DIABETES ENCOUNTER FORM (GROUP VISITS)

Date: _________________________

Patient Name: ___________________________________________________________  Patient ID #: ___________________________

Subjective:

Any history of hypoglycemia?  __________________________________________________________________________________________

Current activity level

☐ No activity  ☐ Moderate (2-3 times per week)  ☐ Moderate (4-6 times per week)

☐ Vigorous (4 or fewer times per week)  ☐ Vigorous (5 or more times per week)

Fat intake

☐ High  ☐ Medium  ☐ Low  ☐ Ultra low

Most common fat intake  __________________________________________________________________________________________

Produce serving intake

☐ Less than 2 daily  ☐ 3 to 4 daily  ☐ 5 or more daily

Pertinent past medical history: (See patient chart for details) ______________________________________________________________

______________________________________________________________________________________________

Meds: (See med list for details)  _________________________________________________________________________________________

Tobacco use:  ☐ Current  ☐ Ex  ☐ Never

Objective: (labs with month/year)

Weight _______ BP _______ /_______  Last monofilament foot exam (date _______ /  _______ ):  _______

Recent lipid profile (date _______ /  _______ ):  TC/HDL (date _______ /  _______ ):  _______ /  _______  LDL ________ TG  __________

FBS (date _______ /  _______ ):  __________ or HbA1c (date _______ /  _______ ):  __________

Creatinine (date _______ /  _______ ):  __________  Urine microalbumin (date _______ /  _______ ):  __________

Last retinal screening:  _________________________________

Assessment:

Type 2 diabetes ( ☐ at target / ☐ not at target); ( ☐ with / ☐ without complications)

Plan:

1. Reviewed management of HbA1c.
2. (New Rx:  ____________________________________________ )
3. (Labs due:  ___________________________________________ )
4. Recommended ASA daily.
5. Encouraged activity.
7. Reviewed med options: risks, benefits and side effects (including ACE inhibitors).
8. Discussed targets and management of lipids, HTN and proteinuria.
9. Spent more than 50 percent of this 105-minute visit in counseling re: therapy options and management of diabetes.

Signed:  __________________________________________________