2020 Student and Resident Leadership Activities
Student Leaders
• **Major accomplishment:**
  - Graduating medical school in a pandemic & navigating 2020
  - Spoke with one of my legislators (who was also a doc!)

• **Issues worked on:**
  - Selection of a new CEO/EVP, as well as the transition of several other staff members
  - COVID-19, COVID-19, COVID-19!
  - Policy protecting medical learners during the pandemic
  - “Virtual” transitions in medical education

• **Skills I’m still learning:** avoiding the urge to apologize, brevity, adapting to change, being flexible, feeling confident around legislators, and managing expectations!
Student Chair of National Conference

• **Major accomplishment:**
  – Graduating medical school and starting intern year

• **Issues worked on:**
  – I have worked on shifting the national conference to a virtual platform with main focuses on student wellness in the time of COVID and the national and international fight for racial justice

• **Leadership skill developed:**
  – Listening and adapting plans and thought processes to take feedback into account is a skill I’ve been grateful to learn and continue to improve this year

Julia Wang
Student Delegate to the AAFP Congress of Delegates

- **Major accomplishment:** I successfully advocated for a strengthening of the AAFP Resident Work Hours Policy within the Commission on Education by removing:
  - the opposition to government regulation of work hours
  - the opposition to 24 hour shift limits
- **Issues worked on:**
  - single payer system
  - resident work hours
  - abortion training & access
- **Leadership skill developed:** Collaboration & communication with leaders from a variety of backgrounds

Sydney Doe
Major accomplishment: Lead the an updated on the AAFP policy: Training in Reproductive Decision Making

Issues worked on: Advocated for reproductive rights, increased training opportunities in LGTBQ healthcare, elimination of race-based medicine, and resident work hours

Leadership skill developed: Finding my voice and in a room full of physicians with much more experience than me - AND having compassion for myself along the way…(work in progress!)
Student Representative to the Commission on Continuing Professional Development

- **Major accomplishment:** Having the opportunity to use my voice as a student and really feel like I was being heard when addressing AAFP staff and physicians
- **Issues worked on:** CME credit for integrative medicine topics, the use of satellite monitoring for lectures, centralizing education materials distributed by AAFP
- **Leadership skill developed:** My role allowed me to reflect on how I wanted the future of education within family medicine to evolve and gave me the opportunity to share my student perspective during such important conversations

Louisa Howard, MBE
**Student Representative to the Commission on Federal and State Policy**

- **Major accomplishment**: Represented the student voice when discussing ways to increase student and resident awareness of AAFP advocacy opportunities.
- **Issues worked on**: Represented the resolutions coming from NCSM and NCFMR in the CFSP, Medicaid Behavioral / Economic Restrictions, Advocated for *Stabilizing, Strengthening, and Sustaining Primary Care* during the Virtual Week of Action.
- **Leadership skill developed**: The ability to confidently and strongly represent the views of my peers among a large group of more senior and experienced physicians.

Elana Curry
Student Representative to the Commission on Health of the Public and Science

- Major accomplishment: contributing to policies and position papers in the midst of COVID-19
- Issues worked on: understanding and fighting institutional and systemic racism within the commission, academy, medical education, and health care
- Leadership skill developed: articulating difficult points in discussions with participants who might feel threatened or disagree

Erin Fredrickson, MPH
Student Representative to the Commission on Membership and Member Services

• **Major Accomplishment**: Successfully advocated for a virtual NCCL in light of COVID-19

• **Issues worked on**: Evaluation of applications for Member Interest Groups, helping create and support spaces for like-minded members to collaborate

• **Leadership skills developed**: I learned that it isn’t possible to pour out of an empty cup and in order to lead well, you have to be awake and attentive to your own physical and emotional needs.

T. Austin Witt
Student Representative to the Commission on Quality and Practice

Cynthia Ciccotelli Farrell

• **Major accomplishment**: Learning aspects of the business side of medicine that I otherwise would not have had the opportunity to learn, such as practice management, CMS guidelines, and physician reimbursement.

• **Issues worked on**: AAFP policy statements to help support our membership during the initial stages of the COVID-19 pandemic.

