

Application: 12751

Faino, Rachel

Page: Applicant Information

This is the application form for the Program of Excellence (PoE) Award for FMIG/SAACOF's at medical schools. If you have any questions as you complete the application, please email studentorgfunding@aafp.org.

This application form will allow you to save and return to your work at a later date. You can also invite others to help you complete this application by clicking the "Manage Collaborators" button. For more details about this program, as well as specific instructions for family medicine student groups, visit the [AAFP website](#)

Applicant's Name

Faino, Rachel

FMIG/SAACOF's Group Name

Oregon Health & Science University Family Medicine Interest Group

Award Application Type

Overall Award Application > Overall Award Application - Osteopathic Medicine Program

International medical school

Not Applicable

Medical School State

Oregon

Medical School Name

Oregon Health & Science University School of Medicine

Medical School City

Portland

Main or branch campus

Main campus

Students on campus

MS/OMS I, MS/OMS II, MS/OMS III, MS/OMS IV

FMIG Network Region

Region 1: Western (AK, AZ, AR, CA, CO, HI, ID, LA, MT, NV, NM, OK, OR, TX, UT, WA, WY) lue 1

Mailing Address

3181 SW Sam Jackson Park Rd

Mail Code: FM

Portland Oregon 97239 US

Number of Students

650

Branch Number of Students

650

Active FMIG/SAACOFPP members

130

Students serving in Leadership Positions

3

Applied for Award in the past

YES

Won Award in the past

YES

Page: Group Leadership

Please complete the following information about your group's faculty advisors.

Faculty advisor name

Richard Moberly, MD

Faculty advisor email

moberly@ohsu.edu

Family physician?

Yes

Add to Faculty Advisor Online Community

Yes

Additional faculty advisor name**Additional faculty advisor email****Family physician?****Additional faculty advisors**

Please complete the following information about your group's staff support.

alias394a7c658f5641ce8d6ac2cd2a02b05c

Yes

Staff supporter name

Rachel Faino

Staff supporter title

Administrative Coordinator

Staff supporter email

holguira@ohsu.edu

Please complete the following information about your group's student leaders.

Students in Leadership Positions

3

Leadership transition

January

Primary student leader name

Brandon Carey

Primary student leader title (ex: FMIG president)

FMIG lead

Primary student leader class year

MS/OMS I

Primary student leader email

careybr@ohsu.edu

Additional student leader name (2)

Joshua Martwick

Additional student leader title (2)

FMIG lead support

Additional student leader class year (2)

MS/OMS I

Additional student leader email (2)

martwicj@ohsu.edu

Additional student leader name (3)

Elizabeth Quimby

Additional student leader title (3)

FMIG lead support

Additional student leader class year (3)

MS/OMS I

Additional student leader email (3)

quimbye@ohsu.edu

Additional student leader name (4)

Additional student leader title (4)

Additional student leader class year (4)

Additional student leader email (4)

Additional student leader name (5)

Additional student leader title (5)

Additional student leader class year (5)

Additional student leader email (5)

Additional student leaders

Page: Overall or Categorical Award and Group Information

Category or Special Consideration

N/A applying for Overall Award

FMIG Operation

Our FMIG has faculty, family medicine staff and student leadership in place. The faculty and family medicine administrative staff provides leadership in an organized way with one family medicine faculty member and one lead support staff, who share roles to develop student interest in Family Medicine (see question 19 for details on those roles). In 2013, we developed the FMIG Student Development Model, a theory-based approach that helps focus FMIG planning so different levels of student interest in FM are being met by intentionally focused, planned events.

The three development stages are:

1. Early Interest, 2. Developing Interest, and 3. Residency Preparation. This progression can be conceptualized as an upside triangle, with the broadest number of students participating in the FMIG during the Early Interest stage. As students progress through medical school and begin to differentiate, some leave FMIG to pursue other specialty interests. The triangle narrows in the Developing Interest stage, to a smaller group of students with a deeper interest in the field of Family Medicine as a future career. Activities at this stage also focus on community building through community-service and social events. The final stage, Residency Preparation, is focused on those students who have a committed interest in Family Medicine and are planning on applying for a Family Medicine Residency. Activities at this stage focus on both the residency application and preparedness.

