

Application: 12001

Chan, Melissa

**Page: Applicant Information**

This is the application form for the Program of Excellence (PoE) Award for FMIG/SAACOFPS at medical schools. If you have any questions as you complete the application, please email [studentorgfunding@aafp.org](mailto:studentorgfunding@aafp.org).

This application form will allow you to save and return to your work at a later date. You can also invite others to help you complete this application by clicking the "Manage Collaborators" button. For more details about this program, as well as specific instructions for family medicine student groups, visit the [AAFP website](#)

**Applicant's Name**

Chan, Melissa

**FMIG/SAACOFPS Group Name**

Carver College of Medicine FMIG

**Award Application Type**

Overall Award Application > Overall Award Application - US MD Program

**International medical school**

Not Applicable

**Medical School State**

Iowa

**Medical School Name**

University of Iowa Roy J. and Lucille A. Carver College of Medicine

**Medical School City**

Iowa City

**Main or branch campus**

Main campus

**Students on campus**

MS/OMS I, MS/OMS II, MS/OMS III, MS/OMS IV

**FMIG Network Region**

Region 2: Midwest (IL, IN, IA, KS, MN, MO, NE, ND, SD, WI)

**Mailing Address**

Dept of Family Medicine, University of Iowa  
200 Hawkins Drive, 01293-G PFP  
Iowa City Iowa 52242 US

**Number of Students**

around 600

**Branch Number of Students**

around 600

**Active FMIG/SAACOFB members**

150

**Students serving in Leadership Positions**

10

**Applied for Award in the past**

YES

**Won Award in the past**

YES

**Page: Group Leadership**

Please complete the following information about your group's faculty advisors.

**Faculty advisor name**

Emily Welder, MD

**Faculty advisor email**

emily-welder@uiowa.edu

**Family physician?**

Yes

**Add to Faculty Advisor Online Community**

Yes

**Additional faculty advisor name**

Stacey Appenheimer, MD

**Additional faculty advisor email**

stacey-appenheimer@uiowa.edu

**Family physician?**

Yes

**Additional faculty advisors**

Please complete the following information about your group's staff support.

**alias394a7c658f5641ce8d6ac2cd2a02b05c**

Yes

**Staff supporter name**

Meggan Riggan-Rocha

**Staff supporter title**

Academic Clinical Program Management Associate

**Staff supporter email**

meggan-riggan-rocha@uiowa.edu

Please complete the following information about your group's student leaders.

**Students in Leadership Positions**

10

**Leadership transition**

May

**Primary student leader name**

Melissa Chan

**Primary student leader title (ex: FMIG president)**

FMIG Co-President

**Primary student leader class year**

MS/OMS IV

**Primary student leader email**

melissa-chan@uiowa.edu

**Additional student leader name (2)**

Anna Wilcox

**Additional student leader title (2)**

FMIG Co-President

**Additional student leader class year (2)**

MS/OMS II

**Additional student leader email (2)**

anna-wilcox@uiowa.edu

**Additional student leader name (3)**

Cassandra Moylan

**Additional student leader title (3)**

Professional Development Chair

**Additional student leader class year (3)**

MS/OMS IV

**Additional student leader email (3)**

cassandra-moylan@uiowa.edu

**Additional student leader name (4)**

Emma Barr

**Additional student leader title (4)**

IAFP Representative

**Additional student leader class year (4)**

MS/OMS III

**Additional student leader email (4)**

emma-barr@uiowa.edu

**Additional student leader name (5)**

Jayden Bisson

**Additional student leader title (5)**

M1 Representative for FMIG

**Additional student leader class year (5)**

MS/OMS I

**Additional student leader email (5)**

jayden-bisson@uiowa.edu

**Additional student leaders**

Nicole Johnston, National Primary Care Week Chair, MIII, nicole-johnston@uiowa.edu

Emily Ruba, Secretary/Treasurer, MII, emily-ruba@uiowa.edu

Alexa Schmitz, Service Learning/Community Outreach Chair, MII, alexa-schmitz@uiowa.edu