• **Leadership skill developed**: Serving on this commission helped reinforce that it’s ok to not know everything and to not be afraid to ask for help or clarification when you need it.
Family Medicine Interest Group Network National Coordinator

Chase Mussard

- **Major accomplishment**: Assisting in pivoting a national student network to a virtual setting and publicizing their unique efforts during COVID-19
- **Issues worked on**: Assisted in revising policy statements from the AAFP in regard to student well-being and educational policies
- **Leadership skill developed**: I learned utmost that to lead effectively, it’s all about amplifying other voices and connecting with your team.
Family Medicine Interest Group Network Regional Coordinator

- **Major accomplishment:** Met with FMIG Leaders virtually on the other side of the US, and fell in love with the West Coast!

- **Issues worked on:** FMIG Leadership transitions, FMIG Programming during COVID-19, and collaboration amongst FMIGs in Region 1

- **Leadership skills developed:** One of the leadership skills I developed included problem solving. We have such a large team and so many things we want to accomplish, and when something gets thrown in that makes us do a 180 (COVID), we have to learn how to problem solve and make the most out of all the diverse situations and advocate for Family Medicine and FMIGs even during challenging times.

Hannah Christine Smith
Family Medicine Interest Group Network Regional Coordinator

- **Major accomplishment:** I met over two-thirds of the FMIG leaders in my region through emails and Zoom!
- **Issues worked on:** Helping FMIG groups overcome challenges and adjustments that came with COVID-19.
- **Leadership skills developed:** This year taught me how to utilize technology and communication to bring people closer together during difficult times.

Brynn Wright
Family Medicine Interest Group Network Regional Coordinator

Shelby Owens

- **Major accomplishment**: Leading the first leadership development transition meetings between AAFP and individual FMIG chapters!
- **Issues worked on**: broadening relationship between medical students and the AAFP, COVID-19-adapted event planning for FMIGs and SAACOFPs, presentation planning for National Conference
- **Leadership skill developed**: Teamwork! We all come to the table with a variety of strengths and interests but it’s possible to accomplish so much together if we all put in a little trust!
Family Medicine Interest Group Network Regional Coordinator

Rebecca Stoll, MS

- **Major accomplishment:** Building relationships with students who attend medical schools in a completely different region of the country!
- **Issues worked on:** Getting FMIG Chapters connected with each other and with their state chapters.
- **Leadership skill developed:** Really getting to know who I am as a leader and how to use those strengths to get others excited about Family Medicine.
Family Medicine Interest Group Network Regional Coordinator

- **Major accomplishment**: Helped new FMIGs find resources and connect with the AAFP.
- **Issues worked on**: Increased Family Medicine visibility at campuses across the southeast.
- **Leadership skill you developed**: I learned, through working with my fellow leaders, the best ways to engage with FMIGs is to encourage an active dialogue.

L. Merkle Moore
STFM Student Board Member

Sara Robinson

- **Major accomplishment:** I was a part of the Medical Student Education Committee and helped with student outreach at the MSE conference.
- **Issues worked on:** Finalizing the STFM Strategic Plan, collaborating to develop more methods to increase student membership and participation, preparation for conferences
- **Leadership skill developed:** This experience taught me about the importance of advocacy and the power of a group of diverse people with similar passions working together for the betterment of others.
American Medical Association (AMA) Student Delegate--AMA MSS--Medical Student Section

AuBree LaForce

- **Major accomplishment:** Worked with Morgan to represent all students of the AAFP at the AMA-MSS. We spoke on behalf of AAFP policy and to assist with new policy development.
- **Issues worked on:** We spoke on behalf of the AAFP on policies regarding human sex trafficking and immigrant healthcare. We built relationships between fellow AMA medical students and the AAFP.
- **Leadership skills developed:** Increased my confidence of speaking on behalf of AAFP policy and improved my ability to advocate for family medicine.
American Medical Association (AMA) Student Delegate--AMA MSS--Medical Student Section

• **Major accomplishment**: I worked with Aubree as MSS delegate to represent family medicine and support policy that aligned with current AAFP policy.

• **Issues worked on**: We worked on building relations with fellow AMA Medical Students and advocating for policy similar to that passed from AAFP.

• **Leadership skill developed**: I learned a leader must take ownership of everything in their domain including outcomes and everything that affects it.

