

# WARFARIN DOSE REMINDER CHART

Name: \_\_\_\_\_ Date of adjustment: \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_

Your doctor has highlighted a row below showing the total amount of warfarin (Coumadin) you should take each week. Look at the highlighted row and find the number under today's day of the week. Take that number of 5-mg warfarin tablets at approximately 5 p.m.

| Number of 5-mg tablets to take on each day of the week |                             |                              |                                |                               |                             |                               |                             |
|--|-----------------------------|------------------------------|--------------------------------|-------------------------------|-----------------------------|-------------------------------|-----------------------------|
| Total weekly dose (mg)                                 | Number of tablets on Monday | Number of tablets on Tuesday | Number of tablets on Wednesday | Number of tablets on Thursday | Number of tablets on Friday | Number of tablets on Saturday | Number of tablets on Sunday |
| 2.5  | ½½                          | 0                            | 0                              | 0                             | 0                           | 0                             | 0                           |
| 5.0  | ½                           | 0                            | 0                              | 0                             | ½                           | 0                             | 0                           |
| 7.5  | ½                           | 0                            | ½                              | 0                             | ½                           | 0                             | 0                           |
| 10.0   | ½                           | 0                            | ½                              | 0                             | ½                           | 0                             | ½                           |
| 12.5   | ½                           | 0                            | ½                              | 0                             | ½                           | ½                             | ½                           |
| 15.0   | ½                           | 0                            | ½                              | ½                             | ½                           | ½                             | ½                           |
| 17.5   | ½                           | ½                            | ½                              | ½                             | ½                           | ½                             | ½                           |
| 20.0   | 1                           | ½                            | ½                              | ½                             | ½                           | ½                             | ½                           |
| 22.5   | 1                           | ½                            | ½                              | ½                             | 1                           | ½                             | ½                           |
| 25.0   | 1                           | ½                            | 1                              | ½                             | 1                           | ½                             | ½                           |
| 27.5   | ½                           | 1                            | ½                              | 1                             | ½                           | 1                             | 1                           |
| 30.0   | ½                           | 1                            | 1                              | 1                             | ½                           | 1                             | 1                           |
| 32.5   | ½                           | 1                            | 1                              | 1                             | 1                           | 1                             | 1                           |
| 35.0   | 1                           | 1                            | 1                              | 1                             | 1                           | 1                             | 1                           |
| 37.5   | 1 ½                         | 1                            | 1                              | 1                             | 1                           | 1                             | 1                           |
| 40.0   | 1 ½                         | 1                            | 1                              | 1                             | 1 ½                         | 1                             | 1                           |
| 42.5   | 1 ½                         | 1                            | 1 ½                            | 1                             | 1 ½                         | 1                             | 1                           |
| 45.0   | 1                           | 1 ½                          | 1                              | 1 ½                           | 1                           | 1 ½                           | 1 ½                         |
| 47.5   | 1                           | 1 ½                          | 1 ½                            | 1 ½                           | 1                           | 1 ½                           | 1 ½                         |
| 50.0   | 1                           | 1 ½                          | 1 ½                            | 1 ½                           | 1 ½                         | 1 ½                           | 1 ½                         |
| 52.5   | 1 ½                         | 1 ½                          | 1 ½                            | 1 ½                           | 1 ½                         | 1 ½                           | 1 ½                         |
| 55.0   | 2                           | 1 ½                          | 1 ½                            | 1 ½                           | 1 ½                         | 1 ½                           | 1 ½                         |
| 57.5   | 2                           | 1 ½                          | 1 ½                            | 1 ½                           | 2                           | 1 ½                           | 1 ½                         |
| 60.0   | 2                           | 1 ½                          | 2                              | 1 ½                           | 2                           | 1 ½                           | 1 ½                         |
| 62.5   | 1 ½                         | 2                            | 1 ½                            | 2                             | 1 ½                         | 2                             | 2                           |
| 65.0   | 1 ½                         | 2                            | 2                              | 2                             | 1 ½                         | 2                             | 2                           |
| 67.5   | 1 ½                         | 2                            | 2                              | 2                             | 2                           | 2                             | 2                           |
| 70.0   | 2                           | 2                            | 2                              | 2                             | 2                           | 2                             | 2                           |

**Note to the physician:** The initial total weekly dose (first column) can be derived using the nomogram published in: Ebell MH. Evidence-based initiation of warfarin (Coumadin). *Am Fam Physician*. 2005;71:763-765; available online at: <https://www.aafp.org/afp/2005/0215/p763.html>.



**FPM Toolbox** To find more practice resources, visit <https://www.aafp.org/fpm/toolbox>.

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