Sierra Stuerman, Lunch Meetings Chair, MIV, sierra-stuerman@uiowa.edu

Brandon Vander Stoep, Procedure Clinics Chair, MIV, brandon-vanderstoep@uiowa.edu

## Category or Special Consideration

N/A applying for Overall Award

### FMIG Operation

Our leadership structure is designed to encourage involvement of all classes, M1-M4, and to facilitate mentoring relationships between the upper and lower classmen. Not only does this unique distribution of leadership among the classes foster mentoring and diversity in leadership, it provides a foundation for continuity from one year to the next. By avoiding a structure in which upperclassmen hold most of the positions, we in turn avoid a loss of knowledge and experience as seniors graduate. We prepare underclassmen to progressively take on more responsibilities in leadership and to gain knowledge necessary to lead the group and mentor subsequent incoming students. Additionally, we have compiled a shared electronic folder with important information to pass down to the next leadership team.

We have a particularly active FMIG with extensive programming. In order to be successful, we share the responsibilities among a large leadership team. We distribute formal responsibilities for each event, program, or project to a specific leadership member. This leader takes primary responsibility for coordination of the event and delegation of tasks among other members of the leadership team. The size of our team and diversity of class year involvement results in valuable team input which reflects the priorities and needs of students at all levels of medical education. It allows us to provide programming that benefits all students while accommodating varying interests and course/clinical schedules. Lastly, the extensive number of leadership positions provides more opportunities for students to gain entry into leadership and to remain involved throughout medical school. The acquisition of leadership skills is vital for a successful future in family medicine.

After years of experimentation, we have established a successful combination of upper- and underclassmen positions for which we hold elections each spring. This year, our leadership team is made up of 10 students and leadership positions. Below is a list of our current leadership positions:

- 2 Co-Presidents
- 1 VP of Lunch Meetings
- 1 VP of Procedure Clinics
- 1 Secretary/Treasurer (combined position)
- 1 Service Learning/Community Outreach Chair
- 1 Professional Development Chair
- 1 Iowa Academy of Family Physicians (IAFP) Representative
- 1 Primary Care Week Coordinator
- 1 M1 Representatives

In previous years, we had had additional Membership Chair and Social Media Chair, but this year those roles were included in other positions.

This year one co-President is an M4 and one is an M2. Having presidents from different classes helps facilitate the transfer of leadership at the end of the academic year. In the past, we have had specific roles for the M1, M2, M3, and M4 representatives. We have found that this is not critical to the structure of our leadership team. Every member of our leadership team serves as a representative to and advocates for their respective class. We have kept the specific M1 representative positions because we feel that it is critical to get M1s involved on the leadership team early on. This year we had one M1 representative that took on responsibility planning informational lunch meetings with various family medicine faculty.

We have written up formal descriptions of each leadership position named above, but these descriptions serve only as guidelines for formal responsibilities of each position. Election to the leadership team implies involvement in all responsibilities of the executive team as a whole. We have a collaborative team dynamic that pushes students to excel within their roles, to eagerly assist other leaders, and to freely share innovative ideas for the future.

## Goals

The University of Iowa Family Medicine Interest Group is actively committed to strengthening awareness and involvement within the field of family medicine on campus, in the surrounding Iowa City community, and across the state and country. The mission of our group is to provide a variety of programming in order to:

1. Expand medical students' understanding of and interest in family medicine
2. Increase the visible presence of the group and its programs/activities
3. Prepare medical students to be leaders in family medicine
4. Foster medical students' personal and professional development
5. Build networks and relationships to connect medical students with practicing family physicians

Our specific goals are to:

1. Provide exposure to family medicine to all students at the Carver College of Medicine
2. Engage medical students through a variety of activities, including procedure clinics, speakers, and small group discussions, to help facilitate the exploration of the field of family medicine
3. Organize programming that meets the needs of students at all levels of training
4. Provide medical students with meaningful mentorship opportunities with family physicians
5. Plan events to aid FMIG members in serving the community in an impactful way while furthering their skills
6. Prepare students to apply to residency and take the next step in becoming a family physician