Morgan Weiler
AAFP Foundation Student Board Member

Ian Coker

• **Major accomplishment:** Arranged for distribution of Center for the History of FM Pocket History at STFM MSE Meeting

• **Issues worked on:** Selecting the next class of ELI scholars

• **Leadership skill developed:** Learned how to engage with other leaders despite differences in experience and the value of the student perspective for all issues.
Student Liaison to the Student National Medical Association

Mikaela Moore

- **Major accomplishment**: Helped plan and develop the AAFP President's presentation for the SNMA's 2020 Annual Medical Education Conference

- **Issues worked on**: Increasing AAFP membership among fellow SNMA members interested in family medicine, ensuring that they were aware of all support the AAFP & FMIGs had to offer to students

- **Leadership skill developed**: Networking and the confidence to speak up about innovative ideas to support students
Liaison to the Latino Medical Student Association

• **Major accomplishment:** Increased Family Medicine awareness at LMSA National conference and have involvement in helping to plan 2020 LMSA Policy Summit

• **Issues worked on:** Encouraging LMSA members to attend the AAFP National Conference and sharing information about the wide scope of practice within Family Medicine

• **Leadership skill developed:** Providing a voice for minority medical students, networking and building a stronger partnership between LMSA and AAFP

Deanna Gonzalez
Student Representative to the AAFP National Research Network (NRN) Advisory Group

• **Major accomplishment:** Represented student voice to increasing student, resident, and fellow engagement in primary care research

• **Issues worked on:** how the COVID-19 pandemic can fit into the research currently being done like in the COVID-19 Survey and how it can fit with research to be done in the future

• **Leadership skill developed:** Learned how to find solutions and be resilient when dealing with unforeseen circumstances while keeping long-term goals in mind

Haley Coleman
Student Representative to the AAFP Center for Global Health Initiatives (CGHI)

Learn more about Brett’s role by clicking the link above!

Brett Lewis
Student Representative to the Annals of Family Medicine Editorial Board

- **Major accomplishment:** Completed my first manuscript review for a peer-reviewed journal
- **Issues worked on:** supported student involvement for original research and editorial content
- **Leadership skill developed:** Autonomy. Students underestimate their unique skill-set as active learners.

Zachary Nicholas
Student Representative to American Family Physician Journal

Libby Wetterer

• **Major (life) accomplishment**: Got on a the AFP Podcast!!!
• **Issues worked on**: Increasing social media presence of AFP Journal among student members
• **Leadership skill developed**: Humility! Medical writing was a whole new skill set for me - working through series of critical edits and re-writes was a really great experience for both my writing AND my ego!
Resident Leaders
• **Major accomplishment:**
  - Graduating from FM residency!
  - Advocating on a number of issues which I am passionate about; on a local, state and national level

• **Issues worked on:**
  - Learner safety during COVID-19, numerous issues surrounding COVID-19, teaching health center legislation, payment reform, reducing administrative burden, selection of a new CEO/EVP, LGBTQ healthcare, anti-racism efforts

• **Leadership skill developed:**
  - Being confident with giving feedback when asked, expressing my opinion and concerns in a room of more senior physicians, getting my views across succinctly
Resident Chair of National Conference

Elizabeth McIntosh, MD

• Major accomplishment: Making the switch to the first-ever AAFP National Conference!
• Issues you worked on: What the future of Family Medicine will look like and how to maintain the essence of our specialty in these changing times
• Leadership skill developed: Speaking up when I know most of the group will disagree with what I say, and how to respectfully differ when others also have strong opinions (still a work in progress)
Resident Delegate to the AAFP Congress of Delegates

- **Major accomplishment**: networking with like-minded, career-advancing mentors
- **Issues worked on**: Updating AAFP curriculum guidelines, amending AAFP policy in SRSI working groups, modifying COE resolutions
- **Leadership skill developed**: My views were challenged by peers throughout the year. This provided me a broader perspective for how to be a more adaptable, inclusive and informed leader.

