



# Commission on Continuing Professional Development 2016 Annual Report

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## COMMISSION ON CONTINUING PROFESSIONAL DEVELOPMENT

### Resident

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Class of 2016

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## Resident Report

### COCPD Purpose & Scope of Work

The Commission on Continuing Professional Development (COCPD) works directly to support the American Academy of Family Physicians' (AAFP) Strategic Objective on Education by supporting the lifelong learning of family physicians and other health care professionals. The goals of the commission are to guide the Academy's accreditation and provision of continuing medical education that helps learners demonstrate continuous improvements in knowledge, competence, practice performance, and patient outcomes, as well as fulfill the educational requirements for licensure and certification.

The scope of work of the Commission on Continuing Professional Development includes AAFP continuing medical education (CME) accreditation (of various categories); development, presentation, maintenance and refinement of existing and novel CME/continuing professional development (CPD) delivery methods and modalities; CME/CPD aspects of Maintenance of Certification (MOC) and Maintenance of Licensure (MOL); performance improvement CME (PI-CME); AAFP CME curricular framework and AAFP FMX (Family Medicine Experience) CME/CPD (oversight planning and evaluation of all CME offered as part of the AAFP Assembly). There are currently two COCPD subcommittees:

- Subcommittee on Credit Systems and Compliance (SCSC)
- Subcommittee On FMX Learning (SOFL)

The resident representative serves on SOFL and assists with AAFP FMX planning and programming. The student representative serves on SCSC which governs and provides oversight for the approval of AAFP credit. Of note, SOFL will transition to an Advisory Board and will no longer be a part of the COCPD.

### Activities & Achievements

#### *Commission on Continuing Professional Development (COCPD)*

The COCPD addressed various resolutions from the 2015 National Conference of Constituency Leaders (NCCL), especially concerning LGBT topics, such as the need to reaffirm Transgender Health education, PrEP education, and the creation for a welcoming office environment for LGBTQ families.

The COCPD also addressed various resolutions from the 2015 Congress of Delegates, including Medicare Annual Wellness Visits, Human Trafficking Education, Post-Residency Procedural Training, and Buprenorphine Education.

To address the changing field of medical education, the COCPD continued their efforts to incorporate novel teaching methodologies, such as Spaced Learning, Khan Academy style learning, and Audience Engagement Systems (AES), into future AAFP approved CME.

#### *Subcommittee on FMX Learning (SOFL)*

This year's AAFP Assembly will be held in Orlando, FL on Sept. 20-24th, and offers a wealth of educational and networking opportunities. Registration is open:

<http://www.aafp.org/events/fmx/register.html> In preparation for this year's FMX, Subcommittee members reviewed and selected an unprecedented number of poster abstracts including submissions from students and residents. This year, student and resident posters will each be judged separately in two categories—research and case presentations. The Chief Resident conference also occurs during FMX.

Additional SOFL highlights include:

- Identifying “tracks” and vertical learning in CME offered at FMX to help physicians focus on a particular area of interest, such as rural health.
- Selection of topics for 2016-2017 Assembly CME based on the CME curricular framework and prior year FMX data.
- Additional room for the ever-popular Problem-Based Learning (PBL) format for the 2016 FMX CME sessions.
- Addition of 25 Enduring CME credits, so that attendees can earn an unprecedented amount of CME credit even after the conference is over.

#### **Lessons Learned and the Value of Serving on COCPD**

To be honest, I did not know exactly what I was getting myself into when I was selected to serve on the COCPD. I knew that I wanted to represent the resident voice on my commission, develop my leadership skills, and serve on the national level. I got this and more. As a resident, I am usually focused on completion of one rotation at a time (or really, one day at a time), and my time on the COCPD gave me insight into the post-residency educational process through CME. As a part of the committee, I participated in the decision making process in determining future advancements of CME and FMX on SOFL. I was also able to voice the resident perspective on novel CME delivery methods.

I have gained insight into the organization of leadership within the AAFP, and the process by which the suggestions made by members through resolutions go on to become actions by the Academy. There are also opportunities to interact with leadership from other organizations that work for Family Physicians, such as the ABFM and the Federation of State Medical Boards (FSMB).

I am humbled by the amazing students, residents, and faculty that serve on the AAFP. I was able to interact with Family Physicians from throughout the country and get inspired by the work that they do. I also have to thank the incredible staff for their amazing support and organization.

I would encourage students and residents interested in developing leadership skills, becoming more involved with the AAFP, and impacting continuing medical education to apply for this commission. Please do not hesitate to contact me with any questions at [nguyen.jh@gmail.com](mailto:nguyen.jh@gmail.com).

## Student Report

It has been a privilege and an honor to serve as the 2016 Student Representative to the COCPD. Put simply, our commission supervises the AAFP credit system for continuing medical education (CME) activities. More broadly, our goal is to optimize CME opportunities to help family physicians to provide the most evidence-based, cost-effective, and patient-centered care possible. Our role also involves collaborating with other CME accreditors in the U.S., such as the ACCME/AMA, and AOA.

Each year, the AAFP receives thousands of applications for CME credit for various conferences, meetings, and other educational activities. Day-to-day, the majority of these applications are reviewed and either approved or denied by our wonderful AAFP staff. However, the members of our commission also review a small fraction of these applications – some of which are flagged for concerning content, others are pulled for random review. As the student representative, I was given autonomy to complete application reviews with mentorship as needed from a physician on COCPD. It was fascinating to read the applications, review their proposed content, and evaluate whether it is evidence-based and relevant to family physicians. With each review, I realized that my recommendations would potentially impact the learning of current and future family physicians as well as the care of patients in our hospitals and clinics.

We achieved a number of things this year, so I'll focus briefly on the high points. As a commission, we addressed resolutions on a broad range of topics this year, from transgender health education to PrEP and Hepatitis C treatment. Perhaps most relevant to medical students, the COCPD is extensively discussing ways to continue evolving CME for the future, including discussions on adult learning theory, utilization of technology, and spaced repetition learning techniques. At the medical school level, teaching and learning methods are rapidly evolving and the COCPD recognizes that CME methods must also continue to evolve to meet the needs of current and future learners. It will be fascinating to watch this evolution continue in the coming years and my hope is that the next student representative to the COCPD will be passionate about this ongoing conversation.

For those considering becoming more active in AAFP leadership, I would highly recommend applying to be the next Student Representative to the COCPD. The academy genuinely cares about our input as students and everyone I worked with on COCPD was welcoming and supportive in helping me contribute to the mission. Working on a commission is educational, enjoyable, and a tremendous networking opportunity to get to know fellow leaders in family medicine.

*Note: This report was prepared by the resident or student representative(s) listed and includes their account(s) of the business conducted during their term. This is not an official record of business proceedings from the AAFP or any other entity. To find out more about the business of the AAFP, its congresses, commissions, and current policies visit [aafp.org](http://aafp.org).*