## Faculty Advisor

This year, our FMIG transitioned faculty advisors. We are supported by a faculty advisor, support staff, and the Department of Family Medicine who are all integrally involved with our FMIG operations. Our faculty advisor is Dr. Emily Welder, a clinical assistant professor in the Department of Family Medicine at the University of Iowa. She was approved by the Board of Directors of the IAFP to serve in this role. We also have support of the Director of Medical Student Education in the Department of Family Medicine, Dr. Stacey Appenheimer. They are very accessible to both the leadership team and other FMIG members. The board has met with them regularly each semester to discuss goals, and remain in constant communication about events and opportunities for students. We are fortunate to also have the assistance of Meggan Riggan-Rocha, a support staff member within the University of Iowa Family Medicine Department. Dr. Welder, Dr. Appenheimer, and Meggan Riggan-Rocha provide assistance in a variety of ways, including finances, providing contacts for possible speakers for events, ordering materials, and coordinating communication with the IAFP and AAFP. They receive all official leadership meeting communications and assist executive officers in maintaining continuity, establishing contacts, and generating new ideas for innovative programming to further meet our mission and goals.

## Page: OVERALL PROGRAM/PROJECT/INITIATIVE #1

### Title of Program

Procedure Clinics

### Date and Time

3 workshops of 2 hours each held during the academic year

### Work Hours to Organize

1 student for 15 hours total

**Participation**

around 20-25 students per clinic, had to limit to accommodate for social distancing for COVID

**Choose Categories**

Professional development: This is something your FMIG/SAACOFP does to promote professional and/or leadership development among our members. , Exposure to family medicine and family physicians: This is something your FMIG/SAACOFP does to expose its members to family physicians in your medical school or the community , Promoting the scope and diversity of family medicine: What your FMIG/SAACOFP does to educate students and increase their understanding of and appreciation for the broad range of opportunities in family medicine. , Current issues or innovations in family medicine , Other

**Other**

Helps to promote the Family Medicine residency programs in Iowa



## **Description**

FMIG's procedure clinics are known by students and faculty for being fun, educational activities throughout the Carver College of Medicine. The events are co-hosted by an FMIG board member alongside faculty and residents from various family medicine residency programs in Iowa.

Our goals include: 1. Providing a safe learning environment for students to learn and practice new skills or refine their techniques with guidance from physicians and residents in family medicine. 2. Creating an informal atmosphere in which students and residency program faculty/residents can interact and network 3. Allowing students who have experience with various techniques to facilitate the teaching process and share their knowledge with fellow students. The procedure clinics held this year were Casting and Splinting, Perineal Laceration Repair, and Needle Night. The respective residency program involved in each clinic provides most, if not all of the supplies and equipment for the event. The physician co-hosting the event brings a long a team of current residents who usually break off into groups with the students for a more intimate learning experience. Registration for each event is first sent out to the FMIG listserv through the college in order to give priority to student members of FMIG. If there are spaces remaining for additional students, an email is sent to all students in the Carver College of Medicine and responses are recorded on a first-come, first-serve basis. The spaces usually fill up quickly and there is a wait list in case of cancellations. In the past we were able to accommodate about 25-50 students per clinic, but this year we capped the clinics at 25 students in order to maintain social distancing for Covid-19 safety precautions. The clinics are organized by the FMIG Vice President of Procedure Clinics. If the VP is unable to attend the event personally, an email is sent out to the FMIG leadership board asking for volunteers who can attend the event and assist the residency program in running the clinic. The student(s) charged with helping to run the clinic act as the point of contact for the residency program upon their arrival, set up the room with equipment and supplied, check in students to assure attendance, and update students with current happenings in FMIG.

We were excited to be able to continue to offer these procedure clinics in a year when so many events had to be virtual. In order to make these events as safe as possible for students and faculty/residents, we capped attendance at 20-25 students to maintain social distancing. We also strictly enforced PPE usage at every event. The tables were cleaned before and after the clinics and hand sanitizer was available throughout the room. It was difficult to recruit residency programs to participate this year due to Covid-19, but we were fortunate to be able to work closely with the University of Iowa's family medicine residency as well as our faculty adviser for FMIG to offer two clinics in the spring semester. Although we had one other residency program participate in the splinting and casting procedure clinic in the fall, we are hopeful to get more participation from other residency programs next year as Covid-19 restrictions continue to ease.