Derek Baughman, MD
Resident Delegate to the AAFP Congress of Delegates

Victoria Boggiano, MD, MPH

- **Major accomplishment:** Getting to meet so many amazing student, resident, early- and late-career members of the family medicine revolution! And being part of discussions about a range of issues I care deeply about -- from gender-affirming care to reproductive health and more

- **Issues worked on:** Making edits to the family medicine residency curriculum for LGBTQA+ health, helping to draft and edit policy statements about women’s health access and teaching around that topic

- **Leadership skill developed:** As we can probably all attest to… learning how to be present and engaged virtually in COVID times!
Resident Representative to the Commission on Quality and Practice

Learn more about Dr. Flores-Rodarte’s role by clicking the link above!

Jose Flores-Rodarte, MD, MPH
• **Major accomplishment:** Contributing to a white paper on the potential health and financial implications of Medicaid work requirements.

• **Issues worked on:** Represented resolutions from NCFMR, helped review resolutions pertinent to state and federal policy (e.g., resolution on gender-affirming care), and participated in advocacy opportunities through AAFP’s virtual “Week of Action.”

• **Leadership skill developed:** I learned more about the importance of developing the confidence to articulate your perspective, while also the humility to learn from the perspectives of others, in order to be a stronger advocate.
Resident Representative to the Commission on Health of the Public and Science

• **Major accomplishment**: Graduating from residency and creating and implementing a successful resident-led health equity curriculum utilizing the AAFP Everyone Project Health Equity Toolkit

• **Issues worked on**: I contributed to policy review, participated on the Physician Engagement and Training Focused on Breastfeeding Project, and worked to help to support our students and residents through the difficult current climate.

• **Leadership skill developed**: I learned the value of having a thirst for knowledge and being an effective advocate, especially in times of uncertainty.

Christen Johnson, MD, MPH
Resident Representative to the Commission on Membership and Member Services

• **Major accomplishment:** Advocating for virtual NCCL

• **Leadership skill developed:** Learning the value of my voice as a resident to guide the Academy in meeting the needs of the next generation of family physicians.

Clay Cooper, MD, MBA
Resident Representative to the Commission on Continuing Professional Development

- **Major accomplishment:** Voicing my opinion on proposed changes and establishing connections with passionate physician leaders
- **Issues worked on:** Improvements to CME activities, support for physicians who want to increase the scope of their current practice, and revisions to the residency training curriculum
- **Leadership skills developed:** I learned how to construct effective solutions that are generalizable for a diverse group of family medicine doctors and better evaluate the effectiveness of how we train and continue educating family physicians.

Altelisha Taylor, MD, MPH
Resident Representative to the American Medical Association - Resident and Fellow Section

- **Major accomplishment**: My participation in the HOD at the AMA annual meeting as part of the AAFP delegation
- **Issues worked on**: Advocating for my co-residents and patients on continued ease of information
- **Leadership skill developed**: It truly is a humbling experience to be surrounded by so many like-minded leaders in Family Medicine, who are all trying to constantly improve health care

Jaya Kasaraneni, MD, MS
Major accomplishment: Testifying for medical education and public health within the American Medical Association “Big House”

Issues worked on: Advocating for pass/fail grading during preclinical years in medical school, banning non-FDA approved e-cigarettes, and having minimum standards for parental leave in residency

Leadership skills developed: Constantly evaluating my daily interactions for advocacy opportunities, and then using my AAFP position to bring forward and give a voice to the concerns of my patients and colleagues
Resident Delegate to the American Medical Association House of Delegates

Tyson Schwab, MD, MS

- **Major accomplishment:** I personally met with multiple federal leaders and state senators in Washington D.C. to discuss issues important to primary care and family medicine.

- **Issues worked on:** Testified on behalf of the AAFP to the AMA House of Delegates regarding resolution addressing high drug prices with price controls, tightening regulations for vaping products and electronic cigarette, ensuring access to safe and quality care for veterans, advocating federal legislation banning conversion therapy, and enhancing medical education standards to improve healthcare for LGBTQ+ patients and training future physicians.

- **Leadership skill developed:** I focused on learning and internalizing communication techniques regarding the balance of organizational politics and getting people to respond effectively by effectively identifying problems, creating solutions, and articulating ideas through dynamic public speaking.
ACGME Review Committee for Family Medicine Resident Member

Click the link above to learn more about Sara’s position!

