



AAFP Foundation Board of Trustees Resident/Student 2017-2018 Annual Report

AAFP FOUNDATION BOARD OF TRUSTEES RESIDENT/STUDENT MEMBERS

Resident

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Rochester, MD
Class of 2018

Student

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Indianapolis, IN
Class of 2019

Resident Report

Greetings on behalf of the AAFP Foundation. I am delighted to have served as the resident trustee on the Foundation board for the 2017-2018 term. The American Academy of Family Physicians Foundation continues to advance the values of Family Medicine by promoting humanitarian, educational, and scientific initiatives that improve the health of all people. We accomplish this through numerous programs and grants.

Our signature program, **Family Medicine Leads**, is a year-long leadership development program that brings together Family Medicine residents and medical students who display leadership potential but have not yet had the opportunity to serve in a leadership role. This program includes leadership development sessions that comprise of 3 tracks: Policy and Public Health Leadership, Personal and Practice Leadership and Philanthropic and Mission driven Leadership.

Support for medical students and residents remain a high priority for the Foundation! We have continued to fund scholarships for medical students to attend National Conference and host events for their local Family Medicine Interest Groups. The Foundation is actively working to revise our scientific program in an effort to best support Family Medicine residents and medical students. A workgroup dedicated to this task will hold a meeting in Kansas City in September.

As a board, we are excited about preserving the history of Family Medicine with our Center for the History of Family Medicine whose mission is to serve as the principal resource center for the collection, conservation, study, exhibition, and dissemination of materials relating to the evolving history of the specialty of Family Medicine in the United States.

We continue to coordinate humanitarian efforts both locally and globally. **Family Medicine Cares USA** provides grant money to support the startup efforts of new clinics and support existing clinics. In 2017, the Foundation provided \$75,000 to support 8 free clinics. These include Salud Sin Fronteras Student Run Free Clinic in El Paso, Texas (New clinic), Greenville Free Medical Clinic in Greenville, South

Carolina, Anne Kastor Brooklyn Free Clinic in Brooklyn, New York, St. Jeanne de Lestonnac Free Clinic in Orange, California, Coachella Valley Volunteers in Medicine in Indio, California, TriCity Health Partnership Medical/Dental Clinic in St. Charles, IL, Mission Travis Mercy in Fort Worth, Texas and Asheville Buncombe Community Christian Ministry's Doctors' Medical Clinic in Asheville, North Carolina. **Family Medicine Cares International (FMCI)** delivers patient care and medical resources in Haiti. Our last delegation travelled to Haiti in February 2018 and were able to make a significant impact. The AAFP Foundation continues to work with the Center for Global Health Initiatives Advisory Board and supports their annual 3 day Family Medicine Global Health Workshop (GHW) that brings together teachers, students, residents, practicing physicians, and other health professionals to learn and share insights on global health and international Family Medicine.

In addition to directly engaging the Foundation's initiatives, I was a member of the Commission on Education and had the opportunity to contribute to discussions on diversity in Family Medicine, the future of J-1 visas and physician wellness at the AAFP's winter and summer clusters. It has been an honor to serve as the resident trustee to the American Academy of Family Physicians Foundation for the past year under the leadership of Dr. Doug Henley and our newly appointed Executive Director, Heather Palmer. This is an excellent position for a resident with a heart for service and educational programming. The Foundation can only continue its great work through your contributions, therefore I hope that you will consider donating to this incredible organization at www.aafpfoundation.org

Student Report

The American Academy of Family Physicians Foundation coordinates all of the charitable endeavors within the American Academy of Family Physicians. Their mission is to improve the health of both people and communities through the values of family medicine. It is these same values that attract many of us to this specialty. The American Academy of Family Physicians Foundation gathers donations from the AAFP membership as well as through corporate partnerships with a diverse array of companies that have an interest in the organization's mission of promoting health. The AAFP sponsors and organizes a broad variety of programs that benefit students and residents, practicing physicians, and the patients that we serve. I encourage you to go to the Foundation's website (www.aafpfoundation.org) to view a complete list of the humanitarian, educational, and scientific initiatives that the AAFP organizes; however, I wanted to highlight a few that are particularly relevant to medical students:

Family Medicine Leads Scholarships for National Conference. National Conference is a fantastic – even transformational – experience for many medical students that often cements their interest in pursuing a career in family medicine. However, the cost of registration, lodging, and travel can be a significant roadblock for many debt-ridden medical students. For many years, the AAFP has provided over 250 scholarships to students and residents across the country to cover the costs of attendance. This allows as many students as possible to be positively impacted by this conference.

Family Medicine Leads Emerging Leader Institute. The AAFP and the AAFP both prioritize the development of students and residents into future leaders within the Academy as well as the specialty of family medicine as a whole. To accomplish this goal, the Emerging Leader Institute was created to identify medical students and residents with leadership potential who would benefit from close mentorship over the course of a year-long program. The participants engage in a project of their choice in one of three tailored tracks that encourage them to explore issues within the field of family medicine.

Family Medicine Cares USA. The AAFP awards grants to free clinics across the country. Many of these clinics are student-run. The student-outreach clinic at my medical school was the recipient of one of these grants which provided much-needed assistance and allowed us to keep our doors open in a

time of need. The Foundation also offers advice and collaboration to these clinics to allow them to learn the best practices from successful organizations and better serve their communities.

It has been an honor to serve as the student trustee to the American Academy of Family Physicians Foundation for the past year. It was incredible to learn of the multitude of ways in which the AAFPF tries to promote the values of family medicine. A new executive director, Heather Palmer, has been selected and it is exciting to hear her ideas to further expand the role of the organization. During my term, the AAFPF Board of Trustees spent a great deal of time focusing on strategic planning to develop new partnerships and create additional programs, particularly in the areas of scientific inquiry. As the student trustee, I lobbied extensively to make sure the Foundation remained committed to its programs that support medical students. This was an easy sell, however. The AAFPF Board of Trustees recognizes the value in investing in the future of family medicine!

As I mentioned earlier, the Foundation is able to do all of its good work through donations from AAFP members as well as corporate partners. These donations make it possible to do medical relief missions to places like Haiti, support free clinics in the United States, promote leadership among medical students and residents, and much more. I encourage you to consider making a small donation to be a part of these fantastic projects. It is easy to donate online at www.aafpfoundation.org.

Note: This report was prepared by the resident or student representative(s) listed and includes their account(s) of the business conducted during their term. This is not an official record of business proceedings from the AAFP or any other entity. To find out more about the business of the AAFP, its congresses, commissions, and current policies visit aafp.org.