



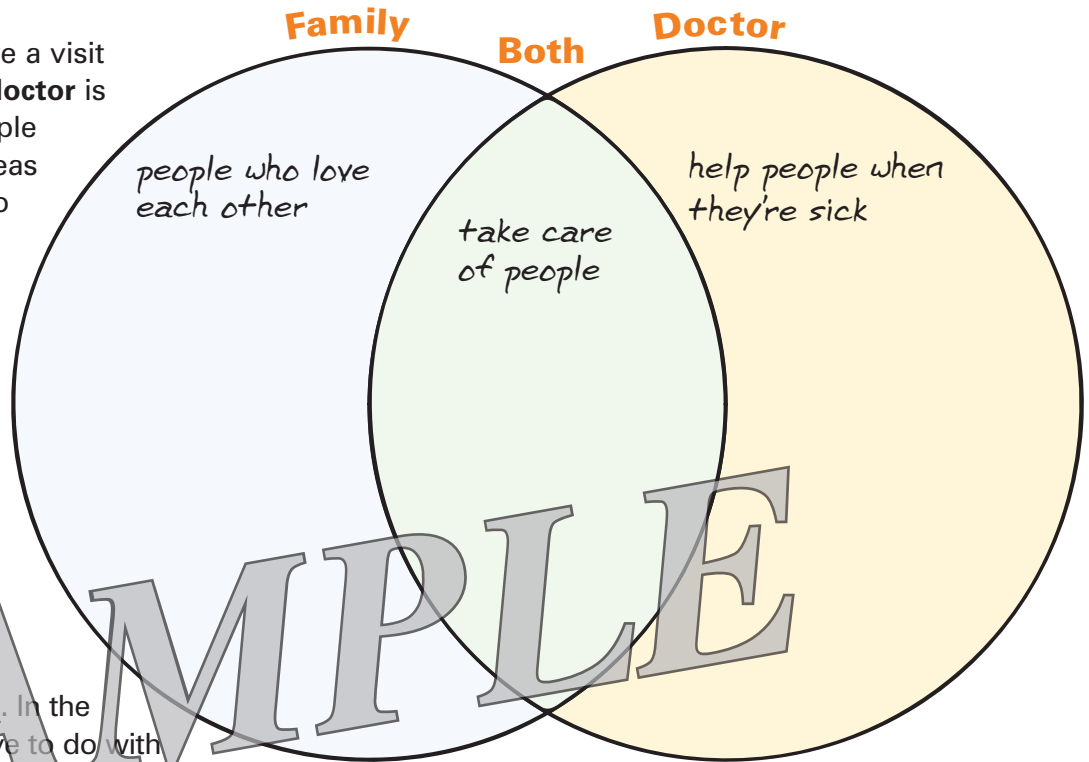
# Ask the Family Doctor

Very soon, your class will receive a visit from a family doctor! A **family doctor** is a person trained to care for people and families of all ages, in all areas of health. He or she will speak to you about the importance of being active, eating smart, and feeling good.

Follow the instructions below. Think about what a family doctor does and how a family doctor can help you. Then think of some questions you might want to ask the family doctor.

## Instructions

1. Fill in the Venn diagram above. In the left circle, write things that have to do with the word *Family*.
2. In the right circle, write things that are related to the word *Doctor*.
3. In the *Both* section, where the two circles overlap, write things that families and doctors have in common.
4. Once you have finished filling out the Venn diagram, share what you have written during a class discussion.
5. Now think of one or two questions that you would like to ask the family doctor who visits your classroom.
6. Practice writing a few questions in the space to the right.
7. Then pick your favorite question and write it down on an index card. Remember to write neatly so your teacher and the family doctor can read it clearly.



Sample Question: Why is fitness important?

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