Sara Martin, MD, MSc
AAFP Foundation Resident Board Member

- **Major accomplishment**: ELI Faculty Member for Track 1
- **Major Accomplishment**: As a Board of Trustees member, I worked on various workgroups responsible for awarding grants and recognizing individuals for their work in family medicine.
- **Leadership skill developed**: I learned a lot about policy and advocacy through this position--each meeting was an opportunity to dive further in to the policies and procedures of the AAFP.

Kristina Laguerre, MD, MPH
• Major accomplishment: Identifying resources and guidance for residents to successfully enter other FM residencies after program closure. Also hitting a bullseye on a double ax throw in front of the Board!

• Issues worked on: Family Medicine Advocacy Summit scholarship selection committee co-chair, AFMRD input on the revised ABFM Family Leave Policy, AFMRD’s COVID-19 pandemic response efforts, including discussion of virtual recruiting this interview season

• Leadership skill developed: No one can read your mind, so we need to speak up in our roles in order to impact the change and provide the resident or student representation we were elected to make. Thankfully, my board listens!
Resident Representative to the American Family Physician Journal

- **Major accomplishment:** Being in a position to advocate for resident and student involvement in academic and medical writing in one of the most influential Family Medicine Journals. Working with influential writers and editors, culminating in writing for the *AFP Community Blog* and writing up an *AFP Practice Guideline*—so stoked!

- **Issues worked on:** Advocating for more resident and student involvement in the *AFP*. Promoting mentorship to residents to be editors and medical writers earlier in their careers.

- **Leadership skill developed:** I learned to better vocalize interest in topics and issues not yet addressed in medicine. Even in our early learning phases we absolutely have influence on the curriculum and topics we feel are essential. By working with seasoned editors and writers of the *AFP Journal*, I have learned our input is welcomed and needed to guide the future of medicine. It is our duty to discuss and steer our curriculum towards where we see the future of medicine going.

Enkhee Tuvshintogs, MD
Resident Representative to FamMedPAC

Michelle Byrne, MD, MPH

• **Major accomplishment:** Formalizing the role of a student/resident on the FamMedPAC Board of Directors to ensure representation of trainee voices into the future

• **Issues worked on:** Determining where FamMedPAC funds are spent from sponsoring events to providing campaign contributions and increasing transparency for members and contributors

• **Leadership skill developed:** Navigating a complex political environment and determining how to build partnerships with legislators who align with the AAFP on some issues but not others
Resident Representative to the Society of Teachers of Family Medicine (STFM)

• Major accomplishment: Discussing the need for additional resources for residency leadership training in our current set of resources for STFM members

• Issues worked on: STFM Strategic Plan 2020 - 2024, improvements on Faculty for Tomorrow Workshop, discussions on protected time for core faculty members in ACGME requirements

• Leadership skill developed: learn to speak your mind even if you perceive how intimating the audience can be, those who are invested (such as all of STFM BoD members) will listen and take account all of our perspectives to make change

Yeri Park, MD
Resident Representative to the AAFP Center for Global Health Initiatives

- **Major accomplishment**: Launching medical relief efforts for Global health practitioners to provide patient care in Peru.
- **Issues worked on**: Global Health Summit transition to virtual and developing an ACGME appropriate Border Health curricula for Residency programs with a Global Health track.
- **Leadership skill developed**: Ability to efficiently communicate with multiple individuals in different parts of the nation, working towards a common goal.

Steffano Mottl, MD
Resident Representative to Annals of Family Medicine Editorial Advisory Board

Katy Rooney, MD

- **Major accomplishment:** Contributed to the *Annals of Family Medicine Journal Club*
- **Issues worked on:** Encouraging readers of the *Annals* to think critically about primary care literature
- **Leadership skill developed:** Ability to collaborate with and seek feedback from editorial staff to successfully publish the *Annals Journal Club*
Resident Representative to the AAFP National Research Network Advisory Group

Charlie Jose, MD, MPH

• **Major accomplishment:** Discussion on COVID-19 impacts on resident and medical student training.

• **Issues worked on:** Forum Moderator, "The changing landscape of family medicine, and its implications for the NRN."

• **Leadership skill developed:** If there is no clear path, create one for yourself and others.