By getting a vaccine, you are not only taking care of your own health, you’re also preventing the spread of life-threatening diseases. That means you’re potentially saving the lives of countless others who may not be able to get vaccinated themselves. So wear this bandage with pride. Consider it a badge of honor that shows you care about the health of those you love, as well as the health of others in your community whom you may not know.

Encourage others to help build our community of immunity. Visit familydoctor.org/vaccines for more information.