Overall this program is an excellent partnership between the college and the state's family medicine residencies; students receive high quality instruction in procedures they rarely get to practice, and learn to appreciate the scope of family medicine. Residency programs get to interact with in-state students, which they find to be beneficial for their recruitment.

**Page: OVERALL PROGRAM/PROJECT/INITIATIVE #2**

## **Title of Program**

National Primary Care Week

## **Date and Time**

Monday October 5th - Friday October 9th 2020

**Work Hours to Organize**

1 student, 20 work hours total

**Participation**

Approximately 20 students per meeting

**Categories**

Professional development: This is something your FMIG/SAACOFP does to promote professional and/or leadership development among our members. , Exposure to family medicine and family physicians: This is something your FMIG/SAACOFP does to expose its members to family physicians in your medical school or the community , Promoting the value of family medicine as primary care: This is something your FMIG/SAACOFP does to tell members about the role of family medicine in enhancing primary care. This could include the patient-centered medical home, primary care workforce, National Primary Care Week Activities, or other collaborations with Primary care interest groups., Promoting the scope and diversity of family medicine: What your FMIG/SAACOFP does to educate students and increase their understanding of and appreciation for the broad range of opportunities in family medicine. , Current issues or innovations in family medicine , Collaboration with another campus group: Please include which group (SNMA, another primary care interest group, etc.)

**Collaboration**

Internal Medicine Interest Group, Pediatric Interest Group, EQUAL Meds, Leopold Society (OBGYN), Psychiatry Interest Group

## Description

### Introduction and Goals:

National Primary Care Week is an annual event to bring healthcare professionals together to showcase the diversity and the importance of primary care. Goals of FMIG's National Primary Care Week activities include:

1. To collaborate with other primary care interest groups to develop a week-long informative event
2. To highlight interdisciplinary healthcare and the importance of primary care in under-served populations
3. To specifically emphasize hot topics in family medicine and primary care and the benefits in a career in primary care
4. To facilitate professional and informal interactions between practicing family physicians, residents, and medical students (M1-M4) with similar interests to start the conversations about the role of family medicine in primary care.

As we have done in previous years, FMIG enlisted the help of several other interest groups to coordinate a truly integrated week highlighting several aspects of primary care. Other groups involved included: Internal Medicine Interest Group, Pediatric Interest Group, EQUAL Meds, Leopold Society, and Psychiatry Interest Group. Our events included daily lunch meetings about primary care topics hosted by each interest group, and daily trivia about primary care. Topics included community vs academic residency training in family medicine, incorporating advocacy into the medical career, inclusive care of underrepresented populations, and a psychiatry subspecialty panel. Each lunch meeting event offered ample time after the presentations for Q&A allowing students to interact with primary care physicians/residents. The week's activities were a great way to show medical students the numerous opportunities and breadth of family medicine and other primary care specialties.

### FMIG Leader Roles and Program Execution:

The FMIG Primary Care Week Coordinator was responsible for coordinating events with other primary care student interest groups to plan and organize events for National Primary Care Week held each October. The coordinator advertised for the week's events on our student list serves as well as various social media platforms. They also sent out daily trivia questions through email and distributed various prizes to the trivia winners with the correct answers.

Due to Covid-19 we were not able to hold any meetings in person and instead held them over Zoom. Various prizes were raffled off during the lunch meetings to encourage attendance and student participation. This year we coordinated and communicated with more interest groups than previous years which resulted in a very diverse group of presentations and events. We were able to provide a large range of topics to promote primary care and the numerous paths you can take as a primary care physician.

