

Application: 11648

Thacher, Marcia

Page: Applicant Information

This is the application form for the Program of Excellence (PoE) Award for FMIG/SAACOFPS at medical schools. If you have any questions as you complete the application, please email studentorgfunding@aafp.org.

This application form will allow you to save and return to your work at a later date. You can also invite others to help you complete this application by clicking the "Manage Collaborators" button. For more details about this program, as well as specific instructions for family medicine student groups, visit the [AAFP website](#)

Applicant's Name

Thacher, Marcia

FMIG/SAACOFPS Group Name

ETSU Quillen College of Medicine Family Medicine Interest Group

Award Application Type

Category Award Application > Category Award Application - US MD Program

International medical school

Not Applicable

Medical School State

Tennessee

Medical School Name

East Tennessee State University James H. Quillen College of Medicine

Medical School City

Johnson City

Main or branch campus

Main campus

Students on campus

MS/OMS I, MS/OMS II, MS/OMS III, MS/OMS IV

FMIG Network Region

Region 5: Southeast (AL, FL, GA, KY, MS, NC, SC, TN)

Mailing Address

PO Box 70621

ETSU

Johnson City Tennessee 37614 US

Number of Students

288

Branch Number of Students

na

Active FMIG/SAACOFB members

100

Students serving in Leadership Positions

20

Applied for Award in the past

YES

Won Award in the past

YES

Page: Group Leadership

Please complete the following information about your group's faculty advisors.

Faculty advisor name

Dr. Jason Moore

Faculty advisor email

moorej@etsu.edu

Family physician?

Yes

Add to Faculty Advisor Online Community

Yes

Additional faculty advisor name

Additional faculty advisor email

Family physician?

Yes

Additional faculty advisors

Please complete the following information about your group's staff support.

alias394a7c658f5641ce8d6ac2cd2a02b05c

Yes

Staff supporter name

Connie Sue Clyburn

Staff supporter title

Family Medicine Coordinator

Staff supporter email

clyburn@etsu.edu

Please complete the following information about your group's student leaders.

Students in Leadership Positions

19

Leadership transition

February

Primary student leader name

Araminta Ann Ray

Primary student leader title (ex: FMIG president)

FMIG Co-President

Primary student leader class year

MS/OMS II

Primary student leader email

rayaa1@etsu.edu

Additional student leader name (2)

Marcia Kay Thacher

Additional student leader title (2)

FMIG Co-President

Additional student leader class year (2)

MS/OMS II

Additional student leader email (2)

thacher@etsu.edu

Additional student leader name (3)

Stephen Alexander Crockett

Additional student leader title (3)

FMIG Co-President

Additional student leader class year (3)

MS/OMS II

Additional student leader email (3)

crockettsa@etsu.edu

Additional student leader name (4)

Additional student leader title (4)

Additional student leader class year (4)

MS/OMS I

Additional student leader email (4)

Additional student leader name (5)

Additional student leader title (5)

Additional student leader class year (5)

MS/OMS I

Additional student leader email (5)

Additional student leaders

Lindsey Merkle Moore
AAFP FMIG Southeast Regional Coordinator

Community Service Ambassadors (all M1 below)

Tar Wars

Alexis Miranda (Mirandaa@etsu.edu), Summer Short (shoresv@etsu.edu) and Lillith Bulawa (bulawa@etsu.edu)

Ready, Set, Fit / Nutrition

Katherine Keith (keithkl@etsu.edu) and Jasmine Seal (sealjt@etsu.edu)

Meet the Doctor

M2: Jeffery Peters (petersjd@etsu.edu) and Paige Seals (sealsp@etsu.edu)

Anatomy on Display

Kamran Tate (tatekg@etsu.edu) and Divya Agarwal (agarwald@etsu.edu)

Church Hill Free Clinic

John Bell (belljm@etsu.edu) and Sai Pranav Reddy Dwarampudi (dwarampudi@etsu.edu)

Migrant Worker Health Clinic

Sarah Bridgeman (bridgemans@etsu.edu) and Andrea Ramirez (ramirezparra@etsu.edu)

Community Garden

Madeline Standbridge (standbridge@etsu.edu) and John Bell (belljm@etsu.edu)

Alzheimer's Tennessee

Frances Chung (chungf@etsu.edu)

Page: Overall or Categorical Award and Group Information

Category or Special Consideration

Community Service: What your FMIG/SAACOPF does for the community.

