

WARFARIN DOSE REMINDER CHART

Name: _____ Date of adjustment: _____ / _____ / _____

Your doctor has highlighted a row below showing the total amount of warfarin (Coumadin) you should take each week. Look at the highlighted row and find the number under today's day of the week. Take that number of 5-mg warfarin tablets at approximately 5 p.m.

Number of 5-mg tablets to take on each day of the week							
Total weekly dose (mg)	Number of tablets on Monday	Number of tablets on Tuesday	Number of tablets on Wednesday	Number of tablets on Thursday	Number of tablets on Friday	Number of tablets on Saturday	Number of tablets on Sunday
2.5	½½	0	0	0	0	0	0
5.0	½	0	0	0	½	0	0
7.5	½	0	½	0	½	0	0
10.0	½	0	½	0	½	0	½
12.5	½	0	½	0	½	½	½
15.0	½	0	½	½	½	½	½
17.5	½	½	½	½	½	½	½
20.0	1	½	½	½	½	½	½
22.5	1	½	½	½	1	½	½
25.0	1	½	1	½	1	½	½
27.5	½	1	½	1	½	1	1
30.0	½	1	1	1	½	1	1
32.5	½	1	1	1	1	1	1
35.0	1	1	1	1	1	1	1
37.5	1 ½	1	1	1	1	1	1
40.0	1 ½	1	1	1	1 ½	1	1
42.5	1 ½	1	1 ½	1	1 ½	1	1
45.0	1	1 ½	1	1 ½	1	1 ½	1 ½
47.5	1	1 ½	1 ½	1 ½	1	1 ½	1 ½
50.0	1	1 ½	1 ½	1 ½	1 ½	1 ½	1 ½
52.5	1 ½	1 ½	1 ½	1 ½	1 ½	1 ½	1 ½
55.0	2	1 ½	1 ½	1 ½	1 ½	1 ½	1 ½
57.5	2	1 ½	1 ½	1 ½	2	1 ½	1 ½
60.0	2	1 ½	2	1 ½	2	1 ½	1 ½
62.5	1 ½	2	1 ½	2	1 ½	2	2
65.0	1 ½	2	2	2	1 ½	2	2
67.5	1 ½	2	2	2	2	2	2
70.0	2	2	2	2	2	2	2

Note to the physician: The initial total weekly dose (first column) can be derived using the nomogram published in: Ebell MH. Evidence-based initiation of warfarin (Coumadin). *Am Fam Physician*. 2005;71:763-765; available online at: <https://www.aafp.org/afp/2005/0215/p763.html>.



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