TOBACCO CESSATION FLOWCHART using the 5 A's

**ASK about Tobacco, E-cigarette, or Vape Use**

**ADVISE** in a Strong, Personalized Way that the Tobacco/Vape User Quit

**ASSESS** Whether the Patient is Ready to Make a Quit Attempt Now

**YES**

**ASSESS** Develop a Quit Plan

- **PROVIDE MEDICATION**
- **REFER OUT AS NEEDED**

Provide Resources

**NO**

**USE THE 5 R’s**

- **Relevance** of quitting
- **Risks** of not quitting
- **Rewards** related to quitting
- **Roadblocks** that may arise
- **Repetition**: it may take several attempts to succeed
- Put a note in the patient chart to revisit at the next visit

**ARRANGE for Follow Up**