**Page: OVERALL PROGRAM/PROJECT/INITIATIVE #3**

## Title of Program

Topics in Family Medicine Lunch Series

## Date and Time

Four meetings throughout the year for a total of five hours

## Work Hours to Organize

1 student, 16 work hours total

**Participation**

~10-25 students per meeting

**Categories**

Professional development: This is something your FMIG/SAACOFP does to promote professional and/or leadership development among our members. , Exposure to family medicine and family physicians: This is something your FMIG/SAACOFP does to expose its members to family physicians in your medical school or the community , Promoting the value of family medicine as primary care: This is something your FMIG/SAACOFP does to tell members about the role of family medicine in enhancing primary care. This could include the patient-centered medical home, primary care workforce, National Primary Care Week Activities, or other collaborations with Primary care interest groups. , Promoting the scope and diversity of family medicine: What your FMIG/SAACOFP does to educate students and increase their understanding of and appreciation for the broad range of opportunities in family medicine.

**Description**

This text box says character count instead of word count so we were not able to fully discuss this project. We have included a full description of the FM lunch series under initiative #8 on this form.

**Page: OVERALL PROGRAM/PROJECT/INITIATIVE #4**

**Title of Program**

Speed Dating Careers in Family Medicine

**Date and Time**

April 20, 2021

**Work Hours to Organize**

1 student, 6 hours total

**Participation**

20, including DMU's FMIG

## Categories

Professional development: This is something your FMIG/SAACOFPP does to promote professional and/or leadership development among our members. , Exposure to family medicine and family physicians: This is something your FMIG/SAACOFPP does to expose its members to family physicians in your medical school or the community , Promoting the value of family medicine as primary care: This is something your FMIG/SAACOFPP does to tell members about the role of family medicine in enhancing primary care. This could include the patient-centered medical home, primary care workforce, National Primary Care Week Activities, or other collaborations with Primary care interest groups. , Promoting the scope and diversity of family medicine: What your FMIG/SAACOFPP does to educate students and increase their understanding of and appreciation for the broad range of opportunities in family medicine. , Current issues or innovations in family medicine , Significant changes/improvement made on an existing FMIG/SAACOFPP program. , Collaboration with another campus group: Please include which group (SNMA, another primary care interest group, etc.)

## Collaboration

Collaboration with DMU's FM interest group

## Description

This event was started in 2013 and has been a very popular event. Prior to Covid-19 this event involved family doctors from the state of Iowa networking with medical students in an in-person speed dating format. This year we had to alter the format to be able to accommodate this event in a virtual space. In order to do that we offered a panel of family doctors from a wide scope of practices to discuss the diversity of family medicine. Our goals for this event include:

1. To gain unique perspectives to the broad spectrum of family medicine
2. To learn about various focus areas that family physicians pursue to tailor their practice
3. To identify the career opportunities and the scope of care provided by family physicians
4. To learn various settings in which family physicians can practice.

FMIG Leader Roles and Program Execution:

The FMIG professional development chair and Kelly Scallon, Director of Education and Advocacy from the IAFP worked together to coordinate this event which was funded by special grant funding received from IAFP. The professional development chair identified a date and worked with Kelly to help line up a variety of family physicians from Iowa with different scopes of practice who are willing to join us for the evening. This event was advertised mainly over email. This event has rated very highly in the past, and many students often report they were unaware of the broad scope of practice of family physicians. The event does a great job of getting the word out about opportunities in family medicine to students who many not have been exposed to it before.

2021 Changes:

Due to Covid-19 we couldn't host this event in person. One advantage of having this be a virtual event was that we could collaborate with DMU's FMIG. This was a great opportunity to network and have more people be able to attend our panel. This also enabled us to get speakers from across the state of Iowa that otherwise wouldn't have been able to make the drive to Iowa City. One of the drawbacks to this virtual event was that we were unable to offer a catered meal, which had been a big draw for students in years past. This year to encourage attendance, we applied for and received AAFP special funding to supply CHOMP gift cards, so participants could order and enjoy food at their convenience in the safety of their homes or wherever they were watching the panel.

