scientific philanthropy dedicated to improving health.

The American Academy of Family Physicians Foundation gathers financial donations from the AAFP membership as well as through corporate partnerships with a diverse array of companies that have an interest in the organization's mission of promoting health. The AAFPF sponsors and organizes a broad variety of programs to the benefit of students and residents, practicing physicians, and the patients that we serve. I encourage you to go to the Foundation's website (www.aafpfoundation.org) to view a complete list of the humanitarian, educational, and scientific initiatives that the AAFPF organizes; however, I wanted to highlight a few that are particularly relevant to medical students:

Family Medicine Leads Scholarships for National Conference. National Conference is a fantastic – even transformational – experience for many medical students that often cements their interest in pursuing a career in family medicine. However, the cost of registration, lodging, and travel can be a significant roadblock for many debt-ridden medical students. For many years, the AAFPF has provided 250 scholarships to students and residents across the country to cover the costs of attendance. This allows as many students as possible to be positively impacted by this conference. With the COVID-19 pandemic this year, the Foundation had to adjust its approach. National Conference moving to an online format was a necessary, albeit a disappointing change this year. However, it does allow for the AAFPF to provide 750 scholarships for students and residents to attend the virtual programming. We encourage all students to take advantage of the modified programming this year.

Family Medicine Leads Emerging Leader Institute. The AAFP and the AAFPF both prioritize the development of students and residents into future leaders within the Academy as well as the specialty of family medicine. To accomplish this goal, the Emerging Leader Institute was created to identify medical students and residents with leadership potential who would benefit from close mentorship over the course of a year-long program. The participants engage in a project of their choice in one of three tailored tracks that encourage them to explore issues with the assistance of a family physician mentor. Though ELI training will have to be done virtually this year, new ELI scholars were selected to continue working towards this aim.

Family Medicine Cares USA. The AAFPF awards grants to free clinics across the country. Many of these clinics are student-run. The student-outreach clinic at my medical school was the recipient of one of these grants which provided much-needed assistance and allowed us to keep our doors open in a time of need. The Foundation also offers advice and collaboration to these clinics to allow them to learn the best practices from successful organizations and better serve their communities.

This was my first year serving as the student trustee to the American Academy of Family Physicians. It has been an honor and privilege to serve in this capacity. I was thrilled to learn from each of the board members in our meetings to promote the values of family medicine. Heather Palmer, as the executive director, was able to help steer the Foundation through the unforeseen and uncertain times. Additionally, Dr. Julie Anderson was elected President of the Foundation and she has done an excellent job of moving the Foundation forward despite recent difficulties. During my time on the Board, I was able to help advocate for student interests, as well as work closely with the Center for the History of Family Medicine. The other members of the Board made my job easy as they very clearly appreciated the student perspective and I have every confidence they will continue to prioritize the future of Family Medicine going forward.

As I mentioned earlier, the Foundation can do all its good work through donations from AAFP members as well as corporate partners. These donations make it possible to do medical relief

missions, support free clinics in the United States, promote leadership among medical students and residents, and much more. I encourage you to consider making a small donation to be a part of these fantastic projects. It is easy to donate online at www.aafpfoundation.org.

Ian Coker
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Class of 2020

Note: This report was prepared by the resident or student representative(s) listed and includes their account(s) of the business conducted during their term. This is not an official record of business proceedings from the AAFP or any other entity. To find out more about the business of the AAFP, its congresses, commissions, and current policies visit aafp.org.