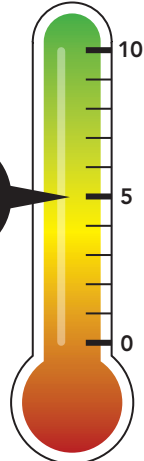


## MY HEALTH CONFIDENCE

What number best describes your:

### Health confidence

How confident are you that you can control and manage most of your health problems?

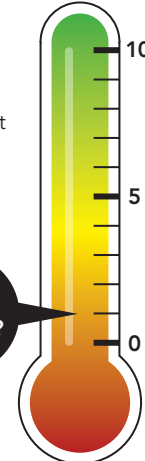


If your rating is less than "7," what would it take to increase your score?



### Health information

How understandable and useful is the information your doctors or nurses have given you about your health problems or concerns?



If your rating is less than "7," what would it take to increase your score?



Family Practice Management<sup>®</sup>

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