FMIG Operation

The Quillen COM FMIG is primarily a student led organization with M1-M4 membership. Because of the membership size and breadth of activities, leadership is divided equally among three Co-Presidents from the M2 year. One president holds the role for overall coordination, one for community engagement, and one for student engagement. Approximately 10 community service teams are led by M1 Ambassadors.

Goals

- * Foster community among M1-M4 students interested in Family Medicine as a Profession
- * Encourage and organize student body community service
- * Provide opportunities for community and club level leadership
- * Promote Family Medicine among the student body
- * Provide educational sessions on aspects of Family Medicine as a Specialty
- * Provide education sessions on current topics in Family Medicine
- * Connect with other MD and DO Family Medicine Organization in Tennessee and the Southeast

Faculty Advisor

Most events and FMIG speakers are coordinated entirely by the student body leaders. Faculty provide suggestions for current topics, help connect students with Family Medicine doctors as speakers, and ensure that we are informed of upcoming National Events. They are always available for general guidance and advice. Staff also provide logistical assistance for event planning and budget management.

Page: CATEGORICAL PROGRAM/PROJECT/INITIATIVE #1**Title of Program**

Alzheimer's Tennessee

Date and Time

3:30-4:30 pm November 03, 2020 2:00-3:00 pm November 11, 17, 19, 20 and December 9, 2020

Work Hours to Organize

10

Participation

16

Description of Program/Project/Initiative #1 Categorical

During COVID-19, nearly all senior care homes enacted visitation restrictions to protect this vulnerable population. However, knowing that socialization is such a key element to the continued health and wellbeing, particularly of Alzheimer's patients, Quillen FMIG coordinated with Alzheimer's TN to continue limited sessions where students interacted with patients based on medical necessity. Students, staff, and residents closely observed CDC guidelines by virtue of minimizing the number of visitors to five per session, wearing masks for the entirety of the visits, and having been tested and confirmed negative for COVID-19 prior to each visitation session. Students were able to interact with residents and participate in craft-making activities such as Thanksgiving paper turkeys and holiday wreaths. Alzheimer's TN provided drinks, snacks, and craft supplies for every session. Six sessions were held when most residential homes were unfortunately unable to even allow family members to visit. Residents and staff greatly appreciated having social interaction and mental stimulation. Staff reported that the residents greatly enjoyed each session. Students gained a greater appreciation for working with Alzheimer's and senior patients. Some takeaways from the students included having additional patience for answering the residents' repetitive questions and taking more time to help these seniors complete various activities like finding a seat at the table or eating a snack.

Additionally, FMIG in conjunction with Alzheimer's TN utilized funds awarded through the Family Medicine Student Organization (FMSO) Grant Program to create care packages for the remaining local retirement facilities in Johnson City that were closed to all visitors. These care packages included items requested specifically from each facility director, such as baby dolls, coloring supplies, magazines, and stuffed animals. Students also made cards for the residents that were included in the care packages. The cards included uplifting messages, such as "We miss you!" and "Spring is just around the corner!". By creating the care packages and cards, students gained an appreciation for connecting with this vulnerable population through another form beyond physical visitations. The care packages were created and delivered in hopes of brightening the spirits of residents who were socially isolated during the COVID-19 precautions and visitor restrictions.

