Use of satellite clinics to increase obstetrical numbers in family medicine residency training

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Objectives

• Learn how our program addressed need for increased obstetrical volume for resident training
• Identify your own program’s obstetrical commitment and needs
• Create a list of potential solutions to address identified needs
• Share needs and solutions within the group
Who we are

Who are you?

• Program directors?
• Faculty?
• Coordinators?
The Issues

• Exposure versus experience
• Relevance to career goals for residents
• Residency-specific barriers

IV.A.6.k) Residents must document 200 hours (or two months) dedicated to participating in deliveries and providing prenatal and post-partum care. (Core)

IV.A.6.k). (1) This experience must include a structured curriculum in prenatal, intra-partum, and post-partum care. (Core)
IV.A.6.l) Programs should provide an experience in prenatal care, labor management, and delivery management\(^1\)

IV.A.6.l).(1) Some of the maternity experience should include the prenatal, intra-partum, and post-partum care of the same patient in a continuity care relationship. (Detail)

ACGME Program Requirements for Graduate Medical Education in Family Medicine. Revised Common Program Requirements effective: July 1, 2016.

IV.A.5.a).(1).(c) must demonstrate competence in their ability to provide maternity care, including: (Outcome)

IV.A.5.a).(1).(c). (i) distinguishing abnormal and normal pregnancies; (Outcome)

IV.A.5.a).(1).(c). (ii) caring for common medical problems arising from pregnancy or coexisting with pregnancy; (Outcome)

IV.A.5.a).(1).(c). (iii) performing a spontaneous vaginal delivery; and, (Outcome)

IV.A.5.a).(1).(c). (iv) demonstrating basic skills in managing obstetrical emergencies. (Outcome)

ACGME Program Requirements for Graduate Medical Education in Family Medicine. Revised Common Program Requirements effective: July 1, 2016.
Post-Residency Practice

- 47% family physicians providing maternity care in 1986\(^1\)
- < 10% in 2010\(^3\)
- Our graduates - 34%\(^2\)

Residency-Specific Barriers

- Opposing programs
- Changing health systems
  - Logistical issues
  - Credentialing issues
What are your residency specific barriers?

Decision Time
Why continue?

- Goal of program - broadly trained, skill mastery
- Faculty availability and desire
- Generalizable skill set?

Residency-Specific Barriers

- Opposing programs: now indirect
- Changing Health Systems
  - Logistical Issues
  - Credentialing Issues
When there’s a problem…

Form a committee!

Let’s say you’re on the committee…

• Ideas?
Our ideas

- Increase marketing
- Remind referral sources
- Improve patient experience
- Re-invest in curriculum
- Expand already existing program
  - Maternal Health Clinic
- Build relationships
- Recruit family medicine faculty with training in operative obstetrics

Required…

- Committed team
- Program commitment
- Health system commitment
Increase marketing

• Search “Tulsa maternity care” - #1
• Health system billboards
• “Health talk”
• Word-of-mouth

Remind referral sources

• Tulsa County Health Department
• Pregnancy resource centers
Improve Patient Experience

• Initiative underway as health system
• Welcome to pregnancy booklet
• Water bottles, onesie
• Emphasizing continuity of care
• Level 2 Healthy Start grant
Reinvest in curriculum resources

- Inpatient reading list
- Comprehensive curriculum
- Skills check-off cards
- Simulation lab
- Monthly didactic session
Build relationships

- OB Hospitalists
- Private OB/Gyns
- MFM

Family medicine faculty recruitment

- 13 of 18 FM faculty non-operative OB
- Added two fellowship trained FM faculty
  - One previous grad
  - One outside grad
Expand

- Maternal Health Clinic (MHC)
  - Soonercare
  - Soon-to-be-soonercare
  - See a need, meet a need

MHCs

- Four locations (3 w/ APRNs)
- Shared maternity care model
  - APRNs see up to 35 weeks
  - Resident sees until delivery/attends delivery
- East: June 2013
- Okmulgee: June 2014
- Peoria: May 2015
- Resident only: Rockford
Future Plans

- Continue aforementioned plan
- North Tulsa location?
- Partnership with Catholic Charities?
- Partnership with Creek Nation
Please…

Complete the session evaluation.

Thank you.