**Page: OVERALL PROGRAM/PROJECT/INITIATIVE #5**

**Title of Program**

Mentorship Initiative

**Date and Time**

ongoing throughout year

**Work Hours to Organize**

2 students for approximately 25 hours

**Participation**

13 students

**Categories**

Professional development: This is something your FMIG/SAACOFP does to promote professional and/or leadership development among our members. , Exposure to family medicine and family physicians: This is something your FMIG/SAACOFP does to expose its members to family physicians in your medical school or the community , Promoting the value of family medicine as primary care: This is something your FMIG/SAACOFP does to tell members about the role of family medicine in enhancing primary care. This could include the patient-centered medical home, primary care workforce, National Primary Care Week Activities, or other collaborations with Primary care interest groups. , Promoting the scope and diversity of family medicine: What your FMIG/SAACOFP does to educate students and increase their understanding of and appreciation for the broad range of opportunities in family medicine.

## Description

### Introduction and Goals:

For the past decade, our FMIG has intermittently sponsored a mentorship program with the University of Iowa Family Medicine faculty. In an effort to provide a more sustainable mentorship opportunity to our members, we worked with our FMIG Faculty Advisor to develop a new mentorship opportunity for our members. Our goals for this program were:

1. To enhance student understanding of and interest in Family Medicine
2. To provide guidance to our members through meaningful mentorship in a longitudinal fashion
3. To create mentoring relationships that inspire and revitalize the work of practicing physicians in the state of Iowa

### FMIG Leader Roles and Program Development:

Because of the pandemic and virtual rotations, there was concern that students were not getting exposure to family medicine and the diversity of the practices. Students typically in our curriculum are not exposed to family medicine until their clinical core year that begins halfway through M2 year. Additionally, we believe that formal mentorship is one of the ways that students can be encouraged to go into family medicine especially by reaching M1s and M2s prior to their clinical rotations. Therefore, in order to foster these formal mentorships, our professional development chair and secretary/treasurer revitalized our mentorship program after a hiatus of a few years. A survey was developed for students to sign up for the mentorship program and express their career interests and what they hoped to gain from formal mentorship. On the mentor side, a sign up sheet was distributed by our advisors to the Department of Family Medicine to identify individuals who would be interested in mentoring students and what their practice includes (i.e.: ob, geriatrics, LGBTQ health). The students were then paired with mentors who shared their interests and could provide guidance. Students and mentors could then meet or chat on an ad hoc basis.

A follow up survey was sent to participants a few months after the start, and participants noted that they were "happy with the matches" and a future improvement suggestion was to have more structure in the mentorship program. We look forward to continuing this program and growing the mentorship pairs, while also improving the structure for the program.

## Page: OVERALL PROGRAM/PROJECT/INITIATIVE #6

### Title of Program

Residency application and interview panel

### Date and Time

8/20/2020

### Work Hours to Organize

3 students, 5 work hours

### Participation

15

**Categories**

Professional development: This is something your FMIG/SAACOFF does to promote professional and/or leadership development among our members. , New event for this FMIG/SAACOFF

**Description**

This virtual residency panel was a new event put on this year. FMIG wanted to host an event to discuss how Covid-19 would affect the application and interview process for residencies. Residency applications and interviews are stressful times for all medical students, but particularly those applying in the middle of a global pandemic. There were many students who had questions on how virtual interviews would go and how best to prepare. We wanted to offer students a chance to get their questions answers before the application season began.

The panel consisted of the University of Iowa Family Medicine Residency Director, incoming residency director (as the program has a planned transition), and multiple family medicine residents. The lineup of speakers allowed us to discuss the specific details about applying during Covid, but also general questions about how to prepare and what residency programs were looking for on applications. This panel was offered to all medical students and M1s to M4s were in attendance.

This event was headed by the professional development chair in collaboration with the co-presidents. Together they came up with a list of questions to ask the panel to spur thoughtful discussion. One of the co-presidents moderated the event and there was ample time for open question and answer at the end of the session. Since this was a virtual event, students participated via chat and asked their questions aloud.

We received positive feedback about how helpful this event was, especially in a stressful year with a lot of questions about how virtual interviewing would look. Going forward we hope to continue this event but hopefully be able to offer an in person panel, or even a separate session with for mock interviews.