Page: CATEGORICAL PROGRAM/PROJECT/INITIATIVE #2

Title of Program

Community Garden at Carver Rec. Center

Date and Time

Throughout the growing season

Work Hours to Organize

2 students - continuous logistical planning

Participation

11

Description

The Quillen FMIG plot at Carver Rec Community Garden provides fresh produce to One Acre Café, a restaurant offering healthy meals to everyone in the community, regardless of their ability to pay. The plot is entirely student operated and students have the flexibility to grow whatever produce is most needed in response to the requests of the café. This past year, two 4X16 garden beds were utilized to grow tomatoes, cucumbers, squash, and a variety of leafy greens. Two M1 students lead the program by communicating with community partners, Carver Rec. Center and One Acre Café, other members of the community garden, and volunteers. They also planned the layout of the garden beds and coordinated the produce harvesting and delivery.

The student volunteers in FMIG actively help support the program in a variety of ways. They assisted in garden upkeep by preparing the soil, weeding, watering the plants, and helped to ensure the entire community garden was clean and accessible for the other gardeners. Volunteers also picked and washed the produce and delivered it to One Acre Café. These volunteer opportunities are open to other students outside of FMIG when more hands are needed and offer a great chance to increase networking and collaboration with non-FMIG individuals.

While Covid-19 affected many volunteer efforts, the community garden was able to remain completely functional after some adjustments for CDC guidelines. Social distancing was followed, masks were worn while gardening, and the number of volunteers present at one time was limited. One Acre Café closed their dine-in seating, however, they still provided to-go meals for the community. Produce was safely delivered weekly for continued support of the café's efforts. Consistent communication with community partners occurred to make sure that FMIG was providing items that they needed. This continued until the growing season ended.

The operation of the community garden shows how Family Medicine can invest in the community in ways that contribute to improving health through nutrition and access to resources. To prepare to improve the program for this upcoming year, the two M1 leaders have participated in planning with Carver Rec. Center to make updates to the garden. Carver Rec. Center is installing raised garden beds of different sizes to assist with easier upkeep and to attract new community partners. Three, 4X16 raised garden beds will be utilized by FMIG next year to increase the volume of produce that is grown. There will also be increased volunteer opportunities for members and non-members at the café and with the garden once that can be done safely within COVID-19 guidelines.

Page: CATEGORICAL PROGRAM/PROJECT/INITIATIVE #3

Title of Program

Quillen High School Outreach Program

Date and Time

Spring 2021

Work Hours to Organize

4

Participation

4

Description

The Quillen High School Outreach Program is composed of a group of four M1 ambassadors from the Quillen College of Medicine. We share our passion for the field of medicine with younger students seeking to pursue the same career path. By working with students and encouraging them to pursue a career in the medical field, we hope to advocate for the use of Quillen's vast resources and, hopefully, inspire future healthcare leaders. During college, we benefitted greatly from having peers older than us guide us through the application process for medical school and the intricacies of the pre-med path. We want to be able to provide the same help to others seeking to go to medical school or pursue other healthcare paths, and, hopefully, even persuade those who are hesitant about it to consider it as a potential future path. In a typical year, we would go out to the high schools in the community and speak to students using a prepared powerpoint presentation. However, due to the ongoing pandemic, we have resorted to a new style in order to fulfill our mission.

We recorded a 10-minute video with the intent to pique student's interest in medicine and other related healthcare fields. The video was recorded through Zoom with each of the QHOP ambassadors presenting a different part of the powerpoint. The recording was subsequently edited using the Zoom editing software. The presentation included three distinct sections. First, we outlined various high school and undergraduate programs offered through ETSU. These included the High School Rural Medical Camp, Anatomy Lab Internship, and the Medical Horizons Program. Next, we provided a detailed outline of the pathway one may expect through college and into medical school. This analysis included the college coursework and entrance exams one should expect to encounter. Lastly, we discussed the many professional healthcare related degrees ETSU has to offer. The video was subsequently shared with a local high school health science teacher, who shared the video with her classes. The video reached approximately 60 students. We hope to distribute this recorded video to numerous high schools in the surrounding area and beyond, allowing our reach to be even greater than pre-covid times.