

SORE THROAT ENCOUNTER FORM

Patient's name: _____ Age: _____ Medical record #: _____

Data collection

Symptom	Points
<input type="checkbox"/> History of fever or measured temp >100.4° F	1
<input type="checkbox"/> Absence of cough	1
<input type="checkbox"/> Tender anterior cervical nodes	1
<input type="checkbox"/> Tonsillar swelling or exudates	1
Patient's age	
<input type="checkbox"/> <15 years	1
<input type="checkbox"/> 15 to 45 years	0
<input type="checkbox"/> >45 years	-1
Total	
Score	
0 to -1 point: Strep throat ruled out (only a 2% risk).	
1 to 3 points: Order rapid strep test; treat accordingly.	
4 to 5 points: Diagnose probable strep throat (52% risk); consider empiric antibiotic therapy.	

Suggestive findings	Diagnostic considerations
<input type="checkbox"/> Palatine petechiae or scarlatiniform rash	Probable strep throat
<input type="checkbox"/> Contact with strep infection in past 2 weeks <input type="checkbox"/> Duration of illness <3 days	Consider strep throat
<input type="checkbox"/> Headache <input type="checkbox"/> Petechial rash <input type="checkbox"/> Stiff neck	Consider meningitis
<input type="checkbox"/> Hot-potato voice <input type="checkbox"/> Sudden/severe symptoms	Consider abscess
<input type="checkbox"/> Posterior cervical adenopathy or teenager	Consider mononucleosis

Rapid strep test: Positive Negative NA

Mono spot test: Positive Negative NA

Other history: _____

Diagnosis

Probable or confirmed strep throat

Viral pharyngitis

Mononucleosis

Other: _____

Antibiotic treatment

None needed

Erythromycin

Penicillin V potassium

Azithromycin

Cephalexin

Symptomatic measures

NSAID

2% lidocaine gargle

Sore throat spray

Salt water gargles

Other treatment: _____

Follow-up visit

prn only

_____ days

Patient education handout given.



FPM Toolbox To find more practice resources, visit <https://www.aafp.org/fpm/toolbox>.

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