Leadership in the OHSU FMIG is primarily student-driven. Student leaders play a robust and empowered role in the day to day governance of the FMIG. Primary leadership is made up of three to four MS1 FMIG leaders. The FMIG leaders switch out each year and the new leaders are chosen by the previous year's student leadership through an application process. These student leaders meet with the faculty advisor and one lead support staff monthly and are instrumental in developing the annual events and agenda of FMIG. Some events, like the end of the year mentor's dinner, are annual events that students assist with but do not coordinate. Events, like FMIG outreach events, clinical skills workshops and "socials" are led by student leaders with only monetary support from faculty leadership. This balance of planned events and student led events gives student leaders opportunities to both lead their peers and "plug in" to pre-planned events, this way they are empowered but not overwhelmed by their leadership roles. Student leaders also "specialize" in their specific leadership tasks in the FMIG. One student leader is responsible for coordinating monthly FMIG workshops, such as suturing, knee injections, heart sounds, etc. These workshops are critical in giving medical students at OHSU early exposure to the FM faculty and the scope of practice in FM. Another leader is focused on communications, and manages the FMIG email listserve as well as helping to manage the OHSU FMIG Facebook page. These communication tools have a broad reach (The Facebook page currently has 350 members, consisting of current students, faculty, alumni and even FM residency directors) and much effort is put in by our student leaders in leveraging this tool effectively. Our two other FMIG leaders focus on community outreach and lunchtime talks. Both of these are primarily "Stage 2" events, meant to give current FMIG members a way to develop connections and deepen relationships with themselves and outside mentors and initiatives. The lunch series talks can also at times be a Step 1 event if the leaders feel it will draw broad interest outside of current FMIG members. The combined efforts of these students results in a high energy, high profile FMIG with lots of varied events for students to connect to at any given time.

One faculty member and one support staff work with student leaders continually throughout the year to support these varied efforts. Rachel Faino, the lead and main FMIG administrative support, works closely with our FMIG leaders on organizing interest generating events, such as initial social events for upcoming students, skills workshops and lectures with FM faculty. Dr. Rick Moberly, spearheads Stage 2 and 3 level events, working closely with students in the development of leadership skills, early contact with faculty mentors and peer-to-peer communication forums. Dr. Moberly coordinates events, such as our Post Interview Dinner for fourth year students interested in Family Medicine and events to help students prep for their residency interview process. He spearheads the Stage 3 Residency Preparation of FMIG student development. Students who have chosen to apply to Family Medicine are supported through advisor placements, workshops on the residency application process and post interview informational sessions. These efforts create a sense of community among FMIG students, giving them a "home" to explore and develop their interest in Family Medicine.

Goals

The mission of the OHSU Family Medicine Interest Group is to promote the specialty of Family Medicine and support and develop student interest in Family Medicine.

The goals of the OHSU School of Medicine Family Interest Group (FMIG) are:

- To promote the value of Family Medicine as a specialty
- To provide information to medical students about the wide range of opportunities in Family Medicine
- To offer leadership and professional development for students who have an interest in Family Medicine
- To offer clinical skills building workshops for students, led by Family Medicine physicians
- To organize opportunities for students to meet Family Medicine physicians in the community and state
- To offer opportunities for FMIG students to serve the community
- To offer residency application guidance for students planning careers in Family Medicine
- To celebrate students who choose Family Medicine as a career and give them a forum to find physician mentors
- To dispel any negative myths relating to choosing a career in Family Medicine such as salary, quality of life and job satisfaction

Faculty Advisor

We have one faculty advisor and one FMIG lead support persons who assist with our FMIG. Each advisor/staff member brings their own unique strengths that we have been able to leverage in order to provide maximal support for our student leaders and members. Our mission isn't just to support students interested in family medicine but to empower them to lead and achieve their goals for FMIG. While we continue to nurture and support their interest we also see the important role of creating strong Family Medicine leaders. Our FM advisor/staff members and their strengths/focuses are:

- Rick Moberly, MD; Director of FMIG Career Advising and Mentorship: Dr. Moberly works with students throughout their four years of their medical education with a primary focus on two different groups of students. The first group is targeted to helping foster students already interested in Family Medicine and ensuring they're getting excellent advising and mentorship. The second group are students who are undecided about specialty choice, he helps them gain experiences within Family Medicine so they can make the most informed decisions possible. Dr. Moberly leads all programing in the third and fourth year that are related to residency selection, application and preparedness. He also works with students in the development of leadership skills, early contact with faculty mentors and peer-to-peer communication forums. His efforts are intended to take an early interest in Family Medicine and develop that into a desire to pursue the specialty as a career choice.

- Rachel Faino, FMIG Support Lead, Medical Student Education: Mrs. Faino works closely with the FMIG student leaders on event planning for FMIG related events, organizes the logistics, catering and any emails necessary, for each event to run smoothly and efficiently.

Page: OVERALL PROGRAM/PROJECT/INITIATIVE #1

Title of Program

Residency Preparedness and Career Advising

Date and Time

Continuous throughout the year

Work Hours to Organize

10 hours from 5-6 MSIII and MSIV students

Participation

35

Choose Categories

Professional development: This is something your FMIG/SAACOFD does to promote professional and/or leadership development among our members.

