

The Mood Disorder Questionnaire



**You may decide to screen for bipolar disorder when prescribing antidepressants.
These questions may be helpful.**

INSTRUCTIONS: Please answer each question as best you can.

YES NO

1. Has there ever been a period of time when you were not your usual self and ...

... you felt so good or so hyper that other people thought you were not your normal self or you were so hyper that you got into trouble?

... you did things that were unusual for you or that other people might have thought were excessive, foolish or risky?

2. Have any of your blood relatives (i.e. children, siblings, parents, grandparents, aunts, uncles) had manic-depressive illness or bipolar disease?

3. Has a health professional ever told you that you have manic-depressive illness or bipolar disorder?