**Page: OVERALL PROGRAM/PROJECT/INITIATIVE #7**

**Title of Program**

Ward Walks

**Date and Time**

November 2020

**Work Hours to Organize**

1 student, 20 hours

**Participation**

14 students



**Categories**

Professional development: This is something your FMIG/SAACOFP does to promote professional and/or leadership development among our members. , Exposure to family medicine and family physicians: This is something your FMIG/SAACOFP does to expose its members to family physicians in your medical school or the community , Promoting the scope and diversity of family medicine: What your FMIG/SAACOFP does to educate students and increase their understanding of and appreciation for the broad range of opportunities in family medicine.

**Description**

Ward Walks has been an intermittently executed program over the years with the purpose of providing preclinical students exposure to inpatient care in the Department of Family Medicine. Our M1 Representative contacted the chief residents in order to establish a schedule for days that students could join residents on the wards. Students can then sign up for days to shadow the inpatient units and see what rounding entails and the diversity of patient cases.

In particular, this year was difficult to administer this program because of Covid-19. Many of the family medicine residents were deployed to Covid floors, and medical students were pulled out of rotations and were told to not be on the care teams of Covid-19 patients. Due to the persistence of our M1 representative, there was more student participation than previous years. Unfortunately due to the pandemic, this program was only administered for a month before it was halted for the safety of participants, residents, and patients. Now that most students and residents are vaccinated, there are plans to restart the program.

**Page: OVERALL PROGRAM/PROJECT/INITIATIVE #8****Title of Program**

Topics in Family Medicine Lunch Series

**Date and Time**

Four meetings throughout the year for a total of five hours

**Work Hours to Organize**

1 student, 16 work hours total

**Participation**

10-25 students per meeting

## Categories

Professional development: This is something your FMIG/SAACOFP does to promote professional and/or leadership development among our members. , Exposure to family medicine and family physicians: This is something your FMIG/SAACOFP does to expose its members to family physicians in your medical school or the community , Promoting the value of family medicine as primary care: This is something your FMIG/SAACOFP does to tell members about the role of family medicine in enhancing primary care. This could include the patient-centered medical home, primary care workforce, National Primary Care Week Activities, or other collaborations with Primary care interest groups. , Promoting the scope and diversity of family medicine: What your FMIG/SAACOFP does to educate students and increase their understanding of and appreciation for the broad range of opportunities in family medicine.

## Description

Introduction & Goals: 1. To expose underclassmen (M1, M2) to the diversity of family medicine and the importance of primary care in today's healthcare system. 2. To broaden the knowledge of upperclassmen (M3, M4) by highlighting specific practices or fellowship tracts available in the field of family medicine, both rural and academic in nature. 3. To facilitate professional and informal interactions between practicing family physicians, residents, and all medical students (M1-M4) with similar interests to start the conversation about the role of family medicine in primary care. 4. To emphasize all the other great FMIG events occurring during the semester.

Lunch meetings this year covered topics including an introduction to family medicine, an overview of family medicine residency, a sports medicine fellowship information session, and a match panel. During the match panel the M4 students gave advice on how to approach and prepare for the residency application process, including advanced electives, away rotations, program selection, interviewing, and creating their final match list. In previous years, it was routine to provide lunch at in-person meetings which would encourage attendance. Due to Covid-19 and the necessary safety precautions, all of our meetings were virtual this year. We raffled off water bottles, t-shirts, and various University of Iowa merchandise to attendees. Especially because of the pandemic, we also felt it was important to focus a large amount of our lunch meetings on professional development topics since there was a lack of informal mentorship opportunities because of the highly virtual structure of medical education.

FMIG leader roles and program execution: One FMIG Co-Vice-President organizes the lunch meeting talks, coordinating the purchasing of raffle supplies with the FMIG treasurer and our support staff through the Department of Family Medicine. Diligent attention is paid to the medical school's master calendar to coordinate around exam schedules and other large interest group meetings. Advertising these lunch meetings (and all FMIG events) continues to be an important goal of our FMIG.