<table>
<thead>
<tr>
<th>Item</th>
<th>Scale</th>
<th>Score</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. In general, would you say your health is:</td>
<td>Excellent 5</td>
<td></td>
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<tr>
<td></td>
<td>Very good 4</td>
<td></td>
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<tr>
<td></td>
<td>Good 3</td>
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<tr>
<td></td>
<td>Fair 2</td>
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<tr>
<td></td>
<td>Poor 1</td>
<td></td>
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<tr>
<td>2. In general, would you say your quality of life it:</td>
<td>Excellent 5</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Very good 4</td>
<td></td>
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<tr>
<td></td>
<td>Good 3</td>
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<td></td>
<td>Fair 2</td>
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<tr>
<td></td>
<td>Poor 1</td>
<td></td>
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<tr>
<td>3. In general, how would you rate your physical health?</td>
<td>Excellent 5</td>
<td></td>
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<tr>
<td></td>
<td>Very good 4</td>
<td></td>
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<tr>
<td></td>
<td>Good 3</td>
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<tr>
<td></td>
<td>Fair 2</td>
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<tr>
<td></td>
<td>Poor 1</td>
<td></td>
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<tr>
<td>4. In general, how would you rate your mental health, including</td>
<td>Excellent 5</td>
<td></td>
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<tr>
<td>your mood and your ability to think?</td>
<td>Very good 4</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Good 3</td>
<td></td>
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<tr>
<td></td>
<td>Fair 2</td>
<td></td>
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<tr>
<td></td>
<td>Poor 1</td>
<td></td>
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<tr>
<td>5. In general, how would your rate your satisfaction with your</td>
<td>Excellent 5</td>
<td></td>
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<tr>
<td>social activities and relationships?</td>
<td>Very good 4</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Good 3</td>
<td></td>
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<tr>
<td></td>
<td>Fair 2</td>
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<tr>
<td></td>
<td>Poor 1</td>
<td></td>
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<tr>
<td>6. In general, please rate how well you carry out your usual</td>
<td>Excellent 5</td>
<td></td>
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<tr>
<td>social activities and roles. (This includes activities at home,</td>
<td>Very good 4</td>
<td></td>
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<tr>
<td>at work, and in your community, and responsibilities as a parent,</td>
<td>Good 3</td>
<td></td>
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<tr>
<td>spouse, employee, friend, etc.)</td>
<td>Fair 2</td>
<td></td>
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<td></td>
<td>Poor 1</td>
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<tr>
<td>7. To what extent are you able to carry out everyday physical</td>
<td>Completely 5</td>
<td></td>
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<tr>
<td>activities such as walking, climbing stairs, carrying groceries,</td>
<td>Mostly 4</td>
<td></td>
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<tr>
<td>or moving a chair?</td>
<td>Moderately 3</td>
<td></td>
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<tr>
<td></td>
<td>A little 2</td>
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<tr>
<td></td>
<td>Not at all 1</td>
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<tr>
<td>8. How often have you been bothered by emotional problems such as</td>
<td>Never 5</td>
<td></td>
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<tr>
<td>feeling anxious, depressed, or irritable?</td>
<td>Rarely 4</td>
<td></td>
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<tr>
<td></td>
<td>Sometimes 3</td>
<td></td>
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<tr>
<td></td>
<td>Often 2</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Always 1</td>
<td></td>
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<tr>
<td>9. How would you rate your fatigue on average?</td>
<td>None 5</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Mild 4</td>
<td></td>
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<tr>
<td></td>
<td>Moderate 3</td>
<td></td>
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<tr>
<td></td>
<td>Severe 2</td>
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<tr>
<td></td>
<td>Very severe 1</td>
<td></td>
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<tr>
<td>10. How would you rate your pain on average?</td>
<td>No pain 0</td>
<td></td>
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<td>8</td>
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<td>9</td>
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<td>10</td>
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