Description

We have a series of flagship FMIG Residency Preparedness events that start as soon as students matriculate and run all the way until after match day. These are typically open to all students but often have a focus catered to a specific stage in medical school. Below is brief overview of our events. These programs are organized by advisory faculty and also require heavy student involvement. These events differ slightly each year based on feedback from the previous year and the input of new student leaders. Each year we work with graduating medical students to assess what additional information and assistance they think would be helpful in deciding on family medicine and then preparing for residency application process. This year we successfully assisted 21 graduating students to match into FM residencies across the country.

Summer: AAFP Resident/Student Conference in Kansas City: Students interested in FM are supported by FMIG and departmental leadership in attending the annual conference.

Early Fall: Residency Social Nights: Residencies interested in talking to our students work with FMIG leaders to set up a time and place for an event. The Facebook page and email listserve is used to effectively get the word out.

Fall:

- MSIV Residency Preparation Evening: Covering Letters of Recommendations, Personal Statements and Interviewing Tips. Includes a panel of interns who answer questions about their residency search process and experience.
- Noontime Lecture: "Can I Afford to go into Primary Care". For this event we invite a recruiter and a new FM physician to talk to medical students about the market for FM physicians. This is highly attended and students report great surprise about how much FM physicians can make, effectively dispelling the myth FM physicians aren't highly compensated.

Early Spring: MSIII Preparation for Residency Evening:

This is a focus on building a 4th year schedule to aide in being a successful FM resident and having success in matching. Topics discussed include: Sub-Internships, electives, away rotations, getting letters of recommendation and how to start looking at FM residency programs.

Late Spring: Post-Interview Dinner:

This evening event is geared to MSII and MSIII who are considering applying to a family medicine residency. A panel of MSIV share information and impressions from their residency search.

Throughout the year for MSIV: We ensure all FMIG students have the opportunity for one of our faculty to review their personal statement and to provide one-on-one residency advising.

Page: OVERALL PROGRAM/PROJECT/INITIATIVE #2

Title of Program

Early and Meaningful Exposure to Faculty and Clinical Practice of Family Medicine

Date and Time

Continuous throughout the year

Work Hours to Organize

10 students - with approximately 3 hours of planning per event

Participation

110

Categories

Professional development: This is something your FMIG/SAACOFP does to promote professional and/or leadership development among our members. , Exposure to family medicine and family physicians: This is something your FMIG/SAACOFP does to expose its members to family physicians in your medical school or the community , Promoting the value of family medicine as primary care: This is something your FMIG/SAACOFP does to tell members about the role of family medicine in enhancing primary care. This could include the patient-centered medical home, primary care workforce, National Primary Care Week Activities, or other collaborations with Primary care interest groups., Promoting the scope and diversity of family medicine: What your FMIG/SAACOFP does to educate students and increase their understanding of and appreciation for the broad range of opportunities in family medicine. , Current issues or innovations in family medicine

Description

Early and Meaningful Exposure to Faculty and the Clinical Practice of Family Medicine: OHSU students are provided many opportunities for interaction with FM faculty, residents and other more advanced students through three main programs: Skills Workshops, Lunchtime talk/lectures, and our Labor and Delivery Elective. These events change yearly based on student leadership and the examples below are just samples of what is offered.

- Virtual Skills Workshops: Our FMIG has made the commitment to offer at least one skills workshop each month. One or two of our FMIG leaders are designated as Event/Skills Workshop Coordinator. These students will plan and coordinate the workshops and faculty to lead the workshops. These include suture skills level one and two, circumcision, IUD insertion and contraception, joint injection, advanced directive workshop. Many more topics are brainstormed annually to be implemented by FMIG leaders. These workshops are free and open to all students, with FMIG members receiving priority registration. The workshops are very popular with both medical students and PA students participating. They typically reach the limit of capacity for each workshop, with many students needing to be wait-listed. These are primarily Stage 1 (early interest) events meant to expose students to the scope of FM.

- Virtual Lectures: This series is intended to deepen interest in FM with more focused sessions on specific topics (Stage 1 and 2 events). The leaders invite a number of family medicine physicians in for a virtual lecture about a particular topic relevant to Family Medicine and current events surrounding this field of medicine. Topics this year we will have included are: "Can I Afford to go into Primary Care", "Q&A with a Virologist (COVID-19 related)", "ERAS 101 During COVID-19", "Forum on Racism & Medicine", "Telehealth & the Digital Divide", and have many talks on Social Justice in the realm of FM.

Online Journal Club for all FMIG members to discuss advocacy in FM medicine, current events relating to FM medicine, and to build a sense of community during COVID, where everything is virtual.

