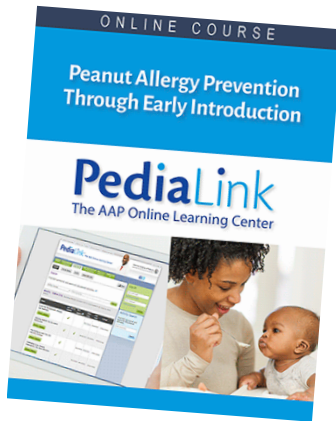


Introducing peanut foods to infants as early as 4-6 months of age can help prevent food allergies and the lifetime of burdens they bring

Resources to help your practice be an Early Introduction Champion

FamilyDoctor.org is up to date on peanut allergy prevention, as well as related topics including Eczema and Atopic Dermatitis, Anaphylaxis, The Importance of Starting Good Nutrition Early and more.

familydoctor.org



Earn CE free through Peanut Allergy Prevention Through Early Introduction – an online course developed by the American Academy of Pediatrics Section on Allergy & Immunology and available to healthcare providers who work with parents and infants.

<https://shop.aap.org/peanut-allergy-prevention-through-early-introduction/>

A hub for you and families @ **PreventPeanutAllergies.org**

Studies, guidelines, helpful tips, materials and stories of real families and early introduction are available online anytime for parents and providers.

There you can download **5 Easy Ways to Introduce Peanut Foods**, which provides parents simple options for ensuring they feed their infant the recommend amount of peanut protein beginning when it matters most.

