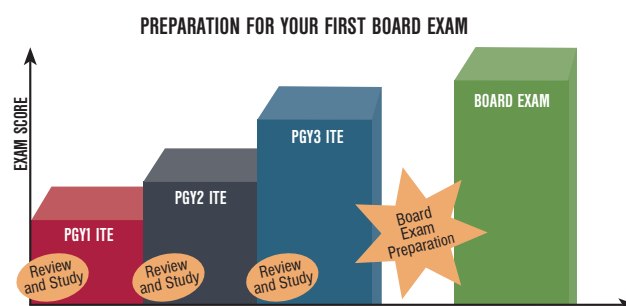


PREPARATION

The best way to pass your Boards is to prepare.
And the best way to prepare is with the AAFP.

- Every year (PGY1, PGY2, PGY3), the In-Training Exam (ITE) is a tool for you to learn:
 - What you know well
 - What you don't know well
 - What topics you need to study more
- Every year is an opportunity for you to prepare for a better score next year:
 - PGY1 – Set the baseline
 - PGY2 – Improve the score
 - PGY3 – Improve the score again
- The ITE uses a content outline that's identical to the one used for the Board exam. Improving your ITE score each year makes you better prepared to do well on your Board exam.
- The ITE allows for comparison of your progress relative to other residents, but what's more important in terms of predicting success on the Board exam is how well you score compared to the threshold.
- The AAFP provides many useful study tools — choose based on your preferred learning method:
 - Self-study
 - AAFP Family Medicine Board Review Self-Study Packages
 - AAFP Family Medicine Board Review Online Questions
 - *FP Comprehensive™* Board Prep on Flash Drive or CD-ROM
 - *FP Essentials™*
 - *FP Audio™*
 - AAFP METRIC®
 - *American Family Physician* articles and quiz questions
 - Live
 - AAFP Family Medicine *Board Review Express™* Live Course
 - Focused topics such as musculoskeletal, geriatrics, and skin problems
- The ABFM calls it *Maintenance of Certification*. It's also about achieving certification for the *first* time, as a third-year resident.
- The ITE is composed of questions in multiple topic areas:



special sensory population-based care
musculoskeletal psychogenic endocrine
patient-based systems cardiovascular hematologic / immune
nephrologic integumentary gastrointestinal
neurologic respiratory female reproductive
male reproductive non-specific



AMERICAN ACADEMY OF
FAMILY PHYSICIANS