Page: OVERALL PROGRAM/PROJECT/INITIATIVE #3**Title of Program**

Leadership Opportunities for Medical Students

Date and Time

Continuous throughout the year

Work Hours to Organize

10

Participation

25

Categories

Professional development: This is something your FMIG/SAACOFPP does to promote professional and/or leadership development among our members. , Exposure to family medicine and family physicians: This is something your FMIG/SAACOFPP does to expose its members to family physicians in your medical school or the community , Promoting the value of family medicine as primary care: This is something your FMIG/SAACOFPP does to tell members about the role of family medicine in enhancing primary care. This could include the patient-centered medical home, primary care workforce, National Primary Care Week Activities, or other collaborations with Primary care interest groups. , Current issues or innovations in family medicine

Description

- The FMIG student leaders meet with the OHSU FM Chair, Dr. Jennifer DeVoe, within the year of their leadership to discuss issues facing family medicine, national health care and medical students. It gives the Chair a chance to meet and get to know the leaders of FMIG, as well as a chance for our leaders to learn more about our department chair.
- Monthly FMIG Leadership Committee Meetings: Student organized and allow the FMIG faculty leaders and student leaders to co-create the agenda for upcoming FMIG events, thus empowering students to lead in their roles and still feel supported.
- Student Representative on the board of the OAFP: The student is a MSIII, has voting power on the board and reports back to FMIG about issues discussed.

Page: OVERALL PROGRAM/PROJECT/INITIATIVE #4

Title of Program

Community Outreach

Date and Time

Continuous throughout the year

Work Hours to Organize

4 - 5 students to organize

Participation

30 - 50

Categories

Community Service: This is something your FMIG/SAACOFPP does to promote professional and/or leadership development among your members. , Exposure to family medicine and family physicians: This is something your FMIG/SAACOFPP does to expose its members to family physicians in your medical school or the community , Promoting the value of family medicine as primary care: This is something your FMIG/SAACOFPP does to tell members about the role of family medicine in enhancing primary care. This could include the patient-centered medical home, primary care workforce, National Primary Care Week Activities, or other collaborations with Primary care interest groups. , Promoting the scope and diversity of family medicine: What your FMIG/SAACOFPP does to educate students and increase their understanding of and appreciation for the broad range of opportunities in family medicine. , Collaboration with another campus group: Please include which group (SNMA, another primary care interest group, etc.)

Collaboration

I-CAN program with nursing school and Casey Eye Institute

Description

Several FMIG sponsored events take place throughout the year to foster engagement between FMIG students and the greater community. These are Stage 2 events that are entirely student run. These events vary year to year based on student interests.

- Health Care Equity Week: Members of our FMIG, spanning from first through fourth year students, participate in the variety of outreach services provided to homeless or shelter-insecure adults for a designated week each year. The services staffed by FMIG members include medical interpreting from our talented bilingual students, vitals and BMI screening, vision screening, registration and referrals. (on hold due to COVID)

- High School student Outreach: FMIG students help OHSU FM faculty and residents staff the Benson Wellness Center, a school-based health center serving primarily economically disadvantaged students at Benson Polytechnic High School in Portland, Oregon. (currently on hold due to COVID).

- Mobile Health Fair: Student volunteers team up with Casey Eye Institute for their annual Mobile Health Fair and Salud! - Student volunteers provide health screenings and diabetes screenings to walk-up members in the community. It is a way for students to assist in providing basic healthcare to the under-served in the community.

I-CAN MD student Fellowship program: ICAN is a program that started in the school of nursing and they identify vulnerable patient and make home (or now virtual visits) with the patient to help them access social services. ICAN has historically been a part of the curriculum for nursing students, dental students and dietician students. They haven't had medical students be a part of the program previously, so we are collaborating with them to get medical students to be a part of the interprofessional education (working with people outside of your immediate colleagues) and hopefully pair them in a more longitudinal fashion with one or two families to help them navigate doctors' appointments, applications, or contacting other services. The students are doing this as a volunteer basis currently, not for any credit, solely to help out the patients who are in need. In the future we may try to change this into an optional course for the students for credit.

Title of Program

n/a

Date and Time

n/a

Work Hours to Organize

n/a

Participation

n/a

Categories

Other

Other

n/a

Description

n/a

Page: OVERALL PROGRAM/PROJECT/INITIATIVE #6**Title of Program****Date and Time****Work Hours to Organize****Participation****Categories****Description**

Page: OVERALL PROGRAM/PROJECT/INITIATIVE #7

Title of Program

Date and Time

Work Hours to Organize

Participation

Categories

Description

Page: OVERALL PROGRAM/PROJECT/INITIATIVE #8

Title of Program

Date and Time

Work Hours to Organize

Participation

Categories

Description