

PREVENTIVE VISIT ALGORITHM: PATIENTS AGES 18–64*

Patient check-in

- Verify that 1 year has passed since patient’s last visit.
- Verify that visit is covered by insurance and that patient is willing to pay if visit is not covered.

Comprehensive history**

Comprehensive exam**

Age 18-34	Age 35-44	Age 45-49	Age 50-54	Age 55-64
Screening† Blood pressure Obesity DM 2 screen if sustained BP > 135/80 Depression Alcohol misuse Syphilis, HIV (high risk) Gonorrhea (F sexually active, high risk)				
Cholesterol (M & F ≥ 20 y high risk) Pap (F ≥ 21 y every 3 years) Chlamydia (F ≤ 24 y sexually active; F ≥ 25 y high risk)	Cholesterol (M) Cholesterol (F high risk) Pap (F every 3 years) Breast cancer (F ≥ 40 y) Chlamydia (F high risk)	Cholesterol (M) Cholesterol (F high risk) Pap (F every 3 years) Breast cancer (F) Chlamydia (F high risk)		Cholesterol (M) Cholesterol (F high risk) Pap (F every 3 years) Colorectal cancer Breast cancer (F) Chlamydia (F high risk)
Immunization†† Td or Tdap with booster every 10 years Varicella if not immune Yearly influenza Pneumococcal (high risk)				
HPV (F ≤ 26 y; M ≤ 21 y; M 22-26 y high risk)				Zoster (≥ 60 y)
Counseling† Healthy diet (high risk) Folic acid supplementation (F capable of pregnancy) Obesity (BMI ≥ 30) Sexually transmitted infections (high risk) Tobacco use Alcohol misuse				
		Daily aspirin (M, when benefit exceeds risk)		Daily aspirin (F ≥ 55 y, when benefit exceeds risk)
			Daily aspirin (M, when benefit exceeds risk)	

*Pregnancy-related recommendations are not included.

**The CPT manual characterizes a comprehensive history and exam in the context of a preventive visit as “age and gender appropriate” and “not synonymous with the ‘comprehensive’ examination required in Evaluation and Management codes 99201-99350.”

†Consistent with U.S. Preventive Services Task Force grade A/B preventive recommendations.

††Consistent with Centers for Disease Control and Prevention 2012 immunization schedule.



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