

Background

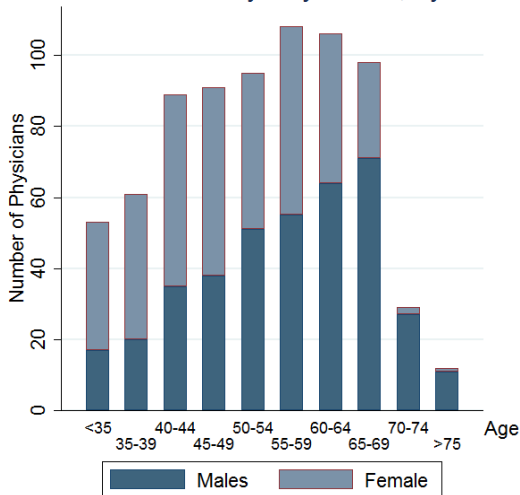
In the United States, primary care physicians (PCPs) currently represent less than one-third of the total physician workforce.¹ States are under increasing pressure to create solutions that bolster the number of physicians practicing primary care in both rural and urban settings.² This factsheet characterizes the primary care physician workforce in Maine.

We used data mainly from the 2018 American Medical Association (AMA) Physician Masterfile. Physicians were classified as primary care if their primary specialty is family medicine, internal medicine, pediatrics, general practice or geriatrics. We restricted our counts to PCPs in direct patient care. With Centers for Medicare and Medicaid Services data, we identified PCPs that work mainly as hospitalists and excluded them from our analysis. Finally, we used additional data sources to identify osteopaths excluded from the AMA Masterfile.

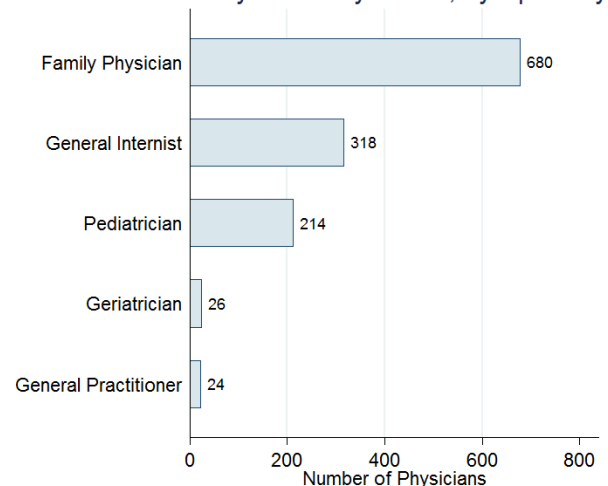
Current Workforce

In 2018, Maine had 1,261 PCPs in direct patient care, of which 680 were family physicians. In other words, 54% of its primary care workforce consisted of family physicians, compared to 26% in the New England Census Division and 38% nationwide. On a per capita basis, there were about 94 PCPs per 100,000 persons in Maine, compared to 98 per 100,000 in the New England and 76 per 100,000 in the U.S. as a whole. The state's family medicine workforce was 47% female, which was more than the percentage nationwide (45%). Consistent with national trends, younger family physicians were more likely to be female than their older counterparts. About 48% of family physicians were over the age of 55, more than the nationwide percentage of 44%.

Age Distribution of Family Physicians, by Gender



Distribution of Primary Care Physicians, by Specialty



	Maine	New England*	Nation
Characteristics of Family Physicians and PCPs			
Percent over 55 Years (PCP)	48	46	44
Percent Female (FP)	47	51	45
Percent Osteopaths (FP)	25	8	12
Percent International Medical School Graduates (FP)	4	9	12
Distribution of PCPs			
Percent Total State Population Rural	41	12	14
Percent Family Physicians Rural	40	20	14
Percent Total State Population in Underserved County**	0	1	18

*US Census Bureau New England Census Division States: CT, ME, MA, NH, RI, VT

**Underserved counties had a population to PCP ratio greater than 2,000:1.

In 2018, about 4% of family physicians in the state were international medical school graduates and 25% were trained as osteopaths. While 41% of Maine’s population lived in rural counties, 40% of family physicians work in these counties. None of Maine’s residents live in underserved counties with more than 2,000 persons per PCP.

Future Workforce

Evidence indicates that physicians are more likely to practice in the state in which they completed residency.³ National PCP deficits have stimulated the growth of in-state residency programs to replenish the aging generation of physicians leaving the workforce. Understanding current primary care residency programs can help Maine assess its future primary care workforce to meet the health care needs of its population.

There are 4 family medicine residency training programs in Maine. Nationally, the number of family physicians graduating from the Accreditation Council for Graduate Medical Education-accredited programs declined from 3,225 in 2005 to 2,970 in 2012, then increased to 3,383 by 2017. Trends for Maine over the same period are shown in the adjacent figure.

Between 2011 and 2017, the state produced a total of 211 family physicians; of these, 100 (47%) stayed in-state. The loss of state-trained family physicians is offset by the in-migration of 46 family physicians trained in other states. Through elevated support of family medicine residency programs, Maine can work to replenish the PCP pipeline practicing in local communities.

Published December 2018. More details about our methods are available at <https://www.graham-center.org/content/dam/rgc/documents/maps-data-tools/maps-methodology/state-pc-physician-workforce-methodology.pdf>.

Suggested Citation: Stephen Petterson, Elizabeth Wilkinson, A.C. Kessler, Courtney Stone, Andrew Bazemore. *The State of Primary Care Physician Workforce*. Washington, D.C.: The Robert Graham Center, 2018.

1. American Medical Association (AMA). AMA Physician Masterfile. <https://www.ama-assn.org/life-career/ama-physician-masterfile>. Accessed July 20, 2018.

2. Petterson S, McNellis R, Klink K, Meyers D, Bazemore A. *The State of Primary Care in the United States: A Chartbook of Facts and Statistics*. January 2018.

3. Health Resources and Services Administration Bureau of Health. *State-Level Projections of Supply and Demand for Primary Care Practitioners: 2013-2025*. November 2016. <https://bhw.hrsa.gov/sites/default/files/bhw/health-workforce-analysis/research/projections/primary-care-state-projections2013-2025.pdf>.

