

Designing a consensus-driven accessible toolkit for managing cognitive health in primary care settings

Natalia Loskutova MD, PhD¹ Emily Bullard MPH¹, William R. Venable III MBA, MPA¹, Craig Smail MA, MSc¹, Eric Vidoni, PT, PhD²

¹American Academy of Family Physicians National Research Network, ²University of Kansas Medical Center, Dept. of Neurology

AAFP national research
— network —

INTRODUCTION

- Early and timely recognition of cognitive decline shows clear benefits
- Detection and management tools for cognitive impairment do exist, however, a set of comprehensive resources tailored to the needs of primary care are not packaged for streamlined implementation
- Development and dissemination of a consensus based toolkit for primary care is needed for better identification and management of dementia in primary care settings before patients experience crisis or hospitalization

METHODS

- AAFP National Research Network members were invited to participate via email
- Ten physicians were chosen of twenty-nine candidates based on their diverse training, practice, and geographical setting.
- Toolkit construction was driven by the Delphi method of pooling feedback from iterative review of materials and questionnaires.
- Moderated group discussion was used to gain consensus on the content, delivery platform, and practice implementation for the toolkit.

We would like to thank our expert panelists for their contributions to this project: Jessica J. Burkett MD, Ramona Chube MD, Elizabeth Glazier MD, Ashkan Javaheri MD, Julius F. Metts MD, Kristin M. Nebel DO, Daniel G. Orr MD, Matthew L. Rios MD, Vicki J. Roberts MD, Rosa I. Vizcarra MD

The AAFP Cognitive Care Kit has been developed by the American Academy of Family Physicians in collaboration with Eli Lilly and Company.

FINDINGS

Electronic Format

aafpcognitivecarekit.info

Comprehensive resources, yet streamlined and simple to navigate

Tools and resources cover all aspects of the disease continuum

Suggested and alternative tools and resources available

Use credible sources

Provide simple instructions and scoring information

Patient, Family, and Caregiver Tools and Resources

Themes and sorting of materials from expert panel feedback informed the design and content of the toolkit

Tools and Resources that are patient centered and include all aspects of care, including caregiving

IMPLICATIONS FOR D&I

- The creation of a best practices consensus-based toolkit provides opportunity for primary care physicians to engage patients in cognitive health early in their care and potentially improve healthcare delivery related to cognitive function.
- Themes from this expert panel and the resulting toolkit can serve as a model framework for developing an acceptable and accessible package of tools for a diverse set of future health care needs.

NEXT STEPS

- Review feedback from user survey and comments
- Analyze usage through Google Analytics
- Promote toolkit to AAFP members through web, email, newsletter, chapter relations, and social media
- Future studies to address gaps in resources, necessary enhancements, and toolkit implementation